Iowa Behavioral Risk Factor Surveillance System (BRFSS)

Iowa Department of Health and Human Services

2020 Survey Snapshot

Cancer Screening Published August 2022



Cancer is the second most common cause of death in adults in the United States, following heart disease. (NCHS Data Brief no. 427, 2021)

Cancer screening can identify cancer before a person has any symptoms. If cancer is found early, it may be easier to treat or cure.



Among adult Iowans in 2020...



Breast Cancer Screening



81.4%

of Iowa <u>women aged 50-74</u> reported having a mammogram in the past two years Cervical Cancer Screening





reported having a Pap test in the past three years

Colorectal Cancer Screening



74.3%

of <u>lowans aged 50-75</u> reported appropriate colorectal cancer screening according to <u>USPSTF</u> guidelines

Health Insurance

Rates of cancer screening were <u>significantly higher</u> for lowans with <u>health insurance</u>

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Education & Income

Cancer screening rates grew with <u>higher levels of education</u> and <u>household income</u>

Source: 2020 Iowa Behavioral Risk Factor Survey

The BRFSS is an annual, state-based telephone survey that collects data on chronic health conditions, health-related risk behaviors, use of clinical preventive practices, and health care access. BRFSS data are used to measure population health over time, design public health programming and policies, inform strategies to improve the health of Iowans, and track progress towards public health goals.

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Visit <u>https://idph.iowa.gov/brfss</u> to view more 2020 Iowa Survey Findings



Or scan this QR code with a smart phone camera to be immediately directed to the Iowa BRFSS Brief: 2020 Survey Findings

