

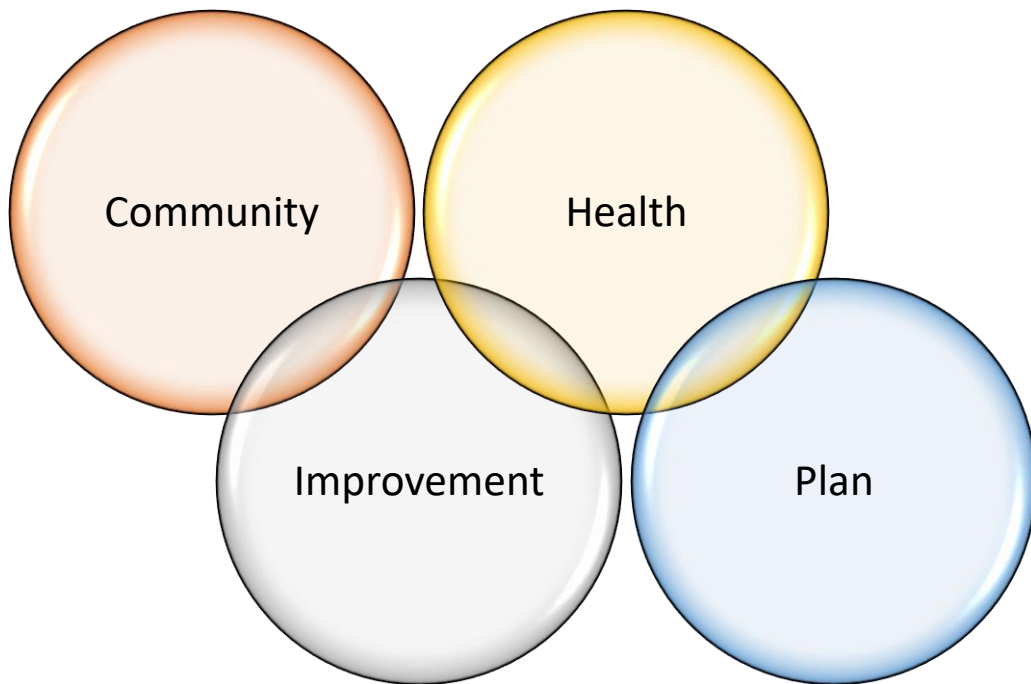
Warren County

Community Health Improvement Plan

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For Addittional Information, Contact:

NAME	ORGANIZATION	PHONE	EMAIL
Joelle Stolte Phd, MPH	Warren County Health Services	515-690-9190	joelles@warrencountyia.org

Community Health Improvement Plan

The community health improvement plan (CHIP) is a long-term, systematic effort to make sure all people have access to what they need to be healthy and well. Based on the results of the community health assessment (CHA), three primary health priority goals were identified. The Warren County Health Services CHIP describes how the health department and community will work together to improve the health of the population and implement strategies to address the goals. It indicates community priorities and the initiatives, projects, and potential policies that may be necessary to improve community health. The community health improvement plan is developed and implemented collaboratively and defines a vision for the community's health.

2023-2024 Health Priorities	
Community Priority 1	<ul style="list-style-type: none">• Improve Mental Health Access
Community Priority 2	<ul style="list-style-type: none">• Promote Healthy Living
Community Priority 3	<ul style="list-style-type: none">• Prevent Unintentional Injury

Community Health Improvement Plan				Report Year 2023-2024	Sector: Community but may affect others
<p>Community Priority 1: GOAL: Improve Mental Health Access through collaboration and alignment of social services and by improving access through increased public transport.</p> <p>According to the 2021 CHA more than 17% of Warren County residents were diagnosed with a depressive order and 23% experience chronic depression. Access to healthcare and mental health were within the top 10 areas of opportunity identified in the assessment. Suicides rates in Warren County are higher than the state and national average, and the number of mental health providers in the county are 4X lower.</p> <p>This is an on-going goal where WCHS has identified it as a priority since 2018. Since then, WCHS has added a few local Mental Health provider agencies to the county and has organized community meetings to identify continuing gaps of service and find ways to work with partners to fill these gaps. Successes include collaboration among partners (Jail and CICS Mental Health office) and utilizing technology to increase access to resources. Further strategies for improvement are outlined in this plan.</p>				Alignment:	
				National: CDC Healthy People 2030 MHMD-01 MHMD-06	
				Increase the proportion of people with mental health and substance use to get access to help.	
				State: 3.1.2 Implement a collaborative approach to address lowas top health issues.	
		County: Goal 1 Objective 1, S1:1, S1:2, S1:3, S1:4			
Baseline Year: 2018	Current Outcome: On Track	Target Year: 2025	Target Outcome: TBD	Progress Categories: Met, On Track, Off Track, Unmet (No Progress)	
Challenges: Increasing the availability of services and workforce in suburban and rural areas, and reducing the stigma associated with mental health.			Resources: Community Partnerships and existing programs		Responsible Party(s): WCHS Community Partners, Elected officials, stakeholders
Goal 1: Objective 1		Baseline Year	Target Year	Progress Notes S- Short term I- Intermediate L- Long term	Status: Met, On Track, Off Track, Unmet (No Progress)
1-1) Increase access to Mental Health providers by 2025.		2018	2025	L	On track
Strategy 1-1:1		2018	2025	Progress Notes	Strategy Progress
Sustain the Warren County Cares Coalition (WCCC) and strive to develop a Mental Health subcommittee composed of those who are, or have close relationships with, mental health providers though 2025.				L-This committee has been reinstated and currently meets on a monthly basis.	Met
Strategy 1-1:2		2023	2025		

Strengthen Crisis Response by implementation of a PH Navigator position that will build off of existing relationships and strengthen the processes of promotion of Your Life Iowa and access to 24/7 crisis hotline with use of current mobile crisis system to improve response related to mental health crisis within the community by 2025.			L-WCHS is in the process of hiring a PH navigator to coordinate efforts for residents w/ substance abuse issues and mental health	On track
Strategy 1:3	2023	2025		
Align Partners, and Programs thru an integrated infrastructure proposal in 2023 of health services programs through county government, the Board of Supervisors and Board of Health in order to improve communication, collaboration of services, and better address the mental health crisis by 2025.			L-WCHS is currently in the process of having meetings and discussions regarding the future of health services programs.	On Track
Strategy 1:4	2023	2025		
Closing Treatment Gaps and Improving Access by exploring improved public transportation opportunities in 2024. Explore funding that can support HRTA transportation within Warren County. Discuss with city and county leaders to allow additional transportation services to operate within Warren County by spring of 2024. With measureable outcomes by 2025.			L- initial stages of assessing the limitations associated with mental healthcare access and the need for improved public transportation.	On Track

Community Health Improvement Plan				Report Year 2023-2024	Sector: Community but may affect others
<p>Community Priority 2:</p> <p>GOAL: Improve and promote Healthy Living by reducing the prevalence of chronic disease related to Diabetes Mellitus and Heart Disease.</p> <p>Additional data showed that only 27% of Warren residents surveyed claim to have good nutrition. Food insecurity remains an issue in Warren County and 11% of families claim they are unable to pay for groceries and 28% of Warren County residents claim not having access to a grocery store and healthy food options. All of which provide strategy opportunities to address the prevalence of chronic disease associated with Diabetes Mellitus, heart disease and strokes and improve healthy lifestyles.</p>				Alignment:	
				National: CDC Healthy People 2030 D-D-01, D-06, D-09 NWS-04 Reduce the prevalence of Diabetes and Chronic disease through education and health promotion	
				State: 3.1.2 Implement a collaborative approach to address Iowa's top health issues 3.1 Develop and implement collaborative activities throughout the department related to addressing obesity and other chronic diseases in Iowa.	
				County: Goal 2, Objective 1, S2-1:1, S2-1:2, S2-1:3 Objective 2, S2-2:1, S2-2:2 Objective 3, S2-3:1, S2-3:2	
Baseline Year: 2023	Current Outcome: Unmet	Target Year: 2025	Target Outcome: TBD	Progress Categories: Met, On Track, Off Track, Unmet (No Progress)	
Challenges: Engaging, educating, and activating patients to alter behaviors and implement lifestyle changes. Funding to support program efforts.			Resources: WCHS trained nursing staff		Responsible Party(s): WCHS Administrator, staff Community Partners
Goal 2: Objective 1	Baseline Year	Target Year	Progress Notes S- Short term I- Intermediate L- Long term		Status: Met, On Track, Off Track, Unmet (No Progress)
2-1) Decrease the prevalence of Type II Diabetes in Warren County by 5% by the year 2026	2023	2026	L		Unmet
Strategy 2-1:1	2023	2025	Progress Notes		Strategy Progress
Establish funding opportunities for Diabetes Prevention Program to restore Diabetes Prevention Educational Program for residents in Warren County by 2024 in which to reinstate the DPP program within the WCHS dept by 2025.			L- WCHS staff will be trained to implement the DPP program and will explore future funding		Unmet

			opportunities to support DPP program.	
Strategy 2-1:2	2023	2025		
Collaborate with primary care providers (Unity Point, Mercy One, and Iowa Family Medicine) in the community to reestablish a referral based partnership for patients at high-risk for Diabetes for entry into the DPP program by 2025.			I-WCHS will build off of existing partnerships and establish a provider partner foundation in which to support the program	On track
Strategy 2-1:3	2023	2025		
Work with community partners such as the Warren County Wellness program, Parks and Recreation, and local fitness centers to host events that support physical activity, and healthy weight management by 2025.			I-Implement quarterly community meetings to collaborate with food insecurity programs and providers, wellness partners establish a collaborative advisory team.	Unmet
Goal 2: Objective 2	Baseline Year	Target Year	Progress Notes S-Short term I- Intermediate L- Long term	Status: Met, On Track, Off Track, Unmet (No Progress)
	2023	2025		
2-2) Increase Access to Quality Nutrition by 2025	2023	2025	L	On Track
Strategy 2-2:1	2023	2026		
Maintain involvement in Food Insecurity committees and work with partners through 2023 and beyond, and explore opportunities and funding for implementation for a community garden in rural areas of the county by 2025. Develop and Implement a resource guide of food pantries, little pantries, community fridges, and community meals where excess produce from local gardeners and farmers may be donated by available to Warren County residents by 2024, make this information also available on the WCHS website by 2024.			L- Warren County has revived WC Cares Coalition and has Developed collaborative partnerships work towards improving the current food security system. Explore grant opportunities that support community gardens. Work collaboratively with partners and advisory team to develop an action plan.	On Track
Strategy 2-2:2	2023	2025		

Explore improved public transportation opportunities for Warren County, ie; funding that can support an increase in HRTA transportation for residents in rural areas to increase access to local grocery stores.			I- Explore grant oportuntites that help with transportation needs in the community.	Unmet
Goal 2: Objective 3	Baseline Year	Target Year	Progress Notes S-Short term I- Intermediate L- Long term	Status: Met, On Track, Off Track, Unmet (No Progress)
2-3) Increase awareness to the risk of heart disease and stroke by 2025.	2023	2025	L	Unmet
Strategy 2-3:1	2023	2025		
Implement efforts to reinstate the Diabetes Education and Prevention Program by exploring and applying for funding opportunities in 2024 and reinstating the program by 2025 in an effort to reduce health risk factors associated with Type II Diabetes while also addressing and educating residents on the risks associated with heart disease and stroke.			I-Reinstate DPP program to address associated risk factors, and develop a health promotion plan to include the risk factors associated with heart disease, stroke, drinking, smoking, diabetes, and maintaing a healthy weight and physical activity. Explore funding oportuntites through the CDC to reinstate the DPP program.	Unmet
Strategy 2-3:2	2023	2024		
Focus a minimum of two health promotion activities within each year on the importance of smoking cessation programs and limiting alcohol use beginning in 2024.			L- Develop a health promotion plan that addresses the risk factors associated with Diabetes and heart disease.	Unmet

Community Health Improvement Plan				Report Year 2023-2024	Sector: Community but may affect others
<p>Community Priority 3:</p> <p>GOAL: Decrease the Number of Unintentional Injury deaths by promoting prevention tactics related to substance and alcohol misuse, car seat safety and Suicide Prevention by 2025.</p> <p>Unintentional Injuries, violence, and substance abuse all ranked within the top 10 community health needs in the CHA 2021. Data showed that in Warren County specifically, mortality rates of unintentional injuries were 40 per 100,000 and that the leading cause of unintentional injury deaths were deaths caused by poisoning, including substance abuse (37%), and deaths caused by motor vehicle crashes (34%). In fact Suicide Rates for Warren County was 17.4 per 100,000 population, which is greater than both the state and national rates.</p>				Alignment:	
				National: CDC Healthy People 2030 IVP-01 IVP-03 Reduce unintentional injuries and deaths	
				State: 3.1.2 Implement a collaborative approach to address Iowa's top health issues	
				County: Goal 3 Objective 1, S3-1:1, S3-1:2, S3-1:3 Objective 2, S3-2:1	
Baseline Year: 2023	Current Outcome: Unmet	Target Year: 2025	Target Outcome: TBD	Progress Categories: Met, On Track, Off Track, Unmet (No Progress)	
Challenges: Political and social infrastructure support, when attempting to change behaviors that are impacted by legal regulations.			Resources: Community Partnerships and existing programs		Responsible Party(s): WCHS Community Partners, Elected officials, stakeholders
Goal 3: Objective 1		Baseline Year	Target Year	Progress Notes S- Short term I- Intermediate L- Long term	Status: Met, On Track, Off Track, Unmet (No Progress)
3-1) Implement an Opioid Prevention Program within WCHS in 2023 in an effort to prevent unintentional overdoses related to substance abuse.		2023	2025	L	On Track
Strategy 3-1:1		2023	2024	Progress Notes	Strategy Progress
Hire an Opioid Prevention Program Health Navigator to lead the Opioid Prevention Program for Warren County in 2023 and assist clients/patients navigate through the system when addressing issues related to substance and or alcohol abuse as well as related mental health issues. Use a collaborative multi-faceted approach to work with partners across the community to build a strong network of resources among agencies to address and appropriately refer clients to resources related to substance abuse, alcohol misuse, and or mental health by 2024.				S- WCHS is in the process of hiring a PH navigator to coordinate efforts for residents w/ substance abuse issues and mental health needs. WCHS is having meetings and discussions	On Track

			regarding the alignment of health services programs across the county that will collaborate services to address multi-facted issues that affect the rate of unintentional injuries or deaths.	
Strategy 3-1:2	2023	2024		
Integrate and coordinate suicide prevention activities across multiple sectors and settings by exploring CDC funding for Suicide Prevention Programs that support efforts that work in combination with addressing substance abuse and mental health programs by 2024.			L- Create a Comprehensive Approach to Suicide Prevention by creating a well-implemented public awareness campaign that raises cognizance of the signs and symptoms of mental disorders and risks for suicide and of where help is available locally.	Unmet
Strategy 3-1:3	2023	2025		
Increase efforts and develop a minimum of two health promotion activities related to reducing drinking and driving among adolescents and young adults over the next two years. Implement at least two social media promotional activities by 2025.			L- Develop a health promotion plan that addresses the risk factors associated with motor vehicle unintentional injuries or death.	Unmet
Goal 3: Objective 2	Baseline Year	Target Year	Progress Notes S-Short term I- Intermediate L- Long term	Status: Met, On Track, Off Track, Unmet (No Progress)
<i>3-2) Offer Intervention programs aimed at increasing seat belt usage and proper child car seat usage by 2023 and expand safety messages associated with motor vehicle crashes by 2025.</i>	2023	2025	L	On-Track
Strategy 3-2:1				
Continue to support efforts for the departments' Car Seat Safety Program that provides education and training of proper car seat installation to new parents, and expand the program to also focus on seat belt safety and prevention of drinking and driving targeted at younger drivers in an effort to reduce unintentional injuries related to motor vehicles by 2025.			L-- Sustain the existing Educational car- seat program that is provided to new parents- Look for funding and partner opportunities to expand the Educational car- seat seatbelt	On Track

	program to a broader target population.	