

	Amerigroup	iowa total care.	MOLINA" HEALTHCARE
Website Features members portal, provider search directory and more.	MyAmerigroup.com/IA	IowaTotalCare.com	WelcomeToMolina.com/IA
Member Services For questions about your coverage and assistance accessing benefits.	1-800-600-4441 (TTY 711)	1-833-404-1061 (TTY 711)	1-844-236-0894 (TTY 711)
Covered Benefits			
Preventive Services	•	•	•
Telehealth Services	•	•	•
Routine Check-ups	•	•	•
Emergency Room	*	*	*
Pharmacy/Medication	•	•	•
Allergy Testing	•	•	•
Routine Eye Exam	**	**	**
Routine Hearing Exam	•	•	•
Inpatient Hospital Services	•	•	•

<sup>\*</sup>Emergency services for non-emergent conditions are subject to a \$25 copay if the family pays a premium for the Hawki program.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-257-8563 (TTY: 1-800-735-2942). 注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電 1-800-338-8366 (TTY: 1-800-735-2942).

<sup>\*\*</sup>There is a \$100 annual limit on eyeglasses.







## Value-Added Services\*\*

- Free Healthy Rewards: Earn gift card rewards for doing things that are good for your health.
- ▶ Free Fresh Food Connect: Choice of Sam's Club/Costco membership, food box delivery, or online grocery delivery
- ▶ Free on-demand fitness resources and fresh produce box delivery for youth members
- ► Free health coaching services for youth members
- ► Free youth club membership to 4H, Boys & Girl Club, Boys Scouts, or Girl Scouts
- ▶ Free asthma relief products for eligible members
- ▶ Free smartphone for eligible households
- ▶ Free carpet cleaning services for eligible members
- ▶ Free dental hygiene kit
- ▶ Free digital subscription to meditation and sleep app to help reduce anxiety and stress
- ▶ Free healthy lifestyle aids, such as heart rate monitor, thermometer, digital scale, etc.
- ▶ Free personal care and hygiene supplies
- ▶ Free home goods and essentials, such as bedding, dishes, bathroom essentials, etc.
- ► Free sensory products, such as gravity blankets, thinking putty, fidget spinners, etc.
- Free Summer Reading Benefit: Digital library membership, gift card, Kindle/e-reader for Foster Care members
- ► Free Tutorial Services: One-on-one tutoring for Foster Care members
- ▶ Free home-delivered meals for members and their families who have been discharged from the hospital
- ▶ Free Sydney Health mobile phone app
- ▶ Community Resource Link: Free online database of local resources and services

## Value-Added Services\*\*

- ▶ Earn dollar rewards on your My Health Pays® Visa Card for healthy activities, such as annual visits and screenings with your doctor.
- ▶ Member Connections® Community Health Worker Program(CHWs) provides a high touch, personal level of interaction with our members that builds strong relationships and trust.
- ▶ FREE education and support during and after pregnancy through the Start Smart for Your Baby program. You can even earn dollar rewards just by letting us know you're pregnant.
- ▶ FREE breast pump to eligible pregnant mothers close to delivering.
- ▶ FREE education and gifts at community baby showers.
- ▶ FREE access to 24/7 nurse line for answers to urgent health care questions.
- ▶ FREE Healthy Celebration Days: Events that allow members to receive dollar rewards by receiving preventive health checkups.
- ▶ FREE cell phone program to qualified members.
- ▶ FREE education on flu and COVID-19 prevention.
- ▶ FREE online access to myStrength.com that provides resources to help manage stress, anxiety, depression and overuse of drugs and alcohol
- ▶ FREE mobile app that provides access to rewards information, ID card, and much more.
- ▶ FREE text notification and reminders related to benefit awareness, value adds, and service support.
- FREE employment and support program for members participating in brain injury and intellectual disability waiver programs.
- ▶ FREE access to resource specialists to help members in need of general resources, such as food, housing or waiver wait list help.
- FREE access to FindHelp.org, an online link to help you find local community resources and services for you and your family.
- ▶ FREE access to extra support and resources to help you manage your health.
- ▶ FREE online access to Krames Health Library to thousands of health sheets on medical conditions and medications.
- ▶ One FREE bottle of insect repellent of plan-designated size during 2021 to eligible members.

## Value-Added Services

- Free Healthy Rewards Program: gift cards for completing various annual visits and screenings for eligible members
- ▶ Free access to community resources on health, financial support, education, emergency resources, legal support, housing, employment opportunities, transportation, and food security.
- ▶ Free smartphone and service plan for eligible members
- ▶ Free transportation services
- ▶ Free long-term care caregiver transportation for eligible members (4 one-way trips)
- Free Healthy Living Benefit: Variety of Assistive Devices and Adaptive Aids for eligible members (\$60 per Unit)
- ▶ Free community transition move in basket for eligible members (\$50 worth of items)
- ▶ Free home delivered meals for members who have been discharged from the hospital
- ▶ Free healthy foods program for eligible members
- ▶ Free pregnancy rewards program
- ▶ Free annual community baby shower events and education for eligible members
- ▶ Free electronic breast pump for eligible members
- ▶ Free Pacify gift package for new mothers
- Free Doula services for eligible members (8 Doula visits)
- ▶ Free car or booster seat for eligible members
- ► Free home delivered meals for high-risk pregnant women
- ► Free over-the-counter-pharmacy products (\$30 worth of items)
- ▶ Free glucometer and test strips for Insulin and Blood Glucose Program for eligible members
- ▶ Free smoking cessation products for eligible members (\$185 per Unit)
- ▶ Free 13 weeks of Weight Watchers services
- ▶ Free sponsored membership fees for members under the age of 19 to Boys and Girls Clubs, YMCA, or Can Play
- ► Free ACE Assessment for members under the age of 18
- ▶ Free GED exam vouchers
- ▶ Free gift card for passing GED exam
- Free assistance to secure legal guardianship for eligible members (up to \$500 per eligible member)
- ▶ MolinaHelpFinder.com: Community resources

<sup>\*\*</sup>Some restrictions can apply to the value-added services offered by the MCOs. For details and program information please contact the MCOs directly.



For telephone accessibility assistance if you are deaf, hard-of-hearing, deaf-blind or have difficulty speaking, call Relay Iowa TTY at 1-800-735-2942.

Llame al 1-800-735-2942, a Relay Iowa TTY (teléfono de texto para personas con problemas de audición, del habla y ceguera) si necesita asistencia telefónicamente.