



The 2022 Rankings include deaths attributable to COVID-19 from 2020. See our FAQs for more information on COVID-specific data.

## Palo Alto (PL) 2022 Rankings

Download Iowa Rankings Data

### County Demographics

	County	State
Population	8,845	3,163,561
% below 18 years of age	23.1%	22.9%
% 65 and older	22.5%	17.9%
% Non-Hispanic Black	1.9%	4.0%
% American Indian & Alaska Native	0.5%	0.6%
% Asian	1.0%	2.8%
% Native Hawaiian/Other Pacific Islander	0.1%	0.2%
% Hispanic	3.3%	6.5%
% Non-Hispanic White	92.5%	84.5%
% not proficient in English **	1%	2%
% Females	50.0%	50.2%
% Rural	61.5%	36.0%

	County	Error Margin	Top U.S. Performers ^	Iowa
<b>Health Outcomes</b>				
<b>Length of Life</b>				
Premature death	8,500	6,200-10,700	5,600	6,500
<b>Quality of Life</b>				
Poor or fair health **	14%	12-15%	15%	14%
Poor physical health days **	3.2	2.9-3.4	3.4	3.1
Poor mental health days **	4.0	3.7-4.3	4.0	4.1
Low birthweight	7%	5-9%	6%	7%
<b>Additional Health Outcomes (not included in overall ranking)</b>				
COVID-19 age-adjusted mortality **	63	29-120	43	99
Life expectancy	77.0	75.2-78.8	80.6	78.7
Premature age-adjusted mortality	430	350-510	290	340
Child mortality			40	50
Infant mortality			4	5
Frequent physical distress **	10%	9-11%	10%	9%
Frequent mental distress **	13%	11-14%	13%	13%
Diabetes prevalence **	9%	8-9%	8%	9%
HIV prevalence			38	110
<b>Health Factors</b>				
<b>Health Behaviors</b>				
Adult smoking **	17%	14-20%	15%	17%
Adult obesity **	36%	34-38%	30%	34%
Food environment index	8.6		8.8	8.4
Physical inactivity **	25%	22-28%	23%	26%
Access to exercise opportunities	54%		86%	73%

Excessive drinking **	23%	22-25%	15%	25%
Alcohol-impaired driving deaths	33%	15-51%	10%	27%
Sexually transmitted infections	281.3		161.8	508.5
Teen births	9	5-15	11	16

**Additional Health Behaviors (not included in overall ranking)**

Food insecurity	8%		9%	9%
Limited access to healthy foods	7%		2%	6%
Drug overdose deaths			11	11
Motor vehicle crash deaths	19	10-33	9	11
Insufficient sleep **	33%	31-34%	32%	33%

**Clinical Care**

Uninsured	6%	5-7%	6%	6%
Primary care physicians	2,220:1		1,010:1	1,350:1
Dentists	4,420:1		1,210:1	1,440:1
Mental health providers	980:1		250:1	570:1
Preventable hospital stays	3,058		2,233	3,134
Mammography screening	51%		52%	53%
Flu vaccinations	36%		55%	54%

**Additional Clinical Care (not included in overall ranking)**

Uninsured adults	7%	5-8%	7%	7%
Uninsured children	3%	2-5%	3%	3%
Other primary care providers	880:1		580:1	840:1

**Social & Economic Factors**

High school completion	93%	91-94%	94%	92%
Some college	70%	60-80%	74%	71%
Unemployment	4.6%		4.0%	5.3%
Children in poverty	12%	7-16%	9%	12%
Income inequality	3.9	3.5-4.3	3.7	4.2
Children in single-parent households	16%	9-23%	14%	21%
Social associations	19.1		18.1	14.8
Violent crime	291		63	282
Injury deaths	74	51-103	61	70

**Additional Social & Economic Factors (not included in overall ranking)**

High school graduation			96%	91%
Disconnected youth			4%	6%
Reading scores	3.2		3.3	3.1
Math scores	3.3		3.4	3.1
School segregation	0.05		0.02	0.19
School funding adequacy	\$927			\$1,880
Gender pay gap	0.77	0.67-0.87	0.88	0.78
Median household income	\$63,200	\$54,700 to \$71,700	\$75,100	\$62,400
Living wage **	\$35.44			\$37.38
Children eligible for free or reduced price lunch	45%		32%	42%
Residential segregation - Black/white	67		27	62
Residential segregation - non-white/white	33		16	45
Childcare cost burden **	20%		18%	24%
Childcare centers **	8		12	8
Homicides			2	3
Suicides	27	13-50	11	16
Firearm fatalities			8	10
Juvenile arrests				37

**Physical Environment**

Air pollution - particulate matter	7.3		5.9	8.2
Drinking water violations	Yes			
Severe housing problems	8%	6-11%	9%	12%
Driving alone to work	76%	72-81%	72%	80%
Long commute - driving alone	19%	15-23%	16%	21%

**Additional Physical Environment (not included in overall ranking)**

Traffic volume	53			260
Homeownership	76%	74-78%	81%	71%
Severe housing cost burden	5%	3-7%	7%	10%
Broadband access	80%	77-83%	88%	83%

^ 10th/90th percentile, i.e., only 10% are better.

\*\* Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data

