County Health Rankings & Roadmaps Building a Culture of Health, County by County



The 2022 Rankings include deaths attributable to COVID-19 from 2020. See our FAQs for more information on COVID-specific data.

Mills (MI) 2022 Rankings

Download Iowa Rankings Data

County Demographics

	County	State
Population	14,766	3,163,561
% below 18 years of age	22.8%	22.9%
% 65 and older	19.9%	17.9%
% Non-Hispanic Black	0.7%	4.0%
% American Indian & Alaska Native	0.7%	0.6%
% Asian	0.4%	2.8%
% Native Hawaiian/Other Pacific Islander	0.1%	0.2%
% Hispanic	3.5%	6.5%
% Non-Hispanic White	93.8%	84.5%
% not proficient in English **	0%	2%
% Females	49.9%	50.2%
% Rural	59.6%	36.0%

	County	Error Margin	Top U.S. Performers ^	lowa
Health Outcomes				
Length of Life				
Premature death	7,500	5,800-9,300	5,600	6,500
Quality of Life				
Poor or fair health ** Poor physical health days ** Poor mental health days ** Low birthweight	14% 3.2 4.1 8%	12-16% 3.0-3.5 3.8-4.4 6-9%	15% 3.4 4.0 6%	14% 3.1 4.1 7%
Additional Health Outcomes (not included in overall ranking)				
COVID-19 age-adjusted mortality ** Life expectancy Premature age-adjusted mortality Child mortality Infant mortality Frequent physical distress ** Frequent mental distress ** Diabetes prevalence ** HIV prevalence	78 78.6 360 10% 13% 9% 55	43-128 77.0-80.1 310-410 9-11% 12-15% 8-9%	43 80.6 290 40 4 10% 13% 8% 38	99 78.7 340 50 5 9% 13% 9% 110
Health Factors				
Health Behaviors Adult smoking ** Adult obesity ** Food environment index Physical inactivity ** Access to exercise opportunities	18% 35% 8.9 26% 49%	15-21% 33-37% 23-29%	15% 30% 8.8 23% 86%	17% 34% 8.4 26% 73%

https://www.countyhealthrankings.org/app/iowa/2022/county/snapshots/129/print

5/22, 1:09 PM Mills County, Iowa County Health Rankings & Roadmaps					
Excessive drinking ** Alcohol-impaired driving deaths Sexually transmitted infections	23% 52% 225.0	22-25% 42-61%	15% 10% 161.8	25% 27% 508.5	
Teen births	15	11-20	11	16	
Additional Health Behaviors (not included in overall ranking) Food insecurity Limited access to healthy foods Drug overdose deaths Motor vehicle crash deaths	8% 4% 16 33%	9-26 31-35%	9% 2% 11 9 32%	9% 6% 11 11 33%	
Insufficient sleep **	33%	31-35%	32%	33%	
Clinical Care Uninsured Primary care physicians Dentists Mental health providers Preventable hospital stays Mammography screening Flu vaccinations Additional Clinical Care (not included in overall ranking)	5% 1,680:1 2,460:1 1,640:1 3,796 50% 58%	4-6%	6% 1,010:1 1,210:1 250:1 2,233 52% 55%	6% 1,350:1 1,440:1 570:1 3,134 53% 54%	
Uninsured adults Uninsured children Other primary care providers	6% 2% 2,110:1	5-7% 2-3%	7% 3% 580:1	7% 3% 840:1	
Social & Economic Factors					
High school completion Some college Unemployment Children in poverty Income inequality Children in single-parent households Social associations Violent crime Injury deaths	94% 69% 3.9% 10% 3.8 15% 8.6 287 72	92-95% 60-78% 7-13% 3.1-4.4 11-20% 54-94	94% 74% 4.0% 9% 3.7 14% 18.1 63 63	92% 71% 5.3% 12% 4.2 21% 14.8 282 70	
Additional Social & Economic Factors (not included in overall ran	king)				
Additional Social & Economic Factors (not included in overall ran High school graduation Disconnected youth Reading scores Math scores School segregation School funding adequacy Gender pay gap Median household income Living wage ** Children eligible for free or reduced price lunch Residential segregation - Black/white Residential segregation - non-white/white Childcare cost burden ** Childcare centers ** Homicides Suicides Firearm fatalities Juvenile arrests	<pre>king) 97% 3.1 3.2 0.05 \$4,178 0.82 \$76,000 \$38.81 38% 19 21% 8 13 16 32</pre>	0.75-0.89 \$66,600 to \$85,400 6-24 8-28	96% 4% 3.3 3.4 0.02 0.88 \$75,100 32% 27 16 18% 12 2 11 8	91% 6% 3.1 3.1 0.19 \$1,880 0.78 \$62,400 \$37.38 42% 62 45 24% 8 3 16 10 37	
Physical Environment	02			57	
Air pollution - particulate matter Drinking water violations Severe housing problems Driving alone to work Long commute - driving alone	8.4 No 10% 80% 39%	7-13% 77-84% 34-44%	5.9 9% 72% 16%	8.2 12% 80% 21%	
Additional Physical Environment (not included in overall ranking)					
Traffic volume Homeownership Severe housing cost burden Broadband access	40 79% 9% 88%	75-83% 6-12% 86-91%	81% 7% 88%	260 71% 10% 83%	

^ 10th/90th percentile, i.e., only 10% are better.

** Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data