



SERVICES FOR ADOPTIVE FAMILIES

Congratulations on your adoption and new member of your family. Adoption is a lifelong process, which will have its ups and downs. It is normal to need support at times. In addition to your informal networks of support, many families need professional assistance. Indeed, it is normal to not know all the answers and healthy to ask for assistance.



Support After Adoption

Most of the time, children and youth who have been adopted are not thinking about the complexities of adoption. Like other children and youth, they are busy with schoolwork, sports, and social events. However, developmental stages, milestones, and events can trigger emotional or behavioral responses. New questions arise for the adopted child and they can very naturally have strong feelings. As you think about your child's development, it's important to keep in mind, experiences of trauma, abuse, and neglect can affect how and when children reach various developmental stages.

Supportive services are available in Iowa to assist families after adoption. All adoptive families, whether they have adopted internationally, through a domestic private adoption, or through a child welfare system can access supportive adoption services if it has been determined they are eligible for adoption subsidy.

Adoptive parents can access post adoption supportive services through Iowa's Recruitment, Retention, Training, and Supports (RRTS) contractor, Four Oaks Family Connections.



To learn more about supports or request services, go to iowafosterandadoption.org/sign-up-for-post-adoption-support/