

- ▶ Need someone to talk to?
- ▶ Stressed about recovery efforts?
- ▶ Legal questions?
- ▶ Financial concerns?
- ▶ Worried about your children?

**CALL THE
IOWA CONCERN
HOTLINE
1-800-447-1985**

Confidential counseling is available 24/7. Telephone crisis counseling and referral assistance is free statewide.

 **Project Recovery Iowa**

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Department of Human Services

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- ▶ Usted necesita con quien hablar?
- ▶ Usted tiene dificultades para su recuperacion
- ▶ Dudas financieras
- ▶ Preguntas legales
- ▶ Preocupada por sus ninos

LLAME A

IOWA CONCERN

HOTLINE

1-800-447-1985

*El asesoramiento confidencial está disponible 24/7.
La Consejería de crisis telefónica y la asistencia de derivación son gratuitas en todo el estado.*

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