County Health Rankings & Roadmaps
Building a Culture of Health, County by County

Robert Wood Johnson Foundation

> The 2022 Rankings include deaths attributable to COVID-19 from 2020. See our FAQs for more information on COVID-specific data.

Tama (TA)
2022 Rankings

Download Iowa Rankings Data

County Demographics

	County	State
Population	16,801	3,163,561
% below 18 years of age	24.1%	22.9%
% 65 and older	20.5%	17.9%
% Non-Hispanic Black	0.9%	4.0%
% American Indian & Alaska Native	8.6%	0.6%
% Asian	0.5%	2.8%
% Native Hawaiian/Other Pacific Islander	0.2%	0.2%
% Hispanic	11.5%	6.5%
% Non-Hispanic White	78.7%	84.5%
% not proficient in English **	3%	2%
% Females	50.2%	50.2%
% Rural	72.4%	36.0%

	County	Error Margin	Top U.S. Performers ^	Iowa
Health Outcomes				
Length of Life				
Premature death	8,200	6,500-9,900	5,600	6,500
Quality of Life				
Poor or fair health **	17%	15-19%	15%	14%
Poor physical health days **	3.5	3.3-3.8	3.4	3.1
Poor mental health days **	4.2	4.0-4.4	4.0	4.1
Low birthweight	7%	6-8%	6%	7%
Additional Health Outcomes (not included in overall ranking)				
COVID-19 age-adjusted mortality **	206	153-270	43	99
Life expectancy	76.5	75.2-77.9	80.6	78.7
Premature age-adjusted mortality	380	330-440	290	340
Child mortality	70	30-120	40	50
Infant mortality			4	5
Frequent physical distress **	11%	10-12%	10%	9%
Frequent mental distress **	14%	13-15%	13%	13%
Diabetes prevalence **	10%	9-10%	8%	9%
HIV prevalence	86		38	110
Health Factors				
Health Behaviors				
Adult smoking **	19%	17-21%	15%	17%
Adult obesity **	38%	36-39%	30%	34%
Food environment index	8.5		8.8	8.4
Physical inactivity **	30%	27-32%	23%	26%
Access to exercise opportunities	49%		86%	73%

Excessive drinking **	22%	21-23%	15%	25%
Alcohol-impaired driving deaths	57%	45-67%	10%	27%
Sexually transmitted infections	433.1		161.8	508.5
Teen births	23	18-28	11	16

Additional Health Behaviors (not included in overall ranking)

Food insecurity	9%		9%	9%
Limited access to healthy foods	7%		2%	6%
Drug overdose deaths			11	11
Motor vehicle crash deaths	18	11-27	9	11
Insufficient sleep **	34%	33-35%	32%	33%

Clinical Care

Uninsured	8%	7-10%	6%	6%
Primary care physicians	4,210:1		1,010:1	1,350:1
Dentists	3,360:1		1,210:1	1,440:1
Mental health providers	2,800:1		250:1	570:1
Preventable hospital stays	2,570		2,233	3,134
Mammography screening	50%		52%	53%
Flu vaccinations	48%		55%	54%

Additional Clinical Care (not included in overall ranking)

Uninsured adults	10%	8-12%	7%	7%
Uninsured children	5%	3-6%	3%	3%
Other primary care providers	1,530:1		580:1	840:1

Social & Economic Factors

High school completion	91%	90-93%	94%	92%
Some college	59%	53-66%	74%	71%
Unemployment	5.1%		4.0%	5.3%
Children in poverty	16%	11-21%	9%	12%
Income inequality	4.2	3.6-4.7	3.7	4.2
Children in single-parent households	22%	17-27%	14%	21%
Social associations	13.1		18.1	14.8
Violent crime	322		63	282
Injury deaths	72	55-92	61	70

Additional Social & Economic Factors (not included in overall ranking)

High school graduation	94%		96%	91%
Disconnected youth	13%	6-20%	4%	6%
Reading scores	2.8		3.3	3.1
Math scores	3.0		3.4	3.1
School segregation	0.15		0.02	0.19
School funding adequacy	-$877			$1,880
Gender pay gap	0.75	0.67-0.82	0.88	0.78
Median household income	$58,300	$51,500 to $65,200	$75,100	$62,400
Living wage **	$37.33			$37.38
Children eligible for free or reduced price lunch	49%		32%	42%
Residential segregation - Black/white			27	62
Residential segregation - non-white/white	42		16	45
Childcare cost burden **	28%		18%	24%
Childcare centers **	6		12	8
Homicides			2	3
Suicides	17	9-30	11	16
Firearm fatalities			8	10
Juvenile arrests	35			37

Physical Environment

Air pollution - particulate matter	8.5		5.9	8.2
Drinking water violations	No			
Severe housing problems	11%	9-12%	9%	12%
Driving alone to work	79%	77-82%	72%	80%
Long commute - driving alone	31%	27-35%	16%	21%

Additional Physical Environment (not included in overall ranking)

Traffic volume	52			260
Homeownership	76%	74-78%	81%	71%
Severe housing cost burden	10%	8-13%	7%	10%
Broadband access	78%	76-81%	88%	83%

^ 10th/90th percentile, i.e., only 10% are better.

** Data should not be compared with prior years

Note: Blank values reflect unreliable or missing data