



1080 Jordan Creek Parkway  
Suite 100 South  
West Des Moines, IA 50266

## Health Risk Screening Outreach Letter

We care about your health, and it is important that we reach you as soon as possible to complete your health risk screening. By completing the health risk screening, you may be eligible to receive a \$30 My Health Pays Reward when completed within 90 days of becoming an Iowa Total Care member, find services that you may not have known about, and make sure Iowa Total Care has your current contact information.

Complete the health risk screening by one of the following ways:


### Online

- Visit [iowatotalcare.com](http://iowatotalcare.com) and click “For Members” and then “log in”
- Select “Tell Us About Your Health” Tab on the right
- Complete both the HRS and Supplemental Assessments

### Over the Phone

- Call us at 1-833-856-7666 Monday – Friday: 8:00 a.m. – 7:00 p.m.

### On the Mobile App

- Download the Iowa Total Care Mobile App
- Click on the Main Menu in the upper left corner  and select “My Health”
- Select and complete both the “HRS” and “Supplemental Assessments”

### Need assistance getting a phone?

Iowa Total Care is proud to work with SafeLink Wireless. As a member, you may be eligible to receive a SafeLink phone at no cost to you plus unlimited inbound text messages and calls to Iowa Total Care member services. Call SafeLink at 1-877-631-2550 to apply over the phone. Visit [safelinkwireless.com](http://safelinkwireless.com) to apply online.

We look forward to hearing from you. For additional questions, an Iowa Total Care Member Services Representative can be reached at 1-833-404-1061, TTY 711.

Sincerely,  
Iowa Total Care

Iowa Total Care complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. | Iowa Total Care cumple con las leyes federales de derechos civiles aplicables y no discrimina en base a la raza, el color, el país de origen, la edad, la discapacidad o el sexo.

Language assistance services, auxiliary aids and services, larger font, oral translation, and other alternative formats are available to you at no cost. To obtain this, please call 1-833-404-1061 (TTY: 711). | Usted tiene a su disposición, sin costo alguno, servicios de asistencia lingüística, ayudas y servicios auxiliares, material en letra grande, traducción oral y otros formatos alternativos. Para obtener estos servicios, llame al 1-833-404-1061 (TTY: 711). | 我们免费为您提供语言协助服务、辅助设施和服务、更大字体、口头翻译和其他替代格式。如需获得此服务，请致电 1-833-404-1061 (TTY: 711)。