**County Health Rankings & Roadmaps**
Building a Culture of Health, County by County

**Robert Wood Johnson Foundation**

The 2022 Rankings include deaths attributable to COVID-19 from 2020. See our FAQs for more information on COVID-specific data.

# Mahaska (MH)
## 2022 Rankings

Download Iowa Rankings Data

## County Demographics

|  | County | State |
|---|---|---|
| Population | 22,370 | 3,163,561 |
| % below 18 years of age | 23.5% | 22.9% |
| % 65 and older | 18.5% | 17.9% |
| % Non-Hispanic Black | 2.1% | 4.0% |
| % American Indian & Alaska Native | 0.4% | 0.6% |
| % Asian | 1.9% | 2.8% |
| % Native Hawaiian/Other Pacific Islander | 0.0% | 0.2% |
| % Hispanic | 2.5% | 6.5% |
| % Non-Hispanic White | 92.1% | 84.5% |
| % not proficient in English ** | 0% | 2% |
| % Females | 49.1% | 50.2% |
| % Rural | 43.9% | 36.0% |

| | County | Error Margin | Top U.S. Performers ^ | Iowa |
|---|---|---|---|---|
| **Health Outcomes** | | | | |
| **Length of Life** | | | | |
| Premature death | 6,500 | 5,300-7,600 | 5,600 | 6,500 |
| **Quality of Life** | | | | |
| Poor or fair health ** | 16% | 14-18% | 15% | 14% |
| Poor physical health days ** | 3.6 | 3.3-3.9 | 3.4 | 3.1 |
| Poor mental health days ** | 4.3 | 4.0-4.6 | 4.0 | 4.1 |
| Low birthweight | 6% | 5-7% | 6% | 7% |
| **Additional Health Outcomes (not included in overall ranking)** | | | | |
| COVID-19 age-adjusted mortality ** | 116 | 82-160 | 43 | 99 |
| Life expectancy | 78.2 | 77.2-79.3 | 80.6 | 78.7 |
| Premature age-adjusted mortality | 350 | 310-400 | 290 | 340 |
| Child mortality | 50 | 20-90 | 40 | 50 |
| Infant mortality | | | 4 | 5 |
| Frequent physical distress ** | 11% | 10-13% | 10% | 9% |
| Frequent mental distress ** | 14% | 13-16% | 13% | 13% |
| Diabetes prevalence ** | 9% | 9-10% | 8% | 9% |
| HIV prevalence | 55 | | 38 | 110 |
| **Health Factors** | | | | |
| **Health Behaviors** | | | | |
| Adult smoking ** | 19% | 16-22% | 15% | 17% |
| Adult obesity ** | 34% | 33-36% | 30% | 34% |
| Food environment index | 8.0 | | 8.8 | 8.4 |
| Physical inactivity ** | 27% | 24-30% | 23% | 26% |
| Access to exercise opportunities | 71% | | 86% | 73% |

| Measure | | | | |
|---|---|---|---|---|
| Excessive drinking ** | 20% | 19-21% | 15% | 25% |
| Alcohol-impaired driving deaths | 23% | 9-39% | 10% | 27% |
| Sexually transmitted infections | 443.5 | | 161.8 | 508.5 |
| Teen births | 20 | 16-24 | 11 | 16 |
| **Additional Health Behaviors (not included in overall ranking)** | | | | |
| Food insecurity | 10% | | 9% | 9% |
| Limited access to healthy foods | 8% | | 2% | 6% |
| Drug overdose deaths | | | 11 | 11 |
| Motor vehicle crash deaths | 19 | 12-27 | 9 | 11 |
| Insufficient sleep ** | 31% | 30-33% | 32% | 33% |
| **Clinical Care** | | | | |
| Uninsured | 6% | 5-6% | 6% | 6% |
| Primary care physicians | 1,470:1 | | 1,010:1 | 1,350:1 |
| Dentists | 2,240:1 | | 1,210:1 | 1,440:1 |
| Mental health providers | 770:1 | | 250:1 | 570:1 |
| Preventable hospital stays | 3,001 | | 2,233 | 3,134 |
| Mammography screening | 50% | | 52% | 53% |
| Flu vaccinations | 59% | | 55% | 54% |
| **Additional Clinical Care (not included in overall ranking)** | | | | |
| Uninsured adults | 7% | 6-8% | 7% | 7% |
| Uninsured children | 2% | 2-3% | 3% | 3% |
| Other primary care providers | 930:1 | | 580:1 | 840:1 |
| **Social & Economic Factors** | | | | |
| High school completion | 92% | 90-94% | 94% | 92% |
| Some college | 62% | 56-69% | 74% | 71% |
| Unemployment | 4.8% | | 4.0% | 5.3% |
| Children in poverty | 11% | 6-16% | 9% | 12% |
| Income inequality | 4.7 | 4.0-5.3 | 3.7 | 4.2 |
| Children in single-parent households | 21% | 15-26% | 14% | 21% |
| Social associations | 17.7 | | 18.1 | 14.8 |
| Violent crime | 268 | | 63 | 282 |
| Injury deaths | 69 | 55-87 | 61 | 70 |
| **Additional Social & Economic Factors (not included in overall ranking)** | | | | |
| High school graduation | 97% | | 96% | 91% |
| Disconnected youth | | | 4% | 6% |
| Reading scores | 3.0 | | 3.3 | 3.1 |
| Math scores | 3.0 | | 3.4 | 3.1 |
| School segregation | 0.03 | | 0.02 | 0.19 |
| School funding adequacy | $2,685 | | | $1,880 |
| Gender pay gap | 0.74 | 0.67-0.80 | 0.88 | 0.78 |
| Median household income | $59,700 | $51,200 to $68,200 | $75,100 | $62,400 |
| Living wage ** | $36.35 | | | $37.38 |
| Children eligible for free or reduced price lunch | 43% | | 32% | 42% |
| Residential segregation - Black/white | 81 | | 27 | 62 |
| Residential segregation - non-white/white | 32 | | 16 | 45 |
| Childcare cost burden ** | 24% | | 18% | 24% |
| Childcare centers ** | 8 | | 12 | 8 |
| Homicides | | | 2 | 3 |
| Suicides | 17 | 10-27 | 11 | 16 |
| Firearm fatalities | 13 | 7-21 | 8 | 10 |
| Juvenile arrests | 23 | | | 37 |
| **Physical Environment** | | | | |
| Air pollution - particulate matter | 8.4 | | 5.9 | 8.2 |
| Drinking water violations | No | | | |
| Severe housing problems | 13% | 11-15% | 9% | 12% |
| Driving alone to work | 79% | 76-82% | 72% | 80% |
| Long commute - driving alone | 19% | 16-22% | 16% | 21% |
| **Additional Physical Environment (not included in overall ranking)** | | | | |
| Traffic volume | 161 | | | 260 |
| Homeownership | 68% | 65-72% | 81% | 71% |
| Severe housing cost burden | 11% | 8-13% | 7% | 10% |
| Broadband access | 83% | 80-85% | 88% | 83% |

^ 10th/90th percentile, i.e., only 10% are better.

** Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data