County Health Rankings & Roadmaps
Building a Culture of Health, County by County

Robert Wood Johnson Foundation

The 2022 Rankings include deaths attributable to COVID-19 from 2020. See our FAQs for more information on COVID-specific data.

Fremont (FE)
2022 Rankings

Download Iowa Rankings Data

County Demographics

	County	State
Population	6,729	3,163,561
% below 18 years of age	22.3%	22.9%
% 65 and older	23.4%	17.9%
% Non-Hispanic Black	0.7%	4.0%
% American Indian & Alaska Native	0.3%	0.6%
% Asian	0.4%	2.8%
% Native Hawaiian/Other Pacific Islander	0.0%	0.2%
% Hispanic	3.2%	6.5%
% Non-Hispanic White	94.0%	84.5%
% not proficient in English **	0%	2%
% Females	49.4%	50.2%
% Rural	100.0%	36.0%

	County	Error Margin	Top U.S. Performers ^	Iowa
Health Outcomes				
Length of Life				
Premature death	8,700	5,900-11,500	5,600	6,500
Quality of Life				
Poor or fair health **	15%	13-17%	15%	14%
Poor physical health days **	3.5	3.3-3.8	3.4	3.1
Poor mental health days **	4.3	4.0-4.6	4.0	4.1
Low birthweight	6%	4-8%	6%	7%
Additional Health Outcomes (not included in overall ranking)				
COVID-19 age-adjusted mortality **			43	99
Life expectancy	77.6	75.3-80.0	80.6	78.7
Premature age-adjusted mortality	420	340-500	290	340
Child mortality			40	50
Infant mortality			4	5
Frequent physical distress **	11%	10-12%	10%	9%
Frequent mental distress **	14%	13-15%	13%	13%
Diabetes prevalence **	9%	9-10%	8%	9%
HIV prevalence			38	110
Health Factors				
Health Behaviors				
Adult smoking **	19%	16-22%	15%	17%
Adult obesity **	38%	37-40%	30%	34%
Food environment index	6.6		8.8	8.4
Physical inactivity **	28%	25-31%	23%	26%
Access to exercise opportunities	27%		86%	73%

Excessive drinking **	24%	23-25%	15%	25%
Alcohol-impaired driving deaths	33%	19-47%	10%	27%
Sexually transmitted infections	229.9		161.8	508.5
Teen births	30	21-41	11	16

Additional Health Behaviors (not included in overall ranking)

Food insecurity	9%		9%	9%
Limited access to healthy foods	26%		2%	6%
Drug overdose deaths			11	11
Motor vehicle crash deaths	27	14-46	9	11
Insufficient sleep **	32%	31-34%	32%	33%

Clinical Care

Uninsured	5%	4-6%	6%	6%
Primary care physicians	6,960:1		1,010:1	1,350:1
Dentists	6,730:1		1,210:1	1,440:1
Mental health providers	3,360:1		250:1	570:1
Preventable hospital stays	3,165		2,233	3,134
Mammography screening	39%		52%	53%
Flu vaccinations	36%		55%	54%

Additional Clinical Care (not included in overall ranking)

Uninsured adults	6%	5-7%	7%	7%
Uninsured children	3%	2-4%	3%	3%
Other primary care providers	1,120:1		580:1	840:1

Social & Economic Factors

High school completion	94%	93-95%	94%	92%
Some college	68%	59-77%	74%	71%
Unemployment	3.1%		4.0%	5.3%
Children in poverty	13%	8-19%	9%	12%
Income inequality	4.0	3.3-4.7	3.7	4.2
Children in single-parent households	18%	11-25%	14%	21%
Social associations	5.7		18.1	14.8
Violent crime	397		63	282
Injury deaths	101	70-141	61	70

Additional Social & Economic Factors (not included in overall ranking)

High school graduation			96%	91%
Disconnected youth			4%	6%
Reading scores	2.9		3.3	3.1
Math scores	2.8		3.4	3.1
School segregation	0.03		0.02	0.19
School funding adequacy	$523			$1,880
Gender pay gap	0.84	0.77-0.90	0.88	0.78
Median household income	$62,200	$53,300 to $71,200	$75,100	$62,400
Living wage **	$36.39			$37.38
Children eligible for free or reduced price lunch	46%		32%	42%
Residential segregation - Black/white			27	62
Residential segregation - non-white/white	18		16	45
Childcare cost burden **	23%		18%	24%
Childcare centers **	3		12	8
Homicides			2	3
Suicides			11	16
Firearm fatalities			8	10
Juvenile arrests				37

Physical Environment

Air pollution - particulate matter	8.2		5.9	8.2
Drinking water violations	No			
Severe housing problems	10%	7-12%	9%	12%
Driving alone to work	81%	77-84%	72%	80%
Long commute - driving alone	27%	22-31%	16%	21%

Additional Physical Environment (not included in overall ranking)

Traffic volume	6			260
Homeownership	77%	74-80%	81%	71%
Severe housing cost burden	7%	4-9%	7%	10%
Broadband access	79%	77-82%	88%	83%

^ 10th/90th percentile, i.e., only 10% are better.

** Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data