

# The Benefits of Ryan White Part B Case Management Services – 2024

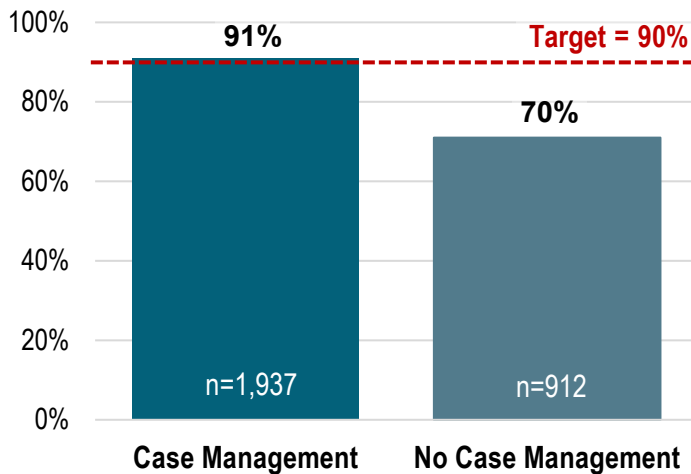
Ryan White Part B Program (RWPB) clients have access to support services including:

Case Management ❖ Housing ❖ Food & nutrition  
Health insurance premiums & copays ❖ Mental health treatment  
Oral health care ❖ Substance use treatment ❖ Transportation

**67%** of all Iowans diagnosed and living with HIV were engaged in RWPB case management services

## Viral Suppression

Percentage of Iowans with Diagnosed HIV Who Achieved Viral Suppression in 2024



The goals of HIV treatment are to:

- ❖ **Improve health outcomes** and
- ❖ **Prevent transmission of HIV**

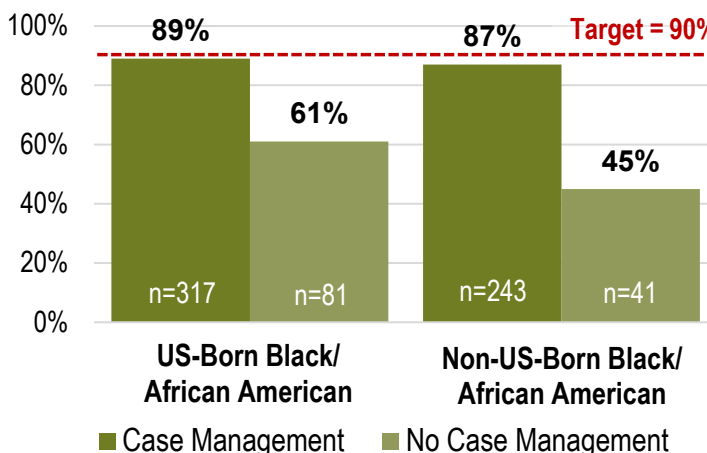
The best marker of successful treatment is reducing the amount of HIV in the blood and elsewhere in the body to very low levels (less than 200 copies/mL). This is called **viral suppression**.

In 2024, Iowans diagnosed and living with HIV who enrolled in case management were **more likely to achieve viral suppression** than Iowans who did not.

## Viral Suppression Among Disproportionately Affected Populations

RWPB case management services had a strong impact on viral suppression among **Black/African American** and **Latino** Iowans diagnosed and living with HIV, especially among non-US-born populations.

Percentage of Black/African American Iowans with Diagnosed HIV who Achieved Viral Suppression in 2024



Percentage of Latino Iowans with Diagnosed HIV who Achieved Viral Suppression in 2024

