# COMMUNITY HEALTH ASSESSMENT



2023

Hardin County, Iowa

# **Community Health Assessment**

# HARDIN COUNTY, IOWA

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# EXECUTIVE SUMMARY

# 2023 Community Health Assessment and Improvement Plan

Community Health Assessments are ongoing processes that systematically evaluate the health needs of the community to improve the health of the population. According to the Iowa Department of Health and Human Services (2023), with a more than 30-year history in Iowa, the Public Health Departments are vital to represent and promote local action for the protection and health of their communities. At least every five years, county and local departments are responsible for collecting, analyzing, prioritizing, and acting on behalf of their communities and documenting gap in the health conditions in which they serve (https://hhs.iowa.gov/cha-chip). The Community Health Improvement Plan is a strategic document that notes actions to improve such health conditions.

Federal requirements for nonprofit hospitals require some hospitals to conduct a Community Health Assessment every three years. After the passage of the Patient and Protection and Affordable Care Act of 2012, 501 (c)(3) health organizations were given four new tax requirements to begin in tax years after March 23<sup>rd</sup>, 2012 (Stall, 2012). It is best practice to have the local public health and other health organizations join forces in the collaborative effort and partnership. Both groups in the system will gain from the efforts and relationship. These groups share a common goal of a healthier community.

The benefits of a Community Health Assessment, for both health department and the community, were stated in the following methods:

- 1. Identify key community (service area) health concerns, perceptions, and resources, while creating opportunities for collaboration in delivery of services.
- 2. Find a mutual understanding of and analyze community (service area) health needs, then prioritize with implementation strategies.
- 3. Provides guidance to all health-related organizations for how they can align their services and community benefit programs to best meet needs.
- 4. Focus organization's efforts for improvement and structure for addressing social determinates of health in building a relationship between and among stakeholders. All stakeholders can then contribute to improving the health of the community.
- 5. Provides rationale for current and potential funders to support efforts to improve the health of the community.

Iowa Department of Health and Human Services. (2023). Community Health Assessments and Improvement Planning. <u>https://hhs.iowa.gov/cha-chip</u>

Stall, E. (2012). Community Health Assessment: 5 Phases to Compliance. Retrieved from <u>https://www.beckershospitalreview.com/legal-regulatory-issues/community-health-needs-assessment-</u> <u>5-phases-to-compliance.html</u>

# Community Health Assessment Strengths

Hardin County Public Health Department Primary Service Area/Community Health Strengths

Uninsured rate for county is low for adults and children

Security of housing through low ratings on "lack of place to stay," lower than state average for housing cost and burden

Food access to healthy choices is higher than state average

Mammogram screening rate,

School funding is high for communities and rate of high school graduation rate high

Air pollution with particulate matter low rate for environmental air quality

# Town Hall - Community Health Opportunities Identified

Town Hall Outcomes - Community Health Opportunities

1.	Mental Health: Assess and support depth and breadth of services for Mental Health needs in
	the communities Mental Health needs: increase providers, access, employment for providers,
	reimbursement shortage – barrier for services, community responses (example: EMT), and
	transportation to and from services in other communities.

- 2. Substance Abuse: Reduce the concern for and presence of substance abuse related health/safety issues. Drugs and substance use and presentation services/response. Ranking high in use of substances within the communities, health/safety concerns related to substance use, and decreased access to services.
- **3.** Childcare Services/ Access: Investigate the options and opportunities with pediatric health and wellness services and access.
- **4.** Knowledge for Preventative Services: Providing prevention services to underserved population and/or communities. Adress the provision of hospital outreach services and distribution of information and knowledge about services in communities.
- 5. Teen Health / Teen Health Services: Assess and create plans for teen health / services and support in the communities including access and county wide efforts.
- 6. Health Coalition for County: Assessment for the need of community coalition with clear scope and plan for addressing health needs within the county.

# Community Health Assessment Survey - General Feedback

The following were general feedback sections from the Community Health Assessment Survey in which 72 community (service area) participants completed the survey either via paper or electronic formats. The details of the survey process can be found later in this report.

- The percent of Hardin County, Iowa survey participants who would rate the overall quality of care as either Very Good or Good is 61% and only 8% report as poor.
- Hardin County, Iowa survey participants are satisfied with the following public health services: emergency response services, home care services and general public health services. Participants are satisfied with the following community services: Chiropractor, Eye Doctor, Pharmacy, Hospice, and Dentists.
- Hardin County, Iowa survey participants are NOT satisfied or neutral with the following services: Mental Health, Teen health, family planning, child and young adult health services, school nursing services (neutral), and Nursing Home services (neutral).
- The percentage of participants who have received healthcare services outside of the community over the past two years has been at 76%. Of those that provided the type of service here are the services in which they traveled out of the community: Obstetrics and pre/post-natal services, Surgery, Specialty (Cardiac, Urology, Pulmonary, Orthopedics, Dermatology, Oncology, Neurology), sleep studies, and treatment for Chronic Diseases.
- Hardin County, Iowa participants believed there are opportunities for both health concerns and programs to combat the health concerns. The top perceptions of needs are listed in the following two tables as Results of Opportunities.

# **Community Health Assessment Survey - Results of Opportunities**

CH	IA Survey – Needs for Health Concerns	
1.	Mental Health / Mental Illness (89.7%)	2. Abuse/Violence (61.8%)
3.	Obesity (Chronic Disease) (60.3%)	4. Teen Health (60.3%)
5.	Drugs / Illegal Substances (54.4%)	6. Poverty (54.4%)
7.	Family Planning / Birth Control Services (52.9%)	8. Suicide (51.5%)
9.	Nutrition (48.5%)	10. Alcohol Use and Abuse (45.6%)

All survey responses for "issues or concerns in communities"



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CHA Survey – Program Needs for Health Concerns (above)						
1. Mental Health / Counseling (88.4%)	2. Wellness options (60.9%)					
3. Public awareness of services (49.3%)	4. Public transportation for health (44.9%)					
5. Obstetrics (family planning) (43.5%)	6. After hours pharmacy services (42%)					
7. Family assistance programs (36.5%)	8. Elder assistance programs (31.9%)					
9. Healthy eating options (29%)	10. Chronic disease prevention (27.5%)					

# Responses to "needed services in the communities."



# Iowa Health Rankings: Hardin County Public Health

According to the 2023 Robert Wood Johnson County Health Rankings study, Hardin County, Iowa has the following comparisons. More details can be found in later sections of this report.

• **Demographics and Age**: Hardin County, Iowa has a population of 16,567 residents as of 2023. The county population consists of 23.3% at or over the age of 65 years, an increase of 0.2% since 2017 and the state average is 17.1%. In the under 18 age group the rate is at 19.1%, down from 2017. The county is considered 52.7% rural (state 36.0% rural).

- **Diversity**: Harding County, Iowa has 4.2% of the population that is considered non-proficient in English as a first language. The county has approximately 4.7% Hispanic population, and 1.6% African American. Females make up approximately 49.4% of the population.
- Income: Hardin County, Iowa median household income is \$58,100 (Iowa average of \$65,600) and unemployment is at 4.2% (Iowa 4.2%). Regarding the effects of income on the children in the county, 14% of the children live in poverty and 42% are eligible for free or reduced-price lunches (Iowa average of 41%).
- Housing and Commutes: The county is rated with 9% severe housing issues (Iowa overall at 12%). For employment, 23% of the population have long commutes to work and 82% drive alone (Iowa is at 21% and 79% respectively).
- Education: The percentage of high school graduation is at 93% and a strength in county rankings (Iowa 92%). For college education, Hardin County, Iowa has 61% of the population with some college (Iowa 70%).
- **Prenatal Care**: According to Iowa Health Fact Book, as of March 2023, 246 mothers started Prenatal care in the first trimester, for a ranking of 50th out of the 99 counties in Iowa. The number of mothers that smoked during pregnancy was 46, for an Iowa rank of 31st.
- Primary Care and Hospital Services: The ratio of population to primary care providers was slightly better than 2023 report with 3,320 residents to 1 provider (Iowa ratio of 1,360:1, 2017 ratio was 1,040:1). Preventable Hospital stays were below the Iowa number at 1,992 stays (Iowa 2,400).
- **Insured**: The uninsured adult population rate in Hardin County, Iowa is 6%, right at the Iowa rate of 6%, and has been at 6% for three years. The uninsured rate for children is 3%, again at the Iowa rate of 3%, and is also holding at 3% for the last three years.
- Access: Access to exercise opportunities is 85% (above the Iowa rate of 79%) and food insecurity is at 9% (Iowa rate is 8%). Mammography screenings are at 52% (Iowa rate is 47%), and in 2017 also 52%. Score of 98% of children at 2 years of age are up to date on complete series of vaccinations, compared to the 90.7% at the state (source: Iowa Department of Public Health).
- Health Conditions:
  - The "Frequent Mental Distress" rate for Hardin County, Iowa is 14%, with an Iowa rate of 14%. According to the CDC, 7.6% of Americans over the age of 12, had depression and living at or below the poverty level people were 2.5 times more likely to have depression (source: <a href="https://www.cdc.gov/nchs/data/databriefs/db172.htm">https://www.cdc.gov/nchs/data/databriefs/db172.htm</a>).
  - Morbidity and Mortality rates: As of June 2022 premature deaths for Hardin County were up to 380/100,000 residents up from 2018 was 353/100,000 residents.
  - Diabetes prevalence is at a rate of 9% (at Iowa's rate of 9%).
  - Adult Obesity rates are at the Iowa rate of 39%, Iowa rate is 37%.
  - Adult smoking is 18%, one percent above the lowa rate.
  - Physical inactivity rate is 24%, however 1% higher than Iowa's rate. The Access to exercise opportunities is very high at 85%, with the Iowa rate of 79%.

 The percentage of alcohol impaired driving deaths in Hardin County, Iowa is 21%, Iower than the Iowa percentage of 27%. Excessive drinking percentages were also below the Iowa rate, at 23% and 25% respectively.

# METHODOLOGY

# Scope and Purpose

The Iowa Department of Health and Human Services requires that local health departments assess and plan for the needs of the community every five years. The assessment should include key stakeholders in the community including residents and other health providers. The assessment should evaluate the needs of the communities in which is served, paying attention to the special needs of populations that may be currently underserved. The Public Health Department should provide both primary and secondary data to the key stakeholders, assess the community, prioritize, and create a five-year plan for improvement. These key steps are outlined below, and more information found at <a href="https://hhs.iowa.gov/cha-chip/guide-new">https://hhs.iowa.gov/cha-chip/guide-new</a>.

The Federal Patient Protection and Affordable Care Act requires that each registered 501(c)3 hospitals to conduct a Community Health Assessment (CHA) at least one every three years, share the assessment results with the community, and adopt a strategy to meet the health needs of the community (service area). The IRS Notice 2011-52 can be found at the following link and was followed for the purposes of this process, assessment, and report. <u>https://www.irs.gov/charities-non-profits/community-health-needs-assessment-for-charitable-hospital-organizations-section-501r3</u>

# Assessing Community Health Needs

To assess the needs of the community (service area) the department must identify the significant health needs, prioritize those health needs, and identify resources potentially available to address them. Health needs of a community include improvement or maintenance of health status across the community, parts, neighborhoods, or population with health disparities. These needs can include financial, access, illness prevention, nutrition or social, behavioral, environmental factors that influence health. Resources can include organization, facilities, and programs within the community.

# Process to Complete a CHA

The recommended requirements for the CHA include the method of discovery, qualify community needs, quantify needs, and complete data analysis and comprehensive needs assessment. Federal and State regulations state that the following process must be completed in order to complete a Community Health Assessment (CHA).

- 1. Adopt a planning structure and identify resources. The planning structure should include a plan development process and staff/technical support plans.
- Inform the community about the process and its importance; identify and engage stakeholders.
   From the beginning, stakeholders need to be consulted and actively involved.

- 3. Identify and secure resources. Resources may include financial and non-financial support from groups whose purposes align with creating a healthier community.
- 4. Identify data that describes community health status and needs.
- 5. Gather and analyze the data and develop a Community Health Assessment (CHA) summary report. Share the report with stakeholders.
- 6. With stakeholder assistance, review the key factors that are important for health and well-being as part of setting health priorities and objectives.
- 7. Document key points of the stakeholder discussion. Invite broader community participation and input. Include the feedback in the priority decision-making.
- 8. Develop the action plan/health improvement plan (HIP) that includes goals, objectives, and strategies.
- 9. Implement, track progress, and sustain the process. Celebrate the milestones.
- 10. Establish and implement a plan to communicate health needs and goals to the community.
- 11. Annually evaluate the goals, objectives, strategies, and indicators. Revise and update the needs assessment and health improvement plan.
- 12. Approve plans and make reports and improvement plans available to the public.

# Steps to Complete the CHA

The following is the process steps with milestones that were completed during the Community Health Assessment development. This process and milestones follow closely with the recommendations from the American Hospital Association and are a detailed list of actions taken in the above process per the IRS requirements (Source:

http://www.healthycommunities.org/Education/toolkit/index.shtml#.XC\_37lxKg2x ).

# Steps in Process for CHA including Timelines / Milestones

- 1. Agreement and contracting discuss critical success factors for CHA process (completed 6/30/2023)
- 2. **Meeting with community leadership** planning, methodology, and agreement of scope and services (Completed 6/30/2023)
- 3. **Identify and engagement of key stakeholders** define the community and methodology (up to 6/30/2023)
- 4. **Create and process evaluation (survey/ assessment) methods** work with organization to develop survey that reflects the community, needs, and priorities (6/15/2023 to 6/30/23)
- Collect and analyze the data including community health issues of past and future (7/1/2023 9/30/2023)
- 6. **Document and communicate priorities** work with organization to define the priorities and engagement of key stakeholders including a Town Hall meeting(s) (9/26/2023)
- Plan improvement strategies work with organization for final report and distribution as needed (9/26/2023 to 11/15/2023). Distribution of CHIP to Board of Health on 10/6/2023 and after for more updates and questions.

- **8.** Organization to implement improvement plans work with key stakeholders in community for best practice implementation and success (10/1/2023 and ongoing)
- **9.** Evaluate progress on the key priorities and strategic alignment reevaluate progress and continual planning for future needs (FY2023 to FY2025)

# **Model for Needs Assessment Process and Steps**

# CLOSELY ALIGNED TO ABOVE STAGES OF THE PROCESS



Reference: Association for Community Health Improvement – American Hospital Association

# **Community Served / Profile Description**

Hardin County, Iowa Community Map



# Portion of Hardin County, Iowa for Needs Assessment - Specifics

It was determined by the leadership of Hardin County Public Health Department, that the Hardin County Community Health Assessment will include those individuals that live or receive health services in Hardin County, Iowa AND live in the communities of such count. These communities include Eldora, Steamboat Rock, Iowa Falls, Ackley (portions), Alden, Hubbard, Union, New Providence, Radcliffe, Owasa, Whitten, Buckeye, and Garden City.

This would be the overall (total) population for this process is 16,708 (2021 Census data). A statistically significant sample size (n=72) was achieved during the survey phase of the process and represented both demographic, social/economic, religious, and age differences. Efforts were made to ensure that there was a broad interest represented in each of the data collection and prioritization phases.

The population of Hardin County, Iowa is 16,567 residents as of 2022, an increase of 4% since 2010. The county is considered 63.7% rural, covering approximately 569.31 square miles. The population density is approximately 29.6 people per square mile (Iowa is 57.1 residents per square mile). (Source: <u>https://www.census.gov/quickfacts/fact/table/IA,hardincountyiowa,US/PST045222</u>)

The county population consists of 24.0% at or over the age of 65 years and the state average is 18.1%. In the under 18 age group, Hardin County, Iowa has a population of 18.4% and the state average is 22.6.2%.

The communities within Hardin County, Iowa are Eldora, Steamboat Rock, Iowa Falls, Alden, Ackley (portions), Hubbard, Union, New Providence, Radcliffe, Owasa, Whitten, Buckeye, and Garden City. Major highways include US Hwy 20 and 65 and Iowa Highways 57 and 175. (source: <u>https://en.wikipedia.org/wiki/Hardin\_County, Iowa</u>). Major types of employment in Hardin County, Iowa are education, health and social services (52%), retail trade (25%), financial and insurance (16%),

Education (15%), food service (11%), manufacturing (10%), and agriculture (10%).(source: <a href="http://www.city-data.com/county/Hardin\_County-IA.html">http://www.city-data.com/county/Hardin\_County-IA.html</a>).

# Detailed Demographics - Hardin County, Iowa

### Hardin County Iowa

Zip	Name	Pop 2023	Рор 2000	HH Ave Size	Income	Med Age	Females	Males	White	Black	Hispanic	Other (Am Ind/Asian)
Zip	Name	2025	2000	JIZE	income	Age	Temales	IVIAICS	winte	DIACK	mspanic	inu/Asianj
50126	Iowa Falls	5063	-2.5%	2.4	\$46,016	41.8	46.1%	53.9%	92%	0.6%	5.1%	Oth=2.3%
50627	Eldora	2639	-13.0%	1.9	\$61,544	40.2	49.4%	50.6%	79.3%	4.0%	2.8%	6.9%/3.0%
50601	Ackley	1576	-12.9%	2.0	\$54,392	41.7	54.5%	45.5%	80.6%	<0.1%	15.0%	<0.1/0.7%
50006	Alden	748	-17.3%	1.8	\$58,121	41.5	47.7%	52.3%	84.2%	<0.1%	<0.1%	Oth=17.8%
50122	Hubbard	851	-3.8%	2.0	\$62,126	58.1	54.8%	45.2%	94.8%	<0.1%	2.8%	Oth=2.4%
50230	Radcliffe	547	-9.9%	2.0	\$31,531	49.9	56%	44%	92.0%	<0.1%	5.1%	Oth=2.9%
	lowa/Ave			2.8	\$174,400	38.5						

Source: City-data.com

# **Collaborating CHA Parties**

Collaborating with several different agencies in, around, and those that serve Hardin County, Iowa, the CHA was completed. The following is a summary of key stakeholders in the CHA process. A detailed list of individuals or organizations who have played at least one key role in the assessment and are listed in the Community Health Partners and Resources section of this report.

# Greenbelt Home Care and Hardin County Public Health

Address: 1707 – 21<sup>st</sup> Street, Eldora, Iowa 50627 Administrator: Megan Harrell (mharrell@greenbelthomecare.com)

**About/Services:** Greenbelt Home Care and Hardin County Public Health provide Registered Nurse services, Home Care Aids, and Public Health Services. More information can be found at <a href="https://greenbelthomecare.com/">https://greenbelthomecare.com/</a>

Registered nurses from Greenbelt Home Care provide skilled home care for people who have an illness or have been in the hospital. They keep your physician updated on your recovery and perform skilled tasks such as drawing blood for lab tests, giving medicine by injection, caring for a wound, or teaching you and your family about your medications and treatments. Registered nurses help you return to your independent lifestyle and are knowledgeable of resources in our community that will help you recover and stay well. They can also make referrals to several different agencies in the community. Nursing services are funded by Medicare, Medicaid, Veterans Affairs, private insurance, grants, and the Hardin County Board of Supervisors.

Our trained Home Care Aides are available to assist you with a variety of needs. They offer personal care services such as bathing, skin and hair care, and foot care. Home Care Aides can also assist with

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budgeting, meal planning and preparation, grocery shopping, household chores such as vacuuming and dusting, laundry, making the beds, and washing dishes. Home Care Aide services are funded by Medicare, Medicaid, Veterans Affairs, private insurance, grants, and the Hardin County Board of Supervisors.

Public health promotes and protects the health of people and the communities where they live, learn, work and play. Those of us working in public health try to prevent people from getting sick or injured in the first place. We also promote wellness by encouraging healthy behaviors. That can mean vaccinating children and adults to prevent the spread of disease. Or educating people about the risks of alcohol and tobacco. Public health sets safety standards to protect workers and develops school nutrition programs to ensure kids have access to healthy food. Public health works to track disease outbreaks, prevent injuries and shed light on why some of us are more likely to suffer from poor health than others. The many facets of public health include speaking out for laws that promote smoke-free indoor air and seatbelts, spreading the word about ways to stay healthy and giving science-based solutions to problems. (source: https://greenbelthomecare.com/)

Services cover the entire county and are listed below, but not limited to the following:

- Breast Cancer Screenings
- Blood Pressure clinics
- Blood draws & specimen collection
- Childcare Nurse Consultant
- Children Insurance program
- Community Care Coordination
- Emergency Response/Preparedness
- Environmental Health
- Homemaker services
- Dressing changes
- Immunization Clinics and Child Immunization
- Injections
- Lead prevention programs
- Material, Adolescent and Child health
- Medication Management
- Oral health programs
- Patient Education
- Referral to community services
- Skilled Nursing visit by RN
- Tobacco programs
- WIC

# Pavelka's Point Consulting, LLC - External Consulting Services

Address: 5832 West Mt Vernon Road, Cedar Falls, Iowa 50613 CEO: Sarah Pavelka, PhD, MHA, OTR/L, CPHQ, FNAHQ

**Bibliography**: Sarah Pavelka, PhD, MHA, OTR/L, CPHQ, FNAHQ has over 20 years of experience leading and coaching in organizational performance and continuous improvement in business, industry, education, and healthcare. Sarah is the CEO/owner of Pavelka's Point Consulting, LLC, and Program Director for Walden University, Master of Healthcare Administration and Bachelors in Healthcare Management programs.

Dr. Pavelka has professional and academic experiences as a 13-year faculty member for the Masters in Healthcare Administration program at Des Moines University, Improvement Advisor at the Iowa Healthcare Collaborative, and Adjunct Faculty for Upper Iowa University. Her previous professional experiences include the Quality Management Director at the Iowa Foundation for Medical Care, Director of Business and Industry Relations for Pella Regional Health Center, and clinical experience as the Director of the Occupational Therapy department for Pella Regional Health Center in Pella, Iowa.

Dr. Pavelka's extensive volunteer experiences included being a six-time National Baldrige examiner, as well as, a seven-year state examiner for the Iowa Recognition for Performance Excellence. She was also the Director-at-Large for the National Association for Healthcare Quality Board from 2014 to 2016. Sarah was also the Past president of the Iowa Association for Healthcare Quality Board; a task force member for the Iowa Hospital Association; and a member of the Des Moines University Alumni Board.

Sarah holds degrees in Biology and Psychology from Luther College; an Occupational Therapy degree from Concordia University-Wisconsin; MHA from Des Moines University, and a Ph.D. from Walden University. She is a Fellow for the National Association for Healthcare Quality (FNAHQ); a Certified Professional in Healthcare Quality (CPHQ); and has credentials in Occupational Therapy, Ergonomics, Lean, and Six Sigma Black Belt.

# **Community Health Assessment Process**

The following sections represent the process of the Community Health Assessment completed with Hardin County Community Leadership and Key Stakeholders. These process steps include creating purpose, defining scope and community, engagement of key leadership, survey assessment, analysis, prioritization, reporting of outcomes, and action planning.

The Iowa HHS and IRS requirements for a CHA are a four-phase; the process was represented earlier in the document (see Methodology – Scope and Purpose), and further explored in the following sections.

# Agreement/Contracting/Community Leadership (CHA Steps 1 - 3)

On June 30, 2023, leadership from Hardin County Public Health, and Pavelka's Point Consulting, LLC met and discussed contracting arrangements, critical success factors, CHA process, timelines, and who would be key stakeholders. Shortly following this initial contracting meeting, these parties met on July 2023, for planning for the CHA, further methodology, distribution, survey needs, agreement, and scope

of services. Key leadership and stakeholders were also discussed, and a list of involvement was compiled in meeting minutes. It was elected at these meetings to move forward with the CHA process and initial survey distribution would happen at the following months through November 15, 2023, and survey conclusion on or about October 2023.

# Create the assessment, survey, and evaluation process (CHA Steps 4)

Starting in June 2023, a Community Health Assessment survey was designed and created. The leadership of Public Health were allowed to review the survey as it was developed. Questions related to Social Determinants of Health were also added as recommended by best practice. More information can be provided on Social Determinates of Health at Healthy People 2030

<u>https://www.healthypeople.gov/2020/topics-objectives/topic/social-determinants-of-health</u> or Health Leads (source of survey questions) at <u>https://healthleadsusa.org/</u>.

# Collect the Data (CHA Steps 5)

Collection of survey data consisted of many forms and methods. Survey links, fliers, and paper copies were sent to local businesses and employers. Surveys were left at the Public Health Department for residents of the communities and either electronic or paper (hard) copies were allowed to be submitted. Leadership for the process also attended several community events, school events, and religious gatherings to encourage participation in the survey process. Electronic links were sent multiple times in the local newspapers, provided through the Department website, and patients were encourage to complete the survey before or after healthcare services. During the process, the leadership provided translation services (i.e. vision or language), electronic and paper copies, and a brief description of purpose to those who were taking the survey. No material or monetary incentives were provided when taking the survey.

# COMMUNITY PRESS RELEASE

The following was a press release that was sent to the local newspaper entities and distributed for general awareness of the survey being conducted.

### HARDIN COUNTY RESIDENTS ASKED TO HELP IDENTIFY COMMUNITY HEALTH NEEDS

Date – HARDIN COUNTY, Iowa – Hardin County Public Health wants to know how it can better serve its patients and the community, by asking residents of Hardin County directly.

Hardin County Public Health is in the process of updating their Community Health Assessment. The assessment is completed every five years to better understand what the local community organizations should be working on to address the region's health needs.

To provide residents with the opportunity to give their feedback and thoughts on area health needs, a short survey has been developed and is available online at <a href="https://forms.gle/jyJukERCazhQnNJz7">https://forms.gle/jyJukERCazhQnNJz7</a>. The survey takes only about 10 minutes to complete. It can be found through a link or by scanning the following code.



Responses are kept confidential and there is a deadline of Friday, **date**. Hardin County Public Health encourages residents to participate. Feedback from the survey and other informational gathering processes will be used to establish a Community Health Assessment Implementation Plan.

##

(add Public Health disclaimer and contact for press release contact)

### EMPLOYEE AND COMMUNITY COMMUNICATIONS

The following is a direct emailing campaign for the employees in and around the and within the county. The organizations also posted the information in the local governmental mailings, Facebook ads, local newspaper ads, and Chamber of Commerce. This was also distributed in local grocery stories, places of worship, restaurants, community events, school events, and local gathering establishments.



# Analyze the Data (CHA Steps 5 continued)

During and following the community survey process, data from external sources (secondary data) were being collected and analyzed. This included data from sources such as Robert Wood Johnson County Health Rankings, City Data, Vital Statistics, etc. Survey data was considered primary data research and collected public health needs, perceptions, satisfaction with care and services for both public, private, and governmental agencies serving the Hardin County, Iowa area. This data can be found in the following charts in the Data Details section with both the CHA Survey Data (detailed primary) and Town Hall meeting outcomes (primary).

Both the external, secondary data, and the initial analysis of the survey outcomes (primary data) were analyzed and presented in the September 26, 2023, town Hall meeting. Top initial results were presented for the key stakeholders to continue to analyze, prioritize, and support realistic objectives for Hardin County, Iowa.

# Town Hall Research Process (Engage & Prioritize with Stakeholders)

# **Document and Define Priorities (CHA Steps 6)**

Community leadership should always be involved with the determination and prioritization of key actions within a community (service area). Members will not only buy-in to the mission of the actions at a higher support level, but they will also often provide key resources that are needed for such action, which are vital to the actions success and often cannot happen with only department supporting resources. Town halls are a focus group type setting where members can provide insight, consensus, and assist with prioritization of health issues. These sessions gathered input from key stakeholders, started priorities, and encouraged on-going dialog between entities.

Entities invited to the Town Hall meeting included local hospital, public health, mental health providers, service providers, employers, local residents, faith-based leadership, school leadership, business leaders, local government officials, and those that receive care (including persons with chronic conditions, un-insured, low-income, and minority groups).

Key community stakeholder groups were invited to a September 2023 Town Hall meeting. The Town Hall meeting was held Sept 26, 2023, from 11:30 AM to 1:00 PM. At the Town Hall meeting, a short informational presentation was given, facilitation of priorities from the survey and health ranking information was completed, and key findings were determined out of one 90-minute meeting.

# TOWN HALL GENERAL PUBLIC INVITE (LETTER)

Public notice sent to local newspapers, department websites, and local posting for attendance at the Town Hall meeting. All community members were invited to attend, and snacks were provided.

### Good Morning!

I am writing to ask that you please join us in a Town Hall meeting for the Community Health Improvement process on Tuesday, September 26th from 11:30am-1pm at the Eldora Public Library.

A light lunch will be provided and our consultant for the Community Health Improvement Process, Dr. Sarah Pavelka from Pavelka's Point Consulting, will be present to provide us with a presentation on the following:

- · Overview of the health needs assessment/survey process and purpose
- Review of past priorities and action items for Hardin County
   Provide a summary of our current assessment/survey results
- · Discussion on next steps

<u>Most importantly</u>, we want to have an open dialog with all of you to hear your perspective on the current assessment and how we can come together as a community to better the lives of Hardin County residents!

I hope you will join us for lunch and help us make an impact on the health needs for Hardin County!

### Please RSVP to mharrell@greenbelthomecare.com by Friday 9/22/23

If you are unable to attend, please consider sending someone else in your place. I hope to see you all there!

\*\*Also if you haven't yet taken the Community Health Needs Assessment, the link is helow!\*\*

Community Health Assessment/Survey Link: https://forms.gle/JyJUkE

Respectfully,

Megan Harrell, RN Administrator Greenbelt Home Care Hardin County Public Health 1707 21st Street Eldora, IA 50627 Office. 641.939.8444 Cell. 641.858.7384 F. 641.939.8450 W. <u>avunu greenbelthomecare.com</u>

### TOWN HALL AGENDA

The following Agenda and Power Point were completed at the September 26, 2023, Town Hall meeting. At the end of the meeting, it was determined to have an initial list of community priorities from the analysis of primary and secondary research data. These initial priorities list will be further discussed with a steering committee of community leadership and represent community-based organizations which can address health concerns. This group, considering the priority and input from the Town Hall meeting will strategies and formulate final action plans for Hardin County, Iowa health needs.

# AGENDA

- Welcome and introductions
- Review the assessment/survey process and purpose
- Review past priorities and action items for Hardin County
- Provide summary of current assessment results
- Gain perspective from community participants for 2023
- Next steps and conclusion

### TOWN HALL POWERPOINT PRESENTATION

September 2023

The following PowerPoint presentation (please see image below for complete slide deck) was presented to key community stakeholder groups at the October 2020 Town Hall meeting.









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(NOTE: \$ MAY NOT ADD UP TO 100\$ - ALMOST			
Priority Area	Net a Coloring to the	Secondary Second	
Access to mental health services	8.65	31%	58.6X
Satcide prevention and support	5.2%	29.6%	\$1.7%
Fight obeday	5.2%	36.2%	\$5.1%
Alcohol use	3.4%	41.4%	50%
Opioid / narcotic use	5.2%	36.2%	55.1%
Prevention of Injuries and Visionce	12%	40.1%	4.6
Protection against environmental lazards	29.25	40.1%	22.4%
Prevent the spread of epidemics	37.6%	44.8%	24.1%
Prepare and respond to public health emergencies	41.4%	31%	22.4%
Second health and STD prevention	15.5%	48.35	315



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Pavelka's Point Consulting, LLC

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2023

### IMPROVEMENTS (2019-2023)

- = Uninsured (adult and children)
- Mammogram screening (preventative services)
- School funding

Air pollution with particulate matter

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# PERCEPTIONS OF HEALTH & SERVICES - 2023

Mental lines: (suidde = 50.9%)	\$72%
Abuse/Molence	672%
Obath	672%
Teen health (drinking, abuze, tobacco)	61.2%
Family planning / Birth control	58.0%
Drugs / Illegal substances	543%
Nutrition	50.9%
Townth	48.1%
Chronic domos	42.43.
Preventative health	42.4%



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2023-2028 AREAS AND ACTIVITIES

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# TOWN HALL ATTENDING KEY STAKEHOLDERS (ENGAGEMENT AND PRIORITIZATION)

The following is a list of community members (identified key stakeholders and interested community members) that were able to participate in the Town Hall meeting. In all there were 13 attendees at the September 26, 2023, meeting.

Hardin County CHA Town Hall Meeting				
Name	Organization - Title	Email		
Nelly Limas	Limas Farms Contractor	Nellylimas66@hotmail.com		
Kala Eller	Hansen Family Hospital	Kala.eller@mercyhealth.com		
Shelby Guerara	Hansen Family Hospital	Shelby.guevara@mercyhealth.com		
Jill Shafer	Hansen Family Hospital	shaferjm@mercyhealth.com		
George Van Mock	Hansen Family Hospital	vonmockg@mercyhealth.com		
Rachel Loyd	Greenbelt Home Care	rloyd@greenbelhomecare.com		
Megan Harrell	Greenbelt Home Care/Public H	mharrell@greenbelthomecare.com		
Desiray Larson	Hansen Family Hospital	larsondna@mercyhealth.com		
Renee McClellan	Hardin County Supervisor	rmcclellan@hardincountyia.gov		
Taylor Wilson	SATUCI	twilson@satuci.com		
Jacob Parks	SATUCI	jparks@satuci.com		
Jason Kingbird	SATUCI	jkingbird@satuci.com		
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# Town Hall Outcomes

The following were the outcomes from the Sept 26, 2023, Town Hall meeting. These outcomes can be further explored in the Detailed Data/ Town Hall Meeting Outcomes. The outcomes were formulated from both primary data (survey) and secondary data (including County Health Rankings). The outcomes were compiled from large and small group round-robin brainstorming sections and then outlined into affinity groups. The following four affinity groups were seen in both meeting sessions.

# **Priorities**

Mental Health: Assess and support depth and breadth of services for Mental Health needs in the communities.

Substance Abuse: Reduce the concern for and presence of substance abuse related health/safety issues.

Suicide prevention: Services and assistance for those struggling with mental health.

Childcare Services/ Access: Address childcare services within the communities. These could include housing, daycare, nutrition, and health

Teen Health / Teen Health Services: Improvement and availability/ access of services for teen health needs.

Knowledge for Preventative Services: Communicate, convene, and spread information (knowledge) for prevention services.

Knowledge about health services: Coalition group to address the services and access for community health needs.

# **Community Strategy Formulation and Action Planning**

# Planning for Improvement Strategies (CHA Steps 7 & 8)

To complete the final steps of the process, Hardin County, Iowa community leadership held meetings starting September 26, 2023. During this step of the Community Health Assessment, Hardin County, Iowa community leadership gathered all primary and secondary data, completed a relevance and achievable check, and determined 19 SMART goals (tactics) for their improvement of the community's health. SMART goals are specific, measurable, achievable, relevant, and time-oriented action plans for improvements in the community. Action plan (Community Health Improvement Plan – CHIP) was approved by the Hardin County Board of Health on October 12, 2023.

This step also includes distribution of the CHA final report. Starting Sept 26, 2023, County Public Health department will be able to be distributed to the community. This report will be sent electronically to all participating and interested community partners for Hardin County Public Health. The report will be provided, along with prior reports, on the Greenbelt Home Care/ Hardin County Public Health website (https://greenbelthomecare.com/hardin-co-public-health). Paper copies will be distributed to interested to Greenbelt Home Care/Hardin County Public Health.

		Community Health Improvement Plan (CHIP) & Tactics – Hardin County Public Health					
		Community Health Assessment results - starting 11/1/2023 to 12/31/2028 (Approved 10/12/2023)					
	Health Areas of Need (Goals)		"Specific Actions" to address community health need (Tactics)	LEAD	Partners	Timeframe	Performance Indicators: Data Sources/ Collection Timing
1	Mental Health						
		а	Increase providers and access		Veterans Affairs	Year 3-5	Availability of menta
	Assess and	b	Employment opportunities for providers	НЕН	of Hardin co., Senior Life	Year 3-5	health resources in the community
ore	port depth and adth of services	с	Funding reimbursement for shortage – barrier for services		Solutions, Mental Health	TBD	including patient treatment options
	Mental Health needs in the	d	Improvement of community responses (example EMT education)	Coalition	coalition, Hanson Family	Year 1	
(	communities	e	Access to transportation to and from services in other communities	(TBD)	Hospital, Green Belt Home Care (Public Health)	Year 2-3	Availability at certain times or days, even limited at first
		Pro	gress Notes:				
2	Substance Abus	e		-			
Assess and support depth and breadth of services for substance use and abuse in the communities		а	Assess and create plan for substance abuse prevention and support in the communities	Coalition		Year 1-2	Presence of substand abuse related issues
		b	Drugs and substance use and presentation services/response	Coalition	Satuci, Hanson Family	Year 3-5	Actively providing services for the communities (year 2 baseline)
		с	Increased access to services	(TBD)	Hospital, Green Belt Home Care (Public Health)	Year 3-5	Increase (15% year over year) from baseline number of services provide and the number of recipients for each service
		Pro	gress Notes:				
3	Childcare Servic	es/ A	Access				
		а	Investigate the options and opportunities with pediatric health and wellness services and access	Childcare Resource & Referral	Childcare Resource & Referral, Hardin County Child	Yer 2-3	Provide a list of opportunities for potential services ir communities
serv	ddress childcare rvices within the communities	b	Continue to collaborate with Partners for the provision of Childcare services – supporting their efforts for availability and education to providers	Coalition	Abuse Prevention Coalition Local Childcare providers and Centers	Year 3-5	Active (systematic) efforts (including knowledge sharing) from partnerships
		Pro	gress Notes:				

		Community Health Improvemen	t Plan (CHIP)	& Tactics – Hardin	County Public I	Health
	Community Health Assessment results - starting 11/1/2023 to 12/31/2028 (Approved 10/12/2023)					
Health Areas of Need (Goals)		"Specific Actions" to address community health need (Tactics)	LEAD	Partners	Timeframe	Performance Indicators: Data Sources/ Collection Timing
Knowledge for	Preve	entative Services				
Communicate,	A	Providing prevention services (i.e. immunizations) to underserved population and or communities	GBHC		Year 1	Actively providing services for the underserved communities (year 2 baseline)
convene, and spread information (knowledge) for prevention services	в	Address the provision of (potential) hospital outreach services to communities outside of Iowa Falls, Iowa.	GBHC	Hanson Family Hospital, Green Belt Home Care (Public Health)	Year 2	Increase (15% year over year) from baseline number of services provide and the number of recipients for each service
	с	Distribution of information and knowledge of services at Community "sharing" meetings	Circle of Life (group)		Year 1	Active (systematic) efforts (including knowledge sharing from partnerships
	Pro	gress Notes:				
Teen Health / T	een H	lealth Services				
	A	Assess and create plan for teen health/ services and support in the communities				Actively providing services for the underserved communities (year baseline)
mprovement and vailability/ access of services for een health needs	В	Improvement of services through availability and access for teen health	GBHC	Hanson Family Hospital, Green Belt Home Care (Public Health)	Year 1-2	Increase (15% year over year) from baseline number o services provide an the number of recipients for each service
	с	Continue to collaborate with Community Coalition				Baseline
	Pro	gress Notes:				
Health Coalition	n for (	County				
Coalition group to address the services and access for	а	Assessment for the need of community coalition ("action" group)	ввнс	Hanson Family Hospital, Green Belt Home Care (Public Health)	Year 1	Provide a list of opportunities for potential services in communities

		Community Health Improvement Plan (CHIP) & Tactics – Hardin County Public Health					
			Community Health Assessment results	- starting 11/	/1/2023 to 12/31/20	028 (Approved	10/12/2023)
Health Areas of Need (Goals) "Specific Actions" to address community health need (Tactics)		LEAD	Partners	Timeframe	Performance Indicators: Data Sources/ Collection Timing		
cor	community health needs		Create scope of work and purpose for group that will actively address health needs within the communities			Year 1-5	Increase (15% year over year) from baseline number of services provide and the number of recipients for each service
		с	Plan and develop initiatives for community "health" coalition.	GBHC		Year 1-5	Baseline
		Pro	ogress Notes:		<u>.</u>		

# PRIOR ASSESSMENT ACTION PLANS

During the years 2020 to 2023, Hardin County Public Health and Community groups along with key community partners improved the community's health. For details of the 2017 to 2023 Community Health Assessment tactical (action) planning, please see the details in the report submitted to the State of Iowa. Actions for improvements included but not limited to access to mental health services, suicide prevention, decreasing obesity, alcohol use and abuse, opioid (narcotic) use, prevention of injuries from violence, environmental hazards, spread of epidemics, public health emergencies, prevention of sexual transmission of diseases, and access to care.

There were improvements in four (4) of the 11 areas. The three (3) other areas were slightly improved in their ratings. The improvements did not move the issues to "not a problem;" however, did move the issues to "Somewhat of a Problem" in a majority of the participants taking the survey and during Town Hall prioritization (CHA steps 5 and 6). The chart below was provided to the participants at the Town Hall meeting (September 2020) and signifies that Mental Health Services and Substance Use/Abuse still remain a concern for the survey participants.

# **IMPROVEMENTS – PRIOR**

(NOTE: % MAY NOT ADD UP TO 100% - ALMOST ALL QUESTIONS WERE OPTIONAL)

Priority Area	Not a Problem	Somewhat a Problem	Still a Problem
Access to mental health services	8.6%	31%	58.6%
Suicide prevention and support	5.2%	39.6%	51.7%
Fight obesity	5.2%	36.2%	55.1%
Alcohol use	3.4%	41.4%	50%
Opioid / narcotic use	5.2%	36.2%	55.1%
Prevention of injuries and violence	12%	43.1%	41.4%
Protection against environmental hazards	29.3%	43.1%	22.4%
Prevent the spread of epidemics	27.6%	44.8%	24.1%
Prepare and respond to public health emergencies	41.4%	31%	22.4%
Sexual health and STD prevention	15.5%	48.3%	31%
Access to care	18.9%	September 2 39.6%	36.2%

# Evaluation of Progress on Key Priorities and Strategic Alignment (CHA Step 9)

Hardin County Public Health departments will continually monitor the action plans for changes and adjustments as key findings present within three years. This assessment and findings will be incorporated into future strategic planning efforts and include a systematic cycle of improvement. Improvements will be completed using performance excellence tools, including but not limited to the Plan, Do, Study, Act improvement cycle and will include as many community partners, agencies, and interested individuals a possible for best outcomes and sustainability.

# COMMUNITY (SERVICE AREA) HEALTH STATUS

# **Primary Research Findings**

In summer through fall 2023, Hardin County Public Health sponsored/conducted primary research (survey) to all residents residing or receiving services in their primary service area, with 72 individual replies.

	Hardin County CHA 2023 Sample by PSA Zips					
#	Zips	Returns (% of Total)				
1	50627	43.1%				
2	50126	38.9%				
3	50601	4.2%				
4	50122	2.8%				

# REPLIES BY ZIP

5	50230	2.8%
6	50258	2.8%
7	50006	2.8%
8	50271	1.4%
9	50680	1.4%

# OVERALL QUALITY OF SERVICES IN THE COMMUNITY (SERVICE AREA)

Community Healthcare Needs Assessment 2023				
In general, how would you rate the overall quality of the healthcare delivered to your community?	Hardin County (2023) N=72			
Top 2 Boxes	44 (61.1%)			
Very Good	12 (16.6%)			
Good	32 (44.4%)			
Fair	22 (30.5%)			
Poor	6 (8.3%)			
Very Poor	0 (0.0%)			
Bottom 2 Boxes	6 (8.3%)			

# RATING OF HEALTH SERVICES

Community Healthcare Needs Assessment 2023				
How would you rate the following health services?	Poor / Very Poor % Hardin County (2023) N= 72			
Ambulance Service	2.7%			
Childrens' Health	11.1%			
Chiropractor	2.7%			
Dentists	1.3%			
Eye Doctor / Optometrist	6.%			
Family Planning Services	27.7%			
Home Health	2.7%			
Hospice	9.7%			
Hospital Inpatient Services	31.9%			
Mental Health Services	40.1%			
Nursing Home	23.6%			
Pharmacy	2.7%			

Public Health Department	6.9%
School Nurse	9.7%
Specialist Physician care	31.1%
Teen Health (drinking, abuse, safety, pregnancy)	37.5%

# CAUSES OF DISEASE OR DISABILITY IN THE COMMUNITY

Community Healthcare Needs Assessment 2023			
	Major Problem %		
In your opinion, how much of a problem are the following causes of diseases or disability in your community?	Hardin County (2023) N= 72		
Mental Illness	73.6%		
Obesity	65.2%		
Substance Abuse	55.5%		
Drug Abuse	51.3%		
Diabetes	36.1%		
Suicide	29.1%		
Cancer	22.2%		
Heart Disease	23.6%		
Trauma	19.4%		
Respiratory Disease	9.7%		
Sexually Transmitted Diseases	8.3%		
Stroke	6.9%		
Pneumonia / Flu	4.1%		

# HEALTH NEEDS BY AGE

Community Healthcare Needs Assessment 2023	
How well do you feel our local health care providers are doing in addressing the health needs of the following age groups?	Poor / Very Poor %
	Hardin County (2023) N= 72
Infants	13.8%
Age 1 - 12	9.7%
Age 13 -17	19.4%
Age 18 – 25	16.6%
Age 26-44	16.6%

Age 45 - 64	13.8%
Age 65 - 84	11.1%
Over 85	11.8%

# HEALTH SERVICES OUTSIDE OF THE COUNTY

Community Health Assessment 2023	
Over the past 2 years, did you or your household receive health care services outside of your county?	Hardin County (2023) N= 72
Yes	79.2%
No	20.8%
Totals	100%
Please list the health care services you or your household member(s) have received outside of your county: Number of replied	Hardin County (2023) N= 42
Allergy	0
Cancer	1
Cardiology	3
Dental	1
Dermatology	3
Emergency Room/Urgent Care	2
ENT	0
Eye / Surgery	1
Heart Disease	3
Mental Health	1
Neurology	2
OB/Women's Heath	13
Oncology	1
Orthopedics Surgery	1
Pain management	0
Pediatric	4
Podiatry	0
Specialty providers (Pulmonary, Sleep)	4
Surgery	2
If offered, would you have received the services locally?	% of Replies
Yes	50.9%
-------	-------
Maybe	28.1%
No	21.1%

## IMPROVEMENT OF SERVICES

Community Health Assessment 2023					
Are there health care services in your community or neighborhood that you feel need to be improved and or changed? (Please be specific)					
Rank	Services	# Replies N= 17	% of Replies		
1	Mental Health Services/Counseling	3	4.1%		
2	Transportation for health services	2	2.7%		
3	OB / Women's Health	2	2.7%		
4	Prevention services/ Natural Medicine	2	2.7%		
5	Teen Health	1	1.3%		
6	Specialist Care	1	1.3%		
7	Low-income health services	1	1.3%		
8	Urgent Care	1	1.3%		
9	After hours care & Pharmacy	1	1.3%		
10	Clinic Services	1	1.3%		

## THREE YEAR ACTION PLAN IMPROVEMENTS

Priority Area (N = 72)	Not a Problem	Somewhat a Problem	Still a Problem
Access to mental health services	8.6%	31%	58.6%
Suicide prevention and support	5.2%	39.6%	51.7%
Fight obesity	5.2%	36.2%	55.1%
Alcohol use	3.4%	41.4%	50%
Opioid / narcotic use	5.2%	36.2%	55.1%
Prevention of injuries and violence	12%	43.1%	41.4%
Protection against environmental hazards	29.3%	43.1%	22.4%
Prevent the spread of epidemics	27.6%	44.8%	24.1%

Hardin County 2023 Community Health Assessment

Prepare and respond to public health emergencies	41.4%	31%	22.4%
Sexual health and STD prevention	15.5%	48.3%	31%
Access to care	18.9%	39.6%	36.2%

## PRESSING ISSUES FOR TODAY'S IMPROVEMENTS

	Community Health Assessment 2023				
Which h	ealth needs are most pressing TODAY and are in need of imp	provement?			
Rank	Health Needs	# Replies N= 72	% of Total Replies		
1	Mental Health/Counseling	61	89.7%		
2	Abuse/Violence	42	61.8%		
3	Obesity (Chronic Disease)	41	60.3%		
4	Teen Health	41	60.3%		
5	Drugs / Illegal Substances	37	54.4%		
6	Poverty	37	54.4%		
7	Family Planning/ Birth Control Services	36	52.9%		
8	Suicide	35	51.5%		
9	Nutrition	33	48.5%		
10	Alcohol Use and Abuse	31	45.6%		
	(Must consider that the same people who voted for multiple categories)				

## RATING OF SERVICES FOR COMMUNITY

Community Health Assessment 2023								
How would you rate each of the following in your community?	Very Poor	Poor	Fair	Good	Very Good	Not Aware/Not Applicable	Very Poor + Poor	Good + Very Good
Emergency preparedness	1	5	7	19	12	5		
Health Screenings	1	10	25	20	9	6		
Access to services	3	14	26	16	8	4		
Immunizations – vaccines	1	1	18	29	18	3		
Tobacco prevention / cessation programs	1	14	24	12	3	17		
TB control and testing	5	7	17	17	5	20		
Disease investigation	6	9	17	17	6	16		

Care giver training programs	2	10	19	15	3	22	
Early childhood programs	3	5	21	21	8	13	
Prevention of falls	3	3	21	15	1	28	
Obesity prevention and treatment	6	14	26	4	1	20	
Spiritual health support	3	11	20	20	2	15	
Drug Abuse programs	8	115	22	7	1	16	
Reduction of opiate use	9	15	19	6	1	20	
Alcohol use and treatment programs	8	15	24	4	1	18	
Transportation (bus) services	12	16	19	8	1	14	
Violence prevention	10	12	19	7	1	21	

## Personal Health Needs: Survey Results

## PERSONAL HEALTH NEEDS: HEALTH DESCRIPTION

Community Healthcare Needs Assessment 2023				
In general, how would you best describe your health? (Choose one)	Hardin County (2023) N= 72			
Top 2 Boxes	77.7%			
Very Good	12 (16.6%)			
Good	44 (61.1%)			
Fair	13 (18.1%)			
Poor	3 (4.1%)			
Very Poor	0			
Bottom 2 Boxes	4.1%			

## PERSONAL HEALTH NEEDS: SOCIAL DETERMINANTS OF HEALTH

Community Health Assessment 2023				
Social Determinants of Health – questions for need:	No %	Yes %	Total %	
In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money for food?	14%	86%	100.0%	
In the last 12 months, has your utility company shut off your service for not paying your bills?	5%	95%	100.0%	
Are you worried that in the next 2 months, you may not have housing?	5%	95%	100.0%	
Do problems getting childcare make it difficult for you to work or study? (leave blank if you do not have children)	26%	74%	100.0%	
In the last 12 months, have you needed to see a doctor, but could not because of cost?	12%	88%	100.0%	
In the last 12 months, have you ever had to go without health care because you didn't have a way to get there?	7%	93%	100.0%	
Do you ever need help reading hospital materials?	4%	96%	100.0%	
Are you afraid you might be hurt in your apartment building or house?	7%	93%	100.0%	
Have you ever missed work or lost a job due to unreliable transportation?	7%	93%	100.0%	

### PERSONAL HEALTH NEEDS: OVERALL HEALTH - 2 YEAR COMPARISON

Community Healthcare Needs Assessment 2023				
Compared to a year ago, how would you rate your overall health in general now?	Hardin County (2023) N= 72			
Much better than a year ago	14 (19.4%)			
About the same	52 (72.2%)			
Much Worse than a year ago	6 (8.3%)			

### PERSONAL HEALTH NEEDS: USE OF PRIMARY CARE PROVIDER

Community Healthcare Needs Assessment 2023			
Does your household have received medical care?	Hardin County (2023) N= 72		
Primary Care	90.3%		
Urgent Acute	4.2%		
Don't seek medical care	4.2%		
Out of communities	1.4%		

## PERSONAL HEALTH NEEDS: HEALTH PRACTICES

Community Healthcare Needs Assessment 2023				
Do you follow these health practices?	Hardin County (2023) N= 72 (NA for age)			
If over 50, have you had a colonoscopy?	Yes = 23/30			
If male over 50, do you have annual prostate exams?	Yes = 10/16			
If female over 40, do you have annual mammograms?	Yes = 24/29			
If female, do you have a pap smear every other year?	Yes = 24/42			
Do you get 2.5 hours a week of moderately intense physical activity?	Yes = 44/72			

### PERSONAL HEALTH NEEDS: HEALTH PRACTICES

Community Health Assessment 2023				
Please complete sentence below - "Are you	No %	N/A %	Yes %	
Eating right (Daily, 5 servings of fruits, vegetables, wheat)	27 (37.5%)	0%	45 (62.5%)	

Hardin County 2023 Community Health Assessment

Using tobacco products weekly	55 (76.3%)	7 (9.7%)	10 (13.8%_
Exercising 2-3 times weekly	28 (38.8%)	0%	44 (61.1%)
Consuming alcohol (more than 1 drink daily)	53 (73.6%_	3 (4.1%)	15 (20.8%)
Receiving an annual flu shot	22 (30.5%)	0%	48 (66.6%)
Been without a place to stay for multiple nights (homeless)	67 (93%)	4 (5.5%)	1 (1.3%)
Have difficulty with employment due to transportation, education, skills, childcare, scheduling, etc.)	58 (80.5%)	8 (11.1%)	5 (6.9%)
Vaccinated again COVID-19	23 (31.9%)	0%	49 (68.0%)

## Primary Data (Survey) Demographics of Participants 2023

AGE		
What is your age?	# of Replies	% of Total
17 and under	0	
18 to 25	2	
26 to 44	30	
44 to 64	29	
65 to 84	11	
85 and over	0	
Total	72	100.0%

## GENDER

What is your gender?	# of Replies	% of Total
Female	68.1%	
Male	31.9%	
Prefer not to say	0%	
(blank)	0%	
Total	72	100.0%

IDENTITY

How would you identify yourself?	# of Replies	% of Total
Indian/ Native Alaskan	0	
Multicultural/ Multiracial	0	
Asian / Pacific Islander	0	
Caucasian / White	71	
Latino / Hispanic	1	
(blank)	0	

Total 72 100.0%	
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HOUSEHOLD

How would you describe your household? (Please select all that apply)	# of Replies / % of Total
Married	48 (66%)
Married; Parent / Guardian with children at home	22 (30%)
Multiple adults; children no longer at home	0 (0%)
Single	12 (16%)
Divorced	9 (12%)
Widowed	2 (3%)
(blank)	0 (0%)

## HEALTH CARE FACILITY

What type of healthcare facility do you use when not feeling well or sick?	# of Replies / % of Total
Clinic/Doctor's office	65 (90.3%)
Urgent Care/Acute Care	3 (4.2%)
Don't seek care/medical treatment	3 (4.2%)
Emergency Department	0 (0%)
Go out of town/county	1 (1.4%)
Public Health	0 (0%)

## MEDICAL INFORMATION

Where do you get most of your medical information?	# of Replies / % of Total
Doctor	45 (66.2%)
Internet	20 (29.4%)
Family	1 (1.5%)
Social Media/Television/ Radio	1 (1.5%)
Insurance Company	0 (0%)
Friend(s)	1 (1.5%)

INSURANCE	١Þ	IS	U	R.	A	Ν	С	E
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What type of health insurance coverage is your primary plan?	# of Replies / % of Total
Partially covered by employer (you and employer share cost)	35 (48.6%)
Covered by employer (employer pays total cost)	16 (22%)
Private Insurance you purchased	5 (6.9%)
Medicare	10 (13.9%)

Medicaid	5 (6.9%)
No coverage (uninsured)	1 (1.4%)

## INVOLVEMENT IN COMMUNITY



## Secondary Research Findings 2023

## OVERALL STATE HEALTH RANKINGS

#	IA Rank of 99 Counties	Definitions	Hardin Co PSA (2023)	lowa
1	Physical Environment (57th)	Severe Housing Cost Burden	9%	12%
2	Health Factors (49th)	Adult Smoking	18%	17%
		Food Environment Index	9.0	8.6
		Sexually Transmitted Infections	379.9	478.5
		Uninsured	6%	6%
3	Clinical Care (39th)	Mammography Screening	52%	47%
		Flu Vaccinations	62%	57%
4	Social & Economic Factors	Children in Poverty	14%	12%
4	(52nd)	Injury Deaths	65	70
5	Health Outcomes (39th)	Poor or Fair Health	12%	12%
<u> </u>	Licelth Deheviers (41ct)	Adult Obesity	39%	37%
6	Health Behaviors (41st)	Physical Inactivity	24%	23%

	Alcohol-impaired Driving Death		21%	27%
		Teen Births	17	16
7	Quality of life (44th)	Poor Physical Health Days	2.9	2.8
		Poor Mental Health Days	4.2	4.4
8	Length of life (41st)	Life Expectancy	79.1	78.7
http:,	http://www.countyhealthrankings.org			

## DEMOGRAPHIC DETAILS: POPULATION AGE, GENDER, ETHIC AFFILIATION (1A)

	Population Indicator	Hardin Co PSA (2023)	State of Iowa	Trend
1a	Population, Estimate (2022)	16,567	3,200,517	
1a	Population, Census 2020	16,878	3,190,369	
1a	Persons Under 5 years, Percent	4.8%	5.9%	
1a	Persons Under 18 years, Percent	19.1%	23.1%	
1a	Persons 65 Years and Over, Percent	23.3%	17.7%	
1a	Female Persons, Percent	49.4%	49.8%	
1a	White Alone, Percent	95.5%	90.1%	
1a	Black or African American Alone, Percent	1.6%	4.3%	
1a	Hispanic or Latino, Percent	4.7%	6.7%	
1a	Foreign Born Persons, Percent	3.2%	5.5%	
1a	Language Other than English Spoken at Home,	4.6%	8.6%	
	Percent, Age 5+			

Source: US Census – Quick Facts

https://www.census.gov/quickfacts/fact/table/Hardincountyiowa,IA/PST045222

## DEMOGRAPHIC DETAILS: POPULATION STATUS (1B)

	Population Indicator	Hardin Co (2023)	Trend	State of Iowa
1b	Veterans	1,115		174,514
1b	Living in Same House 1 Year & Over, Percent	90.7%		86.0%
1b	Persons per Square Mile	29.6		57.1
1b	Children in Single-Parent Households, percent (County Health Rankings)	20%		21%
1b	Poverty Levels, (Iowa Health Fact Book)	9.7%		68%
1b	Limited Access to Healthy Foods (County Health Rankings)	2%		6%
1b	People 65+ with Low Access to a Grocery Store, (US Dept of Agriculture- Food Atlas)	1.25% (2019)		3.6%
1b	Voter Turnout, percent	51.56% (2022)		49.63%

(Iowa Secretary of State)

Source: Unless stated source: US Census – Quick Facts

## ECONOMIC DETAILS (2)

	Economic Indicator	Hardin Co (2023)	Trend	State of Iowa
2	Per Capita Money Income in Past 12 Months (20 dollars)	\$29,347		\$34,817
2	Housing Units	8,026		1,438,565
2	Persons per Household	2.31		2.42
2	Severe Housing Problems (County Health Rankings)	9%		12%
2	Retail Sales per Capita (Business Quick Facts)	\$18,895		\$14,607
2	Total Number of Firms	558		61,849
2	Unemployment (County Health Rankings)	4.2%		4.2%
2	Overall Food Insecurity Rate, 2021 (Feeding America)	7.5%		7.5%
2	Child Food Insecurity Rate, 2021 (Feeding America)	10.8%		9.4%
2	Mean Travel Time to Work (Minutes), Workers Age 16+	19.7		19.6
2	Long Commute - Driving Alone (County Health Rankings)	23%		21%

Source: Unless stated source: US Census – Quick Facts

## PUBLIC SCHOOLS HEALTH DELIVERY (3A AND 3B)

Currently school districts are providing on-site primary health screenings and basic care.

	Education Indicator	Hardin Co (2023)	Trend	State of Iowa
3a	Students Eligible for Free Lunch (%) (US Department of Agriculture – Food Atlas)	21.7%		30.0%
3a	4-Year High School Graduation Rates (Quick Facts)	92.4%		92.8%
3a	Bachelor's Degree or Higher, Percent of Persons Age 25+, (Quick Facts)	19.7%		29.7%

	Education/Health Indicators	Hardin Co PSA (2023)
1	Number of Public-School Nurses	Provided from county school
2	School Wellness Plan in Place (Active)	systems individually upon
3	VISION: Number Screened / Referred to Prof / Seen by	request of the schools or lowa
	Professional	Department of Education.
4	HEARING: Number Screened / Referred to Prof / Seen by	https://educateiowa.gov/data-
	Professional	

#### Hardin County 2023 Community Health Assessment

5	ORAL HEALTH: Number Screened / Referred to Prof / Seen by Professional	reporting/education-statistics- pk-12
6	SCOLIOSIS: Screened / Referred to Prof / Seen by Professional	
7	Students Served with No Identified Chronic Health Concerns	
8	Students Served with Identified Chronic Health Concerns	
9	Tdap Vaccine Provided to Children Age 10-18	
10	School has a Suicide Prevention Program	
11	<ul> <li>Compliance on Required Vaccinations</li> <li>2-year-old benchmark (DTaP, HepB, MMR, Hib, Polio, Varicella, Pneumo.)</li> <li>Adolescent benchmark (TdapTd, HepB, MMR, Varicella, Meningo)</li> <li>Adolescent HPV benchmark</li> </ul>	

Source: <a href="https://educateiowa.gov/data-reporting/education-statistics-pk-12">https://educateiowa.gov/data-reporting/education-statistics-pk-12</a>

## MATERNAL AND INFANT HEALTH (4A AND 4B)

Tracking maternal and infant care patterns is vital in understanding the foundation of family health.

	Health Indicator	Hardin Co (2023)	Trend	State of Iowa
4a	Mothers Who Began Prenatal Care in First	246		Rank 50
	Trimester (Iowa Health Fact Book)			
4a	Annual Birth Outcome % Preterm (2021)	13.5% (Polk County)		10.0%
	(March of Dimes)			
4a	Low Birth Weight (<2500 Grams)	17		Rank 58
	(Iowa Health Fact Book)			
4a	Mothers Who Smoked During Pregnancy	46		Rank 31
	(Iowa Health Fact Book)			
4a	Mothers under Age 20	12		Rank 44
	(Iowa Health Fact Book)			
4a	Out-of-Wedlock Births	101		Rank 51
	(Iowa Health Fact Book)			
4a	Average WIC Participation (2021)	43.7%		21%
	(https://datacenter.kidscount.org)			

## LIVE BIRTHS (4B)

	Vital Statistics	Hardin County, Iowa	Trend	State of Iowa
4	Total Live Births, 2010	557		38,514
4	Total Live Births, 2011	538		38,204
4	Total Live Births, 2012	583		38,686

Hardin County 2023 Community Health Assessment

4	Total Live Births, 2013	548	39,013
4	Total Live Births, 2014	540	39,685
4	Total Live Births, 2015	494	39,467
4	Total Live Births, 2016	536	39,223
4	Total Live Births, 2017	505	38,408
4	Total Live Births, 2018	533	37,709
4	Total Live Births, 2019	479	37,597
4	Total Live Births, 2020	492	36,058

Source: Iowa Department of Public Health, Vital Statistics

## HOSPITAL SPECIFIC DETAILS (5)

Understanding provider access and disease patterns are fundamental in healthcare delivery.

	Health Indicator	Hardin Co (2023)	Trend	State of Iowa
5	Primary Care Physicians per 1 (County Health Rankings)	3,320:1		1,360:1
5	Preventable Hospital Stays (County Health Rankings)	1,992		2,400
5	Patients Who Gave Their Hospital a Rating of 9 or 10 on a Scale from 0 (Lowest) to 10 (Highest) (CMS Hospital Compare)	66%		77%
5	Patients Who Reported Yes, They Would Definitely Recommend the Hospital (CMS Hospital Compare)	59%		75%
5	Average Time Patients Spent in the Emer. Department Before <b>Leaving from the Visit</b> , minutes (CMS Hospital Compare)	162		115
5	Medicare Hospital Spending per Patient (Medicare Spending per Beneficiary) (CMS Hospital Compare)	0.85		0.95
5	Unplanned Readmission Rate (new 2018) (CMS Hospital Compare)	13.4%		15% (national)

## BEHAVIORAL AND MENTAL HEALTH PROFILE

			Hardin Co (2023)		State
	Health Indicator		Trend	of	
	Treattri indicator			lowa	
6	6	Depression: Medicare Population	17%		13.8%
		(Center for Medicare and Medicaid Services)			

6	Alcohol-Impaired Driving Deaths (County Health	21%	27%
	Rankings)		
6	Poor Mental Health Days	4.2	4.4
	(County Health Rankings)		

### HEALTH BEHAVIORS PROFILE (7A)

Knowing community health risk factors and disease patterns can aid in the understanding next steps to improve health.

	Health Indicator	Hardin Co (2023)	Trend	State of Iowa
7a	Adult Obesity	39%		37%
7a	Adult Smoking	18%		17%
7a	Excessive Drinking	23%		25%
7a	Physical Inactivity	24%		23%
7a	Poor Physical Health Days	2.9		2.8
7a	Sexually Transmitted Infections (per 100,000 residents)	379.9		478.5

Source: County Health Ranking (7A)

## CHRONIC HEALTH PROFILE (7B)

	Health Indicator – Medicare Population	Hardin Co (2023)	Trend	State of Iowa
7b	Asthma	2.86%		4.08%
7b	Atrial Fibrillation	9.09%		9.01%
7b	Cancer	7.73%		7.56%
7b	Chronic Kidney Disease	19.53%		20.91%
7b	COPD	10.25%		11.28%
7b	Diabetes	22.90%		24.15%
7b	Heart Failure	11.56%		12.77%
7b	Hyperlipidemia	36.92%		38.88%
7b	Hypertension	54.53%		53.62%
7b	Osteoporosis	6.63%		5.99%
7b	Stroke	2.18%		2.91%

Source: Center for Medicare and Medicaid Services (7B)

https://nccd.cdc.gov/DHDSPAtlas/reports.aspx?geographyType=county&state=IA&countyTab#repor

## MORTALITY PROFILES (8)

The leading causes of county deaths are listed below.

		Hardin	Trend	State of Iowa
	Health Indicator	Со		
8	Life Expectancy Females	82.2		81.9
	(Institute for Health Metrics and Evaluation)			
8	Life Expectancy Males	77.3		77.5
	(Institute for Health Metrics and Evaluation)			
8	Injury Deaths (Iowa Health Fact Book)	65		70

## CAUSE OF DEATH

#	Causes of Death by County of Residence (2016- 2020)	Hardin Co (2023)	Trend (2014)	State of Iowa Rank
	All Causes	1,123		33
1	Heart Disease	286		30
2	All Cancer	240		30
3	Lung Cancer	55		34
4	Chronic Obstructive Pulmonary Disease	61		41
5	Stroke	55		35
6	Alzheimer's Disease	43		52
7	Accidents and Adverse Effects	43		46
8	Pneumonia/Influenza	14		65
9	Diabetes Mellitus	29		52
10	Suicide	8		68
11	Falls	23		26
12	Firearms	6		59
13	All Transportation	10		63
14	Motor Vehicle Traffic	8		68

Source: Iowa Health Fact Book

## PREVENTATIVE HEALTH (COUNTY HEALTH RANKINGS)

	Health Indicator	Hardin Co (2023)	Trend	State of Iowa
9	Access to Exercise Opportunities	85%		79%
9	2-Year-Old Coverage of Individual Vaccines and	75%		71.0%
	Selected Vaccination Series,			
	(Iowa Immunization Program)			
9	Diabetes Prevalence	9%		9%
9	Mammography Screening	52%		47%
9	Limited Access to Healthy Food	2%		6%
9	Percent Annual Check-Up Visit with PCP	Not		Not
		found		found

9	Percent Annual Check-Up Visit with Dentist	Not	Not
		found	found
9	Percent Annual Check-Up Visit with Eye Doctor	Not	Not
		found	found

#### UNINSURED PROFILES (SOURCE: IOWA HEALTH FACT BOOK)

	Health Indicator	Hardin Co PSA (2023)	Trend	State of Iowa Rank
10a	Uninsured (Under 65), 2023	6.5%		30%

## Inventory of Community (Service Area) Health Partners

#### Hospital: Hansen Family Hospital | MercyOne Affiliate

Family Medicine

Iowa Falls Clinic 920 South Oak Street Suite 1, Iowa Falls, Iowa 50126 641-648-7000 Kathleen E Haverkamp, MD Gregory L Ogaard, DO Thomas S Waters, DO Mahnaz Behdad, MD Craig Gibson, DO Sarah Scott, ARNP Lee Carlson, ARNP

#### **Ackley Medical Center**

1000 10th Avenue, Ackley, Iowa 50601 641-847-2625 David L Van Gorp, MD Tiffany Gramblin, ARNP

Brianne Neuberger, PA-C

#### **NESCO Family Medical Clinic**

112 West Main Street, Zearing, Iowa 50278 641-487-7800 Brooke Ibeling, ARNP Mary F. O'Connor, ARNP

## Emergency Department

Hansen Family Hospital | MercyOne 920 S Oak St, Iowa Falls, IA 50126 641-648-7000

<u>Anesthesiology</u> Hansen Family Hospital 920 S Oak St, Iowa Falls, IA 50126 641-648-7000 Mindy Kay Miller, CRNA

#### <u>Chiropractic</u>

Iowa Falls Chiropractic Clinic 11323 US-65, Iowa Falls, IA 50126 641-648-2446 Chandler Krukow, DC Shane Krukow, DC Abbey Schumacher-Porterfield, DC

## **Eldora Family Chiropractic & Wellness Center**

1376 Washington St, Eldora, IA 50627 641-939-3831 Zachary M. Stoulil, DC, CCSP Emily A. Stoulil, DC, CACCP

## Ackley Chiropractic Clinic

907 Sherman Ave, Ackley, IA 50601 641-847-3500 Kurt M. Sperfslage, DC

Hoover Chiropractic Clinic 711 S Oak St, Iowa Falls, IA 50126

#### 641-648-4211

Hanson Chiropractic Clinic 215 Ohio Ave, Iowa Falls, IA 50126 641-648-2255

## <u>Dentists</u>

Anderson Family Dentistry 1906 Edgington Ave, Eldora, IA 50627 641-939-7900 Sara Anderson, DDS Kale Floyd, DDS

#### **Eldora Family Dentistry & Orthodontics**

1310 Washington St, Eldora, IA 50627 641-939-3214 Mitchell Murphy, DDS Dan Scarrow, DDS

#### Home Care Agencies

**Greenbelt Home Care** 1707 21st St, Eldora, IA 50627 641-939-8444

## <u>Hospitalist</u> Hansen Family Hospital 920 S Oak St, Iowa Falls, IA 50126 641-648-7000 Lindsay Vogel, ARNP

Nursing Home/Assisted Living Estabrook Lodge 2302 Rick Collins Way, Eldora, IA 50627 641-939-7711

**Grand JiVante** 502 Butler St, Ackley, IA 50601 641-847-3531

Ashbrook Assisted Living 1121 N Fremont St, Iowa Falls, IA 50126 641-648-8080 **Eldora Specialty Care** 1510 22nd St, Eldora, IA 50627 641-939-3491

## Hubbard Care Center 403 S State St, Hubbard, IA 50122 641-864-3264

#### Ophthalmology/Optometrist

Vision Health Center 1317 12th St #1722, Eldora, IA 50627 641-939-2020

#### Veterans Care

Hardin County Veterans Affairs 1201 14th Ave, Eldora, IA 50627 641-939-8239

#### Specialists from Outside Hardin County:

Audiology Hearing Associates Stuart Trembath, MA, CCC-A 800-621-6424

#### Cardiology

Iowa Heart 888-591-9247

Mason City Clinic Muhammad M. Al Sharif, DO Denisa Hagau, MD 800-622-1411

**Dermatology** Radiant Complexions Dermatology Clinics Paiten Calvert, ARNP 515-232-8844

#### ENT

Mason City Clinic Vishram Jalukar, MD 800-622-1411 **General Surgery** Mason City Clinic Caitlin Lund, DO 641-494-5260

Neurology MercyOne North Iowa Christian Ostrander, PA 641-428-6999

Neurosurgery MercyOne North Iowa Solomon Ondoma, MD 641-428-7847

**OB/GYN** MercyOne North Iowa Thoo H. Tan, DO 877-422-5100

**Ophthalmology** Wolfe Clinic Steven Anderson, MD 800-642-6605

Orthopedics Mason City Clinic Darron Jones, MD Matt McBride, PA 641-494-5210

**Podiatry** Mason City Clinic Tyler Mulkey, DPM 641-494-5210

Northeast Iowa Podiatry

Stephen Solomon, DPM 319-234-2644

**Psychiatry** MercyOne North Iowa Psychiatry Mindy Struthoff, ARNP 641-494-5170

**Rheumatology** Sam Dalvi, MD Bojana Jovanovic, MD 641-648-7000

Urology Mason City Clinic Christopher Adams, MD Steven Thoma, MD 641-494-5280

Wound Care Restorix 641-323-2060

None: Allergy Audiology Oncology Pediatrics Gastroenterology Endocrinology Infectious Disease Pulmonology Critical Care Radiology

## Community (Service Area) Resources - Inventory of Services

Inventory of Health Services – Hanson Family Health Center, MercyOne (Hospital) and Hardin County Public Health, Iowa

	ory of Health Services – MercyOne/ Hanson Family tment, and Primary Service Area (Hardin County, I	-	enter/ Publi	c Health
Cat	Healthcare Services Offered in County: Yes / No	Hanson Family	Health Dept	County
Clinic	Primary Care	Yes	No	Yes
Hosp	Alzheimer Center	No	No	Yes
Hosp	Ambulatory Surgery Centers	Yes	No	Yes
Hosp	Arthritis Treatment Center	No	No	No
Hosp	Bariatric/Weight Control Services	No	Yes	No
Hosp	Birthing/LDR/LDRP Room/ Obstetrics	Yes	No	Yes
Hosp	Breast Cancer	Yes	No	Yes
Hosp	Burn Care	No	No	No
Hosp	Cardiac Rehabilitation	Yes	No	Yes
Hosp	Cardiac Surgery	No	No	No
Hosp	Cardiology Services	Yes	No	Yes
Hosp	Case Management	Yes	Yes	Yes
Hosp	Chaplaincy/Pastoral Care Services	Yes	No	Yes
Hosp	Chemotherapy	Yes	No	Yes
Hosp	Colonoscopy	Yes	No	Yes
Hosp	Crisis Prevention	No	Yes	Yes
Hosp	CT Scanner	Yes	No	Yes
Hosp	Diagnostic Radioisotope Facility	Yes	No	No
Hosp	Diagnostic/Invasive Catheterization	No	No	No
Hosp	Enrollment Assistance Services	Yes	No	Yes
Hosp	Full Field Digital Mammography (FFDM)	Yes	No	Yes
Hosp	Genetic Testing/Counseling	No	No	No
Hosp	Geriatric Services	Yes	Yes	Yes
Hosp	Heart transplant	No	No	No
Hosp	Hemodialysis	No	No	Yes
Hosp	HIV/AIDS Services	No	No	No
Hosp	Image-Guided Radiation Therapy (IGRT)	No	No	No
Hosp	Inpatient Acute Care - Hospital Services	Yes	No	Yes
Hosp	Intensity-Modulated Radiation Therapy (IMRT) 161	No	No	No
Hosp	Intensive Care Unit	Yes	No	No
Hosp	Intermediate Care Unit	Yes	No	Yes
Hosp	Interventional Cardiac Catheterization	No	No	No
Hosp	Isolation room	Yes	No	Yes
Hosp	Kidney transplant/ surgery	No	No	No
Hosp	Liver transplant/ surgery	No	No	No
Hosp	Lung transplant/ surgery	No	No	No
Hosp	Magnetic Resonance Imaging (MRI)	Yes	No	Yes
Hosp	Mobile Health Services	No	No	Yes
Hosp	Multi-slice Spiral Computed Tomography (<64 slice CT)	Yes	No	Yes

	ory of Health Services – MercyOne/ Hanson Family tment, and Primary Service Area (Hardin County, IA		nter/ Public	Health
Cat	Healthcare Services Offered in County: Yes / No	Hanson Family	Health Dept	County
Hosp	Multi-slice Spiral Computed Tomography (<64+ slice CT)	No	No	No
Hosp	Neonatal	No	No	No
Hosp	Neurological Services	No	No	No
Hosp	Occupational Health Services	Yes	No	Yes
Hosp	Oncology Services	Yes	No	Yes
Hosp	Orthopedic Services	Yes	No	Yes
Hosp	Outpatient Surgery	Yes	No	Yes
Hosp	Pain Management	Yes	No	No
Hosp	Palliative Care Program	Yes	No	No
Hosp	Pediatric Primary Care	Yes	No	Yes
Hosp	Physical Rehabilitation	Yes	No	Yes
Hosp	Positron Emission Tomography/CT (PET) (PET/CT)	Yes	No	Yes
Hosp	Psychiatric Services	Yes	No	Yes
Hosp	Radiology, Diagnostic & Therapeutic	Yes	No	Yes
Hosp	Reproductive Health	Yes	No	No
Hosp	Robotic Surgery	No	No	Yes
Hosp	Sleep Center	Yes	No	Yes
Hosp	Social Work Services	Yes	Yes	Yes
Hosp	Sports Medicine	Yes	No	Yes
Hosp	Swing Bed Services	Yes	No	Yes
Hosp	Transplant Services	No	No	No
Hosp	Trauma Center-Level IV	Yes	No	Yes
Hosp	Ultrasound	Yes	No	Yes
Hosp	Women's Health Services	Yes	Yes	Yes
Hosp	Wound Care	Yes	No	Yes
SR	Adult Day Care Program	No	No	No
SR	Assisted Living	Yes	No	Yes
SR	Home Health Services	Yes	Yes	Yes
SR	Hospice	Yes	No	Yes
SR	Long-Term Care and Nursing Home Services	Yes	No	Yes
SR	Retirement Housing	No	No	Yes
SR	Skilled Nursing Care	Yes	No	Yes
ER	Emergency Services	Yes	No	Yes
ER	Urgent Care Center	Yes	No	No
ER	Ambulance Services	Yes	No	Yes
SERV	Alcoholism-Drug Abuse	No	No	Yes
SERV	Blood Donor Center	No	No	No
SERV	Chiropractic Services	No	No	Yes
SERV	Complementary Medicine Services	No	Yes	No
SERV	Dental Services	No	Yes	Yes
JLIV			163	163

Inventory of Health Services – MercyOne/ Hanson Family Health Center/ Public Health	
Department, and Primary Service Area (Hardin County, IA)	

Cat	Healthcare Services Offered in County: Yes / No	Hanson Family	Health Dept	County
SERV	Fitness Center	No	No	Yes
SERV	Health Education Classes/ Fairs/ Support Groups	Yes	Yes	Yes
SERV	Health Information Center	Yes	Yes	Yes
SERV	Health Screenings	Yes	Yes	Yes
SERV	Meals on Wheels	No	Yes	Yes
SERV	Nutrition Programs	Yes	Yes	Yes
SERV	Patient Education Center	Yes	No	No
SERV	Teen Outreach Services	No	No	Yes
SERV	Tobacco Treatment/Cessation Program	Yes	By Referral	Yes
SERV	Transportation to Health Facilities	No	No	Yes
SERV	Wellness Program	Yes	Yes	Yes

## Providers Delivering Care – Hardin County, Iowa

## CARE DELIVERY

Care Providers						
	FTE Physician	s	FTE Allied Staff			
# of FTE Providers working in Primary Service Area (PSA)	PSA Based DRs	Visiting DRs Commun.	PSA Based PA / NP			
Primary Care:						
Family Practice	21		9			
Internal Medicine/Geriatrician	3					
Obstetrics/Gynecology	11					
Pediatrics	0					
Medicine Specialists/ Visiting Specialist:						
Allergy/Immunology	1					
Audiology	2		1			
Cardiology	2		1			
Dermatology	1		2			
Endocrinology	0					
ENT (Ear/Nose/Throat)	1					
Gastroenterology	0					
Oncology/Radiology	2		1			
Orthopedics /Surgery	9		2			
Orthotics/Prosthetics	0					

Care Providers						
	FTE Physicians					
# of FTE Providers working in Primary Service Area (PSA)	PSA Based DRs	Visiting DRs Commun.	PSA Based PA / NP			
Infectious Diseases	0					
Neonatal/Perinatal	0					
Nephrology	2					
Neurology			1			
Occupational Medicine	1		1			
Physical Medicine/Rehab						
Podiatry	1					
Psychiatry	0					
Pulmonary	1					
Rheumatology	1					
Surgery Specialists:						
General Surgery/Colon/Oral	2		1			
Neurosurgery	0					
Ophthalmology/Optometry	1					
Otolaryngology (ENT)	1					
Plastic/Reconstructive	0					
Thoracic/Cardiovascular/Vascular	0					
Urology	2					
Women's Health			1			
Vascular Surgery	1					
Hospital Based:						
Anesthesia/Pain	2		4			
Electromyography						
Emergency	5		1			
Radiology	2					
Pathology		2				
Hospitalist	3					
Non-Hospital Based (Community):						
Chiropractor		7				
Optometrist		5				
Dentist		11				

## Service Directory

### EMERGENCY NUMBERS

Police/ Sheriff	911
Fire	911
Ambulance	911

## NON-EMERGENCY /MUNICIPAL NUMBERS (HARDIN COUNTY, IOWA)

Hardin County Sheriff (Police)	641-939-8189
EMS	641-939-8190
Fire (Eldora)	641-939-2393
Police (Eldora)	641-939-2393

#### QUICK REFERENCE PHONE GUIDE

Action Now	1-800-622-5168
Al-Anon "Free to Be Me"	(515) 462-4253
Alcoholics Anonymous	(515) 282-8550
Alzheimer's Disease Helpline	1-800-272-3900
American Cancer Society	1-800-227-2345
American Red Cross	1-800-887-2988
Arthritis Foundation	1-866-378-0636
Battered Women	1-800-433-SAFE
Child Abuse Hotline	1-800-795-9606
Dependent Adult Abuse Hotline	1-800-362-2178
Dependent Adult and Child Abuse	1-800-652-9516
Domestic Abuse Hotline	1-800-942-0333
First Call for Help	(515) 246-6555
Foundation Through Crisis	1-800-332-4224
Gambling Hotline	1-800-238-7633
Iowa Arson/Crime Hotline	1-800-532-1459
Iowa Child Abuse Reporting Hotline	1-800-362-2178
Iowa State Patrol Emergency	1-800-525-5555
Medicare	1-800-MEDICARE
Mental Health Information and Referral	1-800-562-4944
National Alcohol Hotline	1-800-252-6465
National Center for Missing and Exploited	1-800-THE LOST
Children	
National Institute on Drugs	1-800-662-4537
Poison Control	1-800-222-1222

Senior Health Insurance Info Program (SHIIP)	1-800-351-4664
Substance Abuse Information & Treatment	1-800-662-HELP
Suicide Prevention Hotline	1-800-SUICIDE
Teen Line (Red Cross)	1-800-443-8336

#### GENERAL ONLINE HEALTH RESOURCES

#### **Doctors and Dentists—General**

<u>AMA Physician Select: Online Doctor Finder</u> (American Medical Association) <u>DocFinder</u> (Administrators in Medicine) <u>Find a Dentist</u> (Academy of General Dentistry) <u>Find a Dentist: ADA Member Directory</u> (American Dental Association) <u>Physician Compare</u> (Centers for Medicare & Medicaid Services)

#### Hospitals and Clinics—General

<u>Find a Health Center</u> (Health Resources and Services Administration) <u>Find a Provider: TRICARE Provider Directories</u> (TRICARE Management Activity) <u>Hospital Quality Compare</u> (Centers for Medicare & Medicaid Services)

#### **Doctors and Dentists—Specialists**

ACOG's Physician Directory (American College of Obstetricians and Gynecologists) ACR: Geographic Membership Directory (American College of Rheumatology) American College of Surgeons Membership Directory (American College of Surgeons) American Osteopathic Association D.O. Database (American Osteopathic Association) ASGE: Find a Doctor (American Society for Gastrointestinal Endoscopy) Cancer Genetics Services Directory (National Cancer Institute) Child and Adolescent Psychiatrist Finder (American Academy of Child and Adolescent Psychiatry) Dystonia: Find a Health Care Professional (Dystonia Medical Research Foundation) Expert Locator: Immunologists (Jeffrey Modell Foundation) Find a Dermatologic Surgeon (American Society for Dermatologic Surgery) Find a Dermatologist (American Academy of Dermatology) Find a Gastroenterologist (American College of Gastroenterology) Find a Gynecologic Oncologist (Society of Gynecologic Oncologists) Find a Hand Surgeon (American Society for Surgery of the Hand) Find a Hematologist (American Society of Hematology) Find a Neurologist (American Academy of Neurology) Find a Pediatric Dentist (American Academy of Pediatric Dentistry) Find a Pediatrician or Pediatric Specialist (American Academy of Pediatrics) Find a Periodontist (American Academy of Periodontology) Find a Physical Medicine & Rehabilitation Physician (American Academy of Physical Medicine and Rehabilitation) Find a Plastic Surgeon (American Society of Plastic Surgeons) Find a Podiatrist (American Podiatric Medical Association) Find a Thyroid Specialist (American Thyroid Association) Find a Urologist (American Urological Association) Find an ACFAS Physician (American College of Foot and Ankle Surgeons) Find an Allergist/Immunologist: Search (American Academy of Allergy, Asthma, and Immunology) Find an Endocrinologist (Hormone Health Network) Find an Eye M.D. (American Academy of Ophthalmology) Find an Interventional Radiologist (Society of Interventional Radiology) Find an Oncologist (American Society of Clinical Oncology) Find an Oral and Maxillofacial Surgeon (American Association of Oral and Maxillofacial Surgeons) Find an Orthopedic Foot and Ankle MD (American Orthopedic Foot and Ankle Society) Find an Otolaryngologist (ENT) (American Academy of Otolaryngology--Head and Neck Surgery) Finding an Eve Care Professional (National Eve Institute) GI Locator Service (American Gastroenterological Association)

#### **Other Healthcare Providers**

<u>AMTA's Find a Massage Therapist</u> (American Massage Therapy Association) <u>Cancer Genetics Services Directory</u> (National Cancer Institute) <u>Find a Diabetes Educator</u> (American Association of Diabetes Educators) <u>Find a Genetic</u> <u>Counselor</u> (National Society of Genetic Counselors) <u>Find a Midwife</u> (American College of Nurse-Midwives) <u>Find a</u> Nurse Practitioner (American Academy of Nurse Practitioners) <u>Find a Physical Therapist</u> (American Physical Therapy Association) <u>Find a Professional: Online Directory of Audiology and Speech-Language Pathology Programs</u> (American Speech-Language-Hearing Association) <u>Find a Registered Dietitian</u> (Academy of Nutrition and Dietetics) <u>Find a Therapist</u> (Anxiety Disorders Association of America) <u>Find an Audiologist</u> (American Academy of Audiology) <u>Manual Lymphatic Drainage Therapists</u> (National Lymphedema Network) <u>National Register of Health Service</u> <u>Providers in Psychology</u> (National Register of Health Service Providers in Psychology) <u>NCCAOM: Find Nationally</u> <u>Certified Practitioners</u> (National Certification Commission for Acupuncture and Oriental Medicine) <u>Search for an Emergency Contraception Provider in the United States</u> (Princeton University, Office of Population Research)

#### **Hospitals and Clinics—Specialized**

Accredited Birth Centers (Commission for the Accreditation of Birth Centers) <u>Alzheimer's Disease Research Centers</u> (National Institute on Aging) <u>Cystic Fibrosis Foundation: Find a Chapter</u> (Cystic Fibrosis Foundation) <u>Cystic Fibrosis</u> Foundation: Find an Accredited Care Center (Cystic Fibrosis Foundation) <u>Dialysis Facility Compare</u> (Centers for Medicare & Medicaid Services) <u>FDA Certified Mammography Facilities</u> (Food and Drug Administration) <u>Find a Free</u> <u>Clinic</u> (National Association of Free Clinics) <u>Find an Indian Health Service Facility</u> (Indian Health Service) <u>Find</u> <u>Treatment Centers</u> (American Cancer Society) <u>Genetics Clinic Directory Search</u> (University of Washington) <u>Locate a</u> <u>Sleep Center in the United States by Zip Code</u> (American Academy of Sleep Medicine) <u>MDA ALS Centers</u> (Muscular Dystrophy Association) <u>Mental Health Services Locator</u> (Substance Abuse and Mental Health Services Administration) <u>NCI Designated Cancer Centers</u> (National Cancer Institute) <u>Neurofibromatosis Specialists</u> (Children's Tumor Foundation) <u>Post-Polio Directory 2011: Post-Polio Clinics, Health Professionals, Support Groups</u> (Post-Polio Health International including International Ventilator Users Network) <u>Spina Bifida Clinic Directory</u> (Spina Bifida Association of America) <u>Substance Abuse Treatment Facility Locator</u> (Substance Abuse and Mental Health Services Administration) <u>Transplant Center Search Form</u> (BMT InfoNet) <u>U.S. NMDP Transplant Centers</u> (National Marrow Donor Program) <u>VA Health Care Facilities Locator & Directory</u> (Veterans Health Administration) <u>Where to Donate Blood</u> (AABB) <u>Where to Donate Cord Blood</u> (National Marrow Donor Program)

#### **Other Healthcare Facilities and Services**

Alzheimer's Disease Resource Locator (Fisher Center for Alzheimer's Research Foundation) American College of Radiology Accredited Facility Search (American College of Radiology) APA District Branch / State Association Directory (American Psychiatric Association) Directory of Organizations (Deafness and Communication Disorders) (National Institute on Deafness and Other Communication Disorders) Dog Guide Schools in the United States (American Foundation for the Blind) Eldercare Locator (Dept. of Health and Human Services) Find a Hospice or Palliative Care Program (National Hospice and Palliative Care Organization) Find Services (for People with Vision Loss) (American Foundation for the Blind) Find Urgent Care Centers by State (Urgent Care Association of America) Genetic Testing Laboratory Directory (University of Washington) Home Health Compare (Centers for Medicare & Medicaid Services) Medicare: Helpful Contacts (Centers for Medicare & Medicaid Services) Muscular Dystrophy Association Clinics and Services (Muscular Dystrophy Association) National Foster Care and Adoption Directory Search (Children's Bureau) Nursing Home Compare (Centers for Medicare & Medicaid Services) Organizations That Offer Support Services (National Cancer Institute) Poison Control Centers (American Association of Poison Control Centers) Resources and Information for Parents about Braille (American Foundation for the Blind) State-Based Physical Activity Program Directory (Centers for Disease Control and Prevention) TSA Chapters in the USA (Tourette Syndrome Association) Violence against Women: Resources by State (Dept. of Health and Human Services, Office on Women's Health) Where to Find Hair Loss Accessories and Breast Cancer Products (American Cancer Society)

SOURCE: MedlinePlus provides links to directories to help you find libraries, health professionals, services, and facilities. NLM does not endorse or recommend the organizations that produce these directories, nor the individuals or organizations that are included in the directories.

## DATA DETAILS

## CHA Survey Detailed Survey, Findings (Primary Research)



Community Health As

	HEAL	IHC	ARE F	PERC	EPT	IONS	&	
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	IOWA							
	the care and	services of	of our com	munity. P	lease help	by answer	nt invite you to help imp ing these few short ept confidential.	prove
	-	Thank you		-			ugh time for your prove the health of our	
*  1	idicates requ	ired quest	ion					
1.	In general your com		uld you ra	ate the ove	erall quali	ity of the h	ealth care delivered t	0
1.		munity?	uuunnoonaan 🖌 shuraaaaaaaa	ate the ove	erall quali	ity of the h	ealth care delivered t	0
1.	your com	munity?	uuunnoonaan 🖌 shuraaaaaaaa	ate the ove Fair	erall quali Poor	ity of the h Very Poor	ealth care delivered t	0

2. How would you rate the following health services? (Please select one box for each row)

Mark only one oval per row.

	Very Good	Good	Fair	Poor	Very Poor	Not Applicable (NA)
Ambulance (Emergency Response)	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Children's health	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Chiropractor	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Dentist(s)	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Eye Doctor / Optometrist	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Family Planning Services	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Family Practice (Medical) Services	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Home Care Agencies / Home Health	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Hospice	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Hospital Services	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Mental Health Services	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Nursing Home	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

3. In your opinion, how much of a problem are the following causes of poor health in your community? (please select one box for each row)

Mark only one oval per row.

	Not a problem	Somewhat of a problem	Major problem	Don't know
Cancer	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Diabetes	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Drug Abuse	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Substance Abuse	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Heart Disease	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Mental Illness	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Obesity	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Pneumonia / Flu	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Respiratory Disease	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Sexually Transmitted Diseases	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Stroke	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Suicide	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Trauma	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

-	Public Health			$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	4
		$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	
_	School Nurse	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	
	Specialist (physician) care	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	
	Teen health (drinking, abuse, safety, pregnancy)	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	
4. C	)ther health p	oroblems i	n your co	mmunity	not listed	above?		
-								

5.	In your opinion, what areas need additional education or attention in our community?
	(Please select all that apply)

Check all that apply.
Abuse / Violence
Aging (Dementia)
Alcohol
Alternative Medicine
Children's Health
Chronic Diseases (example Diabetes or Heart Failure)
Drugs/Illegal substances
Family Planning / Birth Control
Lead Exposure
Mental Illness
Neglect
Nutrition
Obesity
Ozone / Air Quality
Pain Management
Poverty
Preventative Health
Sexually Transmitted Diseases
Suicide
Teen Health (drinking, abuse, safety, pregnancy)
Tobacco Use
Uninsured / Underinsured
Vaccinations
Water Quality
Wellness Education
Other:

## 6. How would you rate each of the following in your community?

Mark only one oval per row.

	Very Good	Good	Fair	Poor	Very Poor	Not aware of the services
Caregiver training programs	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Early childhood development programs	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Prevention of falls	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Obesity prevention and treatment	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Spiritual health support	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Drug Abuse programs	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Reduction of opiate/narcotic use	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Alcohol use and treatment programs	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Transportation (bus) services in community	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Violence prevention	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
in community Violence	0	0	0	0	0	0

7. How do you feel your local health care providers are doing in addressing the health needs of the following age groups? (Please select one box for each row)

Mark only one oval per row.

	Very Good	Good	Fair	Poor	Very Poor	Not Applicable (NA)
Infants	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Age 1 - 12	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Age 13 - 17	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Age 18 - 25	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Age 26 - 44	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Age 45 - 64	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Age 65 - 84	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Over 85	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

#### CHANGES TO HEALTH SERVICES

Over the last few years, Hardin County Public Health have been working to provide ongoing valuable services to the community. Please help us determine the improvements over the last three (3) years.

# 8. How would you rate the following public healthcare services? (Please select one box in each row)

Mark only one oval per row.

	Very Good	Good	Fair	Poor	Very Poor	Not Applicable
Emergency preparedness	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Health screenings	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Access to services	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
lmmunizations - Children's program	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Immunizations - Flu vaccination clinics	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Tobacco prevention / cessation programs	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Tuberculosis (TB) control and testing	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Disease Investigation	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

9.	Are there health services in your community or neighborhood that you feel need to be improved and or changed? (Please be specific)
10.	Over the past 2 years, did you or someone from your household, receive health services outside of your county?
	Mark only one oval.
	Yes Skip to question 11
	No Skip to question 13
A	dditional County Services
11.	Please list the services you or your household member(s) have received outside of
	Please list the services you or your household member(s) have received outside of
	Please list the services you or your household member(s) have received outside of
	Please list the services you or your household member(s) have received outside of
	Please list the services you or your household member(s) have received outside of
	Please list the services you or your household member(s) have received outside of
11.	Please list the services you or your household member(s) have received outside of your county to improve or maintain your health.
11.	Please list the services you or your household member(s) have received outside of your county to improve or maintain your health.
11.	Please list the services you or your household member(s) have received outside of your county to improve or maintain your health.

## 13. Please rate the following areas for your community.

Mark only one oval per row.

	Not a problem anymore	Somewhat a problem	Still a problem
Access to mental health services in the community	$\bigcirc$	$\bigcirc$	$\bigcirc$
Suicide prevention and support	$\bigcirc$	$\bigcirc$	$\bigcirc$
Fight obesity (nutrition education and fitness options)	$\bigcirc$	$\bigcirc$	$\bigcirc$
Alcohol use	$\bigcirc$	$\bigcirc$	$\bigcirc$
Opioid / narcotic use	$\bigcirc$	$\bigcirc$	$\bigcirc$
Prevention of injuries and violence	$\bigcirc$	$\bigcirc$	$\bigcirc$
Protect against environmental hazards	$\bigcirc$	$\bigcirc$	$\bigcirc$
Prevent the spread of epidemics	$\bigcirc$	$\bigcirc$	$\bigcirc$
Prepare and respond to public health emergencies	$\bigcirc$	$\bigcirc$	$\bigcirc$
Sexual health and STD			

<b>Hardin County</b>	2023	Community	Health Assessment
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	Appendix ton
	care
14.	Which health needs are most pressing TODAY and are in need of improvement?
	Check all that apply.
	Wellness options (example healthy lifestyle, food options, exercise, check-ups, screenings)
	Public awareness of healthcare services
	Mental Health / Counseling services
	Public transportation for healthcare
	After hours pharmacy services
	Nutritional education
	Home health / public health
	Hospice
	Dental services
	Obstetrics (family planning and prenatal care) services
	Healthy eating options     Cancer services
	Chronic disease prevention (example diabetes or heart failure)
	Elder assistance programs
	Family assistance programs
	Care transitions (movement from one healthcare setting to another or home)
	Children's health and health screenings
	Emergency services
	Tobacco prevention
	Other:
6	
	DUR HEALTH

	Mark only o	ne oval pe	r row.				
		Very Good	1-00	d Fair	Poor	Very Poor	_
	Description of your personal health				$\bigcirc$	$\bigcirc$	
16.	Compared	to a year	r ago, hov	v would you	rate your	overall hea	_ alth now?
16.	Compared Mark only of	20		v would you Much worse than a year ago	rate your d	overall hea	– alth now?

## 17. Do you follow these health practices? (Please select one box for each row)

Mark only one oval per row.

	Yes	No	Not Applicable (NA)
Do you get 2.5 hours of moderately intense physical activity each week	0	0	$\bigcirc$
If fernale, do you have a pap smear every other year	$\bigcirc$	$\bigcirc$	$\bigcirc$
If female and over 40, do you have annual mammograms	$\bigcirc$	$\bigcirc$	$\bigcirc$
If male and over 50, do you have an annual prostate exam	$\bigcirc$	$\bigcirc$	$\bigcirc$
If over 50, have you had a colonoscopy	$\bigcirc$	$\bigcirc$	$\bigcirc$

<ol><li>Please complete sentence below - "Are</li></ol>	re you
---	--------

Mark only one oval per row.

	Yes	No	Not Applicable (NA)
Eating right (Daily, balanced plate of protein, fruits, vegetables, grains)	0	$\bigcirc$	0
Using tobacco products weekly	$\bigcirc$	$\bigcirc$	$\bigcirc$
Exercising 2-3 times weekly	$\bigcirc$	$\bigcirc$	$\bigcirc$
Consuming alcohol (more than 1 drink daily)	$\bigcirc$	$\bigcirc$	$\bigcirc$
Receiving an annual flu shot	$\bigcirc$	$\bigcirc$	$\bigcirc$
Been without a place to stay for multiple nights (homeless)	$\bigcirc$	$\bigcirc$	$\bigcirc$
Having difficulty with employment due to transportation, education, skills, childcare, scheduling, etc	$\bigcirc$	$\bigcirc$	$\bigcirc$

Yes     No       In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money for food? <ul> <li>In the last 12 months, has your utility company shut off your service for not paying your bills?</li> </ul> <li>Yes</li> <li>No</li>	In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money for food? In the last 12 months, has your utility company shut off your service for not paying your
months, has your utility company shut off your service for not paying your	months, has your utility company shut off your service for not paying your bills? Are you worried that in the next 2 months, you may not have
	worried that in the next 2 O months, you O may not have
o problems etting child are make it fficult for you work or <u>o</u> udy? (leave ank if you do ot have hildren)	

Hardin County 2023 Community Health Assessment

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twenyatusgestou	$\bigcirc$	$\bigcirc$
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need help		
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brananystotbaye	$\bigcirc$	$\bigcirc$
madictation2gh		
medication?		

20. What type of healthcare facility do you use when not feeling well or sick?

Mark only one oval.

- Clinic/Doctor's office
- Emergency Department
- Urgent-care/Acute Care
- Public Health Department
- Don't seek care/medical treatment

Other:

#### ABOUT YOU

Please provide a bit more information about who you are so we can better serve the community.

#### 21. What is your age?

Mark only one oval.

$\bigcirc$	17	and	under

- 18 to 25
- 26 to 44
- \_\_\_\_\_ 44 to 64
- 65 to 84
- 85 and over
- 22. Your gender

Mark only one oval.

🔵 Female

🔵 Male

Prefer not to say

	23 Community Health Assessment ne full survey please contact Hardin County Public Health
23.	How would you identify yourself?
	Mark only one oval.
	Caucasian / White
	C African American / Black
	C Latino / Hispanic
	Indian / Native Alaskan
	Asian / Pacific Islander
	Multicultural / Multiracial
	Other:
24.	How would you describe your household? (Please select all that apply)
	Check all that apply.
	Single
	Married     Parent / Guardian with children at home
	Multiple adults with children no longer at home
	Divorced
	Widowed
	Other:

25.	Regarding your health insurance coverage, what type of health coverage is your
	orimary plan? (Choose one)

Mark only one oval.

Ditutt	for a second sec			
Private	Insurance	you	purci	nased

- Covered by employer (employer pays total cost)
- Partially covered by employer (you and employer share cost)
- 🔵 Medicare

🔵 Medicaid

- No coverage (uninsured)
- 26. Where do you get most of your medical information?

Mark only one oval.

Doctor

Internet

Friend(s)

Family

Social media

Television

🔵 Radio

🔵 Insurance company

27.	For reporting purposes, are you involved in or are you a (Please check all that apply)
	Check all that apply.
	Check all that apply.         Board member (local health organization)         Business / Merchant owner or employee         Civic club member         Clergy / Congregational Leader         College / University student         Construction / Housing / Builder         Consumer of healthcare services         Education official / Teacher         Economic Development/Government         Farmer / Rancher         Health Department         Healthcare Provider         Insurance industry         Laborer / Manufacturing         Law Enforcement         Parent / Caregiver         Student (high school)         Veteran
	Other:
28.	What is your home 5 digit zip code? *
тн	ANK YOU
	r paper only) If filling this with a paper form, please return the complete survey with closed business reply envelope or to the Hardin County Public Health Department.
29.	Please provide today's date.

Hardin Cou	nty 2023	Community	Health A	Assessment
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## Town Hall Meeting Outcomes (Primary Research)

#### **Top Priorities**

Mental Health: Assess and support depth and breadth of services for Mental Health needs in the communities.

Substance Abuse: Reduce the concern for and presence of substance abuse related health/safety issues.

Childcare Services/ Access: Address childcare services within the communities.

Knowledge for Preventative Services: Communicate, convene, and spread information (knowledge) for prevention services.

Teen Health / Teen Health Services: Improvement and availability/ access of services for teen health needs.

Health Coalition for County: Coalition group to address the services and access for community health needs.

### Implementation of Priorities in Action Plan – listed prior in report.

## CONTACT INFORMATION AND QUESTIONS

## **Hospital Contact**

Administrator: Megan Harrell Address: 1707 – 21<sup>st</sup> Street, Eldora, Iowa 50627 Email: mharrell@greenbelthomecare.com

## **Consultant Contact**

Principle Investigator: Sarah Pavelka, Pavelka's Point Consulting, LLC Address: Cedar Falls, Iowa 50613 Email: <u>pavelkaspointconsulting@gmail.com</u>

-----End of Report-----