



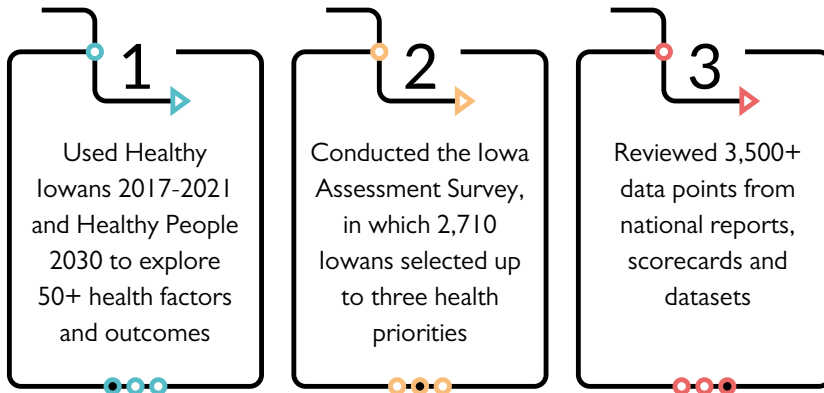
SUMMARY OF IOWA'S 2021-2022 STATE HEALTH ASSESSMENT

OVERVIEW

The 2021-2022 State Health Assessment (SHA) is an environmental scan of health in Iowa. The results help guide resource distribution, inform programming and increase collaboration throughout the state.

STATE HEALTH ASSESSMENT PROCESS

The Healthy Iowans Team used a variety of methods for data collection and analysis. The three main steps are shown below.



FINDINGS & NEXT STEPS

Data for Iowa's seven top health issues (as seen on the right) indicate many disparities. In particular, disparities exist for people of color, people with disabilities, people who are lesbian, gay, bisexual, and/or transgender and for people who live in rural areas. As stated in the SHA, "health equity is crucial to a vibrant state." Efforts to improve health should focus on reducing disparities for all who live, learn, work and play in Iowa.

The findings of the 2021-2022 SHA play an important role in the development of Iowa's State Health Improvement Plan (SHIP). The SHIP will include goals, objectives and strategies to address the state's top health issues over the next five years. To learn more about Iowa's SHA and SHIP, please visit the Healthy Iowans page on Iowa HHS' website.

IOWA'S TOP HEALTH ISSUES

THEME: HEALTH DISPARITIES

SOCIAL, ECONOMIC, AND ENVIRONMENTAL FACTORS



ACCESS TO CARE



ECONOMIC STABILITY & INCOME



HOUSING

HEALTH BEHAVIORS AND OUTCOMES



MENTAL HEALTH & MENTAL DISORDERS



HEALTHY EATING & ACTIVE LIVING



SUBSTANCE USE



CANCER

COORDINATED BY:

IOWA
HHS

QUESTIONS OR CONCERNS?

Contact us at healthyiowans@idph.iowa.gov
or scan this QR code with your phone's camera to visit our website.

