



Important Phone Numbers

Report changes for SNAP, FIP and Medicaid

877-347-5678

EBT - SNAP Card..... 800-359-5802

EAC - FIP Card..... 844-207-3225

Iowa Medicaid Member Services.....800-338-8366

Hawki Member Services..... 800-257-8563

Molina Health Care Member Services..... 1-844-236-0894

Wellpoint Member Services.....800-600-4441

Iowa Total Care Member Services..... 833-404-1061

Delta Dental..... 888-472-2793

MCNA Dental..... 855-247-6262

Child Care Assistance (CCA)..... 866-448-4605

Child Support Recovery Unit (CSRU)888-229-9223

WIC .. 800-532-1579 or 515-282-5800

Social Security Administration.....866-964-7583

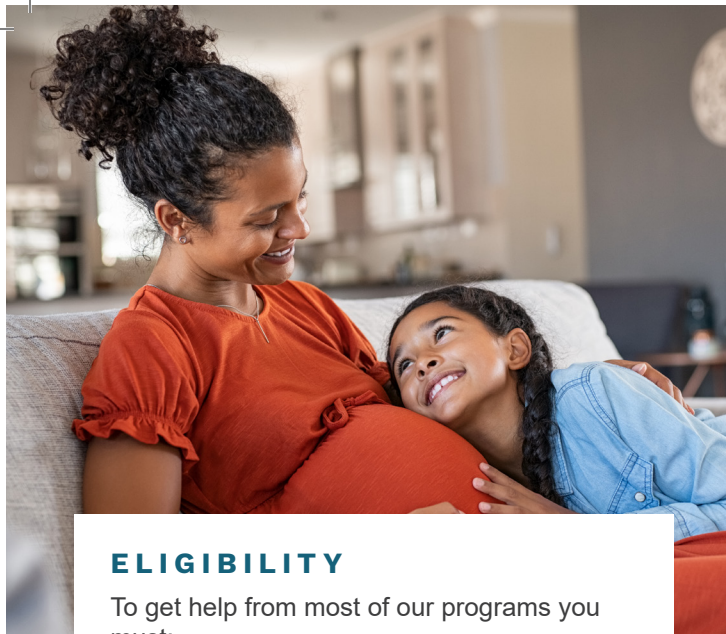


Quick Guide

IOWA SUPPORT PROGRAMS

To help Iowans achieve healthy, safe, stable and self-sufficient lives through the programs and services we provide.

- ▶ Supplemental Nutrition Assistance Program (SNAP)
- ▶ Family Investment program (FIP)
- ▶ Child Care Assistance (CCA)
- ▶ Medicaid



ELIGIBILITY

To get help from most of our programs you must:

- ▶ Be a U.S. citizen or legal alien
- ▶ Live in Iowa
- ▶ Provide an SSN or proof of application for an SSN
- ▶ Meet income and resource limits - these vary from program to program.
- ▶ Provide all information needed to determine eligibility and benefit level.

HOW TO APPLY

SNAP, Medicaid, FIP and CCA

<https://hhs.iowa.gov/programs/apply-services>

<https://hhs.iowa.gov/about/hhs-office-locations>

MORE INFORMATION

Please visit hhs.iowa.gov for more information about all our assistance programs.

If you're not sure where to go, please call **1-800-972-2017**.

Relay Iowa TTY: 1-800-735-2942

Email: contactdhs@dhs.state.ia.us

Benefit Information for SNAP, Medical Assistance, FIP and CCA

SNAP

SNAP provides nutrition benefits to supplement the food budget of Iowa families so they can purchase healthy food and move towards self-sufficiency.

Eligibility and benefits will depend on household income, number of people in your household, resources and deductions for things like rent/mortgage/utilities and childcare. For SNAP, a household is a group of people who lives together, buys food together, and makes meals together.

Members receive an EBT card, accepted at most grocery stores, convenience stores and some farmer's markets.

IOWA MEDICAID AND HAWKI

Iowa Medicaid pays for covered medical and health care costs of people who qualify. Iowa Medicaid offers different types of coverage based on age, whether someone is a parent, is pregnant, a person with low vision or blindness, a person over age 65, a person living with a disability, has experienced foster care, has breast or cervical cancer or is aged 19-64 without Medicare. Some coverage groups do require a small monthly premium that the member must pay.

The **Healthy and Well Kids in Iowa (Hawki)** program provides health coverage to children and families with incomes too high to qualify for Medicaid, but who can't afford private coverage. Some members are required to pay a small monthly premium ranging from \$5 to \$40. Most Medicaid and Hawki members are covered under one of the managed care plans. The goal is for members to live healthy, stable, and self-sufficient lives.

FAMILY INVESTMENT PROGRAM (FIP)

FIP is Iowa's Temporary Assistance to Needy Family (TANF) program. FIP provides cash assistance to families as they become self-supporting. FIP helps families so children may be cared for in their own homes or in the homes of relatives.

To qualify, you must have a minor child (under age 19 and still in high school) in the home. A child must live with a parent or specified relative which includes people related by blood, marriage or adoption.

To be eligible for FIP, a parent may be required to cooperate with child support and/or PROMISE JOBS, a work and training program that will help you make a plan to support your family.

FIP benefits can be loaded on an electronic access card (EAC), a type of debit card similar to the SNAP card.

CHILD CARE ASSISTANCE (CCA)

CCA is available to the children of income-eligible parents who are absent for a portion of the day due to employment, academic or vocational training or participating in PROMISE JOBS. Assistance may also be available for a limited period of time to the children of a parent or caretaker looking for employment.

