Recovery Efforts in Iowa



RECOGNIZED PILLARS OF RECOVERY

HOME

Recovery Housing lowa is working to support NARR-certified recovery homes in lowa. https:// narronline.org/. Recovery housing is proven to be effective in supporting long-term sustained recovery. For example, in Missouri Recovery Homes:

- ✓ 88% of people remain drug and alcohol free
- ✓ 98% of people have no arrests
- ✓ 90% of people are in stable housing
- ✓ 63% of people are employed within 6 months

PURPOSE

IDPH strives to assist in development of recoveryready communities to offer support and resources to all those in or seeking recovery. Overarching priorities include:

- ✓ Health Equity
- ✓ Diversity and Inclusion
- Multiple pathways of recovery
- ✓ Person-centered service

HEALTH

Recovery Support Services (RSS) Recovery Support Services are intended to overcome common barriers that may prevent sustained, longterm recovery. Some examples include:

- Medication for addiction recovery
- ✓ Transportation
- ✓ Clothing
- Personal hygiene items
- Education supports
- Wellness activities

COMMUNITY

Recovery Community Center's (RCC) provide support services for local communities. The success of RCCs is largely due to offering:

- ✓ Recovery coaches
- ✓ Support groups
- ✓ Sober living
- ✓ Recovery activities
- Employment supports



The above noted efforts are implemented by IDPH and funded by various SAMHSA grants.

SAMHSA defines recovery as a process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential. https://www.samhsa.gov/. For more recovery resources please go to:





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