


For more advice on screening and child development

The American Academy of Pediatrics
Bright Futures

 brightfutures.aap.org



CDC's Developmental Milestones

 <https://go.iowa.gov/JJTv>



Center on the Developing Child
Harvard University

 developingchild.harvard.edu



STATE OF IOWA DEPARTMENT OF
Health AND Human
SERVICES

- ▶ 1-800-383-3826
- ▶ hhs.iowa.gov/1stfive



Place agency label here.



Healthy Mental Development Initiative

**SUPPORT FOR CHILDREN
BIRTH TO FIVE YEARS OLD**

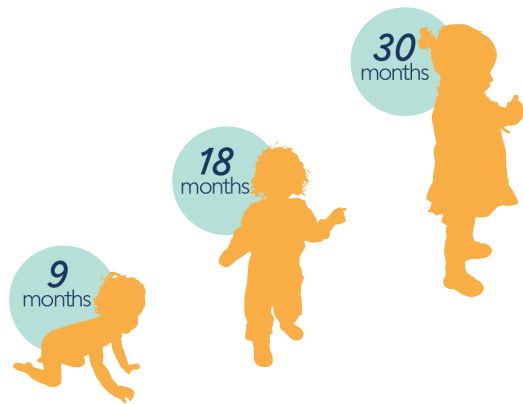




WHAT IS DEVELOPMENTAL SCREENING?

Developmental screenings are parent-completed tools that help to screen how a child speaks, learns, acts and plays.

Screenings are recommended for children at 9, 18, and 30 months of age.



HOW DOES 1ST FIVE WORK?

- 1** **Screening**
 The clinic screens how the child speaks, learns acts and plays.
- 2** **Referral**
 A referral is made if help is needed.
- 3** **Connect To Services**
 1st Five contacts the family. 1st Five connects the child to needed services.
- 4** **Follow-Up**
 1st Five follows up with the clinic to share updates.



WHAT RESOURCES CAN 1ST FIVE CONNECT ME TO?

- ✓ Breast feeding support
- ✓ Child care & preschool
- ✓ Dental care for children
- ✓ Developmental support
- ✓ Employment & education services
- ✓ Food services
- ✓ Hearing assessments
- ✓ Home Visiting programs
- ✓ Housing services
- ✓ Insurance resources
- ✓ Immunizations
- ✓ Lead screening
- ✓ Mental health services for children
- ✓ Nutrition services
- ✓ Parenting support
- ✓ Transportation
- ✓ Special health care needs

