

Clayton County, Iowa Community Health Improvement Plan 2023-2027

CHNA Health Area of Need: Mental Health (Diagnosis, Treatment, Aftercare, Staffing)	
Actions to Address Need	Identified Partners
Continue to promote existing mental health services and increase awareness and education efforts and increase access to existing services.	Northeast Iowa Behavioral Health, Helping Services, Local Hospitals, Public Health, Local Medical Providers
Work with health providers/hospitals in County to increase Telehealth Mental Health Services.	Local Medical Providers, Local Hospitals, Northeast Iowa Behavioral Health
Continue to promote 24-hour crisis hotline (Statewide Number: 800-273-8255), 1-800-784-2433).	Northeast Iowa Behavioral Health, Helping Services, Local Hospitals, Public Health, Local Medical Providers
Continue to explore grants to support mental health delivery services.	Community Foundation, Elevate Clinic, County Social Services, Northeast Iowa Behavioral Health
Continue to offer Telehealth Mental Health Services at both hospitals, as well as Clinic Counselors where appropriate.	Local Medical Providers, Local Hospitals, Northeast Iowa Behavioral Health
Increase depression screenings by primary care physicians and encourage this during annual physicals	Local Medical Providers
Continue to provide mental health service "first aid" training for law enforcement, schools, and other first responders in the community.	Volunteer Fire Departments, County EMA, Northeast Iowa Behavioral Health, City and County Law Enforcement, Local School Districts
Educate physicians, ER and hospital staff, nurses, teachers, police officers, etc. on signs of depression and suicidal thoughts/actions. Provide continuing education courses, lunch and learns, presentations, etc. to stay current on this issue	Volunteer Fire Departments, County EMA, Northeast Iowa Behavioral Health, City and County Law Enforcement, Local School Districts, Northeast Iowa Behavioral Health, Helping Services, Local Hospitals, Public Health, Local Medical Providers
Continue program to integrate patients back into the outpatient community after MH inpatient admission. Discuss options more thoroughly with patients leaving MH IP services.	Flow State, County Social Services, Local Providers, Local Hospitals
Explore joining new county coalition through the Seva Health Center for Well Being	Seva Health Center for Well Being
Promote and educate the community on partnership with Flow State for mental health telemedicine appointments and new mental health Nurse Practitioner at Guttenberg Hospital	Public Health, Local Hospitals, Local Medical Providers, Northeast Iowa Behavioral Health, County Social Services
Continue to partner with the mobile crisis unit and provide education on their services	County Social Services, Mental Health and Disability Services—East Central Region, Elevate Regional Leadership Team
Continue to collaborate with neighboring counties to provide mental health and wellbeing services to residents of Clayton County	County Social Services, Mental Health and Disability Services—East Central Region, Elevate Clinic, Northeast Iowa Behavioral Health, SASC, Helping Services

Clayton County, Iowa Community Health Improvement Plan 2023-2027

CHNA Area of Need: Home Health/Skilled Care (Access and Availability)	
Actions to Address Need	Identified Partners
Explore additional opportunities and continue to investigate with local hospitals to utilize Community Paramedicine to provide skilled home care services	Local Hospitals, Local Medical Providers, Paramedic Ambulance Services
Explore increasing Telehealth/Home monitoring services with local clinics/hospitals	Local Hospitals, Local Medical Providers
Explore possibility of local hospitals/clinics offering Palliative Nursing in home.	Local Hospitals, Local Medical Providers
Continue to recruit out of county home health care agencies to provide services to residents of Clayton County	Local Hospitals, Local Medical Providers, Public Health, Northland Agency on Aging
Continue to explore home health services at hospital and/or at senior care facilities	Local Hospitals, Local Medical Providers, Long-term Care Facilities
Continue to utilize and promote Millennium Therapy as a possible option for certified/skilled home health needs	Millennium Therapy, Local Medical Providers, Local Hospitals
Investigate and explore options for increasing respite care in the county	Local Hospitals, Local Medical Providers, Long-term Care Facilities, Public Health, Northland Agency on Aging

CHNA Health Area of Need: Provider Recruitment & Access to Specialists	
Actions to Address Need	Identified Partners
Initiate and grow Family Planning Services in County	Public Health/VNA, Local Medical Providers, Local Hospitals
Explore possibility with local clinics/hospitals to expand providers and Urgent Care hours	Clayton County Development Group, Chambers of Commerce, Local Hospitals, Local Medical Providers
Encourage area providers to collectively recruit practitioners. Identify/contact key providers.	Local Medical Providers, Local Hospitals
Develop a "Welcome to Clayton County Recruiting Program". Expand orientation & training programs for prospective/new providers.	Clayton County Development Group, Chambers of Commerce, Local Hospitals, Local Medical Providers, Public Health
Continue to encourage area providers to use telehealth and mobile app options in order to improve productivity.	Local Medical Providers, Local Hospitals
Promote and advertise surrounding area college job fairs to students / unemployed within in the county.	Clayton County Development Group, Chambers of Commerce, Local Hospitals, Local Medical Providers
Continue and expand residency programs for medical students. In addition, explore the opportunity to have a School Scholarship / Internship Program.	Clayton County Development Group, Chambers of Commerce, Local Hospitals, Local Medical Providers

Clayton County, Iowa Community Health Improvement Plan 2023-2027

Continue to partner with local hospitals on incentive programs and telehealth options to increase provider recruitment efforts.	National Health Service Corps, Local Hospitals, Local Medical Providers
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CHNA Health Area of Need: Transportation	
Actions to Address Need	Identified Partners
Continue to utilize local transportation options, Transit Van, NE Earl Public Transportation, Clayton Delaware Veterans Van, etc.	Northeast Earl Public Transit, Clayton Delaware Veterans Van, Northland Agency on Aging
Explore a hospital healthcare transportation program. Utilize volunteers to save cost. Complete feasibility study.	Local Hospitals, Northeast Earl Public Transit, Clayton Delaware Veterans Van, Northland Agency on Aging, Local Medical Providers
Explore and apply for additional grants for transportation opportunities in order to meet needs.	Clayton County Development Group, Chambers of Commerce, Local Hospitals, Local Medical Providers, Northeast Earl Public Transit, Clayton Delaware Veterans Van, Northland Agency on Aging
Continue to promote Medicaid access availability to MercyOne Elkader and Monona (formerly Medical Associates)	Local Hospitals, Local Medical Providers, Public Health/VNA
Continue to educate Medicaid recipients on travel reimbursement available to them as part of their benefits	Local Hospitals, Public Health/VNA, Local Medical Providers

CHNA Health Area of Need: Obesity & Nutrition	
Actions to Address Need	Identified Partners
Work with hospitals/clinics to offer more fitness class opportunities and nutrition education	Local Hospitals, Local Providers, Local Fitness Centers
Promote local fitness centers to encourage community participation. (Walking trails, indoor and outdoor facilities). Explore improving and/or expanding. (Monona trail and other trails)	Local Fitness Centers, Clayton County Development Group
Promote use of local Farmer's markets in collaboration with the WIC program.	Local Farmers Markets, Public Health/VNA
Continue to utilize the Mobile Medical Unit resource to Promote / provide "free and/or low cost" sports physicals / wellness examinations with school parents.	Local Providers, Local Hospitals
Collaborate with health plans, local cities and other groups focused on offering fitness & healthy eating opportunities. Continue farmer's markets and community gardens.	Local fitness centers, Clayton County Development Group, Local Medical Providers, Local farmers markets, Public Health/VNA
Continue Diabetic education programs at both PSA hospitals.	Local Hospitals
Continue to support Meal service for schools and seniors (Food Pickup for Food Pantries/Crop	Iowa Café, Family Resource Center, Public Health/VNA, ISU Extension, Local farmers

Clayton County, Iowa Community Health Improvement Plan 2023-2027

Share) and increase the quality of food. Expand hours of operation to weekends for seniors. Continue the usage of Iowa Cafe.	markets, Clayton County Conservation, Osborne Center
Work with the Clayton County Development Group on activity and wellness event promotion throughout the county communities	Clayton County Development Group, Public Health/VNA, Community Action Agencies, Local providers

CHNA Health Area of Need: Dental/Oral Health Care (Provider Access)	
Actions to Address Need	Identified Partners
Continue to provide I-smile services in schools and WIC clinics	Public Health/VNA, Local School Districts
Request all area dentists to see Medicaid patient 1 day a month as a needed community service. Explore the possibility of hosting a neighborhood dental fair.	Public Health/VNA, Local Dental Providers
Explore dental residency rotation with local providers. Research where we could share a dentist with surrounding counties who accepts Medicaid.	Public Health/VNA, Local Dental Providers, Clayton County Development Group
Continue to partner with northeast Iowa dentists to provide care through partnership with I-Smile to increase access to those who are Medicaid/Uninsured	Public Health/VNA, Local Dental Providers
Explore getting an approved site student loan forgiveness National Health Service Corps	National Health Service Corps, Local Dental Providers

CHNA Health Area of Need: Drugs and Substance Use	
Actions to Address Need	Identified Partners
Promote School drug/substance programs through County Substance Abuse office to educate youth on the dangers of using drugs and alcohol	SASC, Local School Districts, Local Law Enforcement
Re-initiate and recruit key stakeholders to the 5C program.	SASC, Family Resource Center, Public Health/VNA, Local Hospitals, Local Medical Providers, Local School Districts, Helping Services, Northeast Iowa Behavioral Health, County Social Services
Continue to offer tobacco cessation education (WIC, PH office, and media outlets)	Public Health/VNA, SASC, Local Medical Providers
Promote School drug/substance abuse programs (County Substance Abuse Program) to educate youth on the dangers of using drugs and alcohol. Provide financial support for activities in local schools.	SASC, Local School Districts

Clayton County, Iowa Community Health Improvement Plan 2023-2027

Continue to provide counseling and support for those who have substance use disorders and their families. Treat them as patients who need health care instead of addicts. Expand Telehealth options.	Local Medical Providers, Northeast Iowa Behavioral Health, SASC
Collaborate with schools and churches to provide after-school programs and activity options to keep youth from developing habits involving drug / substance use. Continue tobacco cessation education.	SASC, Local School Districts, Local Churches
Continue to establish / promote discarding old prescriptions at local police departments and pharmacies, especially opioids.	SASC, Public Health/VNA, Local Law Enforcement, Local Medical Providers, Local Hospitals, Local Pharmacies
Continue to support I-Step to track drug abuse. Use media releases to educate community.	SASC
Continuing AA program that meets monthly within the community. Help support program through additional funding or communication of information to community members.	SASC, Local AA Chapter, Local Medical Providers, Northeast Iowa Behavioral Health, Local Hospitals
Continue to educate ER staff on how to manage patients who may be misusing prescription pain medication.	Local Hospitals
Expand supporting community substance abuse counseling. Establish / maintain a resource list for addiction treatment for both adult and youth. Communicate Recovery support system partners.	SASC, Northeast Iowa Behavioral Health, Elevate Clinic
Continue to collaborate with neighboring counties to provide substance use/misuse and wellbeing services to residents of Clayton County	SASC, County Social Services, Mental Health and Disability Services—East Central Region, Elevate Clinic, Northeast Iowa Behavioral Health, SASC, Helping Services

