County Health Rankings & Roadmaps
Building a Culture of Health, County by County

Robert Wood Johnson Foundation

> The 2022 Rankings include deaths attributable to COVID-19 from 2020. See our FAQs for more information on COVID-specific data.

Humboldt (HU)
2022 Rankings

Download Iowa Rankings Data

County Demographics

	County	State
Population	9,473	3,163,561
% below 18 years of age	23.8%	22.9%
% 65 and older	21.5%	17.9%
% Non-Hispanic Black	0.8%	4.0%
% American Indian & Alaska Native	0.3%	0.6%
% Asian	0.5%	2.8%
% Native Hawaiian/Other Pacific Islander	0.0%	0.2%
% Hispanic	4.8%	6.5%
% Non-Hispanic White	92.6%	84.5%
% not proficient in English **	1%	2%
% Females	50.9%	50.2%
% Rural	46.6%	36.0%

	County	Error Margin	Top U.S. Performers ^	Iowa
Health Outcomes				
Length of Life				
Premature death	4,900	3,300-6,400	5,600	6,500
Quality of Life				
Poor or fair health **	15%	13-18%	15%	14%
Poor physical health days **	3.5	3.2-3.8	3.4	3.1
Poor mental health days **	4.2	3.9-4.5	4.0	4.1
Low birthweight	6%	4-8%	6%	7%
Additional Health Outcomes (not included in overall ranking)				
COVID-19 age-adjusted mortality **	121	73-189	43	99
Life expectancy	80.0	78.5-81.6	80.6	78.7
Premature age-adjusted mortality	290	230-350	290	340
Child mortality			40	50
Infant mortality			4	5
Frequent physical distress **	11%	10-12%	10%	9%
Frequent mental distress **	14%	12-15%	13%	13%
Diabetes prevalence **	9%	9-10%	8%	9%
HIV prevalence			38	110
Health Factors				
Health Behaviors				
Adult smoking **	19%	16-22%	15%	17%
Adult obesity **	35%	33-36%	30%	34%
Food environment index	8.1		8.8	8.4
Physical inactivity **	28%	25-31%	23%	26%
Access to exercise opportunities	55%		86%	73%

Excessive drinking **	22%	21-23%	15%	25%
Alcohol-impaired driving deaths	50%	36-62%	10%	27%
Sexually transmitted infections	188.3		161.8	508.5
Teen births	11	7-17	11	16

Additional Health Behaviors (not included in overall ranking)

Food insecurity	10%		9%	9%
Limited access to healthy foods	7%		2%	6%
Drug overdose deaths			11	11
Motor vehicle crash deaths			9	11
Insufficient sleep **	33%	31-35%	32%	33%

Clinical Care

Uninsured	6%	5-7%	6%	6%
Primary care physicians	9,560:1		1,010:1	1,350:1
Dentists	2,370:1		1,210:1	1,440:1
Mental health providers	3,160:1		250:1	570:1
Preventable hospital stays	1,738		2,233	3,134
Mammography screening	57%		52%	53%
Flu vaccinations	42%		55%	54%

Additional Clinical Care (not included in overall ranking)

Uninsured adults	7%	6-8%	7%	7%
Uninsured children	3%	2-4%	3%	3%
Other primary care providers	1,180:1		580:1	840:1

Social & Economic Factors

High school completion	94%	92-95%	94%	92%
Some college	68%	60-77%	74%	71%
Unemployment	4.2%		4.0%	5.3%
Children in poverty	11%	7-16%	9%	12%
Income inequality	4.4	3.6-5.1	3.7	4.2
Children in single-parent households	21%	12-29%	14%	21%
Social associations	17.8		18.1	14.8
Violent crime	57		63	282
Injury deaths	63	42-90	61	70

Additional Social & Economic Factors (not included in overall ranking)

High school graduation	93%		96%	91%
Disconnected youth			4%	6%
Reading scores	3.4		3.3	3.1
Math scores	3.5		3.4	3.1
School segregation	0.02		0.02	0.19
School funding adequacy	$3,503			$1,880
Gender pay gap	0.73	0.62-0.85	0.88	0.78
Median household income	$62,100	$51,700 to $72,400	$75,100	$62,400
Living wage **	$35.78			$37.38
Children eligible for free or reduced price lunch	39%		32%	42%
Residential segregation - Black/white			27	62
Residential segregation - non-white/white	37		16	45
Childcare cost burden **	22%		18%	24%
Childcare centers **	12		12	8
Homicides			2	3
Suicides			11	16
Firearm fatalities			8	10
Juvenile arrests	23			37

Physical Environment

Air pollution - particulate matter	8.0		5.9	8.2
Drinking water violations	No			
Severe housing problems	8%	6-10%	9%	12%
Driving alone to work	80%	77-83%	72%	80%
Long commute - driving alone	19%	15-23%	16%	21%

Additional Physical Environment (not included in overall ranking)

Traffic volume	70			260
Homeownership	75%	72-78%	81%	71%
Severe housing cost burden	6%	3-9%	7%	10%
Broadband access	78%	75-82%	88%	83%

^ 10th/90th percentile, i.e., only 10% are better.

** Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data