County Health Rankings & Roadmaps Building a Culture of Health, County by County



The 2022 Rankings include deaths attributable to COVID-19 from 2020. See our FAQs for more information on COVID-specific data.

## Pottawattamie (PT) 2022 Rankings

Download Iowa Rankings Data

## **County Demographics**

	County	State
Population	93,328	3,163,561
% below 18 years of age	23.3%	22.9%
% 65 and older	18.4%	17.9%
% Non-Hispanic Black	1.7%	4.0%
% American Indian & Alaska Native	0.8%	0.6%
% Asian	1.0%	2.8%
% Native Hawaiian/Other Pacific Islander	0.1%	0.2%
% Hispanic	8.4%	6.5%
% Non-Hispanic White	86.6%	84.5%
% not proficient in English **	1%	2%
% Females	50.7%	50.2%
% Rural	26.4%	36.0%

	County	Error Margin	Top U.S. Performers ^	lowa
Health Outcomes				
Length of Life				
Premature death	8,500	7,800-9,200	5,600	6,500
Quality of Life				
Poor or fair health ** Poor physical health days ** Poor mental health days ** Low birthweight	16% 3.4 4.2 8%	14-18% 3.2-3.7 3.9-4.4 7-8%	15% 3.4 4.0 6%	14% 3.1 4.1 7%
Additional Health Outcomes (not included in overall ranking) COVID-19 age-adjusted mortality ** Life expectancy	86 76.9	70-103 76.3-77.4	43 80.6	99 78.7
Premature age-adjusted mortality Child mortality Infant mortality	410 70 8	390-430 50-90 6-10	290 40 4	340 50 5
Frequent physical distress ** Frequent mental distress ** Diabetes prevalence **	11% 14% 10%	10-13% 12-15% 9-10%	10% 13% 8%	9% 13% 9%
HIV prevalence	164	. 10/0	38	110
Health Factors				
Health Behaviors				
Adult smoking ** Adult obesity ** Food environment index Physical inactivity **	21% 39% 8.1 31%	18-24% 37-40% 28-34%	15% 30% 8.8 23%	17% 34% 8.4 26%
Access to exercise opportunities	31% 81%	20-34%	23% 86%	28% 73%

https://www.countyhealthrankings.org/app/iowa/2022/county/snapshots/155/print

5/5/22, 1:13 PM Pottav	Pottawattamie County, Iowa   County Health Rankings & Roadmaps				
Excessive drinking ** Alcohol-impaired driving deaths Sexually transmitted infections Teen births	21% 15% 532.2 23	21-22% 9-21% 21-25	15% 10% 161.8 11	25% 27% 508.5 16	
Additional Health Behaviors (not included in overall ranking) Food insecurity Limited access to healthy foods Drug overdose deaths Motor vehicle crash deaths	9% 9% 12 16	9-17 13-19	9% 2% 11 9	9% 6% 11 11	
Insufficient sleep **	34%	33-36%	32%	33%	
Clinical Care Uninsured Primary care physicians Dentists Mental health providers Preventable hospital stays Mammography screening Flu vaccinations	6% 2,070:1 1,580:1 470:1 4,188 49% 61%	5-7%	6% 1,010:1 1,210:1 250:1 2,233 52% 55%	6% 1,350:1 1,440:1 570:1 3,134 53% 54%	
Additional Clinical Care (not included in overall ranking) Uninsured adults	8%	6-9%	7%	7%	
Uninsured children Other primary care providers	2% 1,000:1	2-3%	3% 580:1	3% 840:1	
Social & Economic Factors					
High school completion Some college Unemployment Children in poverty Income inequality Children in single-parent households Social associations Violent crime Injury deaths Additional Social & Economic Factors (not included in overall ran	90% 65% 5.2% 12% 4.2 27% 10.5 373 75 king)	89-91% 61-69% 7-17% 4.0-4.5 23-30% 67-83	94% 74% 4.0% 9% 3.7 14% 18.1 63 61	92% 71% 5.3% 12% 4.2 21% 14.8 282 70	
High school graduation Disconnected youth Reading scores Math scores School segregation School funding adequacy Gender pay gap Median household income Living wage ** Children eligible for free or reduced price lunch Residential segregation - Black/white Residential segregation - non-white/white Childcare cost burden ** Childcare centers ** Homicides Suicides Firearm fatalities	91% 4% 2.9 2.8 0.05 \$3,777 0.83 \$61,600 \$38.26 51% 59 31 24% 8 4 19 11 54	2-6% 0.79-0.87 \$54,800 to \$68,500 3-6 15-23 8-14	96% 4% 3.3 3.4 0.02 0.88 \$75,100 32% 27 16 18% 12 2 11 8	91% 6% 3.1 3.1 0.19 \$1,880 0.78 \$62,400 \$37.38 42% 62 45 24% 8 3 16 10 27	
Juvenile arrests Physical Environment	54			37	
Air pollution - particulate matter Drinking water violations Severe housing problems Driving alone to work Long commute - driving alone	9.0 No 13% 84% 25%	12-14% 82-85% 23-27%	5.9 9% 72% 16%	8.2 12% 80% 21%	
Additional Physical Environment (not included in overall ranking Traffic volume Homeownership Severe housing cost burden Broadband access	) 398 69% 10% 80%	67-70% 9-11% 78-81%	81% 7% 88%	260 71% 10% 83%	

^ 10th/90th percentile, i.e., only 10% are better.

\*\* Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data