



The 2022 Rankings include deaths attributable to COVID-19 from 2020. See our FAQs for more information on COVID-specific data.

Howard (HO) 2022 Rankings

Download Iowa Rankings Data

County Demographics

	County	State
Population	9,176	3,163,561
% below 18 years of age	25.3%	22.9%
% 65 and older	20.7%	17.9%
% Non-Hispanic Black	0.7%	4.0%
% American Indian & Alaska Native	0.5%	0.6%
% Asian	0.4%	2.8%
% Native Hawaiian/Other Pacific Islander	0.1%	0.2%
% Hispanic	1.8%	6.5%
% Non-Hispanic White	95.8%	84.5%
% not proficient in English **	0%	2%
% Females	50.0%	50.2%
% Rural	63.0%	36.0%

	County	Error Margin	Top U.S. Performers ^	Iowa
Health Outcomes				
Length of Life				
Premature death	5,200	3,400-6,900	5,600	6,500
Quality of Life				
Poor or fair health **	15%	13-17%	15%	14%
Poor physical health days **	3.4	3.2-3.7	3.4	3.1
Poor mental health days **	4.3	4.0-4.6	4.0	4.1
Low birthweight	7%	5-9%	6%	7%
Additional Health Outcomes (not included in overall ranking)				
COVID-19 age-adjusted mortality **	86	48-142	43	99
Life expectancy	78.8	77.3-80.4	80.6	78.7
Premature age-adjusted mortality	290	240-350	290	340
Child mortality			40	50
Infant mortality			4	5
Frequent physical distress **	11%	10-12%	10%	9%
Frequent mental distress **	14%	12-15%	13%	13%
Diabetes prevalence **	9%	8-9%	8%	9%
HIV prevalence			38	110
Health Factors				
Health Behaviors				
Adult smoking **	19%	16-22%	15%	17%
Adult obesity **	36%	34-37%	30%	34%
Food environment index	8.3		8.8	8.4
Physical inactivity **	28%	25-31%	23%	26%
Access to exercise opportunities	71%		86%	73%

Excessive drinking **	24%	22-25%	15%	25%
Alcohol-impaired driving deaths	0%	0-42%	10%	27%
Sexually transmitted infections	240.2		161.8	508.5
Teen births	13	8-19	11	16

Additional Health Behaviors (not included in overall ranking)

Food insecurity	8%		9%	9%
Limited access to healthy foods	10%		2%	6%
Drug overdose deaths			11	11
Motor vehicle crash deaths			9	11
Insufficient sleep **	32%	31-34%	32%	33%

Clinical Care

Uninsured	6%	5-7%	6%	6%
Primary care physicians	1,830:1		1,010:1	1,350:1
Dentists	4,590:1		1,210:1	1,440:1
Mental health providers	2,290:1		250:1	570:1
Preventable hospital stays	3,122		2,233	3,134
Mammography screening	53%		52%	53%
Flu vaccinations	43%		55%	54%

Additional Clinical Care (not included in overall ranking)

Uninsured adults	7%	6-8%	7%	7%
Uninsured children	4%	2-5%	3%	3%
Other primary care providers	1,020:1		580:1	840:1

Social & Economic Factors

High school completion	91%	89-94%	94%	92%
Some college	64%	53-74%	74%	71%
Unemployment	4.5%		4.0%	5.3%
Children in poverty	13%	9-18%	9%	12%
Income inequality	3.3	2.6-3.9	3.7	4.2
Children in single-parent households	9%	4-14%	14%	21%
Social associations	16.4		18.1	14.8
Violent crime	63		63	282
Injury deaths	82	58-113	61	70

Additional Social & Economic Factors (not included in overall ranking)

High school graduation	96%		96%	91%
Disconnected youth			4%	6%
Reading scores	2.9		3.3	3.1
Math scores	2.7		3.4	3.1
School segregation	0.03		0.02	0.19
School funding adequacy	\$1,284			\$1,880
Gender pay gap	0.76	0.65-0.88	0.88	0.78
Median household income	\$60,000	\$51,400 to \$68,600	\$75,100	\$62,400
Living wage **	\$37.12			\$37.38
Children eligible for free or reduced price lunch	47%		32%	42%
Residential segregation - Black/white			27	62
Residential segregation - non-white/white	31		16	45
Childcare cost burden **	26%		18%	24%
Childcare centers **	18		12	8
Homicides			2	3
Suicides			11	16
Firearm fatalities			8	10
Juvenile arrests				37

Physical Environment

Air pollution - particulate matter	8.5		5.9	8.2
Drinking water violations	No			
Severe housing problems	7%	5-9%	9%	12%
Driving alone to work	72%	67-77%	72%	80%
Long commute - driving alone	28%	21-34%	16%	21%

Additional Physical Environment (not included in overall ranking)

Traffic volume	28			260
Homeownership	77%	74-81%	81%	71%
Severe housing cost burden	6%	3-8%	7%	10%
Broadband access	79%	74-84%	88%	83%

^ 10th/90th percentile, i.e., only 10% are better.

** Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data

