



## Iowa: Recommendations for EPSDT Care for Kids Dental Services

These recommendations are based upon guidelines from the American Academy of Pediatric Dentistry<sup>1</sup> and Iowa's definition of a dental home in [Iowa Administrative Code](#).

| Component   | Child's Age   |   |
|---|---|---|
|   | Birth to 12 months  | 1 year through 20 years   |
| Clinical oral examination/oral screening            | Upon the eruption of the first tooth and no later than 12 months  | Every 6 months, or as indicated by child's risk assessment  |
| Caries risk assessment                              | At every visit  | At every visit  |
| Radiographs   | For trauma or emergency   | Timing, selection, and frequency determined by child's history, clinical findings, and risk assessment  |
| Prophylaxis   | NA  | Timing, selection, and frequency determined by child's history, clinical findings, and risk assessment  |
| Fluoride varnish                                    | 2 – 4 times per year, as indicated by child's risk assessment   | 2 – 4 times per year, as indicated by child's risk assessment   |
| Pit and fissure sealants                            | NA  | Through age 18, as indicated by risk assessment (primary molars and/or permanent molars/premolars)  |
| Oral hygiene instruction/dietary counseling         | At every visit (with parent)  | At every visit (with parent and/or child)   |
| Anticipatory guidance/counseling                    | At every visit (with parent) <ul style="list-style-type: none"> <li>• Injury prevention</li> <li>• Non-nutritive sucking</li> <li>• Speech/language development</li> <li>• Fluoride exposure</li> <li>• Diet/carbohydrate exposure</li> </ul> | At every visit (with parent and/or child) <ul style="list-style-type: none"> <li>• Injury prevention</li> <li>• Non-nutritive sucking</li> <li>• Speech/language development</li> <li>• Fluoride exposure</li> <li>• Diet/ carbohydrate exposure</li> <li>• Substance abuse</li> <li>• Intraoral/perioral piercing</li> </ul> |
| Assessment and treatment of developing malocclusion | NA  | As indicated  |
| Assessment and/or removal of third molars           | NA  | Children over 12 years of age   |

<sup>1</sup> [www.aapd.org/media/Policies\\_Guidelines/G\\_Periodicity.pdf](http://www.aapd.org/media/Policies_Guidelines/G_Periodicity.pdf);  
[www.aapd.org/media/Policies\\_Guidelines/G\\_DentalPeriodicitySchedule.pdf](http://www.aapd.org/media/Policies_Guidelines/G_DentalPeriodicitySchedule.pdf)