

Stewart Memorial Community Hospital & Calhoun Co. Public Health

Community Health Needs Assessment Plan

2024-2027

Health Improvement Plan 2024

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For information about this plan contact:

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Priority #1	Mental Health Services		
Goal	Increase Access to Mental Health Services		
Baseline	9,920:1 mental health provider per Co Health Rankings		
Action Item	Responsible Party	Timeline	
Expand mental health therapy services to Rockwell City & Lake City	SMCH	June 2024	
South Central Calhoun (SCC) will continue collaboration with local providers to promote health resources and review student needs and offer referrals.	BRIC/SERT Groups; SMCH; CCPH	Ongoing	
Family Foundations will work towards becoming a "Model Parents as Teachers" evidence-based program to better support parents and children with mental health issues.	CCPH	July 2026	

Priority #1	Mental Health Services		
Goal	Reduce suicide rate		
Baseline	Iowa Suicide Rate = 17.5 per 100,000 per CDC Wonder		
Action Item	Responsible Party	Timeline	
Organize local mental health awareness walk	BRIC group	Ongoing – annually	
Organize "Slam the Stigma" basketball event	BRIC group	Ongoing – annually	
Implement Talk It Up, Lock It Up gun safety program in Calhoun County	CCPH; SMCH	July 2025	

Priority #1	Mental Health Services		
Goal	Reduce number of misuse of drugs and alcohol		
Baseline	Alcohol-impaired driving deaths 60% for Calhoun Co per Co Health Rankings		
Action Item	Responsible Party	Timeline	
Develop awareness campaign to share during October for National Substance Abuse Prevention Month	SMCH; CCPH	October 2024	
South Central Calhoun (SCC) will access Opioid Settlement funding to implement an evidence-	SCC	July 2025	

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based student group for those affected by substance abuse and mental health		
Implement and promote SBIRT training in Calhoun County	CCPH; Opioid Settlement funding committee; SMCH	

Priority #2	Recreation/Wellness	
Goal	Improve health, fitness, and quality of life through increased access to exercise opportunities.	
Baseline	43% access to exercise opportunities per Co Health Rankings	
Action Item	Responsible Party	Timeline
Raise funds to build pickleball courts in Lake City	Park Board; Pickleball Committee	Summer 2024
Conduct survey for community input to identify interest in new amenities.	Park & Rec Board	2024 – meetings & survey
Post a list of free activities available for community use on websites.	CCPH; SMCH	May 2024
Obtain the required permit and financial backing to install a splash pad in Lohrville.	Lohrville Splash Pad Committee	2025

Priority #2	Recreation/Wellness	
Goal	Reduce Calhoun County obesity ranking by helping people eat healthy and get physically active.	
Baseline	40% Obesity ranking for Calhoun Co per Co. Health Rankings	
Action Item	Responsible Party	Timeline
Offer comprehensive nutrition program to include nutrition assessment and individualized physical activity program.	SMCH	2024

Priority #2	Recreation/Wellness	
Goal	Promote healthy and safe home environments.	
Baseline	9% of households experienced housing problems per Co Health Rankings	
Action Item	Responsible Party	Timeline
Publicly share/advertise programs available through public health to have home water and air quality tested.	CCPH; SMCH	Ongoing
Implement housing assessment questionnaire to all families with children being tested at WIC	CCPH	January 2025
Offer increased in-home visual assessment to families with high-risk housing to prevent/decrease lead exposure and address other observed health concerns.	CCPH	January 2025

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Priority #3	Access to Services	
Goal	Increase access to Ambulance Services, Childcare Services and Senior Living Services.	
Baseline	1 full-time ALS EMS crew for county 10 childcare centers per 1,000 children under age 5 per Co Health Rankings	
Action Item	Responsible Party	Timeline
Fully staff 3 EMS crews.	EMS; SMCH	Ongoing