

# The Benefits of Ryan White Part B Case Management Services – 2025

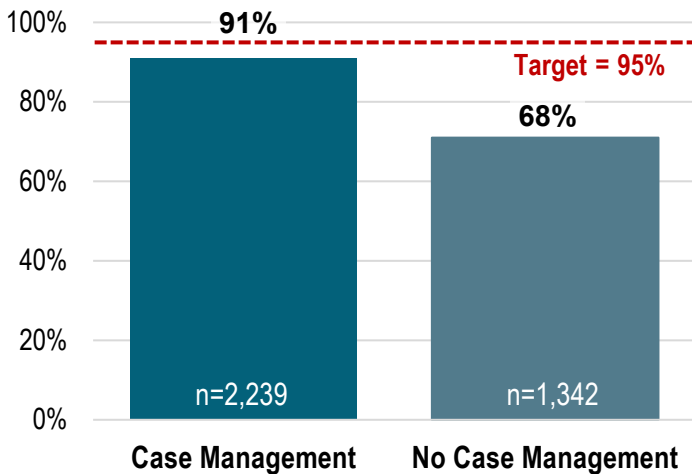
Ryan White Part B Program (RWPB) clients have access to support services including:

- Case Management ❖ Housing ❖ Food & nutrition
- Health insurance premiums & copays ❖ Mental health treatment
- Oral health care ❖ Substance use treatment ❖ Transportation

**67%** of all Iowans diagnosed and living with HIV were engaged in RWPB case management services

## Viral Suppression

Percentage of Iowans with Diagnosed HIV Who Achieved Viral Suppression in 2025



The goals of HIV treatment are to:

- ❖ Improve health outcomes and
- ❖ Prevent transmission of HIV

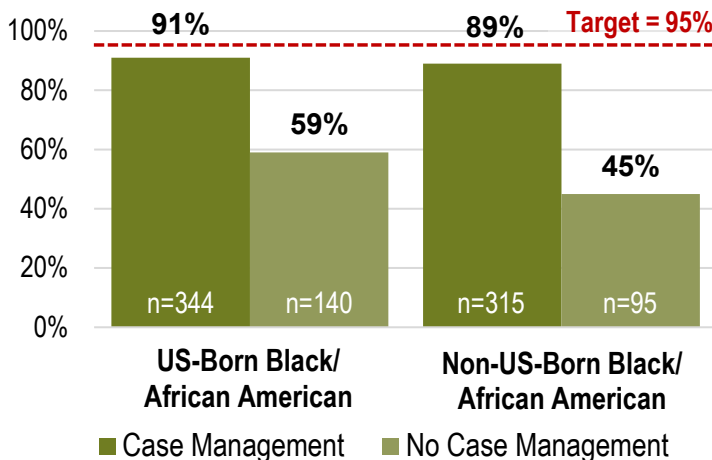
The best marker of successful treatment is reducing the amount of HIV in the blood and elsewhere in the body to very low levels (less than 200 copies/mL). This is called **viral suppression**.

In 2025, Iowans diagnosed and living with HIV who enrolled in case management were **more likely to achieve viral suppression** than Iowans who did not.

## Viral Suppression Among Disproportionately Affected Populations

RWPB case management services had a strong impact on viral suppression among **Black/African American** and **Latino** Iowans diagnosed and living with HIV, especially among non-US-born populations.

Percentage of Black/African American Iowans with Diagnosed HIV who Achieved Viral Suppression in 2025



Percentage of Latino Iowans with Diagnosed HIV who Achieved Viral Suppression in 2025

