County Health Rankings & Roadmaps
Building a Culture of Health, County by County

Robert Wood Johnson Foundation

The 2022 Rankings include deaths attributable to COVID-19 from 2020. See our FAQs for more information on COVID-specific data.

Ringgold (RG)
2022 Rankings

Download Iowa Rankings Data

County Demographics

	County	State
Population	4,801	3,163,561
% below 18 years of age	22.8%	22.9%
% 65 and older	24.3%	17.9%
% Non-Hispanic Black	0.6%	4.0%
% American Indian & Alaska Native	0.3%	0.6%
% Asian	0.7%	2.8%
% Native Hawaiian/Other Pacific Islander	0.1%	0.2%
% Hispanic	2.6%	6.5%
% Non-Hispanic White	94.8%	84.5%
% not proficient in English **	0%	2%
% Females	50.7%	50.2%
% Rural	100.0%	36.0%

	County	Error Margin	Top U.S. Performers ^	Iowa
Health Outcomes				
Length of Life				
Premature death	7,000	4,800-10,000	5,600	6,500
Quality of Life				
Poor or fair health **	15%	13-17%	15%	14%
Poor physical health days **	3.4	3.1-3.7	3.4	3.1
Poor mental health days **	4.2	3.9-4.5	4.0	4.1
Low birthweight	6%	4-9%	6%	7%
Additional Health Outcomes (not included in overall ranking)				
COVID-19 age-adjusted mortality **			43	99
Life expectancy	77.0	75.0-79.0	80.6	78.7
Premature age-adjusted mortality	410	320-520	290	340
Child mortality			40	50
Infant mortality			4	5
Frequent physical distress **	11%	10-12%	10%	9%
Frequent mental distress **	14%	12-15%	13%	13%
Diabetes prevalence **	9%	9-10%	8%	9%
HIV prevalence			38	110
Health Factors				
Health Behaviors				
Adult smoking **	19%	16-22%	15%	17%
Adult obesity **	35%	34-37%	30%	34%
Food environment index	8.9		8.8	8.4
Physical inactivity **	30%	26-33%	23%	26%
Access to exercise opportunities	43%		86%	73%

Excessive drinking **	23%	22-24%	15%	25%
Alcohol-impaired driving deaths	11%	1-33%	10%	27%
Sexually transmitted infections	122.6		161.8	508.5
Teen births	17	10-27	11	16
Additional Health Behaviors (not included in overall ranking)				
Food insecurity	9%		9%	9%
Limited access to healthy foods	3%		2%	6%
Drug overdose deaths			11	11
Motor vehicle crash deaths			9	11
Insufficient sleep **	31%	30-33%	32%	33%
Clinical Care				
Uninsured	7%	6-8%	6%	6%
Primary care physicians	820:1		1,010:1	1,350:1
Dentists			1,210:1	1,440:1
Mental health providers			250:1	570:1
Preventable hospital stays	1,177		2,233	3,134
Mammography screening	61%		52%	53%
Flu vaccinations	33%		55%	54%
Additional Clinical Care (not included in overall ranking)				
Uninsured adults	8%	7-10%	7%	7%
Uninsured children	5%	3-6%	3%	3%
Other primary care providers	960:1		580:1	840:1
Social & Economic Factors				
High school completion	93%	91-96%	94%	92%
Some college	65%	54-76%	74%	71%
Unemployment	3.9%		4.0%	5.3%
Children in poverty	22%	13-30%	9%	12%
Income inequality	4.2	3.6-4.9	3.7	4.2
Children in single-parent households	24%	14-33%	14%	21%
Social associations	14.3		18.1	14.8
Violent crime	59		63	282
Injury deaths	97	62-144	61	70
Additional Social & Economic Factors (not included in overall ranking)				
High school graduation			96%	91%
Disconnected youth			4%	6%
Reading scores	3.1		3.3	3.1
Math scores	2.9		3.4	3.1
School segregation			0.02	0.19
School funding adequacy	-$1,060			$1,880
Gender pay gap	0.71	0.57-0.85	0.88	0.78
Median household income	$53,500	$44,500 to $62,400	$75,100	$62,400
Living wage **	$35.44			$37.38
Children eligible for free or reduced price lunch	49%		32%	42%
Residential segregation - Black/white			27	62
Residential segregation - non-white/white	4		16	45
Childcare cost burden **	24%		18%	24%
Childcare centers **	10		12	8
Homicides			2	3
Suicides			11	16
Firearm fatalities			8	10
Juvenile arrests				37
Physical Environment				
Air pollution - particulate matter	7.7		5.9	8.2
Drinking water violations	No			
Severe housing problems	10%	7-14%	9%	12%
Driving alone to work	79%	74-84%	72%	80%
Long commute - driving alone	29%	22-37%	16%	21%
Additional Physical Environment (not included in overall ranking)				
Traffic volume	0			260
Homeownership	75%	71-78%	81%	71%
Severe housing cost burden	4%	2-7%	7%	10%
Broadband access	79%	74-84%	88%	83%

^ 10th/90th percentile, i.e., only 10% are better.

** Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data