

**DISCUSSING THE STRESS AND  
IMPACT OF COVID 19**

# **PARENT SUPPORT GROUP**

**IF YOU ARE WANTING TO JOIN PLEASE CONTACT:**  
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**GROUPS ARE FREE AND HELD VIA ZOOM**

presented by: COVID Recovery Iowa  
[www.covidrecoveryiowa.org](http://www.covidrecoveryiowa.org)

Comm. 563 (9/20)

