



The 2022 Rankings include deaths attributable to COVID-19 from 2020. See our FAQs for more information on COVID-specific data.

Sac (SA) 2022 Rankings

Download Iowa Rankings Data

County Demographics

	County	State
Population	9,603	3,163,561
% below 18 years of age	22.7%	22.9%
% 65 and older	24.2%	17.9%
% Non-Hispanic Black	0.4%	4.0%
% American Indian & Alaska Native	0.2%	0.6%
% Asian	0.5%	2.8%
% Native Hawaiian/Other Pacific Islander	0.4%	0.2%
% Hispanic	4.1%	6.5%
% Non-Hispanic White	93.6%	84.5%
% not proficient in English **	1%	2%
% Females	50.4%	50.2%
% Rural	100.0%	36.0%

	County	Error Margin	Top U.S. Performers ^	Iowa
Health Outcomes				
Length of Life				
Premature death	6,400	4,600-8,300	5,600	6,500
Quality of Life				
Poor or fair health **	14%	12-16%	15%	14%
Poor physical health days **	3.3	3.1-3.6	3.4	3.1
Poor mental health days **	4.1	3.8-4.4	4.0	4.1
Low birthweight	6%	4-7%	6%	7%
Additional Health Outcomes (not included in overall ranking)				
COVID-19 age-adjusted mortality **	77	42-129	43	99
Life expectancy	79.0	77.3-80.6	80.6	78.7
Premature age-adjusted mortality	350	290-420	290	340
Child mortality			40	50
Infant mortality			4	5
Frequent physical distress **	10%	9-11%	10%	9%
Frequent mental distress **	13%	12-15%	13%	13%
Diabetes prevalence **	9%	8-10%	8%	9%
HIV prevalence			38	110
Health Factors				
Health Behaviors				
Adult smoking **	19%	16-21%	15%	17%
Adult obesity **	35%	33-37%	30%	34%
Food environment index	9.0		8.8	8.4
Physical inactivity **	27%	24-29%	23%	26%
Access to exercise opportunities	59%		86%	73%

Excessive drinking **	23%	22-24%	15%	25%
Alcohol-impaired driving deaths	8%	0-25%	10%	27%
Sexually transmitted infections	226.3		161.8	508.5
Teen births	16	11-23	11	16
Additional Health Behaviors (not included in overall ranking)				
Food insecurity	8%		9%	9%
Limited access to healthy foods	4%		2%	6%
Drug overdose deaths			11	11
Motor vehicle crash deaths	20	11-34	9	11
Insufficient sleep **	32%	31-34%	32%	33%
Clinical Care				
Uninsured	6%	5-6%	6%	6%
Primary care physicians	1,620:1		1,010:1	1,350:1
Dentists	3,200:1		1,210:1	1,440:1
Mental health providers	1,370:1		250:1	570:1
Preventable hospital stays	2,103		2,233	3,134
Mammography screening	56%		52%	53%
Flu vaccinations	38%		55%	54%
Additional Clinical Care (not included in overall ranking)				
Uninsured adults	7%	6-8%	7%	7%
Uninsured children	3%	2-4%	3%	3%
Other primary care providers	1,070:1		580:1	840:1
Social & Economic Factors				
High school completion	93%	91-94%	94%	92%
Some college	71%	62-79%	74%	71%
Unemployment	3.5%		4.0%	5.3%
Children in poverty	14%	9-19%	9%	12%
Income inequality	4.0	3.2-4.8	3.7	4.2
Children in single-parent households	19%	13-25%	14%	21%
Social associations	21.6		18.1	14.8
Violent crime	50		63	282
Injury deaths	86	62-116	61	70
Additional Social & Economic Factors (not included in overall ranking)				
High school graduation	98%		96%	91%
Disconnected youth			4%	6%
Reading scores	3.0		3.3	3.1
Math scores	2.8		3.4	3.1
School segregation	0.12		0.02	0.19
School funding adequacy	\$3,410			\$1,880
Gender pay gap	0.72	0.67-0.77	0.88	0.78
Median household income	\$54,100	\$46,100 to \$62,100	\$75,100	\$62,400
Living wage **	\$35.61			\$37.38
Children eligible for free or reduced price lunch	49%		32%	42%
Residential segregation - Black/white			27	62
Residential segregation - non-white/white	29		16	45
Childcare cost burden **	24%		18%	24%
Childcare centers **	9		12	8
Homicides			2	3
Suicides			11	16
Firearm fatalities			8	10
Juvenile arrests	17			37
Physical Environment				
Air pollution - particulate matter	7.9		5.9	8.2
Drinking water violations	No			
Severe housing problems	7%	5-8%	9%	12%
Driving alone to work	85%	83-88%	72%	80%
Long commute - driving alone	22%	18-26%	16%	21%
Additional Physical Environment (not included in overall ranking)				
Traffic volume	4			260
Homeownership	79%	77-81%	81%	71%
Severe housing cost burden	7%	4-9%	7%	10%
Broadband access	79%	77-82%	88%	83%

^ 10th/90th percentile, i.e., only 10% are better.

** Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data

