

Unintentional Overdose Deaths, 2020

Report date: June 2022

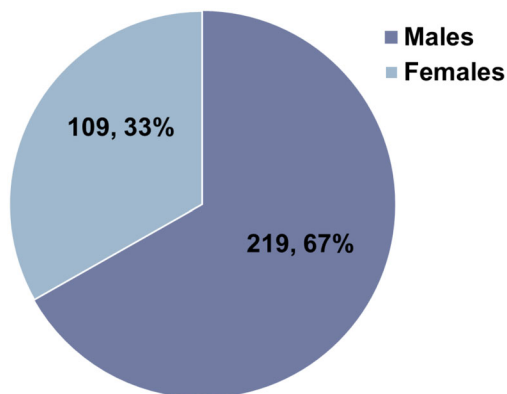
OVERDOSE DEATHS AMONG IOWA RESIDENTS

In 2020, there were 328 unintentional overdose deaths that occurred in Iowa that were identified in IASUDORS. 309 (94%) were Iowa residents. Opioids were the most common substance present in overdose deaths (61%).

OVERDOSE DEATHS BY SEX AND AGE

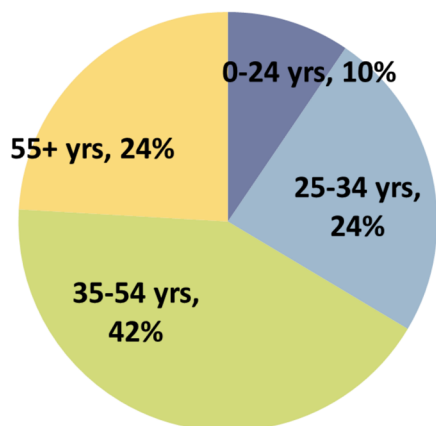
Males accounted for 67% of deaths from unintentional overdose and females accounted for 33% of deaths in 2020. Despite only making up 12% of the Iowa population, Iowans aged 25 to 34 accounted for 24% of overdose deaths.

Unintentional Overdose by Sex,



Iowa, 2020

Unintentional Overdose by Age,



The Iowa State Unintentional Drug Overdose Reporting System (IASUDORS) is a Centers for Disease Control (CDC) funded statewide surveillance system that collects information on deaths in Iowa resulting from unintentional overdose.

IASUDORS is a multi-source data system combining information from death certificates, toxicology reports, and medical examiner reports.

The Iowa Department of Public Health (IDPH) through collaboration with the University of Iowa Injury Prevention Center began collecting data for the IASUDORS program in 2020. This is the first report about unintentional overdose death using IASUDORS data. Intentional overdose deaths are classified as suicides and tracked by the Iowa Violent Death Reporting System.

SUBSTANCE INVOLVEMENT

During 2020 for the State of Iowa, Opioids (combined prescription and illicit) were present in 61% of all unintentional overdose deaths. A wide range of substances are tested and multiple drugs can be identified as present and thus the following list sums to greater than 100%. Common drugs present in a person's system at the time of death include:

- Methamphetamines: 49%
- Fentanyl: 48%
- Heroin: 16%
- Cocaine: 11%

More information on unintentional overdose prevention efforts and resources can be found at:

Your Life Iowa — <https://yourlifeiowa.org/>
1-855-581-8111 (phone), 1-855-895-8398 (text)



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