# COMMUNITY HEALTH ASSESSMENT



2023

Pella Service Area and Marion County, Iowa

# **Community Health Assessment**

Pella Service Area and Marion County, Iowa

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# **EXECUTIVE SUMMARY**

# **2023** Community Health Assessment

Community Health Needs Assessments are ongoing processes that systematically evaluate the health needs of the community to improve the health of the population. After the passage of the Patient and Protection and Affordable Care Act of 2012, 501 (c)(3) hospital organizations were given four new tax requirements to begin in tax years after March 23<sup>rd</sup>, 2012 (Stall, 2012). These new tax requirements were born from the growing concern over non-profit hospitals not providing sufficient community benefit as required by their tax-exempt status (Principe, K., Adams, E. K., Maynard, J., & Becker, E. R, 2012). The four tax requirements included, the implementation of written financial assistance policies, the limitation of charges for emergency or necessary care, adherence to new billing and collection restrictions, and the fourth requirement mandated that non-profit hospitals perform Community Health Needs Assessments (CHNA) (Stall, 2012).

In the past Community Health Needs Assessments, the benefits for both the local hospital organizations, health department and the community were stated in the following methods:

- 1. Identify key community (service area) health concerns, perceptions, and resources, while creating opportunities for collaboration in delivery of services.
- 2. Find a mutual understanding of and analyze community (service area) health needs, then prioritize with implementation strategies.
- 3. Provides guidance to the hospital and local health departments for how they can align their services and community benefit programs to best meet needs.
- 4. Focus organization's efforts for improvement and structure for addressing social determinants of health in building a relationship between and among stakeholders. All stakeholders can then contribute to improving the health of the community.
- 5. Provides rationale for current and potential funders to support efforts to improve the health of the community.

Principe, K., Adams, E. K., Maynard, J., & Becker, E. R. (2012). The impact of the individual mandate and Internal Revenue Service Form 990 Schedule H on community benefits from nonprofit hospitals. *American journal of public health*, *102*(2), 229-237

Rosenbaum, S. (2013). Principles to Consider for the Implementation of Community Health Needs Assessments. *The George Washington University*. Washington, DC

Stall, E. (2012). Community Health Needs Assessment: 5 Phases to Compliance. Retrieved from <u>https://www.beckershospitalreview.com/legal-regulatory-issues/community-health-needs-assessment-5-phases-to-compliance.html</u>

# **Community Health Assessment Strengths**

Pella Regional Health Center and Marion County Public Health Department Primary Service Area/Community Health Strengths

- 1. Home ownership and high school graduation rates are high in communities
- Low unemployment rates reported for county, employment opportunities, services for poverty needs (program) are available
- 3. Compliance with exercise and screenings (healthy choices), high use of preventive care services
- 4. High rating for dental, eye, family practice, hospice, and pharmacy services
- 5. Improvement in preventable hospital stays
- 6. Continued reduction in premature births an indication of women's health services
- 7. High compliance with preventative screenings and preventative care
- 8. Improvement in teen health (births) compared to other counties in Iowa (2020 goal)

# **Town Hall - Community Health Opportunities Identified**

Town Hall Outcomes - Community Health Opportunities

- Mental Health: Increase the provided and breadth of services for Mental Health needs in the communities. Mental Health needs: increase providers, access, employment for providers, reimbursement shortage – barrier for services, community responses (example: EMT), and transportation to and from services in other communities.
- 2. Substance Abuse: Reduce the concern for and presence of substance abuse related health/safety issues. Drugs and substance use and presentation services/response Ranking high in use of substances within the communities, health/safety concerns related to substance use, and decreased access to services.
- **3. Workforce Shortages:** Collaborating with community partners to attract and retain healthcare and other employees to the county. Housing for low-income workers available to the communities.
- 4. Childcare Services/ Access: Continue to address the access to childcare services within the communities. Continue to work with Partnership study.

- 5. Transportation services: Continue to address the needs of transportation services for emergency management and medical treatment needs for the community, including but not limited to the elderly in the communities.
- 6. Health and Housing Stability Coalition for County Continue to work on services for the elderly in the community including housing, In-home support, Staffing, Day/acute services, and funding resources

# **Community Health Assessment Survey - General Feedback**

The following were general feedback sections from the Community Health Assessment Survey in which 260 community (service area) participants completed the survey either via paper or electronic formats. The details of the survey process can be found later in this report.

- The percent of Pella and Marion County, Iowa survey participants who would rate the overall quality of care as either Very Good or Good is 84.2% slightly down from 2020 (89.8%) and down from 2017 at 91% (2014 = 50%)
- Pella and Marion County, Iowa survey participants are satisfied with the following hospital services: Ambulance Services/ ER services, Family Practice, Specialty Providers, and Outpatient Services. Participants are satisfied with the following community services: Chiropractor, Eye Doctor, Pharmacy, Hospice, School Nursing, and Dentists.
- Pella and Marion County, Iowa survey participants are NOT satisfied or neutral with the following services: Mental Health, Teen health, family planning, child and young adult health services, Family Planning services (neutral), Home Care services and Nursing Home services (neutral).
- The percentage of participants who have received healthcare services outside of the community over the past two years has increased to 60.8% (2020 at 57.1%, 69.1% in 2017). Of those that provided the type of service here are the services in which they traveled out of the community: Mental Health, Ophthalmology, Surgery, Specialty (Urology, Orthopedics, Dermatology, Oncology, Neurology), and treatment for Chronic Diseases.
- Pella and Marion County, Iowa participants believed there are opportunities for both health concerns and programs to combat the health concerns. The top perceptions of needs are listed in the following two tables as Results of Opportunities.

# **Community Health Assessment Survey - Results of Opportunities**

CI	CHA Survey – Program Needs for Health Concerns									
1.	Mental Health / Mental Illness (81.1%)	2.	Public transportation for healthcare (36.9%)							
3.	Public awareness of healthcare (35.7%)	4.	Elder assistance services (33.3%)							

5.	After hours pharmacy services (31.7%)	6. Wellness options (30.9%)
7.	Care transitions assistance (24.9%)	8. Chronic disease prevention (24.5%)
9.	Home health / public health (24.5%)	10. Healthy eating options (23.7%)

## Which Health needs are most pressing today and need of improvement? (survey results)



Cł	CHA Survey – Needs for Health Concerns (above)									
1.	Mental illness (82.6%)	2.	Aging Dementia (51%)							
3.	Obesity (49.8%)	4.	Teen health (48.2%)							

**Community Health Assessment** 

5.	Childcare services (47%)	6.	Drugs and illegal substances (45.8%)
7.	Suicide (44.7%)	8.	Abuse and violence (43.1%)
9.	Nutrition (41.1%)	10.	Chronic diseases (38.7%)

## Which areas need additional education or attention in our community? (survey results 2023)



Iowa Health Rankings: Pella Regional Health Center and Marion County Public Health

According to the 2023 Robert Wood Johnson County Health Rankings study, Marion County, Iowa has the following comparisons. More details can be found in later sections of this report.

- Demographics and Age: Marion County, Iowa has a population of 33,642 residents as of 2023 (33,407 in 2020), an increase of 0.9% since 2020 and another 0.7% since 2017. The county population consists of 19.5% (17.8% 2020) at or over the ages of 65 years, an increase of 2.2% since 2017 and the state average was 18.3%. In the under 18 age group the rate is at 23.1% 2023 (2020 at 23.6%), down from the 2017 number of 24.1%. The county is considered 48.7% rural (state 36.0% rural).
- **Diversity**: Marion County, Iowa has 0% of the population that is considered non-proficient in English as a first language. The county has approximately 2.4% Hispanic population, and 2.7% African American, American Indian, and Asian combined. Females make up approximately 49.5% of the population.
- Income: Marion County, Iowa median household income is \$66,822 (2020 \$63,500 and Iowa average of \$65,429) and unemployment is at 3.1% (Iowa 4.2%). Regarding the effects of income on the children in the county, 9% of the children live in poverty and 28% are eligible for free or reduced-price lunches (2020 27%, 2017 31% were eligible and Iowa average of 41% in 2023).
- Housing and Commutes: The county is rated with 10% severe housing issues (Iowa overall at 12%, 2020 at 11%, a decrease of 2.0% from 2017). For employment, 26% of the population have long commutes to work and 80% drive alone (Iowa is at 21% and 79% respectively).
- Education: The percentage of high school graduation is 95% and a strength in county rankings (Iowa 92%). For college education, Marion County, Iowa has 70% of the population with some college education (Iowa at 70%).
- **Prenatal Care**: According to the Iowa Health Fact Book, as of 2023, 774 mothers started Prenatal care in the first trimester, for a ranking of 13 out of the 99 counties in Iowa. (An overall improvement in rank from 2020.) The number of mothers that smoked during pregnancy was 74, for an Iowa rank of 21.
- Primary Care and Hospital Services: The ratio of population to primary care providers was slightly better than the 2020 report with 1,110:1 (2020 1,030 residents to 1 provider. Iowa ratio of 1,360:1, 2017 ratio was 1,040:1). Preventable Hospital stays were below the Iowa number at 2,113 (2020 was at 3,318 stays and 2023 Iowa 2,400).
- **Insured**: The uninsured adult population rate in Marion County, Iowa is 4% (), slightly lower than the Iowa rate of 6%, and less than the 2020 at 5%, and 2017 report by 6%. The uninsured rate for children is 2%, lower than the Iowa rate of 3% for 2020 and 2023.
- Access: Access to exercise opportunities is only 74% (2020 was at 86%, 2017 was 72% and below the Iowa rate of 79%) and food insecurity is at 9.0 (Iowa rate is 8.6). Mammography screenings are at 51% (2020 at 55%, 2023 Iowa rate is 47%, and in 2017-77%). A score of 81% of children at 2 years of age are up to date on a complete series of vaccinations, compared to the 70.1% at the state (source: Iowa Department of Public Health).
- Health Conditions:

The "Frequent Mental Distress" rate for Marion County, Iowa is 13% (2020 at 10%), with an Iowa rate of 14%. According to the CDC, 7.6% of Americans over the age of 12, had depression and living at or below the poverty level people were 2.5 times more likely to have depression (source:

https://www.cdc.gov/nchs/data/databriefs/db172.htm).

- Diabetes prevalence is at a rate of 8% (2020 at 9%, and less than 2023 lowa's rate of 9%).
- Adult Obesity rates are at the Iowa rate of 34% (2020 at 34%, which is 0% higher than the 2017 rates).
- Adult smoking is 16% (2020 at 15%) one percent below the lowa rate, and an increase of 1% since 2020 and an additional 1% since the 2017 report.
- Physical inactivity rate is 21% (2020 at 26%, 24% in 2017), however 2% lower than lowa's rate. The Access to exercise opportunities is lower at 74%, with the lowa rate of 79%.
- The percentage of alcohol impaired driving deaths in Marion County, Iowa is 56% (increasing from 2020 at 42%), almost double the Iowa percentage of 27%. Excessive drinking percentages were also below the Iowa rate, at 24% and 25% respectively (increasing since 2020 at 21% and 22%).

# METHODOLOGY

# **Scope and Purpose**

The Federal Patient Protection and Affordable Care Act requires that each registered 501(c)3 hospital conduct a Community Health Assessment (CHA) at least once every three years, share the assessment results with the community, and adopt a strategy to meet the health needs of the community (service area).

The IRS Notice 2011-52 can be found at the following link and was followed for the purposes of this process, assessment, and report. <u>https://www.irs.gov/charities-non-profits/community-health-needs-assessment-for-charitable-hospital-organizations-section-501r3</u>

# **Assessing Community Health**

To assess the needs of the community (service area) the hospital must identify the significant health needs, prioritize those health needs, and identify resources potentially available to address them. Health needs of a community include improvement or maintenance of health status across the community, parts, neighborhoods, or population with health disparities. These needs can include financial, access, illness prevention, nutrition or social, behavioral, environmental factors that influence health. Resources can include organization, facilities, and programs within the community.

# Process to Complete a CHA

The recommended requirements for the CHA include the method of discovery, qualify community needs, quantify needs, and complete data analysis and comprehensive needs assessment. Federal

regulations state that the following process must be completed in order to complete a Community Health Assessment (CHA).

- 1. Define the community it serves (discovery)
- 2. Assess the health needs of that community (qualify community needs)
- 3. Solicit and consider input from persons who represent board interest of the community, including those with special knowledge or expertise in public health (quantify needs)
- 4. Document the CHA written report that is adopted for or by the hospital facility (complete analysis and comprehensive needs assessment)
- 5. Make the CHA report widely available to the public.

# Steps to Complete the CHA

The following is the process steps with milestones completed during the Community Health assessment development. This process and milestones follow closely with the recommendations from the American Hospital Association and are a detailed list of actions taken in the above process per the IRS requirements (Source:

http://www.healthycommunities.org/Education/toolkit/index.shtml#.XC\_37lxKg2x ).

## **Steps in Process for CHA including Timelines / Milestones**

- 1. Agreement and contracting discuss critical success factors for CHA process (completed 3/19/2023)
- 2. **Meeting with community leadership** planning, methodology, and agreement of scope and services (Completed 3/12/2023 and 3/19/2023)
- 3. Identify and engagement of key stakeholders define the community and methodology (4/11/2023)
- 4. Create and process evaluation (survey/ assessment) methods work with organization to develop survey that reflects the community, needs, and priorities (3/1/2023 3/31/2023)
- 5. **Collect and analyze the data** including community health issues of past and future (4/1/2023 to 8/30/2023)
- 6. **Document and communicate priorities** work with organization to define the priorities and engagement of key stakeholders including a Town Hall meeting(s) (9/19/2023)
- 7. **Plan improvement strategies** work with organization for final report and distribution as needed (9/19/2023 to 12/15/2023)
- **8.** Organization to implement improvement plans work with key stakeholders in community for best practice implementation and success (12/15/2023 and ongoing)
- **9.** Evaluate progress on the key priorities and strategic alignment reevaluate progress and continual planning for future needs (FY2023 to FY2025)

#### Model for Needs Assessment Process and Steps

CLOSELY ALIGNED TO ABOVE STAGES OF THE PROCESS



Reference: Association for Community Health Improvement – American Hospital Association

# **Community Served / Profile Description**



Marion County, Iowa Community Map

# Portion of Marion County, Iowa for Needs Assessment - Specifics

It was determined by the leadership of Pella Regional Health Center and the Marion County Public Health Department that the Marion County Community Health Assessment will include those individuals that live or receive health services in Marion County, Iowa AND live in the communities of Pella, Iowa. These communities include Sully, Leighton, Otley, Prairie City, Monroe, and Pella. This population will not include those that are served by Knoxville Hospital and Clinics. This would be the overall (total) population for this process is 14,828 (roughly half of the 2020 Census data). A statistically significant sample size (n=260) was achieved during the survey phase of the process and represented both demographic, social/economic, religious, and age differences. Efforts were made to ensure that there was a broad interest represented in each of the data collection and prioritization phases.

The population of Marion County, Iowa is 33,417 residents as of 2020, an increase of 0.7% since 2020. The county is considered 48.7% rural, covering approximately 571 square miles. The population density is approximately 58 people per square mile (Iowa is 54.5 residents per square mile). (Source:

https://www.census.gov/quickfacts/fact/table/IA,marioncountyiowa,marshallcountyiowa/PST0452 22) The county population consists of 19.8% at or over the age of 65 years, (an increase of 2.0% since 2020 and 2.7% since 2017) and the state average is 18.3% (2020 was 17.1%). In the under 18 age group, Marion County, Iowa has a population of 23.1% (a decrease since 2020, 23.6%, and a decrease of 1% since 2017) and the state average is 22.6%.

The communities within Marion County, Iowa are Pella, Knoxville, Pleasantville, Melcher-Dallas, Bussey, Harvey, Hamilton, Swan, Marysville and unincorporated Attica, Cloud, Columbia, Flagler, Otley, Pershing, and Tracy. Major highways include Iowa Highways 5, 14, 92, 163, and 316. (source: <u>https://en.wikipedia.org/wiki/Marion\_County, Iowa</u>). Major types of employment in Marion County, Iowa area education, health and social services (35.2%), manufacturing (27.7%), agriculture (16.1%), Professional, management, administrative (governmental) (10.5%), and other services (4%) (source: http://www.city-data.com/county/Marion\_County-IA.html).

## Detailed Demographics – Marion County, Iowa

Detailed D	emographics
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Source: www.city-data.com

Marion County Iowa

Zip	Name	County	Pop (2020)		Pop (2014)	Change		HHAve Size	Income	Med Age	Females	Males	White	Black	Amer Ind	Hisp
50219	Pella	Marion	10464	10,225	8,916	2%	5327	2.4	\$76,524	32.9	5,365	4,860	9,728	68	15	17
50228	Prairie City	Jasper	1700	2,812	2,417	-40%	1093	2.8	\$77,687	40.5	1,472	1,339	2,324	9	4	3
50170	Monroe	Mar/Jasper	1967	2,756	2,745	-30%	1213	2.4	\$54,695	41.7	1,390	1,366	2,697	6	3	1
50251	Sully	Jasper	881	1,358	1,270	-40%	517	2.7	\$71,937	41.1	698	659	1,261	2	NR	1
50214	Otley	Marion	NR	1,099	850	NA	333	3.5	\$73,732	33.8	618	481	813	6	NR	
50143	Leighton	Mahaska	158	153	153	1%	248	3.0	\$57,386	40.7	336	401	595	NR	NR	(
	Iowa/Ave							2.8	\$68,660	38.45						

# **Collaborating CHA Parties**

Collaborating with several different agencies in, around, and those that serve Marion County, Iowa, the CHA was completed. The following is a summary of key stakeholders in the CHA process. A detailed list of individuals or organizations who have played at least one key role in the assessment are listed in the Community Health Partners and Resources section of this report.

# Pella Regional Health Center Profile

Address: 404 Jefferson Street, Pella, IA 50219 CEO: Robert Kroese, MHA

**Mission:** To provide healthcare and healing services with Christian compassion.

**Vision:** To lead the region in providing compassionate service and clinical excellence through our health ministries.

**About:** When Pella Community Hospital first opened its doors in 1960 as an acute care hospital for the town of Pella, there were 17 employees, seven doctors from Pella and about 24,000 square

feet. The town was thrilled with their new hospital and turned out in substantial numbers—nearly 6,000 people—to attend the open house. Over the past five decades, the hospital has made both major and minor changes, all to improve access and the quality of health care in the area. In the 70s and 80s there were numerous construction projects to expand the scope of what could be provided to patients and residents. In the 90s, there were numerous services added to provide specialized services, such as Dialysis, to those in need. In 1996, the Pella Medical Clinic merged with Pella Community Hospital to form Pella Regional Health Center and clinics opened in surrounding communities. This collaboration and regional expansion are a great milestone in the history of the hospital and what it has become today. **(Source:)** https://www.pellahealth.org/about-us/history/

**History of Pella Regional Health Center:** History about Pella Regional Health Center can be found at <a href="https://www.pellahealth.org/about-us/history/">https://www.pellahealth.org/about-us/history/</a>

**Network Affiliation:** Pella Regional Health Center is in a management affiliation with University of Iowa Hospitals and Clinics.

**Services**: Pella Regional Health Center offers a variety of inpatient (acute/skilled) and outpatient services to the county and surrounding areas. A comprehensive list of services can be found at <u>www.pellahealth.org/services/</u>. The following is a list of services provided, but not limited to at Pella Regional Health Center

Acute Care Allergy Services Audiology **Behavioral Health** Birth care/ Pregnancy **Breast Health Cancer Program** Cardiac Rehabilitation Program Cardiac Testing Chronic Care Management Dermatology **Diabetes Center & Support Group Diagnostic Testing** Ears, Nose & Throat (Otolaryngology) **Emergency Medical Services** Family Medicine Foot and Ankle Surgery (Podiatric Surgery) General Surgery Genetic Testing and Counseling Gynecology Heart and Vascular Home Health Hospice Imaging Services Infection Prevention Infusion Center

**Inpatient Hospital Care Inpatient Hospice Care** Internal Medicine IV Therapy Laboratory Maternity Medical Imaging Mental Health Nephrology Neurology Nutrition Services and Cafe **Obstetrics & Gynecology Occupational Health Occupational Therapy** Oncology (see Cancer Program) **Ophthalmology-Cataract Surgery** Orthopedics/Orthopedic Surgery Orthotics (see Prosthetics & Orthotics) Otolaryngology Pain Management Pathology Pediatric Dentistry Perinatology Pharmacy Physical Therapy **Plastic Surgery** 

- Podiatry Pulmonology Rehabilitation and Therapy Reproductive health – Women's Health Respiratory Care Rheumatology Skilled Nursing Sleep Disorders Program Speech-Language Therapy
- Sports Medicine Program Surgery Urgent Care (Walk-in Care) Urology Vascular Care Vein Care Wound Care and Hyperbaric Medicine Women's Health

# Marion County Public Health Department Profile

Address: 2003 N. Lincoln, Box 152, Knoxville, IA 50138 Director: Kim Dorn, MBL

**Mission:** Marion County Public Health Department Prevents Disease through Health Promotion and Protection using Assessment, Policy Development and Assurance.

**Vision**: Provide health guidance and enforcement for our citizens to have the opportunity to make informed choices regarding their health and wellness, strive for a clean and safe environment, and the assistance to access needed health related services.

**About**: More information about Marion County Public Health Department at <u>http://www.marionph.org/about/mission.html</u>

**Services**: Marion County Public Health is a partnering organization with Pella Regional Health Center. More information can be found at: <u>http://www.marionph.org/</u>. Services cover the entire county and are listed below, but not limited to the following:

- Breast Cancer Screenings Blood Pressure clinics Blood draws & specimen collection Childcare Nurse Consultant Children Insurance program Community Care Coordination Emergency Response/Preparedness Environmental Health First Five Healthy Mental Development Homemaker services Dressing Changes Homemaker services
- Immunization Clinics and Child Immunization Injections Lead prevention programs Material, Adolescent and Child health Medication Management Oral health programs Parents as Teachers program Patient Education Referral to community services Skilled Nursing visit by RN Tobacco programs WIC

# Pavelka's Point Consulting, LLC – External Consulting Services

Address: 5832 West Mt Vernon Road, Cedar Falls, Iowa 50613 CEO: Sarah Pavelka, PhD, MHA, OTR/L, CPHQ, FNAHQ

**Bibliography**: Sarah Pavelka, PhD, MHA, OTR/L, CPHQ, FNAHQ has over 20 years of experience leading and coaching in organizational performance and continuous improvement in business, industry, education, and healthcare. Sarah is the CEO/owner of Pavelka's Point Consulting, LLC, and Program Director for Walden University, Master of Healthcare Administration Program.

Dr. Pavelka has professional and academic experiences as a 13-year faculty member for the Masters in Healthcare Administration program at Des Moines University, Improvement Advisor at the Iowa Healthcare Collaborative, and Adjunct Faculty for Upper Iowa University. Her previous professional experiences include the Quality Management Director at the Iowa Foundation for Medical Care, Director of Business and Industry Relations for Pella Regional Health Center, and clinical experience as the Director of the Occupational Therapy department for Pella Regional Health Center in Pella, Iowa.

Dr. Pavelka's extensive volunteer experiences included being a six-time National Baldrige examiner, as well as, a seven-year state examiner for the Iowa Recognition for Performance Excellence. She was also the Director-at-Large for the National Association for Healthcare Quality Board from 2014 to 2016. Sarah was also the Past-president of the Iowa Association for Healthcare Quality Board; a task force member for the Iowa Hospital Association; and a member of the Des Moines University Alumni Board.

Sarah holds degrees in Biology and Psychology from Luther College; an Occupational Therapy degree from Concordia University-Wisconsin; MHA from Des Moines University, and a Ph.D. from Walden University. She is a Fellow for the National Association for Healthcare Quality (FNAHQ); a Certified Professional in Healthcare Quality (CPHQ); and has credentials in Occupational Therapy, Ergonomics, Lean, and Six Sigma Black Belt.

# **Community Health Assessment Process**

The following sections represent the process of the Community Health Assessment completed with Pella Regional Health Center and Marion County Community Leadership and Key Stakeholders. These process steps include creating purpose, defining scope and community, engagement of key leadership, survey assessment, analysis, prioritization, reporting of outcomes, and action planning.

The IRS requirements for a CHA are a four-phase; the process was represented earlier in the document (see Methodology – Scope and Purpose), and further explored in the following sections.

# Agreement/Contracting/Community Leadership (CHA Steps 1 – 3)

On March 12, 2023, leadership from Pella Regional Health Center, and Pavelka's Point Consulting, LLC met and discussed contracting arrangements, critical success factors, CHA process, timelines, and who would be key stakeholders. Shortly following this initial contracting meeting, these parties met on

March 19, 2023, for planning for the IRS compliant CHA, further methodology, distribution, survey needs, agreement, and scope of services. Key leadership and stakeholders were also discussed, and a list of involvement was compiled in meeting minutes. It was elected at these meetings to move forward with the CHA process and initial survey distribution would happen at the following April 2023 and survey conclusion on or about October 2023.

#### Create the assessment, survey, and evaluation process (CHA Steps 4)

Starting in March 2023, a Community Health assessment survey was designed and created. The leadership from Pella Regional Health Center and Public Health were allowed to review the survey as it was developed. The survey questions included similar or prior questions to the 2020 to 2023 survey for comparison purposes (updates to language and current patient centered care standards were completed in questions as needed). New questions also address the actions or priorities from 2020 to 2023 completed in the communities but Pella Regional Health Center and Public Health, along with the partnering community entities. Questions related to Social Determinants of Health were also added as recommended by best practice. More information can be provided on Social Determinants of Health at Healthy People 2030 <a href="https://health.gov/healthypeople">https://health.gov/healthypeople</a> or Health Leads (source of survey questions) at <a href="https://healthleadsusa.org/">https://healthleadsusa.org/</a>.

## Collect the Data (CHA Steps 5)

Collection of survey data consisted of many forms and methods. Survey links, fliers, and paper copies were sent to local businesses and employers. Surveys were left at the Pella Regional Health Center and Public Health Departments for residents of the communities and either electronic or paper (hard) copies were allowed to be submitted. Leadership for the process also attended several community events, school events, and religious gatherings to encourage participation in the survey process. Electronic links were sent multiple times in the local newspapers, provided through the Hospital website, and patients were encouraged to complete the survey before or after healthcare services. During the process, the leadership provided translation services (i.e. vision or language), electronic and paper copies, and a brief description of purpose to those who were taking the survey. No material or monetary incentives were provided when taking the survey.

#### COMMUNITY PRESS RELEASE

The following was a press release that was sent to the local newspaper entities and distributed for general awareness of the survey being conducted.





#### Website



Flyers

Pella Regional Health Center & Marion County Public Health invite you to help improve the care and services in our community by taking a brief survey. Your responses will be confidential.







#### Social Media





## EMPLOYEE AND COMMUNITY COMMUNICATIONS

The following is a direct emailing campaign for the employees in and around the Pella Regional Health Center and within the county. The organizations also posted the information in the local governmental mailings, Facebook ads, local newspaper ads, and Chamber of Commerce. This was also distributed in local grocery stories, places of worship, restaurants, community events, school events, and local gathering establishments.

# PRHC email content 6-21-23

**To:** Pella Regional Health Center Providers and Staff **Subject:** Community Health Needs Assessment Survey 2023

**Pella Regional Health Center** is partnering with Marion County Public Health and other community health providers to update the Pella Regional Health Center Community Health Needs Assessment (CHNA).

With this required update, we need your feedback and suggestions regarding healthcare delivery in our community. To accomplish this work, a short online survey has been developed to review the needs cited. Please follow <u>this link</u> or scan the QR code below and take the survey.

The 2023 CHNA online survey will be open until Friday, July 28. All responses will be confidential. Thank you in advance for your time and support by participating in this important request.

Sincerely,

I Knoese

Bob Kroese, CEO Pella Regional Health Center



Hello! Pella Regional Health Center is conducting a Community Health Needs Assessment, and we would like to invite you to take part in an online survey. Please complete the survey at your earliest convenience by following this link: <u>www.PellaHealth.org/CHNA/</u> The survey will be open until Friday, July 28, 2023. Paper copies of the survey are available upon request.

Information from this study will be used by Pella Regional Health Center to develop an implementation plan to improve the health of our community. The information gathered from the survey will give us a snapshot of community health and what members of the community think are the areas of greatest need.

Anyone is welcome to complete the survey so please share the link with employees, friends, neighbors and clients.

Thank you for helping us gain valuable insights into the health needs of our community. If you have questions, feel free to call Andrea Barker, Director, Marketing & Development, Pella Regional Health Center. Results of the assessment will be available on PellaHealth.org later this year.

# Help Improve Healthcare in Your Community

Pella Regional Health Center & Marion County Public Health invite you to help improve the care & services of our community by taking a brief survey. Your responses will be condential.

# Go to: www.PellaHealth.org/CHNA/

Analyze the Data (CHA Steps 5 continued)

During and following the community survey process, data from external sources (secondary data) were being collected and analyzed. This included data from sources such as Robert Wood Johnson County Health Rankings, City Data, Iowa Hospital Association (IPOP data), Vital Statistics, etc. Survey data was considered primary data research and collected public health needs, perceptions, satisfaction with care and services for both public, private, and governmental agencies serving the Marion County, Iowa area. This data can be found in the following charts in the Data Details section with both the Iowa Hospital Association data (secondary), CHA Survey Data (detailed primary) and Town Hall meeting outcomes (primary).

Both the external, secondary data, and the initial analysis of the survey outcomes (primary data) were analyzed and presented in the September 19, 2023, town Hall meeting. Top initial results were

presented for the key stakeholders to continue to analyze, prioritize, and support realistic objectives for Pella Regional Health Center and Marion County, Iowa.

# Town Hall Research Process (Engage & Prioritize with Stakeholders)

## **Document and Define Priorities (CHA Steps 6)**

Community leadership should always be involved with the determination and prioritization of key actions within a community (service area). Members will not only buy-in to the mission of the actions at a higher support level, but they will also often provide key resources that are needed for such action, which are vital to the actions success and often cannot happen with only hospital supporting resources. Town halls are a focus group type setting where members can provide insight, consensus, and assist with prioritization of health issues. These sessions gathered input from key stakeholders, started priorities, and encouraged on-going dialog between entities.

Entities invited to the Town Hall meeting included local hospital, public health, mental health providers, service providers, employers, local residents, faith-based leadership, school leadership, business leaders, local government officials, and those that receive care (including persons with chronic conditions, un-insured, low-income, and minority groups).

Key community stakeholder groups were invited to the September 19, 2023, Town Hall meeting. The Town Hall meeting was held from 5:30 pm to 6:30 pm. At the Town Hall meeting, a short informational presentation was given, facilitation of priorities from the survey and health ranking information was completed, and key findings were determined out of one 60-minute meeting.

#### TOWN HALL GENERAL PUBLIC INVITE (LETTER)

Public notice sent to local newspapers, hospital websites, and local posting for attendance at the Town Hall meeting. All community members were invited to attend, and snacks were provided.



#### NEWS RELEASE

For Immediate Release: For Information Contact: September 12, 2023 Andrea Barker, Public Relations, 641-621-2358 abarker@pellahealth.org

Town Hall Meeting Participation Needed: Pella Regional Health Center Community Health Needs Assessment

PELLA, Iowa – Pella Regional Health Center has conducted a Community Health Needs Assessment survey this summer, and we would like to invite you to take part in a Town Hall Meeting on:

#### Tuesday, September 19 from 5:30 pm-6:30 pm Pella Regional Health Center Conference Center, Entrance 5

Information from the survey and meeting will be used by Pella Regional Health Center and community partners to develop an implementation plan to improve the health of our community. The information gathered from the survey and town hall meeting will give us a snapshot of community health and what members of the community think are the areas of greatest need.

The meeting will include a brief presentation on the health needs identified in the 2023 survey, then a attendees will be asked to work in small groups to generate ideas for specific projects that will address the needs found through the survey process. Sarah Pavelka, PhD, MHA, OTR/L, CPHQ, FNAHQ, of Pavelka's Point Consulting, LLC will facilitate the meeting and prepare the final report.

Your experiences and suggestions to improve health care delivery within our service area is very valued. We encourage your attendance in order to ensure representation from all segments of our service area and to meet the federal requirements.

The town hall meeting will begin at 5:30 pm and refreshments will be available. Please RSVP by calling or emailing Andrea Barker, Director, Marketing & Communications, Pella Regional Health Center. Phone 641.621.2358 or email abarker@pellahealth.org Results of the assessment will be made available on PellaHealth.org later this year. Thank you for helping us gain valuable insights into the health needs of our community.

If you have not already taken the community survey, please follow this link https://www.pellahealth.org/aboutus/community/ and complete the survey. All responses will be confidential.





#### TOWN HALL AGENDA

The following Agenda and Power Point were completed at the September 19, 2023, Town Hall meeting. At the end of the meeting, it was determined to have an initial list of community priorities from the analysis of primary and secondary research data. These initial priorities list will be further discussed with a steering committee of community leadership and represent community-based organizations which can address health concerns. This group, considering the priority and input from the Town Hall meeting will strategies and formulate final action plans for Pella Regional Health Center and Marion County, Iowa health needs.



#### TOWN HALL POWERPOINT PRESENTATION

The following PowerPoint presentation (please see image below for complete slide deck) was presented to key community stakeholder groups at the September 2023 Town Hall meeting.











TOWN HALL ATTENDING KEY STAKEHOLDERS (ENGAGEMENT AND PRIORITIZATION)

The following is a list of community members (identified key stakeholders and interested community members) that were able to participate in the Town Hall meeting. In all there were 13 attendees at the October 2020 meeting.

Marion County CHA Town Hall Meeting – May 1, 2019									
<u>Name</u>	Organization - Title	Email							
Kim Dorn	Marion Co Public Health	kdorn@marioncountyiowa.gov							
Mike Morgan	community member	mpm.iowa@gmail.com							
Kara Groenenboom	PRHC OT Department	kgroenenboom@pellahealth.org							
Cheryl Garrels	PRHC	cgarrels@pellahealth.org							
Cheryl Thomson	consumer	jethoml@mediacombb.net							
Audrey Veldhouse	consumer	audreyveldhouse@gmail.com							
Carl Loynanhan	consumer	berdel@icloud.com							
Judy VanVeen	PRHC	jvanveen@pellahealth.org							
Leslie Morris	PRHC	Imorris@pellahealth.org							
Charmin Rucks	Osky Herald	crucks@oskyherald.com							
Nancy Hamilton	Hearthstone-WesleyLife	nhamilton@wesleylife.org							
Brandi Asplin	Hearthstone	basplin@Wesleylife.org							
Andrea Barker	Pella Regional Health Center	abarker@pellahealth.org							
Robert Kroese	Pella Regional Health Center	rkroese@pellahealth.org							
Sarah Pavelka	Pavelka's Point Consulting	pavelkaspt@gmail.com							

# **Town Hall Outcomes**

The following were the outcomes from the September 2023 Town Hall meeting. These outcomes can be further explored in the Detailed Data/ Town Hall Meeting Outcomes. The outcomes were formulated from both primary data (survey) and secondary data (including County Health Rankings). The outcomes were compiled from large and small group round-robin brainstorming sections and then outlined into affinity groups. The following four affinity groups were seen in both meeting sessions.

## **Priorities**

- 1. **Mental Health:** Increase the provided and breadth of services for Mental Health needs in the communities.
- **2.** Substance Abuse: Reduce the concern for and presence of substance abuse related health/safety issues.
- 3. Workforce Shortages: Attract and retain employees and workers in/into the county for all sectors.
- 4. **Childcare Services/ Access:** Communicate convene options for childcare access and services in the communities.
- 5. **Transportation services:** Continue to address the needs of transportation services for emergency management and medical treatment needs for the community, including but not limited to the elderly in the communities.
- 6. **Health and Housing Stability Coalition for County** Continue to work on services for the elderly in the community including housing, In-home support, Staffing, Day/acute services, and funding resources

# **Community Strategy Formulation and Action Planning**

# Planning for Improvement Strategies (CHA Steps 7 & 8)

To complete the final steps of the process, Marion County, Iowa (Pella Regional Health Center and Marion County Public Health) community leadership held meetings starting September 2023. During this step of the Community Health Assessment, Marion County, Iowa community leadership gathered all primary and secondary data, completed a relevance and achievable check, and determined 18 SMART goals (tactics) for their improvement of the community's health. SMART goals are specific, measurable, achievable, relevant, and time-oriented action plans for improvements in the community.

This step also includes distribution of the CHA final report. Starting December 15, 2023, Pella Regional Health Center and Public Health department will be able to be distributed to the community. This report will be sent electronically to all participating and interested community partners for Marion County Public Health and Pella Regional Health Center. The report will be provided, along with prior reports, on the Pella Regional Health Center website (<u>https://www.pellahealth.org/</u>). Paper copies will be distributed to interested parties as requested to Pella Regional Health Center.

		Community Health Improvement Plan (CHIP) & Tactics – Marion County Public Health										
				11/1/20	23 to 12/31/202	8						
	Health Areas of Need (Goals)		"Specific Actions" to address community health need (Tactics)	LEAD	Partners	Timeframe	Performance Indicators: Data Sources/ Collection Timing					
1	Mental Heal	th										
		а	Evaluate the increase providers and access	Pella	PRHC	Year 3-5	Availability of mental health resources in the					
		b	Assess employment opportunities for providers	Regional Health	PRHC	Year 3-5	community including patient treatment options					
-	Assess and pport depth	с	Discover options for funding reimbursement for shortage – barrier for services	Center (PRHC)	PRHC	TBD						
support depth and breadth of services for Mental Health needs in the communities		d	Improvement of community response, including increased attendance at mental health trainings for EMS, LEOs; co- responder models, Use of Mobile Crisis, ASIST, wellness and resilience training for emergency responders.	Heart of Iowa Mental Health Region, MCPHD	PRHC, KHC, EMS,	Year 1	Increased participation in mental health related trainings by community partners					
		e	Access to transportation to and from services in other communities	(TBD)	HIRTA	Year 2-3	Availability at certain times or days, even limited at first					
		f	Provide support and training in community and personal resilience	MCPHD	MCPHD	Year 1-2	FB posts, support community Education offerings					
		Pro	ogress Notes:		•							
2	Substance A	bus	e									
su	Assess and pport depth	а	Complete a comprehensive substance abuse assessment and create a sustainable plan for substance abuse prevention, treatment, and support in Marion County	МСРН	MCPH, Marion County Law	Year 1-2	Data and assessment of data regarding SA issues in Marion County					
su a	d breadth of ervices for bstance use nd abuse in the ommunities	b	Create educational tools regarding the outcome of the substance abuse assessment and educate the community regarding the issue.	МСРН	Enforcement, MC Attorney office, PRHC, KHC, community partners	Year 2-3	Power point and presentation outline re: SA in Marion County					
		с	Increase access to substance abuse services	MCPHD		Year 4-5	As determined by assessment and plan					
		d	Develop a plan for appropriate use of the opioid settlement dollars	MCPHD	MCPHD, MCSO, MC Attorney office, local	Year 1-2	Development and agreement on use of opioid settlement dollars in Marion County					

			Community Health Improver	<mark>ment Plan</mark>	(CHIP) & Tactics	<mark>s – Marion C</mark>	ounty Public Health
				11/1/20	23 to 12/31/202	8	
	Health Areas of Need (Goals)		"Specific Actions" to address community health need (Tactics)	LEAD	Partners	Timeframe	Performance Indicators: Data Sources/ Collection Timing
					partners		
		e	Implement agreed upon plan for use of opioid settlement dollars	MCPHD	MCPHD, MCSO, MC Attorney, local partners	Year 3-5	Implementation of Opioid Settlement plan
		f	Evaluate financial need to ameliorate substance abuse issues in Marion County	MCPHD	MCPHD, MC BOS, MC BOH, MC Attorney, MCSO, MC Auditor	Year 1-2	Development of plan and financial projections for SA plan
		Develop plan for g management of county allocated SA dollars		MCPHD	MCPHD, MC BOS, MC BOH, MC Attorney, MCSO, MC Auditor	3-5	Create plan for management of allocated dollars
		Pro	ogress Notes:				
3	EMS ESSENT	IAL					
	rovide data d support to	а	EMS Essential: Provide support for meetings, and support for assessment of financial and operational options for Advisory and BOS consideration	EMS Advisory	EMS Advisory, MCPHD, EMS Representativ es	Year 1-5	Provide support
	the EMS dvisory and BOS	b	EMS Essential: Collect and present EMS data to Advisory & BOS for evaluation and decision making	EMS Advisory		Year 1-5	Provide support
		с	EMS Essential: Provide financial forecasting for options as requested	EMS Advisory		Year 1-5	Provide support
		Pre	ogress Notes:				
4	communicat	ole d	lisease control				
			Increase immunization rates for communicable disease by providing outreach to parents of children in childcare and schools to increase compliance with required and recommended vaccinations	MCPHD	MCPHD, American Home Finding (MCAH, WIC)	Year 1-5	Increased compliance with required immunization rates

Community Health Improvement Plan (CHIP) & Tactics – Marion County Public Health									
				11/1/20	23 to 12/31/202	8			
	Health Areas of Need (Goals)		"Specific Actions" to address community health need (Tactics)	LEAD	Partners	Timeframe	Performance Indicators: Data Sources/ Collection Timing		
		а	Encourage all immunization providers to complete recall activities or to reach out to public health to create an outreach plan	MCPHD	MCPHD and immunization providers	Year 1-5	Increase compliance with required immunization rates		
	ecrease the spread of mmunicable disease	b	Promote: cover your cough, wash your hands, and stay home when you are sick; encourage early notification of illness concern through increased communication with school nurses	MCPHD	MCPHD and school districts	Year 1-5	Increase compliance with required immunization rates		
		С	Create better communication pathways with local manufacturing and schools as related to ESL employees and students from other cultures and communication styles regarding disease prevention.	MCPHD	MCPHD and local manufacturing companies	Year 1-5	Routine communication with manufacturing and school systems		
			Provide posters for hand washing, cover cough to schools to post in rest rooms, areas they choose	MCPHD	MCPHD & School systems	Year 2	Decrease illness in schools; fewer dates of 10% illness reporting		
		Pro	ogress Notes:						
5	Supportive se	ervio	es for Elderly and Disabled per	sons in Ma	arion County				
		а	Develop, implement, and sustain a caregiver support group	MCPHD			Establish ongoing monthly support group at MCPHD		
	rvices for the medically needy and	b	Establish and maintain "Dementia Friends" sessions in Marion County, increasing awareness, reducing stigma, and increase understanding of the challenges of people living at home with dementia and their families		MCPHD, Elder and Disabled Coalition, Alzheimer's Association, local home care agencies	Year 1-5	Increase participation by 15% year over year from baseline number of participants in support group		
th	lerly living in eir homes in e community	С	Investigate and problem solve for improvement for funding resources				Hold Dementia Friends training session at least quarterly in Marion County		
		d	Increase options for home- based care services		MCPHD, Elder and Disabled Coalition, Alzheimer's Association, local home	1-5	Legislative contact at least annually to educate regarding lack of options for chronically ill/dementia/disabled living at home		
		Community Health Improvement Plan (CHIP) & Tactics – Marion County Public Health							
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				11/1/20	23 to 12/31/202	.8			
	Health Areas of Need (Goals)		"Specific Actions" to address community health need (Tactics)	LEAD	Partners	Timeframe	Performance Indicators: Data Sources/ Collection Timing		
					care agencies				
Progress Notes:									
6 Decrease the number of falls in the elderly population of Marion County									
			Gather data regarding falls in Marion County		MCPH, EMS, hospitals, clinics, home cares,	Year 1	Gather and evaluate data Establish coalition		
			Establish a falls prevention/reduction program at MCPHD	MCPHD		Year 1-2	create, launch, promote educational programs around fall prevention		
			Plan and develop initiatives fall prevention	Coalition	community care coordinator	Year 1-5	Work with current fall prevention programs, link frequent fallers to solutions.		
		Pr	ogress Notes:						
&	Community	and P	ersonal Preparation for ramificatio	ns of politic	al and economic	instability and	uncontrolled inflation		
1	Prepare for continued inflation, economic hardship		Provide information regarding community and family preparation for long term public health and economic emergencies in an environment lacking safety net resources	MCPHD	МСРН	Year 1-5	Provide information/education about planning for basic necessities, budgeting, self-reliance and self- sustainability.		
		Pr	ogress Notes:						

#### PRIOR ASSESSMENT ACTION PLANS

During the years 2020 to 2023, Pella Regional Health Center, Marion County Public Health, and Community groups along with key community partners improved five (5) strategic tactics for the improvement of the community's health. For details of the 2020 to 2023 Community Health Assessment tactical (action) planning, please see the details in the Details Data section of the report. Actions for improvements included but not limited to increasing the number of qualified healthcare workers seeking employment; mental health access, diagnosis, and placement; increasing the Medicaid reimbursement; substance abuse service awareness, access, and support; and community health education for wellness, chronic disease screenings.

There were slight improvements in three (3) of the six (6) areas. The improvements did not move the issues to "not a problem;" however, did move the issues to "Somewhat of a Problem " in a majority of the participants taking the survey and during Town Hall prioritization (CHA steps 5 and 6). In the chart below was provided to the participants at the Town Hall meeting (September 2023) and signifies that

retaining employees, Mental Health Services, Substance Use/Abuse, Teen Health still remains a concern for the survey participants.

(NOTE: % MAY NOT ADD UP TO 100% - ALMOST ALL	-	,	C(1)
Priority Area	Not a Problem	Somewhat a Problem	Still a Problem
Provide depth and breadth of service for mental health	5%	28%	61%
Address childcare services within the communities	38%	38%	10%
Attract and retain healthcare workers	4%	42%	48%
Services for the elderly in the community	25%	50%	25%
Substance abuse prevention and access to services	2%	43%	45%
Service and access for teen health needs	25%	25%	48%

### Evaluation of Progress on Key Priorities and Strategic Alignment (CHA Step 9)

Pella Regional Health Center and Marion County Public Health departments will continually monitor the action plans for changes and adjustments as key findings present within three years. This assessment and findings will be incorporated into future strategic planning efforts and include a systematic cycle of improvement. Improvements will be completed using performance excellence tools, including but not limited to the Plan, Do, Study, Act improvement cycle and will include as many community partners, agencies, and interested individuals as possible for best outcomes and sustainability.

# COMMUNITY (SERVICE AREA) HEALTH STATUS

### **Primary Research Findings**

In summer through fall 2023, Pella Regional Health Center sponsored/conducted primary research (survey) to all residents residing or receiving services in their primary service area, with 420 individual replies.

Marion County CHA 2023 Sample by PSA Zips						
#	Zips	County	Returns (% of Total)			
1	Pella, IA- 50219	MARION	55.8%			
2	Knoxville, IA – 50138	MARION	16.5%			
3	Oskaloosa, IA - 52577	MAHASKA	4.2%			
4	Otley, IA - 50214	JASPER	2.7%			
5	Leighton, IA – 50143	JASPER	1.3%			
6	New Sharon, IA – 50207	JASPER	1.9%			

**REPLIES BY ZIP** 

7	Prairie City, IA – 50228	JASPER	1.5%
8	Sully, IA – 50251	JASPER	1.1%

### OVERALL QUALITY OF SERVICES IN THE COMMUNITY (SERVICE AREA)

Community Healthcare Needs Assessment 2023							
overall quality of the healthcare delivered	(2023)	(2020)	(2017)	Pella PSA (2014) N=225	Trend		
Top 2 Boxes	84.2%	89.7%	91.8%	85.9%			
Very Good	110 (42.3%)	215 (51.2%)	94 (42.9%)	97 (42.7%)			
Good	109 (41.9%)	162 (38.5%)	107 (48.8%)	98 (43.2%)			
Fair	37 (14.2%)	35 (8.3%)	15 (6.8%	27 (11.9%)			
Poor	4 (1.5%)	8 (1.9%)	2 (<1%)	5 (2.2%)			
Very Poor	0%	0 (0.0%)	1 (<1%)	0 (0.0%)			
Bottom 2 Boxes	1.5%	1.9%	1.4%	2.2%			

RATING OF HEALTH SERVICES

Community Healthcare Needs Assessment 2023							
	Poor / Very Poor %						
How would you rate the following health services?	Pella PSA (2023) N=260	Pella PSA (2020) N=420	Pella PSA (2017) N=219	Pella PSA (2014) N=225	Trend		
Ambulance Service	8.4%	<1.0%	5.5%	1.3%			
Childcare	6.1%	2.4%	17.5%	6.8%			
Chiropractor	1.1%	<1.0%	5.9%	2.9%			
Dentists	2.6%	<1.0%	6.4%	5.1%			
Emergency Room	6.9%	3.3%	11.2%	5.2%			
Eye Doctor / Optometrist	1.1%	1.1%	7.0%	4.3%			
Family Planning Services	11.9%	5.5%	12.4%	15.3%			
Home Health	9.6%	2.3%	7.9%	3.1%			
Hospice	1.5%	<1.0%	4.1%	0.7%			
Hospital Inpatient Services	3.8%	2.8%	4.8%	2.3%			
Mental Health Services	28.1%	27.8%	11.3%	34.4%			
Nursing Home	8.8%	3.8%	14.8%	14.2%			
Outpatient Services (lab, radiology, etc.)	5.3%	3.5%	4.9%	3.7%			

Pharmacy	1.1%	1.2%	5.0%	2.6%	
Primary Care Doctors	2.3%	5.3%	10.5%	2.0%	
Public Health Department	7.3%	3.3%	28.5%	4.5%	
School Nurse	2.3%	<1.0%	10.7%	1.9%	
Specialist Physician care	8.1%	5.7%	6.9%	4.7%	
Teen Health (drinking, abuse, safety, pregnancy)	20%	14.1%	NR	NR	

CAUSES OF DISEASE OR DISABILITY IN THE COMMUNITY

Community Hea	Community Healthcare Needs Assessment 2023					
In your opinion, how much of a problem are the		Majo	or Problem	%		
following causes of diseases or disability in your community?	(2023)		Pella PSA (2017) N=219	Pella PSA (2014) N=225	Trend	
Obesity	59.2%	49.5%		66.3%		
Mental Disorders	58.4%	46.9%		47.1%		
Diabetes	46.1%	45.9%		59.2%		
Substance Abuse	44.2%	41.4%		51.5%		
Drug Abuse	40.3%	39.0%				
Cancer	41.1%	37.1%		59.6%		
Heart Disease	39.2%	37.1%		48.6%		
Suicide	28.8%%	23.0%		14.6%		
Trauma	20%	13.5%		10.1%		
Stroke	17.6%	14.7%		19.1%		
Respiratory Disease	12.3%	14.5%		21.4%		
Sexually Transmitted Diseases	7.6%	9.2%		22.9%		
Pneumonia / Flu	7.6%	8.8%		13.5%		

#### HEALTH NEEDS BY AGE

Community Healthcare Needs Assessment 2023			
	Poor / Very Poor %		

How well do you feel our local health care providers are doing in addressing the health needs of the following age groups?	(2023)	(2020)	Pella PSA (2017) N=219	Pella PSA (2014) N=225	Trend
Infants	3.0%	<1.0%	NR	3.3.%	
Age 1 - 12	4.2%	<1.0%		2.5%	
Age 13 -17	5.7%	3.0%		1.3%	
Age 18 - 25	5.0%	4.2%		2.4%	
Age 26-44	5.0%	2.8%			
Age 45 - 64	7.6%	3.0%		3.4%	
Age 65 - 84	8.8%	3.8%		5.7%	
Over 85	6.9%	5.7%		8.2%	

HEALTH SERVICES OUTSIDE OF THE COUNTY

Community	Health Asse	ssment 202	23		
Over the past 2 years, did you or your household receive health care services outside of your county?	Pella PSA (2023) N=260	Pella PSA (2020) N=420	Pella PSA (2017) N=219	Pella PSA (2014) N=225	Trend
Yes	60.8%	57.1%	69.1%	61.4%	
No	39.2%	42.9%	23.7%	38.6%	
Totals	100%	100%	8.2.8%	100%	
Please list the health care services you or your household member(s) have received outside of your county: Number of replied	Pella PSA (2023) N=260	Pella PSA (2020) N=420	Pella PSA (2017) N=219	Pella PSA (2014) N=225	
Allergy	1	2			
Cancer/Oncology	1	5			
Cardiology	6	14			
Dental	3	4			
Dermatology	4	5			
Emergency Room	7	4			
ENT	3	9			
Eye / Surgery	6	3			
Heart Disease	4	5			
Mental Health	6	4			

Neurology	6	5	 	
OB/GYN	5	2	 	
Orthopedics Surgery	11	15	 	
Pain management	3	2	 	
Pediatric	8	8	 	
Podiatry	2	2	 	
Specialty providers	8	11	 	
Surgery	12	13	 	
If offered, would you have received the services locally?		% of Replies	 	
Yes	52.3%	48.1%%	 	
Maybe	29.7%	31.1%	 	
Νο	18.1%	20.9%%	 	

#### IMPROVEMENT OF SERVICES

	Community Health Assessment 2023							
Are there health care services in your community or neighborhood that you feel need to be improved and or changed? (Please be specific)								
Rank	Services	# Replies	% of Replies					
1	Mental Health services	21	8.0%					
2	Access to services (Clinic services)	7	2.6%					
3	Ambulance services	6	2.3%					
3	Emergency Room/Urgent Care	6	2.3%					
5	Pediatrics	5	1.9%					
6	Substance Use treatment	3	1.1%					
6	Elderly services in community	3	1.1%					
8	Oncology	2	0.7%					
8	OB/Women's Health	2	0.7%					
8	Public Health resources	2	0.7%					
11	Transportation	1	0.3%					
11	Transgender services	1	0.3%					

THREE YEAR ACTION PLAN IMPROVEMENTS

Community Health Assessments 2023								
Please rate the following areas for your community.	Not a Problem	Somewhat of a Problem	Still a Problem					
Provide depth and breadth of service for mental health	5%	28%	61%					
Address childcare services within the communities	38%	38%	10%					
Attract and retain healthcare workers	4%	42%	48%					
Services for the elderly in the community	25%	50%	25%					
Substance abuse prevention and access to services	2%	43%	45%					
Service and access for teen health needs	25%	25%	48%					
Provide depth and breadth of service for mental health	5%	28%	61%					
Address childcare services within the communities	38%	38%	10%					

PRESSING ISSUES FOR TODAY'S IMPROVEMENTS

	Community Health Assessment 2023								
Which health needs are most pressing TODAY and are in need of improvement?									
Rank	Health Needs	% of Total Replies							
1	Mental Health/Counseling	202	81.1%						
2	Public Transportation	92	36.9%						
3	Public awareness of services	89	35.7%						
4	Elderly assistance	83	33.3%						
5	After hours pharmacy	79	31.7%						
6	Wellness options	77	30.9%						
7	Care transitions	62	24.9%						
8	Chronic disease prevention	61	24.5%						
9	Home Health/Public Health	61	24.5%						
10	Healthy eating options	59	23.7%						
	(Must consider that the same people who voted	for multiple c	ategories)						



#### RATING OF SERVICES FOR COMMUNITY

Community Health Assessment 2023									
	Very Poor	Poor	Fair	Good	Verv	-	Poor +	Good + Very Good	
Access to services	11(4.2%)	35 (13.5%)		93 (35.7%)	30 (11.5%)	13 (5.0%)	16.5%	47.2%	
Alcohol use and treatment programs	24 (9.2%)	52 (20.0%)	72 (27.6%)	28 (3.1%)	2 (0.7%)	70 (29.9%)	29.2%	3.8%	

Caregiver training programs	8 (3.1%)	34 (13.1%)	78 (30.0%)	46 (17.6%)	9 (3.5%)	77 (29.6%)	16.2%	21.1%
Drug abuse programs	21 (8.1%)	46 (17.7%)	79 (30.4%)	26 (10%)	2 (0.8%)	75 (28.8%)	25.8%	10.8%
Early childhood development programs	6 (2.3%)	19 (7.3%)	75 (28.8%)	80 (30.7%)	19 (7.3%)	52 (20%)	9.6%	38.0%
Emergency preparedness	0 (0%)	11(4.2%)	43 (16.5%)	132 (50.7%)	47 (18.1%)	17 (6.5%)	4.2%	68.8%
Food and nutrition services (WIC programs)	4 (1.5%)	16 (6.2%)	56 (21.5%)	99 (38.1%)	17 (6.3%)	59 (66.7%)	7.7%	44.4%
Health screenings	3 (1.2%)	20 (7.6%)	67 (25.7%)	107 (41.1%)	29 (11.1%)	26 (10%)	8.8%	52.2%
Obesity prevention and treatment	15 (5.7%)	38 (14.6%)	96 (36.9%)	31 (11.9%)	2 (0.7%)	67 (25.7%)	20.3%	12.6%
Prenatal / child health programs	6 (2.3%)	15 (5.7%)	54 (20.7%)	101 (38.8%)	22 (8.4%)	52 (20%)	8.0%	47.2%
Prevention of falls	3 (1.2%)	23 (8.8%)	75 (28.8%)	57 (21.9%)	5 (1.9%)	87 (33.5%)	10.0%	23.8%
Reduction of opiate/narcotic use	22 (8.4%)	50 (19.2%)	69 (26.5%)	21 (8.1%)	3 (1.2%)	82 (31.5%)	27.6%	9.3%
Sexually transmitted disease testing	5 (1.9%)	27 (10.3%)	69 (26.5%)	49 (18.8%)	10 (3.8%)	87 (33.5%)	12.2%	22.6%
Spiritual health support	5 (1.9%)	10 (3.8%)	34 (13.1%)	114 (43.8%)	58 (22.3%)	32 (12.3%)	5.7%	66.1%
Tobacco prevention / cessation programs	11(4.2%)	25 (9.6%)	76 (39.2%)	49 (18.8%)	11(4.2%)	76 (39.2%)	13.8%	23.0%
Transportation (bus) services	32 (12.3%)	51 (19.6%)	70 (26.9%)	60 (23.1%)	11(4.2%)	26 (10%)	31.9%	27.3%
Violence prevention	19 (7.3%)	42 (16.1%)	68 (26.1%)	24 (9.2%)	4 (1.5%)	91 (35%)	23.4%	10.7%
Women's wellness programs	13 (5%)	27 (10.3%)	78 (30%)	83 (31.9%)		33 (12.6%)	15.3%	38.1%

# Personal Health Needs: Survey Results

PERSONAL HEALTH NEEDS: HEALTH DESCRIPTION

Community Healthcare Needs Assessment 2023								
In general, how would you best describe your health? (Choose one)	(2023)	(2020)	Pella PSA (2017) N=219	Pella PSA (2014) N=225	Trend			
Top 2 Boxes	78.8%	89.8%	91.8%	81.7%				
Very Good	55 (21.1%)	215 (51.2%)	94	57 (22%)				
Good	150 (57.7%)	162 (38.6%)	107	120 (59.7%)				
Fair	43 (16.5%)	35 (8.3%)	15	30 (15.9%)				
Poor	11 (4.2%)	8 (1.9%)	2	5 (1.6%)				
Very Poor	0 (0.0%)	0 (0.0%)	1	1 (0.8%)				
Bottom 2 Boxes	4.2%	1.9%	1.4%	2.4%				

#### PERSONAL HEALTH NEEDS: SOCIAL DETERMINANTS OF HEALTH

Community Health Assessment 2023							
Social Determinants of Health – questions for need:	No %	Yes %	Total %				
In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money for food?	91%	9%	100%				
In the last 12 months, has your utility company shut off your service for not paying your bills?	96.8%	0.0%	96.8%				
Are you worried that in the next 2 months, you may not have housing?	96.8%	1.5%	98.3%				
Do problems getting childcare make it difficult for you to work or study? (leave blank if you do not have children)	75.1%	7.3%	82.4%				
In the last 12 months, have you needed to see a doctor, but could not because of cost?	88.9%	9.2%	98.1%				
In the last 12 months, have you ever had to go without health care because you didn't have a way to get there?	98%	1.9%	99.9%				
Do you ever need help reading hospital materials?	97.6%	1.5%60.7	99.1%				
Are you afraid you might be hurt in your apartment building or house?	97.2%	1.9%	99.1%				
Have you ever missed work or lost a job due to unreliable transportation?	98%	1.5%	99.5%				

Personal Health needs: Overall health – 2 year comparison

Community Healthcare Needs Assessment 2023									
Compared to a year ago, how would	Pella PSA	Pella PSA	Pella PSA	Pella PSA					
you rate your overall health in	(2023)	(2020)	(2017)	(2014)	Trend				
general now?	N=260	N=420	N=219	N=225					
Much better than a year ago	36 (13.8%)	58 (13.8%)		21 (9.9%)					
About the same	202 (77.6%)	348 (82.8%)		184 (86.8%)					
Much Worse than a year ago	21 (8.1%)	13 (3.1%)		7 (3.3%)					

PERSONAL HEALTH NEEDS: USE OF PRIMARY CARE PROVIDER

Community Healthcare Needs Assessment 2023							
Does your household have a provider you use for Primary Care?	(2023)	(2020)	(2017)	Pella PSA (2014) N=225	Trend		
Yes (See detail Section V)	96.9%	95.7%	NR	NR			
Νο	3.1%	4.3%					
Totals	100%	100%		100%			

PERSONAL HEALTH NEEDS: PHYSICAL IN THE LAST 12 MONTHS

Community Healthcare Needs Assessment 2023								
Have you had a physical in the past 12 months?	Pella PSA (2023) N=260	Pella PSA (2020) N=420	Pella PSA (2017) N=219	Pella PSA (2014) N=225	Trend			
Yes	89.5%	88.5%	NR	75.7%				
Νο	10.5%	11.5%		24.3%				
Totals	100%	100%		100.%				
If you have not had a physical, please provide the specific reason:	# of Replies	# of Replies						
No need/Haven't Thought About It/Feel Healthy	3	13						
No time/Can't schedule/Can't miss work	4	10						
COVID 19	1	12						
Need to make time/don't think about it	3	8						
New to community	0	2						

Cost of	6	-		
Provider availability	4	_		

## PERSONAL HEALTH NEEDS: HEALTH PRACTICES

Community Healthcare Needs Assessment 2023								
Do you follow these health practices?	Pella PSA (2023) N=260	Pella PSA (2020) N=420	Pella PSA (2017) N=219	Pella PSA (2014) N=225	Trend			
If over 50, have you had a colonoscopy?	139 (53.4%)	217 (51.6%)	NR	108 (65.6%)				
If male over 50, do you have annual prostate exams?	37/92 (40.2%)	49 /71 (69.0%)		32 (59.9%)				
If female over 40, do you have annual mammograms?	152/180 (84.4%)	239/347 (68.8%)		112 (78.9%)				
If female, do you have a pap smear every other year?	128/180 (71.1%)	208/347 (59.9%)		127 (77.2%)				
Do you get 2.5 hours a week of moderately intense physical activity?	158 (60.7%)	277 (65.9%)		139 (60.4%)				

PERSONAL HEALTH NEEDS: HEALTH PRACTICES

	Community Health Assessment 2023					
Please com you	No %	N/A %	Yes %	Pella PSA ("Yes % in 2020)	Pella PSA ("Yes" % 2014)	
Eating right (Daily, 5 servings of fruits, vegetables, wheat)		47.3%	0.0%	<mark>51.9%</mark>	55.9%	58.4%
Using tobac	co products weekly	85.7%	8.0%	5.3%	4.5%	10.8%
Exercising 2	-3 times weekly	32.6%	1.5%	<mark>64.6%</mark>	70.7%	59.5%
Consuming	alcohol (more than 1 drink daily)	90%	3.4%	6.1%	6.9%	3.6%
		20.4%	0.0%	<mark>78.1%</mark>	89.0%	75%
Been without a place to stay for multiple nights (homeless)		95%	3.8%	0.0%	0.0%	
	, , , ,	86.9%	7.6%	5.0%	8.5%	

# Primary Data (Survey) Demographics of Participants 2023

Age

What is your age?	# of Replies	% of Total
17 and under	0	0%
18 to 25	6	2.3%
26 to 44	77	29.7%
44 to 64	112	43.2%
65 to 84	62	23.9%
85 and over	2	0.8%
Total	259	99.6%

### Gender

What is your gender?	# of Replies	% of Total
Female	214	83.6%
Male	36	14.1%
Prefer not to say	6	2.3%
Total	256	98.1%

### IDENTITY

How would you identify yourself?	# of Replies	% of Total
Indian/ Native Alaskan	0	0%
Multicultural/ Multiracial	2	0.8%
Asian / Pacific Islander	2	0.8%
Caucasian / White	248	97.3%
Latino / Hispanic	1	0.4%
African American / Black	0	0%
Christian/ Human	2	0.8%
Total		

### HOUSEHOLD

How would you describe your household? (Please select all that apply)	# of Replies	% of Total
Married	171	66.3%
Married; Parent / Guardian with children at home	56	21.7%
Married; children no longer at home	49	19%
Single	25	9.7%
Divorced	16	6.2%
Widowed	8	3.1%
Living with adult child	1	0.4%

Married with aging parents at home	1	0.4%
Domestic partner	1	0.4%
(blank)	2	0.8%

### HEALTH CARE FACILITY

What type of healthcare facility do you use when not feeling well or sick?	# of Replies	% of Total
Clinic/Doctor's office	165	64%
Urgent care/Acute Care	76	29.5%
Don't seek care/medical treatment	4	1.6%
Emergency Department	4	1.6%
Urgent Care	1	0.4%
Telehealth / virtual visits	1	0.4%
Public Health	1	0.4%
Portal Email	1	0.4%

#### MEDICAL INFORMATION

Where do you get most of your medical information?	# of Replies	% of Total
Doctor	177	69.4%
Internet	65	25.5%
Family	4	1.6%
Social Media/Television/ Radio	6	2.4%
Insurance Company	1	0.4%
Friend(s)	2	0.8%

INSURANCE

What type of health insurance coverage is your primary plan?	# of Replies	% of Total
Partially covered by employer (you and employer share cost)	140	54.1%
Covered by employer (employer pays total cost)	40	15.4%
Private Insurance you purchased	18	6.9%
Medicare	53	20.5%
Medicaid	6	2.3%
No coverage (uninsured)	2	0.8%

#### INVOLVEMENT IN COMMUNITY

For reporting purposes, are you involved in or are you a (Please	# of	% of
check all that apply)	Replies	Total
Hospital or Clinic employee	99	41.6%
Consumer of healthcare services	73	30.7%

/ • .		
Parent / Caregiver	72	30.3%
Healthcare Provider	50	21%
Education official / Teacher	19	8%
Civic club member	17	7.1%
Farmer / Rancher	7	2.9%
Laborer	5	2.1%
Business / Merchant	6	2.5%
Board member (local health organization)	7	2.9%
Retired	11	4.6%
Health Department	11	4.6%
Clergy / Congregational Leader	6	2.5%
Veteran	5	2.1%
College / University student	5	2.1%
Law enforcement	1	0.4%
Economic Development/Government	3	1.3%
Self-employed (other)	10	3.8%
Construction / Housing / Builder	2	0.8%
Student (high school)	0	0.0%
Insurance industry	4	1.7%

# Secondary Research Findings 2023

OVERALL STATE HEALTH RANKINGS

#	IA Rank of 99 Counties	Definitions	(2023)	(2020)	Pella PSA (2017) N=219	TREND
1	Physical Environment (56th)	Severe Housing Problems	10%	11%	10%	
2	Health Factors (9th)	Adult Smoking Food Environment Index	16% 9.0	15% 8.5	16% 8.3	
3	Clinical Care (3rd)	Uninsured Flu Vaccinations	4% 64%	4% 54%	6% NA	
4	Social & Economic Factors (8th)	Children in Poverty Injury Deaths	9% 67	10% 64	11% 53	
5	Health Outcomes (17th)	Poor or Fair Health	10%	13%	11%	
6	Health Behaviors (12th)	Adult Obesity Physical Inactivity Teen Births	34% 21% 12	34% 26% 12	33% 24% 17	
7	Quality of Life (12th)	Poor Physical Health Days Poor Mental Health Days	2.6 4.0	3.0 3.3	2.9 3.1	

8	Length of Life (29th)	Life Expectancy	78.9	79.2	NA	
http://www.countyhealthrankings.org, released 2023						

DEMOGRAPHIC DETAILS: POPULATION AGE, GENDER, ETHNIC AFFILIATION (1A)

		Pella PSA	Pella PSA	Pella PSA	Trend	State of
	Population Indicator	(2023)	(2020)	(2017)	menu	lowa
		N=260	N=420	N=219		10 Wa
						2 200 547
1a	Population, Estimate (2022)	33,642	33,407	33,189		3,200,517
			(2018)	(2016)		
1a	Population, 2010	33,309	33,309	33,309		3,190,369
1a	Persons Under 5 years, Percent	5.4%	5.8%	5.9%		5.9%
1a	Persons Under 18 years, Percent	23.1%	23.6%	24.1%		23.1%
1a	Persons 65 Years and Over, Percent	19.5%	17.8%	17.2%		17.7%
1a	Female Persons, Percent	49.5%	50.0%	50.1%		49.8%
1a	White Alone, Percent	95.9%	94.4%	96.3%		90.1%
1a	Black or African American Alone, Percent	1.0%	0.8%	0.9%		4.3%
1a	Hispanic or Latino, Percent	2.4%	2.0%	1.9%		6.9%
1a	Foreign Born Persons, Percent	2.2%	3.6%	2.6%		5.5%
1a	Language Other than English Spoken at	3.3%	<1.0%	3.8%		8.6%
	Home, Percent, Age 5+					

Source: US Census – Quick Facts

https://www.census.gov/quickfacts/fact/table/Marioncountyiowa,ia/PST045218

DEMOGRAPHIC DETAILS: POPULATION STATUS (1B)

	Population Indicator		•		Pella PSA (2014) N=225	Trend	State of Iowa
1b	Veterans	1,986	370	271 (2011-16)	248 (2010)		174,514
1b	Living in Same House 1 Year & Over, Percent	81.1%	74.8%		84.3% (2009)		86.0%
1b	Persons per Square Mile	60.3	60.2	60.1 (2010)	60.1 (2009)		57.1
1b	Children in Single-Parent Households, percent (County Health Rankings)	16%	22%	20%	20%		21%
1b	Poverty Levels, (Iowa Health Fact Book)	8.6%	9.2%	9.2%	9.1% (2007)		Rank 81
1b	Food Insecurity (County Health Rankings)	7%	10%	11%	11%		7%
1b	People 65+ with Low Access to a Grocery Store, (US Dept of Agriculture- Food Atlas)		2.4% (2015)	2.2%	2.5%		3.6%

1	b	Voter Turnout, percent	61.28%	NA	49.63%
		(Iowa Secretary of State)	(2018)		

Source: Unless stated source: US Census – Quick Facts

U.S. Census Bureau QuickFacts: Davis County, Iowa; Iowa

### ECONOMIC DETAILS (2)

	Economic Indicator	Pella PSA (2023) N=260	Pella PSA (2020) N=420	Pella PSA (2017) N=219	Pella PSA (2014) N=225	State of Iowa
2	Per Capita Money Income in Past 12 Months (2021 dollars)	\$34,545	\$29,640	\$26,280	\$25,062	\$34,817
2	Housing Units in Multi-Unit Structures, Percent	N/A	13.5%	13.9% (09- 13)	12.7%	1,438,565
2	Persons per Household	2.4	2.4	2.4 (11-15)	2.5	2.42
2	Severe Housing Problems (County Health Rankings)	10%	11%	10.0%		12%
2	Retail Sales per Capita (Business Quick Facts)		\$18,895			\$14,607
2	Total Number of Firms (Business Quick Facts)		852		3,254	61,849
2	Unemployment (County Health Rankings)	3.1%	2.0%	3.2%	6.3%	4.2%
2	Overall Food Insecurity Rate (Feeding America)		10.3%		11.5% (2013)	7.5%
2	Child Food Insecurity Rate (Feeding America)		14.4%	15.8% (2015)		9.4%
2	Mean Travel Time to Work (Minutes), Workers Age 16+	19.8	11.2		20.4 (2006)	19.6
2	Long Commute - Driving Alone (County Health Rankings)	26%	26%			21%

Source: Unless stated source: US Census – Quick Facts

https://www.census.gov/quickfacts/fact/table/Marioncountyiowa,ia/PST045218

PUBLIC SCHOOLS HEALTH DELIVERY (3A AND 3B)

Currently school districts are providing on-site primary health screenings and basic care.

	Education Indicator	(2023)	(2020)	(2017)	Pella PSA (2014) N=225	_	State of Iowa
3a	Students Eligible for Free Lunch (%)	28%	21.7%	31.0%	30.7%		30.0%
3a	4-Year High School Graduation Rates (Quick Facts)	94.0%	96%	92.0%	94%		92.8%
<b>3</b> a	Bachelor's Degree or Higher, Percent of Persons Age 25+, (Quick Facts)	30.9%	37.2%	24.8%	23.5%		29.7%

	Educatio	Pella PSA	Pella PSA	Pella Co
	n/Health	Community	Community	Community
	Indicator	School	School	School
	S	District	District	Districts
	5	(2022)	(2019)	(2017)
1	Number of Public-School Nurses	Will be provided	Will be provided	1 FT/3PT
2	School Wellness Plan in Place (Active)	in winter of	in fall of 2020	YES
3	VISION: Number Screened /	2023		NA
	Referred to Prof / Seen by			
	Professional			
4	HEARING: Number Screened /			NA
	Referred to Prof / Seen by Professional			
5	ORAL HEALTH: Number Screened /			Р:
	Referred to Prof / Seen by			302/16/NA,
	Professional			PC: 117/9/NA
6	SCOLIOSIS: Screened / Referred to Prof			Do not screen
	/ Seen by			
	Professional			
7	Students Served with No Identified			NA
	Chronic Health			
	Concerns			
8	Students Served with Identified			NR
	Chronic Health			
	Concerns			
9	Tdap Vaccine Provided to Children Age			NR
	10-18			
10	School has a Suicide Prevention			P: NA, PC: YES
	Program			,
11	Compliance on Required Vaccinations			P: 99%,
	• 2-year-old benchmark (DTaP,			PC: 94%
	HepB, MMR, Hib, Polio,			
	Varicella, Pneumo.)			
	Adolescent benchmark			
	(TdapTd, HepB, MMR,			
	Varicella, Meningo)			
	<ul> <li>Adolescent HPV benchmark</li> </ul>			



#### MATERNAL AND INFANT HEALTH (4A AND 4B)

Tracking maternal and infant care patterns is vital in understanding the foundation of family health.

	Health Indicator	(2023)	(2020)	(2017)	Pella PSA (2014) N=225	 State of Iowa
	Mothers Who Began Prenatal Care in First Trimester (Iowa Health Fact Book)	629	599	687	88.4%	Rank 20
4a	Annual Birth Outcome % Preterm (March of Dimes)		8.5%	12.0%		9.1%
4a	Low Birth Weight (<2500 Grams) (Iowa Health Fact Book)	44	57.2	6.0%	6.1%	Rank 22

4a	Mothers Who Smoked During Pregnancy (Iowa Health Fact Book)	78	164	131		Rank 20
4a	Mothers under Age 20 (Iowa Health Fact Book)	27	27	29		Rank 24
4a	Out-of-Wedlock Births (Iowa Health Fact Book)	202	197	283	115	Rank 23
4a	Average Monthly WIC Participation (https://datacenter.kidscount.org)		23.5%	2.5%	24.5%	26.9% (2017)

# LIVE BIRTHS (4B)

	Vital Statistics	Pella PSA (2023) N=260	Marion County, Iowa	Trend	State of Iowa
4	Total Live Births, 2012		368		38,686
4	Total Live Births, 2013		390		39,013
4	Total Live Births, 2014		368		39,685
4	Total Live Births, 2015		346		39,467
4	Total Live Births, 2016		408		39,054
4	Total Live Births, 2017		360		
4	Total Live Births, 2018		322		

Source: Iowa Department of Public Health, Vital Statistics

# HOSPITAL SPECIFIC DETAILS (5)

Understanding provider access and disease patterns are fundamental in healthcare delivery.

	Health Indicator	PSA (2023)	Pella PSA (2020) N=420	PSA (2017)	Pella PSA (2014) N=225	 State of Iowa
	Primary Care Physicians per 1 (County Health Rankings)	1,110:1	1,030:1	1,040:1	983	1,360:1
	Preventable Hospital Stays per 100,000 (County Health Rankings)	2,113	2,980	3,318	4,593	2,400
5	Patients Who Gave Their Hospital a Rating of 9 or 10 on a Scale from 0 (Lowest) to 10 (Highest) (CMS Hospital Compare)	No longer collected	82%	77%		77%
	Patients Who Reported Yes, They Would Definitely Recommend the Hospital (CMS Hospital Compare)		83%	74.5%		75%

5	Average Time Patients Spent in the Emer. Department Before They Were Seen by a Healthcare Professional, minutes (CMS Hospital Compare)	NR	3.0		115
5	Medicare Hospital Spending per Patient (Medicare Spending per Beneficiary) (CMS Hospital Compare)	Not Avail	Not Avail.		0.95
5	Unplanned Readmission Rate (new 2018) (CMS Hospital Compare)	15.3% (Nat Rate)			15% (national)

BEHAVIORAL AND MENTAL HEALTH PROFILE

		Pella	Pella	Pella	Pella		State of
		PSA	PSA	PSA	PSA	Trend	lowa
	Health Indicator	(2023)	(2020)	(2017)	(2014)		
		N=260	N=420	N=219	N=225		
6	Depression: Medicare Population	18%	17%	15.8%			13.8%
	(Center for Medicare and Medicaid						
	Services)						
6	Alcohol-Impaired Driving Deaths, (3 of 6	56%	42%	27%			27%
	Total Driving Deaths) (County Health						
	Rankings)						
6	Poor Mental Health Days	4.0	3.3	2.0	2.1		4.4
	(County Health Rankings)						

HEALTH BEHAVIORS PROFILE (7A)

Knowing community health risk factors and disease patterns can aid in the understanding of next steps to improve health.

	Health Indicator		Pella PSA (2020) N=420	(2017)	Pella PSA (2014) N=225	State of Iowa
7a	Adult Obesity	34%	34%	33%	32%	37%
7a	Adult Smoking	16%	15%	16%	20%	17%
7a	Excessive Drinking	24%	21%	19%	12%	25%
7a	Physical Inactivity	21%	26%	24%	25%	23%
7a	Poor Physical Health Days	2.6	3.0	2.9	2.1	2.8

7a	Sexually Transmitted Infections	318.8	287	249.9		478.5
	(per 100,000 residents)					

Source: County Health Ranking (7A)

CHRONIC HEALTH PROFILE (7B)

	Health Indicator – Medicare Population	Pella PSA (2023) N=260	Pella PSA (2020)	Pella PSA (2017)	Trend	State of Iowa
7b	Asthma	Not	2.86%	2.9%		4.08%
7b	Atrial Fibrillation		9.09%	8.8%		9.01%
7b	Cancer	per CMS in 2023.	7.73%			7.56%
7b	Chronic Kidney Disease	Use 2020	19.53%	11.5%		20.91%
7b	СОРД	numbers	10.25%	9.7%		11.28%
7b	Diabetes		22.90%	26%		24.15%
7b	Heart Failure	-	11.56%			12.77%
7b	Hyperlipidemia		36.92%	23.6%		38.88%
7b	Hypertension		54.53%	49.2%		53.62%
7b	Osteoporosis	]	6.63%			5.99%
7b	Stroke		2.18%	2.0%		2.91%

Source: Center for Medicare and Medicaid Services (7B) https://cms-

oeda.maps.arcgis.com/apps/MapSeries/index.html?appid=2653fc1758474036a46c1a2f47d4d243

### MORTALITY PROFILES

The leading causes of county deaths are listed below.

	Health Indicator		Pella PSA (2020) N=420	Pella PSA (2017) N=219	Pella PSA (2014) N=225	Trend	State of Iowa
8	Life Expectancy Females (Institute for Health Metrics and Evaluation)	81.8	81.8	80.9	NA		81.9
8	Life Expectancy Males (Institute for Health Metrics and Evaluation)	76.7	76.7	77.2			77.5
8	Infant Deaths (Iowa Health Fact Book)	No data reported	6				No data reporte d

#	Causes of Death by County of Residence	Pella PSA (2023) N=260	Pella PSA (2020) N=420	Pella PSA (2017) N=219	Pella PSA (2014) N=225	Trend	State of Iowa Rank
	All Causes	1,771	1,712	1,602	454		21
1	Heart Disease	444	502	422			19
2	All Cancer	402	407	369			21
3	Lung Cancer	71	106	94			24
4	Chronic Obstructive Pulmonary Disease	102	92	69			21
5	Stroke	88	90	94			20
6	Alzheimer's Disease	78	89	85			24
7	Accidents and Adverse Effects	79	65	61			23
8	Pneumonia/Influenza	43	47	54			13
9	Diabetes Mellitus	43	35	36			24
10	Suicide	35	28				18
11	Falls	27	23				22
12	Firearms	23	21				16
13	All Transportation	23	17				21
14	Motor Vehicle Traffic	21	13				17

## CAUSE OF DEATH

Source: Iowa Health Fact Book

### PREVENTATIVE HEALTH (COUNTY HEALTH RANKINGS)

	Health Indicator			Pella PSA (2017)	Trend	State of Iowa
9	Access to Exercise Opportunities	74%	86%	72%		79%
9	2-Year-Old Coverage of Individual Vaccines and Selected Vaccination Series, (Iowa Immunization Program)		75%	72%		71.0%
9	Diabetic Prevalence	8%	11%	10%		9%
9	Mammography Screening	51%	55%	70%		47%
9	Limited Access to Healthy Food	3%	3%	3%		6%
9	Percent Annual Check-Up Visit with PCP	Not found		Not found		Not found
9	Percent Annual Check-Up Visit with Dentist	Not found		Not found		Not found
9	Percent Annual Check-Up Visit with Eye Doctor	Not found		Not found		Not found

#### UNINSURED PROFILES (SOURCE: IOWA HEALTH FACT BOOK)

		Pella PSA	Pella	Pella	Trend	State
	Health Indicator	(2023)	PSA	PSA		of
		N=260	(2020)	(2017)		lowa
10a	Uninsured (Under 65), 2020	4.1%	4.0%	6.0%		5.7%

#### BAD DEBT AMOUNT

	Pella Regional Health Center	YR14	YR15	YR16	YR16	YR17	YR18	YR19	YR202 0	TREN
10b	Bad Debt	\$1,583,195	\$1,865,820	\$1,689,214	\$1,866,000	\$1,689,000	\$1,402,000	\$1,760,367		
10b	Charity Care	\$351,897	\$351,822	\$323,769	\$756,000	\$697,000	\$723,000	\$376.358		

# **Inventory of Community (Service Area) Health Partners**

#### Providers can be found at https://www.pellahealth.org/doctors/

Family Medicine **Pella Regional Health Center** 404 Jefferson Street, Pella, IA 50219 641-621-2200 Garrett Donaldson, MD Scot Dykstra, DO Rebecca Dykstra, DO Cassandra Lanning, DO Maria Lao, MD Luca Mihalovich, DO Seth Streeter, DO (Prairie City) Elizabeth Wooster-Pierson, MD Mitch Blom, DO Danielle Clark, DO Anne Hellbusch, DO Orville Jacobs (Sully, Bussy, P City) Kevin Mace, DO Mario Martinez, MD, PhD Richard Posthuma, MD Daniel, Rowley, MD Heidi Van Maanen, DO Tereasa Van Zee. DO Galyn Vande Zande, DO Heidi Wintermote, DO Craig Wittenberg, MD Holly Dunlavy, ARNP Kenzie Huyser, DNP, FNP

Jamie Amble, NP-C Marsha Collins, PA-C Diane DeJong, PA-C (Sully) Jennifer Sheffield, PA-C Jamie Steenhoek, ARNP (Prairie City) Jennifer Wadle, PA-C

#### Pella Regional Health Center

Ottumwa Clinic – Family Practice Allison Crall, ARNP (Ottumwa Clinic) Bethanne Stevens, ARNP (Ottumwa)

### Pella Regional Health Center

Knoxville Clinic - Family Practice 1208 N. Lincoln Knoxville, IA 50138 641-828-3832 Jennifer Elkin, DO Kevin Mace, DO Richard Posthuma, MD Craig Wittenberg, MD

Emergency Department Pella Regional Health Center 404 Jefferson Street, Pella, IA 50219 641-621-2200 Matthew Gritters MD Ryan Thoreson, DO Stephen Barnes, DO Kimberly Bina, DO Karen Emmert, PA-C Jeffrey Hartung, DO Wendelin Kriefels, MD Daniel Wright, DO

#### General Surgery

Pella Regional Health Center 404 Jefferson Street, Pella, IA 50219 641-628-6772 Matt Morgan, DO John Welander, MD, FACS

#### <u>Allergy</u>

Pella Regional Health Center 404 Jefferson Street, Pella, IA 50219 515-226-9559 Ravinder Agarwal, MD

Audiology Pella Regional Health Center 404 Jefferson Street, Pella, IA 50219 641-628-3150 Curtis Pargeon, COHC, HIS Dotty Walters, AUD

#### Cardiology

Pella Regional Health Center 404 Jefferson Street, Pella, IA 50219 515-633-3665 Joel From, MD Sydney Anderson, ARNP, C-FNP, DNP Daniel Shivapour, MD

#### <u>Chiropractic</u>

VanHemert Chiropractic 1310 Washington St., Pella, IA 50219 641-628-2099 Dr. Russell VanHemert, DC

Browne Family Chiropractic 110 10th St., Pella, IA 50219 641-628-3133 Dr. Beau Browne, DC Red Rock Chiropractic 1400 Fifield Road, Pella, IA 50219 641-628-9991

Hanlon Chiropractic Wellness 700 Main St Ste 213, Pella, IA 50219 641-628-8800

Andersen Chiropractic & Wellness 1910 Washington St., Pella, IA 50219 641-621-1910

Van Wyk Chiropractic Center 911 Washington St., Pella, IA 50219 641-628-3511

**Pella Family Chiropractic & Massage** 504 Franklin St., Pella, IA 50219 641-628-7240

#### Dentists

Pella Family Dentistry 2300 Washington Street, Pella, IA 50219 641-628-2671 Micha Vermeer, DDS

#### **Recker Dental Care**

2114 Washington Street, Pella, IA 50219 641-628-1604 Eric Recker, DDS Leigh Rasmussen, DDS

#### Allen & Neumann Family Dentistry

839 Broadway Street, Pella, IA 50219 641-628-1121 Jeffrey Allen, DDS Denise Neumann, DDS

Dahm Dental 2018 Washington Street, Pella, IA 50219 641-628-2468

Barnes, David, DDS 715 Main Street, Pella, IA 50219 641-628-2671 David Barns, DDS Kim Wass, DDS

Vannucci, Gregory, DDS 2601 Washington Street, Pella, IA 50219 641-628-2011

Shamrock Dental Co 1105 Big Rock Park Rd 641-628-1840

**Pella Orthodontics** 901 W. 16<sup>th</sup> Street Ste 100, Pella, IA 50219 641-628-9195

#### <u>Dermatology</u>

Pella Regional Health Center 404 Jefferson Street, Pella, IA 50219 641-621-2200 Vincent Angeloni, MD Jacquelyn Swim, ARNP

#### <u>ENT</u>

Pella Regional Health Center 404 Jefferson Street, Pella, IA 50219 641-236-2585 Joseph K. Whitman, DO

#### <u>Gynecology</u>

Pella Regional Health Center 404 Jefferson Street, Pella, IA 50219 641-621-2200 Joseph Coleman, MD, FACOG Maria Hernandez, MD, FACOG, FPMRS Dale Lensing, MD

#### Home Care Agencies

**Quality Home Care Professionals** 

101 E Marion, Knoxville, IA 50138 641-828-7889

**Iowa Home Care** 2521 Washington, Pella, IA 50219 641-620-1528

Home Instead Senior Care 888-331-3242

Marion County Public Health Kim Dorn, Director 2003 N Lincoln, Knoxville, IA 50138 641-828-2238

**Every Step Hospice** 213 E Main, Suite 103, Knoxville, IA 50138

#### <u>Hospitalist</u>

Pella Regional Health Center 404 Jefferson Street, Pella, IA 50219 641-621-2200 Charles Canedy, MD Ron Childerston, DO Don Nguyen, MD

#### Internal Medicine

Pella Regional Health Center 404 Jefferson Street, Pella, IA 50219 641-621-2200 Maria Lao, MD Doug Kanis, DO Robin Vande Voort, MD

### <u>Nurse Anesthetist</u>

Pella Regional Health Center 404 Jefferson Street, Pella, IA 50219 641-621-2200 Andy Hunsinger, CRNA Brady Blazek, CRNA Jon Schettler, CRNA Joel Shaw, CRNA Gregg Sutton, CRNA

#### Nursing Home/Assisted Living

Westley Life Services Hearthstone, Pella Manor The Cottages Fair Haven

#### **Obstetrics/FM**

**Pella Regional Health Center** 404 Jefferson Street, Pella, IA 50219 641-621-2200 Garrett Donaldson, MD Cassandra Lanning, DO Lucas Mihalovich, DO Elizabeth Wooster-Pierson, MD Anne Hellbusch, DO Mario Martinez, MD, PhD Richard Posthuma, MD Daniel Rowley, MD Tereasa Van Zee, DO Craig Wittenberg, MD

#### <u>Oncology</u>

Pella Regional Health Center 404 Jefferson Street, Pella, IA 50219 641-620-2021 Emily Brugioni, DO

#### Ophthalmology/Optometrist

Pella Regional Health Center 404 Jefferson Street, Pella, IA 50219 515-232-2450 Ryan Vincent, MD

#### Family Eye Care Center, PC

518 Franklin Street, Pella, IA 50219 641-628-2023

#### Whylie Eye Care Center

1534 Washington Street, Pella, IA 50219 641-628-2530

#### Eye Care Partners, PC

823 Franklin Street, Pella, IA 50219 641-628-9225

#### <u>Orthopedics</u>

Pella Regional Health Center 404 Jefferson Street, Pella, IA 50219 641-621-2200 Steven Aviles, MD Michael Gainer, MD Ze-Hui Han, MD Christopher Vincent, MD Benjamin Beecher, MD Joe Galles, MD Mark Matthes, MD Blake C. Hale, DPM Dudley Phipps, PA-C Kurt Smith, DO Miranda Ayers-Burkgren, PA-C

#### <u>Radiology</u>

Pella Regional Health Center 404 Jefferson Street, Pella, IA 50219 641-621-2200 Raviv Ramdial, MD Alison Smith, DO John Tentinger, MD

#### <u>Podiatry</u>

Pella Regional Health Center 404 Jefferson Street, Pella, IA 50219 641-621-2200 Jill Frerichs, DPM Blake C. Hale, DPM Sean McMurray, DPM

#### <u>Urology</u>

#### Pella Regional Health Center

404 Jefferson Street, Pella, IA 50219 641-621-2383 Russell Bandstra, MD Ryan Dornbier, MD Richard Glowacki, MD Stephanie Pothoven, DO, FACOS Trevor Wild, MD

#### <u>Specialist</u>

### **Pella Regional Health Center** 404 Jefferson Street, Pella, IA 50219 641-621-2200

Mark M. Belz, MD, FACP (Nephrology)
Johanna Schmolck, MD (Nephrology)
Matthew Doty, MD (Occup. Medicine)
Christina Sailors, ARNP (Occup. Med)
Chelsey Ballard, PA-C (Occup. Med)
Thomas Klein, DO (Pain Management)
Wesley Rayburn, MD (Pain Mgmt)
Andrew Johnson, ARNP, CRNA, NSPM-C (Pain Mgmt)
Austin Dueksen, PA-C (Pain Mgmt)
Emmylu Johnson, PA-C (Pain Mgmt)

Timothy Schurman, MD (Plastic Surg) Gerard Matysik, DO (Pulmonary Med) Shelby Dames, MD (Rheumatology) Jason Wittmer, MD (sleep disorders) Gerard Matysik, DO (Sleep dx) Russell Bandstra, MD (Urology) Aaron Smith (Urology) Nicholas Southard, DO (Vascular Surg) Maria Lao, MD (Weight Management) John Kanis, DO (Wound Care) Chelsey Ballard, PA-C (Wound Care) Molly Engelhart, DNP (Wound Care)

Veterans Care VA Central IA Healthcare System Based Outpatient Clinic 1607 N Lincoln Knoxville, IA 50138 641-828-5020

Marion County Veteran Affairs 214 E Main Knoxville, IA 50138 641-828-2201

# **Community (Service Area) Resources – Inventory of Services**

Invent	ory of Health Services – Pella service area, Public	: Health Dej	partment, and	Primary
Servic	e Area (Marion County, IA)			
Cat	Healthcare Services Offered in County: Yes / No	PRHC	Health Dept	County
Clinic	Primary Care	Yes	No	Yes
Hosp	Alzheimer Center	Yes	No	Yes
Hosp	Ambulatory Surgery Centers	Yes	No	Yes
Hosp	Arthritis Treatment Center	Yes	No	No
Hosp	Bariatric/Weight Control Services	Yes	Yes	No
Hosp	Birthing/LDR/LDRP Room/ Obstetrics	Yes	No	Yes
Hosp	Breast Cancer	Yes	No	Yes
Hosp	Burn Care	No	No	No
Hosp	Cardiac Rehabilitation	Yes	No	Yes
Hosp	Cardiac Surgery	No	Νο	No
Hosp	Cardiology Services	Yes	Νο	Yes
Hosp	Case Management	Yes	Yes	Yes
Hosp	Chaplaincy/Pastoral Care Services	Yes	Νο	Yes
Hosp	Chemotherapy	Yes	No	Yes
Hosp	Colonoscopy	Yes	No	Yes
Hosp	Crisis Prevention	No	Yes	Yes
Hosp	CT Scanner	Yes	Νο	Yes
Hosp	Diagnostic Radioisotope Facility	Yes	Νο	No
Hosp	Diagnostic/Invasive Catheterization	No	No	No
Hosp	Enrollment Assistance Services	Yes	No	Yes
Hosp	Full Field Digital Mammography (FFDM)	Yes	No	Yes
Hosp	Genetic Testing/Counseling	Yes	No	No

#### Inventory of Health Services – Pella Service Area and Marion County, Iowa

Invent	ory of Health Services – Pella service area, Public He	alth Depa	rtment, and	Primary
Service	Area (Marion County, IA)			
Cat	Healthcare Services Offered in County: Yes / No	PRHC	Health Dept	County
Hosp	Geriatric Services	Yes	Yes	Yes
Hosp	Heart	No	No	No
Hosp	Hemodialysis	No	No	Yes
Hosp	HIV/AIDS Services	No	No	No
Hosp	Image-Guided Radiation Therapy (IGRT)	No	No	No
Hosp	Inpatient Acute Care - Hospital Services	Yes	No	Yes
Hosp	Intensity-Modulated Radiation Therapy (IMRT) 161	No	No	No
Hosp	Intensive Care Unit	Yes	No	No
Hosp	Intermediate Care Unit	Yes	No	Yes
Hosp	Interventional Cardiac Catheterization	No	No	No
Hosp	Isolation room	Yes	No	Yes
Hosp	Kidney	No	No	No
Hosp	Liver	No	No	No
Hosp	Lung	No	No	No
Hosp	Magnetic Resonance Imaging (MRI)	Yes	No	Yes
Hosp	Mobile Health Services	Yes	No	Yes
Hosp	Multi-slice Spiral Computed Tomography (<64 slice CT)	Yes	No	Yes
Hosp	Multi-slice Spiral Computed Tomography (<64+ slice CT)	No	No	No
Hosp	Neonatal	No	No	No
Hosp	Neurological Services	No	No	No
Hosp	Occupational Health Services	Yes	No	Yes
Hosp	Oncology Services	Yes	No	Yes
Hosp	Orthopedic Services	Yes	No	Yes
Hosp	Outpatient Surgery	Yes	No	Yes
Hosp	Pain Management	Yes	No	No
Hosp	Palliative Care Program	Yes	No	No
Hosp	Pediatric	Yes	No	Yes
Hosp	Physical Rehabilitation	Yes	No	Yes
Hosp	Positron Emission Tomography/CT (PET) (PET/CT)	Yes	No	Yes
Hosp	Psychiatric Services	Yes	No	Yes
Hosp	Radiology, Diagnostic & Therapeutic	Yes	No	Yes
Hosp	Reproductive Health	Yes	No	No
Hosp	Robotic Surgery	No	No	Yes
Hosp	Sleep Center	Yes	No	Yes
Hosp	Social Work Services	Yes	Yes	Yes
Hosp	Sports Medicine	Yes	No	Yes
Hosp	Swing Bed Services	Yes	No	Yes

Invent	ory of Health Services – Pella service area, Public He	alth Dep	artment, and	Primary
Service	e Area (Marion County, IA)			
Cat	Healthcare Services Offered in County: Yes / No	PRHC	Health Dept	County
Hosp	Transplant Services	No	No	No
Hosp	Trauma Center-Level IV	Yes	No	Yes
Hosp	Ultrasound	Yes	No	Yes
Hosp	Women's Health Services	Yes	Yes	Yes
Hosp	Wound Care	Yes	No	Yes
SR	Adult Day Care Program	No	No	No
SR	Assisted Living	Yes	No	Yes
SR	Home Health Services	Yes	Yes	Yes
SR	Hospice	Yes	No	Yes
SR	Long-Term Care and Nursing Home Services	Yes	No	Yes
SR	Retirement Housing	No	No	Yes
SR	Skilled Nursing Care	Yes	No	Yes
ER	Emergency Services	Yes	No	Yes
ER	Urgent Care Center	Yes	No	No
ER	Ambulance Services	Yes	No	Yes
SERV	Alcoholism-Drug Abuse	No	No	Yes
SERV	Blood Donor Center	No	No	No
SERV	Chiropractic Services	No	No	Yes
SERV	Complementary Medicine Services	No	Yes	No
SERV	Dental Services	No	Yes	Yes
SERV	Fitness Center	No	No	Yes
SERV	Health Education Classes/Health Fairs/ Support Groups	Yes	Yes	Yes
SERV	Health Information Center	Yes	Yes	Yes
SERV	Health Screenings	Yes	Yes	Yes
SERV	Meals on Wheels	No	Yes	Yes
SERV	Nutrition Programs	Yes	Yes	Yes
SERV	Patient Education Center	Yes	No	No
SERV	Teen Outreach Services	No	No	Yes
SERV	Tobacco Treatment/Cessation Program	Yes	By Referral	Yes
SERV	Transportation to Health Facilities	No	No	Yes
SERV	Wellness Program	Yes	Yes	Yes

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# Providers Delivering Care – Marion County, Iowa

CARE DELIVERY

Care Providers			
	FTE Physicians		FTE Allied Staff
# of FTE Providers working in Primary Service Area (PSA)	PSA Based DRs	Visiting DRs Commun.	PSA Based PA / NP
Primary Care:			
Family Practice	21		9
Internal Medicine/Geriatrician	3		
Obstetrics/Gynecology	11		
Pediatrics	0		
Medicine Specialists/ Visiting Specialist:			
Allergy/Immunology	1		
Audiology	2		1
Cardiology	2		1
Dermatology	1		2
Endocrinology	0		
ENT (Ear/Nose/Throat)	1		
Gastroenterology	0		
Oncology/Radiology	2		1
Orthopedics /Surgery	9		2
Orthotics/Prosthetics	0		
Infectious Diseases	0		
Neonatal/Perinatal	0		
Nephrology	2		
Neurology			1
Occupational Medicine	1		1
Physical Medicine/Rehab			
Podiatry	1		
Psychiatry	0		
Pulmonary	1		
Rheumatology	1		
Surgery Specialists:			
General Surgery/Colon/Oral	2		1
Neurosurgery	0		
Ophthalmology/Optometry	1		
Otolaryngology (ENT)	1		

Care Providers			
	FTE Physicians		FTE Allied Staff
# of FTE Providers working in Primary Service Area (PSA)	PSA Based DRs	Visiting DRs Commun.	PSA Based PA / NP
Plastic/Reconstructive	0		
Thoracic/Cardiovascular/Vascular	0		
Urology	2		
Women's Health			1
Vascular Surgery	1		
Hospital Based:			
Anesthesia/Pain	2		4
Electromyography			
Emergency	5		1
Radiology	2		
Pathology		2	
Hospitalist	3		
Non-Hospital Based (Community):			
Chiropractor		7	
Optometrist		5	
Dentist		11	

## Service Directory

**EMERGENCY NUMBERS** 

Police/ Sheriff	911
Fire	911
Ambulance	911

NON-EMERGENCY / MUNICIPAL NUMBERS (MARION COUNTY, IOWA)

Marion County Sheriff (Police)	(641) 828-2220
Pella EMS	(641) 628-1780
Pella Fire	(641) 628-4921
Pella Police	(641) 628-4921

### QUICK REFERENCE PHONE GUIDE

Action Now	1-800-622-5168
Al-Anon "Free to Be Me"	(515) 462-4253
Alcoholics Anonymous	(515) 282-8550

Alzheimer's Disease Helpline	1-800-272-3900
American Cancer Society	1-800-227-2345
American Red Cross	1-800-887-2988
Arthritis Foundation	1-866-378-0636
Battered Women	1-800-433-SAFE
Child Abuse Hotline	1-800-795-9606
Dependent Adult Abuse Hotline	1-800-362-2178
Dependent Adult and Child Abuse	1-800-652-9516
Domestic Abuse Hotline	1-800-942-0333
First Call for Help	(515) 246-6555
Foundation Through Crisis	1-800-332-4224
Gambling Hotline	1-800-238-7633
Iowa Arson/Crime Hotline	1-800-532-1459
Iowa Child Abuse Reporting Hotline	1-800-362-2178
Iowa State Patrol Emergency	1-800-525-5555
Medicare	1-800-MEDICARE
Mental Health Information and Referral	1-800-562-4944
National Alcohol Hotline	1-800-252-6465
National Center for Missing and Exploited Children	1-800-THE LOST
National Institute on Drugs	1-800-662-4537
Poison Control	1-800-222-1222
Senior Health Insurance Info Program (SHIIP)	1-800-351-4664
Substance Abuse Information & Treatment	1-800-662-HELP
Suicide Prevention Hotline	1-800-SUICIDE
Teen Line (Red Cross)	

#### GENERAL ONLINE HEALTH RESOURCES

#### **Doctors and Dentists—General**

<u>AMA Physician Select: Online Doctor Finder</u> (American Medical Association) <u>DocFinder</u> (Administrators in Medicine) <u>Find a Dentist</u> (Academy of General Dentistry) <u>Find a Dentist: ADA Member Directory</u> (American Dental Association) <u>Physician Compare</u> (Centers for Medicare & Medicaid Services)

#### **Hospitals and Clinics**—General

<u>Find a Health Center</u> (Health Resources and Services Administration) <u>Find a Provider: TRICARE Provider Directories</u> (TRICARE Management Activity) <u>Hospital Quality Compare</u> (Centers for Medicare & Medicaid Services)

#### **Doctors and Dentists—Specialists**

<u>ACOG's Physician Directory</u> (American College of Obstetricians and Gynecologists) <u>ACR: Geographic Membership</u> <u>Directory</u> (American College of Rheumatology) <u>American College of Surgeons Membership Directory</u> (American College of Surgeons) American Osteopathic Association D.O. Database (American Osteopathic Association) ASGE: Find a Doctor (American Society for Gastrointestinal Endoscopy) Cancer Genetics Services Directory (National Cancer Institute) Child and Adolescent Psychiatrist Finder (American Academy of Child and Adolescent Psychiatry) Dystonia: Find a Health Care Professional (Dystonia Medical Research Foundation) Expert Locator: Immunologists (Jeffrey Modell Foundation) Find a Dermatologic Surgeon (American Society for Dermatologic Surgery) Find a Dermatologist (American Academy of Dermatology) Find a Gastroenterologist (American College of Gastroenterology) Find a Gynecologic Oncologist (Society of Gynecologic Oncologists) Find a Hand Surgeon (American Society for Surgery of the Hand) Find a Hematologist (American Society of Hematology) Find a Neurologist (American Academy of Neurology) Find a Pediatric Dentist (American Academy of Pediatric Dentistry) Find a Pediatrician or Pediatric Specialist (American Academy of Pediatrics) Find a Periodontist (American Academy of Periodontology) Find a Physical Medicine & Rehabilitation Physician (American Academy of Physical Medicine and Rehabilitation) Find a Plastic Surgeon (American Society of Plastic Surgeons) Find a Podiatrist (American Podiatric Medical Association) Find a Thyroid Specialist (American Thyroid Association) Find a Urologist (American Urological Association) Find an ACFAS Physician (American College of Foot and Ankle Surgeons) Find an Allergist/Immunologist: Search (American Academy of Allergy, Asthma, and Immunology) Find an Endocrinologist (Hormone Health Network) Find an Eye M.D. (American Academy of Ophthalmology) Find an Interventional Radiologist (Society of Interventional Radiology) Find an Oncologist (American Society of Clinical Oncology) Find an Oral and Maxillofacial Surgeon (American Association of Oral and Maxillofacial Surgeons) Find an Orthopedic Foot and Ankle MD (American Orthopedic Foot and Ankle Society) Find an Otolaryngologist (ENT) (American Academy of Otolaryngology--Head and Neck Surgery) Finding an Eye Care Professional (National Eye Institute) GI Locator Service (American Gastroenterological Association)

#### **Other Healthcare Providers**

AMTA's Find a Massage Therapist (American Massage Therapy Association) <u>Cancer Genetics Services Directory</u> (National Cancer Institute) <u>Find a Diabetes Educator</u> (American Association of Diabetes Educators) <u>Find a Genetic</u> <u>Counselor</u> (National Society of Genetic Counselors) <u>Find a Midwife</u> (American College of Nurse-Midwives) <u>Find a</u> <u>Nurse Practitioner</u> (American Academy of Nurse Practitioners) <u>Find a Physical Therapist</u> (American Physical Therapy Association) <u>Find a Professional: Online Directory of Audiology and Speech-Language Pathology Programs</u> (American Speech-Language-Hearing Association) <u>Find a Registered Dietitian</u> (Academy of Nutrition and Dietetics) <u>Find a Therapist</u> (Anxiety Disorders Association of America) <u>Find an Audiologist</u> (American Academy of Audiology) <u>Manual Lymphatic Drainage Therapists</u> (National Lymphedema Network) <u>National Register of Health Service</u> <u>Providers in Psychology</u> (National Register of Health Service Providers in Psychology) <u>NCCAOM: Find Nationally</u> <u>Certified Practitioners</u> (National Certification Commission for Acupuncture and Oriental Medicine) <u>Search for an</u> <u>Emergency Contraception Provider in the United States</u> (Princeton University, Office of Population Research)

#### Hospitals and Clinics—Specialized

Accredited Birth Centers (Commission for the Accreditation of Birth Centers) <u>Alzheimer's Disease Research Centers</u> (National Institute on Aging) <u>Cystic Fibrosis Foundation: Find a Chapter</u> (Cystic Fibrosis Foundation) <u>Cystic Fibrosis</u> <u>Foundation: Find an Accredited Care Center</u> (Cystic Fibrosis Foundation) <u>Dialysis Facility Compare</u> (Centers for Medicare & Medicaid Services) <u>FDA Certified Mammography Facilities</u> (Food and Drug Administration) <u>Find a Free</u> <u>Clinic</u> (National Association of Free Clinics) <u>Find an Indian Health Service Facility</u> (Indian Health Service) <u>Find</u> <u>Treatment Centers</u> (American Cancer Society) <u>Genetics Clinic Directory Search</u> (University of Washington) <u>Locate a</u> <u>Sleep Center in the United States by Zip Code</u> (American Academy of Sleep Medicine) <u>MDA ALS Centers</u> (Muscular Dystrophy Association) <u>Mental Health Services Locator</u> (Substance Abuse and Mental Health Services Administration) <u>NCI Designated Cancer Centers</u> (National Cancer Institute) <u>Neurofibromatosis Specialists</u> (Children's Tumor Foundation) <u>Post-Polio Directory 2011: Post-Polio Clinics, Health Professionals, Support Groups</u> (Post-Polio Health International including International Ventilator Users Network) <u>Spina Bifida Clinic Directory</u> (Spina Bifida Association of America) <u>Substance Abuse Treatment Facility Locator</u> (Substance Abuse and Mental Health Services Administration) <u>Transplant Center Search Form</u> (BMT InfoNet) <u>U.S. NMDP Transplant Centers</u> (National Marrow Donor Program) <u>VA Health Care Facilities Locator & Directory</u> (Veterans Health Administration) <u>Where to Donate Blood</u> (AABB) <u>Where to Donate Cord Blood</u> (National Marrow Donor Program)

#### **Other Healthcare Facilities and Services**

Alzheimer's Disease Resource Locator (Fisher Center for Alzheimer's Research Foundation) American College of Radiology Accredited Facility Search (American College of Radiology) APA District Branch / State Association Directory (American Psychiatric Association) Directory of Organizations (Deafness and Communication Disorders) (National Institute on Deafness and Other Communication Disorders) Dog Guide Schools in the United States (American Foundation for the Blind) Eldercare Locator (Dept. of Health and Human Services) Find a Hospice or Palliative Care Program (National Hospice and Palliative Care Organization) Find Services (for People with Vision Loss) (American Foundation for the Blind) Find Urgent Care Centers by State (Urgent Care Association of America) Genetic Testing Laboratory Directory (University of Washington) Home Health Compare (Centers for Medicare & Medicaid Services) Medicare: Helpful Contacts (Centers for Medicare & Medicaid Services) Muscular Dystrophy Association Clinics and Services (Muscular Dystrophy Association) National Foster Care and Adoption Directory Search (Children's Bureau) Nursing Home Compare (Centers for Medicare & Medicaid Services) Organizations That Offer Support Services (National Cancer Institute) Poison Control Centers (American Association of Poison Control Centers) Resources and Information for Parents about Braille (American Foundation for the Blind) State-Based Physical Activity Program Directory (Centers for Disease Control and Prevention) TSA Chapters in the USA (Tourette Syndrome Association) Violence against Women: Resources by State (Dept. of Health and Human Services, Office on Women's Health) Where to Find Hair Loss Accessories and Breast Cancer Products (American Cancer Society)

SOURCE: MedlinePlus provides links to directories to help you find libraries, health professionals, services, and facilities. NLM does not endorse or recommend the organizations that produce these directories, nor the individuals or organizations that are included in the directories.

# DATA DETAILS

### Plan Tactics for Marion County, Iowa – 2020 to 2023

Pella Regional Health Center CHNA-Health Implementation Plan		
2021 Health Needs - Primary Service Area (Marion County IA)		
# CHNA Health Areas of Need		Specific Actions to Address Need
1 Mental Health	<u> </u>	
	а	Increase providers and access
	Ь	Employment opportunities for providers
Provide depth and breadth of services for Mental Health needs in the communities	c	
	d	Improvement of community responses (example EMT education)
	e	Access to transportation to and from services in other communities
2 Child Care Services / Access		commonmes
Address childcare services within the	а	Investigate the options and opportunities with Childcare services and access
communities	Ь	Continue to work with Partnership study
	с	
3 Employment of Healthcare Workers		
Attract and retain healthcare workers	а	Partnering with community partners for attracting and retaining healthcare workers
	ь	Investigate housing options for low income workers available within the community.
	с	
4 Elderly Services and Volume of Services		
	а	Increase in-home support options for elderly residence in communities
Services for the elderly in the community	ь	Increase the availability of staffing options and human capital for elderly services
	c	Access and availability for adult day/acute services
	d	Improvement for funding resources and options for services
5 Substance Abuse		
Concern for and presence of substance abu	а	Drugs and substance use and presentation services/response
	b	Increased access to services
6 Teen Health	C	
Services and access for teen health	а	Improvement of services and access for teen health
	Ь	Continue to work with Community Coalition
I	c	
# Plan Tactics for Marion County, Iowa – 2017 to 2020

	Pella Re	egio	onal Health Center CHA-Health	Implemer	ntation Plan	
	2018 - 2	020	) Health Needs - Primary Service	Area (Mario	n County IA)	
#	CHNA Health Areas of Need		Specific Actions to Address Need	LEAD	Partners	Timeframe
1	Lack of Qualified Healthcare Workers Seeking Employment	а	Enhance marketing strategies with our website to really share our story as it relates to employment. (Small hospital, friendly work environment, opportunities for professional development, progressive in industry, etc.)	Human Resources	Marketing & Communication	Ongoing
		b	Enhance connection with High Schools to educate on Healthcare Careers	Human Resources	Professionals in a cross section of PRHC	Ongoing
		С	Enhance college student connections with Pella Regional Health Center to draw potential seekers to PRHC. (i.e., Welcome to Nursing School cards/flyers and other communications)	Human Resources	Marketing & Communication	Ongoing
		d	Retention Measures— *enhance succession planning for professionals to see additional growth opportunities within. *enhance orientation experience to integrate staff into their work environment	Human Resources	Leadership Team	Ongoing
2	Mental Health (Access, Diagnosis and Placement)		Note: This is not part of Pella Regional's mission or core business operations. PRHC will partner with Pine Rest on actions		CROSS (Regional services in Iowa)	
		a	Monitor collaborative partnership with PineRest to provide service as needed.	PineRest PRHC	PineRest PRHC	Ongoing
		b	Increase patients' and Provider/Staff knowledge/awareness of available services	PineRest PRHC	PineRest PRHC Marion Co Public Health Dept	ongoing
		C	Increase outpatient services to prevent the need for inpatient services	PineRest PRHC	PineRest PRHC Marion Co Public Health Dept	Ongoing
		d	24/7 Crisis stabilization services/placement decreases the admissions to inpatients thereby increasing the availability of IP beds	Marion & Mahaska Counties	PRHC, PineRest, Knoxville Comm Hospital, Mahaska Health Partnership	2015
3	Increase Medicaid Reimbursement	а	Monitor state and federal regulations for changes to laws	CEO & Public Relations	IHA, AHA	Ongoing
		b	Follow AHA and IHA on Medicaid reimbursement issues.	CEO & Public Relations	IHA, AHA	Ongoing
		с	Communicate with legislators regarding effects of legislation on Medicaid payments	Public Relations	PRHC	Ongoing
		d	Mobilize Pella Regional constituents to communicate with legislators regarding Medicaid payment issues.	Public Relations	PRHC	Ongoing

4	Substance Abuse (Meth, Marijuana, Opioids, Prescription Drugs)		Increase patients and providers/Staff knowledge/awareness of available services	PineRest & PRHC	PineRest, PRHC, Marion Co Public Health Dept.	Ongoing
			Educate Providers on screening questions/tools to evaluate patients	PineRest, PRHC	PineRest, PRHC	Deploy in clinics
			Continue to monitor prescription drug abuse. Support providers in discouraging prescription drug abuse. On-going program within the ED and Clinic. Tracks potential abusers and avoids prescribing narcotics to patients who do not have a relationship with the PRHC provider.	PRHC	Area Drug Stores and Physicians	On-going program
5	Community Health Education (Own Personal Health)	а	Promote wellness exams annually	Public Relations	PRHC, Marion Co Public Health Dept	Annual in April-June
		b	Add wellness information to www.pellahealth.org	Public Relations	PRHC	July-Dec 2018
			Utilize Health Partners to communicate with chronic illness patients regarding scheduling of exams and testing	Clinic	PRHC	Ongoing

# Iowa Hospital Data (Secondary Research)

### Ambulatory Surgery

IOWA HOSPITAL ASSOCIATION						D	MENSI	ONS
We care about Iowa's health								
Patient Type: Place of Service: Template Name: Report Name: Facility: Market Area: Time Period:	Outpatient Amb Surgery Market and Facility PRHC 2023 CHNA Ambula Pella Regional Health Cent Marion Amb Surgery 2020 Q1 through 2022 Q4							
		Marion	Amb Surge	ry	Pella Regio	nal Health C	Senter	
			% of	Avg.		% of	Avg.	Marke
State/County/ZIP code		Measures	Col.	Charges	Measures	Col.	Charges	Shar
lowa Marion								
50044		452	3.0	\$11,621	148	2.4	\$7,529	32
50057		75	0.5	\$9,361	12	0.2	\$5,979	16
50062		276	1.8	\$13,397	38	0.6	\$7,056	13
50116		141	0.9	\$12,116	45	0.7	\$8,693	31
50119		232	1.5	\$10,874	111	1.8	\$7,570	47
50138		5,795	38.5	\$11,583	1,598	25.7	\$7,480	27
50163		382	2.5	\$16,163	67	1.1	\$9,037	17
50214		303	2.0	\$13,864	173	2.8	\$8,484	57
50219		5,998	39.9	\$10,915	3,762	60.4	\$7,009	62
50225		1,125	7.5	\$14,389	167	2.7	\$7,017	14
50256		265	1.8	\$10,823	105	1.7	\$8,266	39
Marion Total		15,044	100.0	\$11,693	6,226	100.0	\$7,247	41.
owa Total		15,044	100.0	\$11,693	6,226	100.0	\$7,247	41
Report Totals:		15,044	100.0	\$11,693	6,226	100.0	\$7,247	41.

# **Emergency Department**

IOWA HOSPITAL ASSOCIATION						DI	MENSI	ons
We care about Iowa's health								
Patient Type:	Outpatient							
Place of Service:	ER							
Template Name:	Market and Facility							
Report Name:	PRHC 2023 CHNA ER							
Facility:	Pella Regional Health Center							
Market Area:	Marion ER							
Time Period:	2020 Q1 through 2022 Q4							
	1	M	arion ER	1	Pella Regio	nal Health C	Center	
			% of	Avg.		% of	Avg.	Mark
State/County/ZIP code		Measures	Col.	Charges	Measures	Col.	Charges	Sha
lowa Marion								
50044		1,192	3.6	\$3,301	570	3.8	\$3,409	47
50057		188	0.6	\$2,985	22	0.1	\$3,064	11
50062		665	2.0	\$3,173	73	0.5	\$3,121	11
50116		303	0.9	\$2,993	117	0.8	\$3,121	38
50119		564	1.7	\$3,223	353	2.4	\$3,267	62
50138		14,916	45.6	\$2,875	3,190	21.5	\$3,202	21
50163		976	3.0	\$3,619	103	0.7	\$3,782	10
50214		497	1.5	\$3,347	421	2.8	\$3,142	84
50219		10,374	31.7	\$3,665	9,424	63.6	\$3,531	90
50225		2,504	7.7	\$4,132	232	1.6	\$3,350	9
50256		531	1.6	\$3,357	306	2.1	\$3,664	57
Marion Total		32,710	100.0	\$3,288	14,811	100.0	\$3,434	45
lowa Total		32,710	100.0	\$3,288	14,811	100.0	\$3,434	45

#### Inpatient

ASSOCIATION										אוע	IENSI	ONS
We care about Iowa's health												
Patient Type: Template Name: Report Name: Facility: Market Area: Time Period:	Pella Regio Marion Lab	l Facility 3 CHNA Inpat onal Health Ce I-Radiology rough 2022 Q	nter									
			% of	Lab-Radio	•	Avg.		% of	onal Health		Avg.	Market
State/County/ZIP code		Discharges	Col.	LOS	ALOS	Charges	Discharges	Col.	LOS	ALOS	Charges	Share
lowa Marion												
50044		291	3.4	2,052	7.05	\$68,329	86	3.3	344	4.00	\$14,635	29.6
50057		46	0.5	179	3.89	\$38,856	8	0.3	21	2.63	\$7,978	17.4
50062		186	2.2	869	4.67	\$37,720	14	0.5	29	2.07	\$8,965	7.5
50116		77	0.9	391	5.08	\$53,944	19	0.7	60	3.16	\$13,782	24.7
50119		144	1.7	696	4.83	\$38,203	42	1.6	179	4.26	\$16,121	29.2
50138		3,625	42.0	18,036	4.98	\$43,523	721	27.5	2,302	3.19	\$12,731	19.9
50163		262	3.0	1,317	5.03	\$51,705	13	0.5	30	2.31	\$10,321	5.0
50214		151	1.8	637	4.22	\$43,496	69	2.6	203	2.94	\$12,220	45.7
50219		2,881	33.4	13,280	4.61	\$38,528	1,543	58.9	5,707	3.70	\$14,414	53.6
50225		840	9.7	3,876	4.61	\$43,271	61	2.3	163	2.67	\$13,608	7.3
50256		121	1.4	777	6.42	\$65,504	42	1.6	151	3.60	\$17,561	34.7
Marion Total		8,624	100.0	42,110	4.88	\$43,078	2,618	100.0	9,189	3.51	\$13,885	30.4
lowa Total		8,624	100.0	42,110	4.88	\$43,078	2,618	100.0	9,189	3.51	\$13,885	30.4
Report Totals:		8,624	100.0	42,110	4.88	\$43,078	2,618	100.0	9,189	3.51	\$13,885	30.4

#### Observation

ICWA HOSPITAL ASSOCIATION We care about Iowa's health						D	MENSI	ONS
Patient Type: Service Marker: Template Name: Report Name: Facility: Market Area: Time Period:	Outpatient Observation Market and Facility PRHC 2023 CHNA Outpatient Pella Regional Health Center Marion Outpatient 2017-2019 2020 Q1 through 2022 Q4							
	1	Marion Out	patient 2017	7-2019	Pella Regio	nal Health (	Center	
			% of	Avg.	-	% of	Avg.	Market
State/County/ZIP code		Measures	Col.	Charges	Measures	Col.	Charges	Share
lowa Marion								
50044		152	3.7	\$12,311	78	3.7	\$8,709	51.3
50057		25	0.6	\$8,000	9	0.4	\$3,731	36.0
50062		65	1.6	\$14,951	12	0.6	\$5,958	18.
50116		28	0.7	\$16,160	13	0.6	\$11,158	46.4
50119		55	1.3	\$14,865	37	1.7	\$10,911	67.3
50138		1,733	42.5	\$11,836	563	26.4	\$5,798	32.
50163		106	2.6	\$17,948	13	0.6	\$12,251	12.
50214		72	1.8	\$12,387	54	2.5	\$7,610	75.
50219		1,480	36.3	\$12,255	1,262	59.3	\$8,837	85.
50225		286	7.0	\$17,323	44	2.1	\$6,427	15.4
50256		77	1.9	\$12,826	44	2.1	\$8,800	57.1
Marion Total		4,079	100.0	\$12,674	2,129	100.0	\$7,980	52.2
lowa Total		4,079	100.0	\$12,674	2,129	100.0	\$7,980	52.2
Report Totals:		4,079	100.0	\$12,674	2,129	100.0	\$7,980	52.2

# Radiology and Lab

ASSOCIATION						יש	MENSI	ONS
We care about Iowa's health								
Patient Type: Place of Service: Template Name: Report Name: Facility: Market Area: Time Period:	Outpatient Lab Radiology Market and Facility PRHC 2023 CHNA Outpati Pella Regional Health Cent Marion Lab-Radiology 2020 Q1 through 2022 Q4							
		Marion	_ab-Radiolo	gy	Pella Regio	nal Health C	Center	
			% of	Avg.	-	% of	Avg.	Market
State/County/ZIP code		Measures	Col.	Charges	Measures	Col.	Charges	Share
lowa Marion								
50044		6,421	3.0	\$1,346	3,725	3.0	\$1,102	58.0
50057		1,309	0.6	\$950	410	0.3	\$657	31.3
50062		3,757	1.8	\$1,495	651	0.5	\$1,152	17.3
50116		1,945	0.9	\$1,573	1,101	0.9	\$1,248	56.6
50119		3,291	1.6	\$1,515	2,042	1.7	\$897	62.0
50138		88,925	41.9	\$1,089	33,105	27.0	\$822	37.2
50163		4,446	2.1	\$1,107	772	0.6	\$1,098	17.4
50214		4,268	2.0	\$1,029	3,617	3.0	\$800	84.7
50219		81,686	38.5	\$1,090	73,153	59.7	\$820	89.6
50225		12,543	5.9	\$1,093	2,002	1.6	\$763	16.0
50256		3,516	1.7	\$942	2,015	1.6	\$905	57.3
Marion Total		212,107	100.0	\$1,111	122,593	100.0	\$837	57.8
lowa Total		212,107	100.0	\$1,111	122,593	100.0	\$837	57.8

### **Outpatient – Other**

IOWA HOSPITAL ASSOCIATION						D	MENSI	ONS
We care about Iowa's health								
Patient Type: Place of Service: Template Name: Report Name:	Outpatient Other outpatient Market and Facility PRHC 2023 CHNA Other Ou							
Facility:	Pella Regional Health Cente	r						
Market Area:	Marion County							
Time Period:	2020 Q1 through 2022 Q4							
		Mari	ion County		Pella Regio	onal Health C		
			% of	Avg.		% of	Avg.	Market
State/County/ZIP code		Measures	Col.	Charges	Measures	Col.	Charges	Share
lowa Marion								
50044		610	2.5	\$1,109	92	2.5	\$750	15.1
50057		182	0.7	\$232	10	0.3	\$229	5.5
50062		635	2.6	\$1,044	28	0.8	\$2,440	4.4
50116		230	0.9	\$699	25	0.7	\$2,832	10.9
50119		341	1.4	\$748	47	1.3	\$1,201	13.8
50138		13,516	54.9	\$546	841	22.9	\$973	6.2
50163		861	3.5	\$246	26	0.7	\$867	3.0
50214		376	1.5	\$514	112	3.0	\$911	29.8
50219		5,207	21.1	\$1,152	2,398	65.2	\$1,462	46.1
50225		2,228	9.0	\$546	61	1.7	\$971	2.7
50256		451	1.8	\$341	38	1.0	\$652	8.4
Marion Total		24,637	100.0	\$688	3,678	100.0	\$1,305	14.9
lowa Total		24.637	100.0	\$688	3.678	100.0	\$1.305	14.9

### Rehab Services (Therapy)

IOWA HOSPITAL ASSOCIATION						DI	MENSI	ons
We care about Iowa's health								
Patient Type: Place of Service: Template Name: Report Name: Facility: Market Area: Time Period:	Outpatient Therapy Market and Facility PRHC 2023 CHNA Therapy Pella Regional Health Center Marion Therapy 2017-2019 2020 Q1 through 2022 Q4							
	1	Marion Th	erapy 2017-	2019	Pella Regio	nal Health C	Center	
			% of	Avg.	•	% of	Avg.	Market
State/County/ZIP code		Measures	Col.	Charges	Measures	Col.	Charges	Share
lowa Marion								
50044		602	2.4	\$1,277	342	2.3	\$1,261	56.8
50057		169	0.7	\$1,082	28	0.2	\$1,096	16.6
50062		474	1.9	\$1,124	135	0.9	\$1,183	28.5
50116		152	0.6	\$1,218	71	0.5	\$1,092	46.7
50119		305	1.2	\$1,057	190	1.3	\$1,020	62.3
50138		10,782	43.6	\$1,189	4,496	30.0	\$1,168	41.7
50163		489	2.0	\$1,364	90	0.6	\$1,643	18.4
50214		469	1.9	\$1,047	406	2.7	\$1,034	86.6
50219		9,538	38.5	\$1,173	8,698	58.0	\$1,140	91.2
50225		1,401	5.7	\$1,270	290	1.9	\$1,072	20.7
50256		375	1.5	\$1,209	249	1.7	\$1,160	66.4
Marion Total		24,756	100.0	\$1,187	14,995	100.0	\$1,149	60.6
lowa Total		24,756	100.0	\$1,187	14,995	100.0	\$1,149	60.6

# CHA Survey Detailed Survey, Findings (Primary Research)



_						and Marion
Count						
	-	-				nty Public Health invite you t alp by answering a few
						ept confidential.
Thank you a	gain for yo	our particip	ation.			
Indicates requ	iired quest	tion				
0		uld you ra	ite the ov	erall quali	ty of the h	ealthcare delivered to yo
In genera communi		uld you ra	ite the ov	erall quali	ty of the h	ealthcare delivered to you
0	ty?	-	ite the ov	erall quali	ty of the h	ealthcare delivered to you
communi	ty?	-	ite the ov Fair	erall quali Poor	ty of the h Very Poor	ealthcare delivered to you
communi	ty? one oval pe Very	er row.		·	Very	ealthcare delivered to you

fark only one o	val per rov	97.				
	Very Good	Good	Fair	Poor	Very Poor	Not Applicable (NA)
Pediatric (child) care	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Chiropractor	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Dentist(s)	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Eye Doctor / Optometrist	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Family Planning Services	$\bigcirc$	$\odot$	$\bigcirc$	$\bigcirc$	$\odot$	$\odot$
Family Practice (Medical) Services	$\bigcirc$	$\odot$	$\odot$	$\bigcirc$	$\bigcirc$	$\odot$
Home Care Agencies / Home Health	$\bigcirc$	$\odot$	$\bigcirc$	$\bigcirc$	$\odot$	$\bigcirc$
Hospice	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Hospital Services	$\bigcirc$	$\odot$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Nursing Home	$\bigcirc$	$\odot$	$\odot$	$\odot$	$\odot$	$\odot$
Pharmacy	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\odot$
Public Health	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
School Nurse	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	0
Teen health						
(drinking, abuse, safety, pregnancy)	$\bigcirc$	$\odot$	$\bigcirc$	$\bigcirc$	$\bigcirc$	0
Child (day) care services	$\bigcirc$	$\odot$	$\odot$	$\odot$	$\odot$	$\odot$

only one	oval per row	£.		
	Not a problem	Somewhat of a problem	Major problem	Don't know
Cancer	$\bigcirc$	$\odot$	$\bigcirc$	$\bigcirc$
Diabetes	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Drug Abuse	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Substance Abuse	$\bigcirc$	$\odot$	$\bigcirc$	$\bigcirc$
Heart Disease	$\bigcirc$	$\odot$	$\bigcirc$	$\bigcirc$
Mental Illness	$\bigcirc$	$\odot$	$\bigcirc$	$\bigcirc$
Obesity	$\odot$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Pneumonia / Flu	$\bigcirc$	$\odot$	$\bigcirc$	$\bigcirc$
Respiratory Disease	$\bigcirc$	$\odot$	$\bigcirc$	$\bigcirc$
Sexually Transmitted Disesses	$\bigcirc$	0	$\bigcirc$	$\bigcirc$
Stroke	$\bigcirc$	$\odot$	$\bigcirc$	$\bigcirc$
Suicide	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Trauma	0	0	0	$\bigcirc$

5.	In your opinion, what areas need additional education or attention in our community?
	(Please select all that apply)
	Check all that apply.
	Abuse / Violence
	Aging (Dementia)
	Alcohol
	Alternative Medicine
	Child (day) care
	Chronic Diseases (example Diabetes or Heart Failure)
	Drugs/Illegal substances
	Family Planning / Birth Control
	Lead Exposure
	Mental Illness Neglect
	Nutrition
	Obesity
	Pain Management
	Pediatric (child) care
	Poverty
	Preventative Health
	Sexually Transmitted Diseases
	Suicide
	Teen Health (drinking, abuse, safety, pregnancy)
	Tobacco Use
	Uninsured / Underinsured
	Vaccinations
	Wellness Education
	Other:

	Very Good	Good	Fair	Poor	Very Poor	Not aware of the services
Caregiver training programs/support groups	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\odot$	$\bigcirc$	$\bigcirc$
Early childhood development programs	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Prevention of falls	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Obesity prevention and treatment	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Spiritual health support	$\bigcirc$	$\bigcirc$	$\odot$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Drug abuse programs	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Reduction of opiate/narcotic use	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\odot$	$\bigcirc$
Alcohol use and treatment programs	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\odot$	$\bigcirc$
Transportation (bus) services in community	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Violence prevention	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

Mark only	one oval p	er row.					
	Very Good	Good	Fair	Poor	Very Poor	Not Applicable (NA)	
Infants	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	
Age 1 - 12	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	
Age 13 - 17	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	
Age 18 - 25	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	
Age 26 - 44	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	
Age 45 - 64	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	
Age 65 - 84	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\odot$	$\bigcirc$	
Over 85	$\bigcirc$	$\odot$	$\odot$	$\odot$	$\odot$	$\odot$	

Mark only one ov	al per row					
	Very Good	Good	Fair	Poor	Very Poor	Not Applicable
Emergency preparedness	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Food and nutrition services (WIC programs)	0	$\odot$	0	0	0	0
Health screenings	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Access to services	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Prenatal / child health programs	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Sexually transmitted disease testing	$\bigcirc$	$\odot$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Tobacco prevention / cessation programs	$\odot$	0	$\odot$	$\odot$	0	0
Women's wellness programs	$\bigcirc$	$\odot$	$\bigcirc$	$\bigcirc$	$\odot$	$\odot$

	Very Good	Good	Fair	Poor	Very Poor	Not Applicable (NA)
Ambulance Services	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Emergency Room	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Family Practice/Medical (clinic) services	0	$\odot$	$\bigcirc$	$\bigcirc$	0	$\bigcirc$
Hospital services	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\odot$
Mental health services	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Outpatient services (lab, radiology, etc.)	$\odot$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Specialist physician care	$\odot$	$\odot$	$\odot$	$\odot$	$\odot$	0

	Mark only one oval.
	Yes Skip to question 12
	No Skip to question 14
Ad	Iditional County Services
12.	Please list the health care services you or your household member(s) have receive outside of your county.
13.	If offered, would you have received the services locally?
	Mark only one oval.
	Yes
	No
	Maybe
CH	ANGES TO HEALTH SERVICES
0	er the last few years, Pella Regional Health Center and Marion County Public Health have

ark only one ovai	l per row.		
	Not a problem anymore	Somewhat a problem	Still a problem
Care coordination and expanding rural care	0	0	$\odot$
Access to mental health services at the hospital	$\odot$	$\odot$	
Access, diagnosis, and placement for mental health services in the community	0	0	0
Lack of qualified healthcare workers seeking employment	0	0	0
Increased Medicaid reimbursement	$\odot$	$\odot$	$\odot$
Substance abuse - Opioid / narcotic use		$\odot$	$\bigcirc$
Illegal drug and alcohol use	$\odot$	$\odot$	0
Community health education (personal health)			0

	Check all that apply.
	Wellness options (example healthy lifestyle, food options, exercise, check-up screenings)
	Public awareness of healthcare services
	Mental Health / Counseling services
	Public transportation for healthcare
	After hours pharmacy services
	Nutritional education
	Home health / public health
	Hospice
	Dental services Obstetrics (family planning and prenatal care) services
	Obstetrics (family planning and prenatal care) services Access to urgent care services
	Healthy eating options
	Cancer services
	Chronic disease prevention (example diabetes or heart failure)
	Elder assistance programs
	Family assistance programs
	Care transitions (movement from one healthcare setting to another or home)
	Other:
	DUR HEALTH
ľ	
	In general, how would you best describe your health? (Please select only or
	In general, how would you best describe your health? (Please select only or Mark only one oval per row.

17.	Compared	d to a yea	r ago, hov	w would ye	ou rate your overall health now?	
	Mark only o	one oval pe	r row.			
		Much better than a year ago	About the same	Much worse than a year ago		
	Change in health	0	0	0		
18.				provider y	rou use for primary care (clinic visits)?	
	Mark only Yes	one oval.				
19.	Have you	had a phy	vsical in t	he past 12	months?	
	Mark only	one oval.				
	Yes No					
20.	lf you hav	e not had	a physic	al, please j	provide the specific reason.	

	Yes	No	Not Applicable (NA)
Eating right (Daily, 5 servings of fruits, vegetables, wheat)	0	0	$\odot$
Using tobacco products weekly	$\bigcirc$	$\bigcirc$	$\bigcirc$
Exercising 2-3 times weekly	$\bigcirc$	$\bigcirc$	$\odot$
Consuming alcohol (more than 1 drink daily)			$\bigcirc$
Receiving an annual flu shot			$\bigcirc$
Been without a place to stay for multiple nights (homeless)	0	0	0
Having difficulty with employment due to transportation, education, skills, childcare, scheduling, etc	0	0	0

fark only one oval	per row.	
	Yes	No
In the last 12 months, did you ever eat less than you felt you should because there wasn't enough money for food?	0	0
In the last 12 months, has your utility company shut off your service for not paying your bills?	0	0
Are you worried that in the next 2 months, you may not have housing?	0	
Do problems getting child care make it difficult for you to work or study? (leave blank if you do not have children)		0
In the last 12 months, have you needed to see a doctor, but could not because of cost?		0

	What type of healthcare facility do you use when not feeling well or sick?
	Mark only one oval.
	Clinic/Doctor's office
	Emergency Department
	Urgent-care/Walk-in Care
	Tele-health / Virtual Visits
	Public Health Department
	Don't seek care/medical treatment
	Other:
_	
AB	OUT YOU
	ase provide a bit more information about who you are so we can better serve the mmunity.
cor	nmunity.
cor	mmunity.
cor	mmunity. What is your age? Mark only one oval.
cor	mmunity. What is your age? Mark only one oval. 17 and under
cor	mmunity. What is your age? Mark only one oval. 17 and under 18 to 25
cor	mmunity. What is your age? Mark only one oval. 17 and under 18 to 25 26 to 44
cor	mmunity. What is your age? Mark only one oval. 17 and under 18 to 25 26 to 44 44 to 64

26.	Your gender
	Mark only one oval.
	Female     Male     Prefer not to say
27.	How would you identify yourself?
	Mark only one oval.
	Caucasian / White
	African American / Black
	Latino / Hispanic
	Indian / Native Alaskan
	Asian / Pacific Islander
	Multicultural / Multiracial
	Other:
28.	How would you describe your household? (Please select all that apply) Check all that apply. Single Married Parent / Guardian with children at home
	Married with children no longer at home
	Divorced Widowed
	Other:

29.	Regarding your health insurance coverage, what type of health coverage is your primary plan? (Choose one) Mark only one oval.
	Private Insurance you purchased     Covered by employer (employer pays total cost)     Partially covered by employer (you and employer share cost)     Medicare     Medicaid     No coverage (uninsured)
30.	Where do you get most of your medical information? Mark only one oval. Doctor Internet Friend(s) Family Social media Television Radio Insurance company
	Social media Television Radio

31.	For reporting purposes, are you involved in or are you a (Please check all that apply)
	Check all that apply.
	Board member (local health organization) Business / Merchant Civic club member Cilerg / Congregational Leader College / University student Construction / Housing / Builder Consumer of healthcare services Education official / Teacher Economic Development/Government Farmer / Rancher Health Department
	Healthcare Provider
32.	Hospital or Clinic employee     Insurance industry     Laborer     Law Enforcement     Parent / Caregiver     Student (high school)     Veteran     Other:  What is your home 5 digit zip code?*
TH	ANKYOU
	r paper only) If filling this with a paper form, please return the complete survey with closed business reply envelope.
33.	Please provide today's date.

### **Town Hall Meeting Outcomes (Primary Research)**

#### **Top Priorities (votes for top actions)**

- Mental Health: Increase the provided and breadth of services for Mental Health needs in the communities. Mental Health needs: increase providers, access, employment for providers, reimbursement shortage – barrier for services, community responses (example: EMT), and transportation to and from services in other communities.
- 2. Substance Abuse: Reduce the concern for and presence of substance abuse related health/safety issues. Drugs and substance use and presentation services/response Ranking high in use of substances within the communities, health/safety concerns related to substance use, and decreased access to services.
- **3. Workforce Shortages:** Collaborating with community partners to attract and retain healthcare and other employees to the county. Housing for low-income workers available to the communities.
- 4. Childcare Services/ Access: Continue to address the access to childcare services within the communities. Continue to work with Partnership study.
- 5. Transportation services: Continue to address the needs of transportation services for emergency management and medical treatment needs for the community, including but not limited to the elderly in the communities.
- Health and Housing Stability Coalition for County Continue to work on services for the elderly in the community including housing, In-home support, Staffing, Day/acute services, and funding resources

Implementation of 2023 Priorities in Action Plan – listed prior in report.

#### CONTACT INFORMATION AND QUESTIONS

#### **Hospital Contact**

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-----End of Report-----