

2023 Community Health Improvement Plan: Hamilton County

CHIP Years 1-5 2023-2028

| Priority Number | Area of Need (Goals) | Specific Actions (Strategies) | Agency Responsible | Time Frame | Comments |
|-----------------|--|--|---|---------------------------|----------|
| 1 | Mental Health (Awareness, Education, Resources, Recruitment), Ongoing need for community education/ resource identification/ recruitment of providers. Goal 1: To promote awareness and education that will reduce stigma related to Mental Health, in Hamilton County, by Dec 30, 2024. Goal 2 To reduce the number of Suicides in Hamilton County, IA by providing resources and supports for individuals and families in Crisis, by Dec 30, 2024. | Recruitment and retention of Mental Health Providers. | Van Diest Hospital, Youth and Shelter Services, | Ongoing | |
| | | Child Mental Health Coalition meetings | CICS, | Monthly | |
| | | Learning Collaborative Provider education event | CICS | May 2024 | |
| | | Focus on Health will host 4 radio programs on Mental Health Topics | Van Diest Hospital | Quarterly Throughout 2024 | |
| | | Suicide Prevention Coalition (Multi County | VA/ Public Health/CICS/ Schools/Providers | Meets Monthly | |
| | | Power Up Youth Coalition | Community and Family Resources (CFR) | Meets Monthly | |

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| | Stop the Stigma Program | Power up Youth | Winter/Spring 2024 | Planning |
| | Make it OK Walk | CFR/Power Up Youth | May 2024 annually | Planning |
| | Senior Life Solutions | Va Deist Family Medical Clinic | Fall 2023 /ongoing | |
| | Suicide Prevention Month | | Sept 2024 | Planning |
| | Family Care Giver Class serried for reduction in stress | Iowa State Extension | Sept 2023 | Continue to promote Plan for additional classes/locations |
| | Mental Health First Aid | CICS, ISU Extension | By request | Continue to promote locations /Business participation |
| | QPR Training for Jewell EMS | ISU Extension | Feb 2024 | Continue to promote |
| | 988 Awareness Campaign | Power Up Youth/Ham Co Public Health, CFR | September 2023 | |
| | Farm Family Estate Planning | ISU Extension | Winter 2024 | Planning |
| | New partnerships Base SR Exercise group. | ISU Extension/Public Health | Winter 2023 | |
| 2. | Substance Misuse Goal 1 By Dec 31 2024 Increase partnerships and attendance at the Power Up Youth Coalition. | CFR/ Public Health/ ISU Extension | Winter 2023 | |
| | Goal 2. Increase awareness and education on substance misuse in Hamilton County IA by Dec 31, 2024 | | | |

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| | | Identify and reconnect with partners who have left the table. | CFR/Public Health/ISU Extension | Winter 2023 | |
| | | Identify a month for social media/Written Media/ Theater Ads to promote the reduction of teen Vaping and Quiteline/MyLife. | Powerup Youth Coalition | Winter 2023/2024 (Feb 2024) | |
| | | Letters to the Editor about substance misuse in Ham Co. | CFR Public Health | | |
| | | Promote Quiteline and MyLife for teens at the Local Health Fair | CFR | April 2024 | |
| | | Promote the Smoke out campaign | Power up Youth Coalition | Fall 2024 | |
| | | Inform the residents of Hamilton County of data around Substance misuse. Article in the news paper or focus on health radio show | Ham CO Public Health | April May 2024 | |

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| | | Meet with RSVP and update training materials for Grandparent training on substance misuse | CFR and RSVP | Summer 2024 | |
| | | Hold training for volunteer coaches (Youth Sports) School Bus drivers Fuller hall Recreational Staff on Vaping/ tobacco use | CFR | Fall 2024 | |
| 3. | Domestic Violence: Awareness/ Education/ Screening/referral. Goal 1: Increase awareness and education on resources available to help individuals experiencing domestic violence in Hamilton County IA By Dec 31 2024. Goal 2 Reduce barriers to access care for individual experiencing domestic violence in Hamilton County IA By Dec 31 2024. | Increase awareness of Domestic violence. | DSOC and Partners | Fall 2023 Winter 2024 | |
| | | Support DSOC projects and campaigns. | DSOC and partners | Winter 2024 | |
| | | Recruit Sexual Assault trained nurses | VDMC | As needed | Have 1 currently |
| | | Focus on Health: 1 Domestic Violence Radio program a year | VDMC and DSOC | | |
| | | Referral system: promote and advertise/ Educate on referral supports for Domestic Violence | DSOC, Power Up Youth, Bee Inspires Coalition, Public Health | | |

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| | | Support different programs who educate on Domestic Violence | DSOC, PH, ISU, Power up youth, Bee Inspired, | Fall 2023 Winter 2024 | |
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