County Health Rankings & Roadmaps
Building a Culture of Health, County by County

Robert Wood Johnson Foundation

Jefferson (JE)
2022 Rankings

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County Demographics

	County	State
Population	18,347	3,163,561
% below 18 years of age	15.4%	22.9%
% 65 and older	24.6%	17.9%
% Non-Hispanic Black	2.3%	4.0%
% American Indian & Alaska Native	0.3%	0.6%
% Asian	11.3%	2.8%
% Native Hawaiian/Other Pacific Islander	0.0%	0.2%
% Hispanic	3.5%	6.5%
% Non-Hispanic White	80.9%	84.5%
% not proficient in English **	2%	2%
% Females	45.4%	50.2%
% Rural	38.7%	36.0%

	County	Error Margin	Top U.S. Performers ^	Iowa
Health Outcomes				
Length of Life				
Premature death	6,100	4,600-7,500	5,600	6,500
Quality of Life				
Poor or fair health **	15%	13-17%	15%	14%
Poor physical health days **	3.3	3.0-3.5	3.4	3.1
Poor mental health days **	3.8	3.6-4.1	4.0	4.1
Low birthweight	6%	5-8%	6%	7%
Additional Health Outcomes (not included in overall ranking)				
COVID-19 age-adjusted mortality **	86	54-128	43	99
Life expectancy	79.9	78.6-81.2	80.6	78.7
Premature age-adjusted mortality	280	240-320	290	340
Child mortality			40	50
Infant mortality			4	5
Frequent physical distress **	10%	9-11%	10%	9%
Frequent mental distress **	12%	11-14%	13%	13%
Diabetes prevalence **	9%	9-10%	8%	9%
HIV prevalence	43		38	110
Health Factors				
Health Behaviors				
Adult smoking **	17%	15-20%	15%	17%
Adult obesity **	35%	33-36%	30%	34%
Food environment index	8.3		8.8	8.4
Physical inactivity **	28%	26-31%	23%	26%
Access to exercise opportunities	62%		86%	73%

Excessive drinking **	20%	20-21%	15%	25%
Alcohol-impaired driving deaths	11%	1-33%	10%	27%
Sexually transmitted infections	180.4		161.8	508.5
Teen births	19	14-25	11	16

Additional Health Behaviors (not included in overall ranking)

Food insecurity	10%		9%	9%
Limited access to healthy foods	7%		2%	6%
Drug overdose deaths			11	11
Motor vehicle crash deaths	12	7-20	9	11
Insufficient sleep **	34%	32-35%	32%	33%

Clinical Care

Uninsured	9%	8-11%	6%	6%
Primary care physicians	1,520:1		1,010:1	1,350:1
Dentists	1,670:1		1,210:1	1,440:1
Mental health providers	680:1		250:1	570:1
Preventable hospital stays	2,213		2,233	3,134
Mammography screening	38%		52%	53%
Flu vaccinations	24%		55%	54%

Additional Clinical Care (not included in overall ranking)

Uninsured adults	10%	8-12%	7%	7%
Uninsured children	4%	3-6%	3%	3%
Other primary care providers	1,530:1		580:1	840:1

Social & Economic Factors

High school completion	92%	89-96%	94%	92%
Some college	79%	69-90%	74%	71%
Unemployment	5.7%		4.0%	5.3%
Children in poverty	18%	11-26%	9%	12%
Income inequality	4.5	3.7-5.2	3.7	4.2
Children in single-parent households	19%	11-28%	14%	21%
Social associations	9.8		18.1	14.8
Violent crime	84		63	282
Injury deaths	76	60-97	61	70

Additional Social & Economic Factors (not included in overall ranking)

High school graduation	93%		96%	91%
Disconnected youth			4%	6%
Reading scores	3.0		3.3	3.1
Math scores	3.4		3.4	3.1
School segregation	0.04		0.02	0.19
School funding adequacy	$2,485			$1,880
Gender pay gap	0.78	0.62-0.95	0.88	0.78
Median household income	$52,800	$43,600 to $62,100	$75,100	$62,400
Living wage **	$35.93			$37.38
Children eligible for free or reduced price lunch	47%		32%	42%
Residential segregation - Black/white	82		27	62
Residential segregation - non-white/white	29		16	45
Childcare cost burden **	25%		18%	24%
Childcare centers **	8		12	8
Homicides			2	3
Suicides	22	13-33	11	16
Firearm fatalities	15	8-26	8	10
Juvenile arrests	21			37

Physical Environment

Air pollution - particulate matter	8.6		5.9	8.2
Drinking water violations	No			
Severe housing problems	12%	9-16%	9%	12%
Driving alone to work	71%	67-76%	72%	80%
Long commute - driving alone	16%	11-21%	16%	21%

Additional Physical Environment (not included in overall ranking)

Traffic volume	110			260
Homeownership	70%	66-73%	81%	71%
Severe housing cost burden	11%	7-15%	7%	10%
Broadband access	83%	80-87%	88%	83%

^ 10th/90th percentile, i.e., only 10% are better.

** Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data