

Iowa Behavioral Risk Factor Surveillance System (BRFSS)

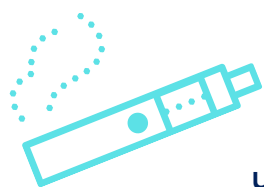
2020 Survey Snapshot

Tobacco Use

Iowa Department of Health and Human Services

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Among Iowans in 2020...



5.1% reported that they currently used e-cigarettes

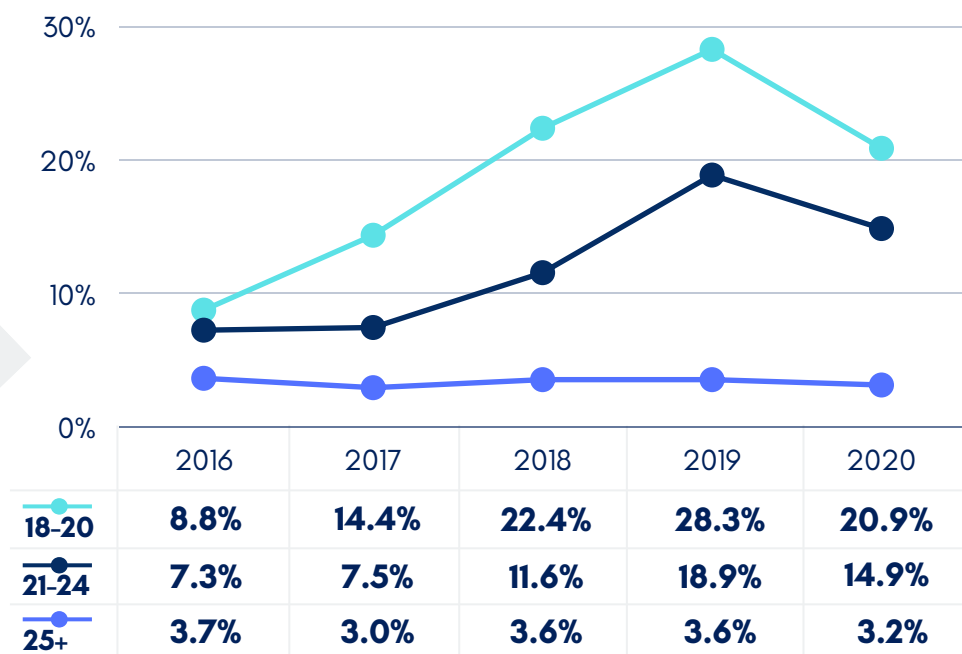
There are significant differences in e-cigarette use by age

15.8%

reported that they currently smoked cigarettes



E-Cigarette Use Among Iowans, by Age & Year, 2016-2020

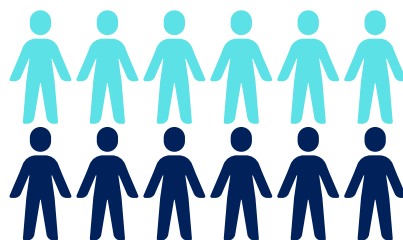


Cigarette use was **significantly higher among adults identifying as LGBT+** (25.2%), compared to non-LGBT adults (15.3%)



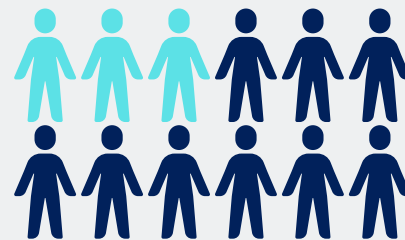
Cigarette use was **5x higher among adults with less than a H.S. education** (25.7%), compared to college graduates (5.5%)

Quit Attempts



Over half (52.3%) of current smokers in Iowa tried to quit in the past year

Smoking Cessation

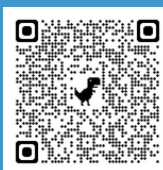


Almost a quarter (24.1%) of adult Iowans reported that they were former smokers

Source: 2020 Iowa Behavioral Risk Factor Survey

The BRFSS is an annual, state-based telephone survey that collects data on chronic health conditions, health-related risk behaviors, use of clinical preventive practices, and health care access. BRFSS data are used to measure population health over time, design public health programming and policies, inform strategies to improve the health of Iowans, and track progress towards public health goals.

Visit <https://idph.iowa.gov/brfss> to view more 2020 Iowa Survey Findings



Or scan this QR code with a smart phone camera to be immediately directed to the Iowa BRFSS Brief: 2020 Survey Findings

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