

Contact Information

Report changes for SNAP, FIP and Medicaid
1-877-347-5678

EBT - SNAP Card	1-800-359-5802
EAC - FIP Card	1-844-207-3225
Iowa Medicaid Member Services	1-800-338-8366
Hawki Member Services	1-800-257-8563
Iowa Total Care Member Services	1-833-404-1061
Molina Member Services	1-844-236-0894
Wellpoint Member Services	1-800-600-4441
Delta Dental	1-888-472-2793
DentaQuest	1-866-629-6074
Child Care Assistance	1-866-448-4605
Child Support Recovery Unit	1-888-229-9223
WIC	1-800-532-1579
Social Security Administration	1-866-964-7583



Applying for Services

SNAP, Medicaid, FIP and CCA

Visit the **'Apply for Services'** webpage at hhs.iowa.gov/assistance-programs/apply.

More Information

Please visit hhs.iowa.gov for more information about all our assistance programs.

If you're not sure where to go, please call 1-800-972-2017.

TTY: 1-800-735-2942

Eligibility

Many programs will require people to:

- Be a U.S. Citizen or legal alien
- Live in Iowa
- Meet income and resource limits
- Provide all information needed to determine eligibility and benefit level.



Iowa Support Programs

Helping Iowans achieve healthy, safe, stable and self-sufficient lives through the programs and services we provide.

Benefit Information for SNAP, Medical Assistance, FIP and CCA

Supplemental Nutrition Assistance Program (SNAP)

SNAP helps Iowa families buy healthy food by providing monthly food benefits. The program is designed to support families while they work toward financial independence.

Eligibility and benefit amounts are based on:

- Household income
- Number of people living in the household
- Available resources
- Certain expenses, such as rent or mortgage payments, utilities, and childcare costs

Approved members receive an Electronic Benefit Transfer (EBT) card, which can be used at most grocery stores, convenience stores, and some farmers markets.

Child Care Assistance (CCA)

CCA is available to the children of income-eligible parents who are absent for a portion of the day due to employment, academic or vocational training or participating in PROMISE JOBS.

Assistance may also be available for a limited period of time to the children of a parent or caretaker looking for employment.

Iowa Medicaid

Iowa Medicaid helps pay medical and health care costs for people who qualify, including children, parents, pregnant individuals, older adults, people with disabilities, and some adults with low incomes. Some members may pay a small monthly premium.



Healthy and Well Kids in Iowa (Hawki)

provides low-cost health coverage for children in families who earn too much to qualify for Medicaid but cannot afford private insurance. Monthly premiums range from \$5 to \$40 for some families.

Most Medicaid and Hawki members receive coverage through a managed care organization (MCO) that supports healthy and independent living.



Family Investment Program (FIP)

The Family Investment Program (FIP) is Iowa's Temporary Assistance for Needy Families program. It provides cash assistance to help families become financially independent and support children living at home or with relatives.

To qualify, you must:

- Have a child under age 19 living in the home who is still in high school.
- Be a parent or relative related to the child by blood, marriage, or adoption.

Parents may also need to:

- Work with child support services.
- Participate in PROMISE JOBS, a work and training program that helps families create a plan for self-support.

Benefits can be added to an Electronic Access Card (EAC), which works like a debit card similar to a Supplemental Nutrition Assistance Program (SNAP) card.