

# Wright County Health Improvement Plan 2023

Date Revised: 02/15/2023, 3/15/23

The Wright County HIP was developed following the CHNA summary review. The plan was developed from feedback from the Wright County Transitions of Care committee, community members, ISH Clarion foundation board, ISH Clarion Hospital board, ISH Belmond foundation board, Wright County Public Health, Wright County Board of Health, and ISH Belmond Hospital board. The priorities were developed following feedback from the multiple avenues where the CHNA was shared. The strategies and goals were identified from a sub-group of the TOC committee. Data was collected from the county wide survey using paper and digital reach. This team used the CHNA and additional resources to base this determination. The resources they utilized included; CDC statistics, County Health Rankings and Roadmaps, Wright County Health Equity Report Card, US Census, Federal Financial Institution Examination Council Health Indicators Warehouse, Behavior Risk Factor Surveillance Systems, HRSAQ-area Health Resource File, American Community Survey, and National Center for Chronic Disease Prevention and Health Promotion. The responsible parties have been identified for a portion of the priorities while some of the goals and action items do not have a party yet identified and will evolve into a group or program as time progresses. The communication plan for the CHIP for Wright County includes sharing at the following meetings in April of 2023: ISH Clarion board, ISH Belmond board, Wright County TOC committee, Wright County Public Health, Wright County Board of Health, the Wright County website, and ISH website.

Name	Organization	Phone	Email
Sandy McGrath	Wright County Public Health Department	(515) 532-3461	smcgrath@co.wright.ia.us
Robyn Paulsen	Iowa Specialty Hospitals and Clinics	(515) 602-9830	robyn.paulsen@iaspecialty.com
<b>Rayne Premo</b>	Iowa Specialty Hospitals and Clinics	515-532-9346	Rayne.premo@iaspecialty.com

## Topic 1

### Mental Health in Wright County

Mental Health in Wright County

#### Topic Goal #1

Promote Mental Health Awareness and Support through access and services to the constituents of Wright County.

#### Alignment with National Plans

Healthy People 2030

## Alignment with State/Other Plans

National Alliance on Mental Health -Iowa

Iowa Health Improvement Plan (2017-2021)

### Mental Health Awareness & Support in Wright County

#### **Objective 1.1**

Increase access to mental health services for Wright County residents who are: on Medicare, students, Latino, or underinsured.

Develop a process of partnering with ISH, Wright County Public Health (WCPH) and School Districts to increase mental health resources, making them readily available for students and parent/guardians with special emphasis on those who are Latino or under insured.

Promote Mental Health awareness and provide education with special emphasis on Medicare recipients, those who are under-insured and the Latino population. To do this, we will work with community groups such as: churches, First Responders, law enforcement Wright County Health department, Iowa Specialty Hospitals and Clinics, and schools

Metric 1.1a: Decrease % of Wright County adults aged 18 and older who feel they receive insufficient social and emotional support.

Metric 1.1b: Increase access to mental health services in the school districts of Wright County.

<b>Baseline Year</b>	<b>Baseline Value</b>	<b>Target Year</b>	<b>Target Value</b>
Metric 1.1a 2021	24.7%	2026	5% decrease
Metric 1.1b2021	35 students/1SD	2026	25% increase

#### **Data Source and Location**

Wright County 2021 Health Equity Report

Iowa Specialty Hospital Mental Health Student Services stats 2021-2024.

### Drug & Alcohol Use Support in Wright County

#### **Objective 1.2**

An increase in overall treatment plans through increasing awareness, working to remove the stigma, providing education and increasing access to alcohol and drug abuse recovery services.

Develop a partnership with ISH, law enforcement, First Responders, WCPH, community groups, school districts of Wright County, and the ministerial association to identify resources and opportunities to reach those in need as well as supportive measures for family and loved ones.

Metric: Decrease in 11<sup>th</sup> grade perception of “Ease of Access to Harmful Substances.”

<b>Baseline Year</b>	<b>Baseline Value</b>	<b>Target Year</b>	<b>Target Value</b>
2021	50.6%	2026	20% Decrease

#### **Data Source and Location**

2021 Iowa Youth Survey Statewide report

**Objective Progress Report 1.2**

**Report Date      Data Year      Value      Progress on Objective:**

**Progress notes:**

**Topic 2**

**Preventative Wellness/Immunization**

*Increase Overall Health & Immunizations for Wright County at Each Stage of Life*

**Topi Goal #2**

Increase Wright County resident’s overall wellness through ensuring gaps in education are reduced while improving access to preventative care and screenings.

**Alignment with National Plans**

Healthy People 2030

**Alignment with State/Other Plans**

Iowa Health Improvement Plan (2017-2021)

*Increase Overall Health & Immunizations for Wright County*

**Objective 2.1**

Increase Vaccine Education and Immunizations at all stages of life

Develop a community team aimed at education for the public on vaccine and hospitalization prevention. Provide education on the importance of childhood and disease prevention vaccination. Increase overall Wright County vaccinations to meet state benchmarks as measured by the Iowa Vaccine

Program. Specifically targeting HPV, Covid-19, Influenza and Pneumonia immunizations.

Metric: Covid-19 vaccinations meet or exceed state benchmark

<b>Baseline Year</b>	<b>Baseline Value</b>	<b>Target Year</b>	<b>Target Value</b>
2021	69.8%	2026	State benchmarks %

**Data Source and Location**  
 Wright County Health Equity Report Card 2021

### Objective Progress Report 2.1

Report Date	Data Year	Value	Progress on Objective:
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**Progress notes:**

### Objective 2.2

Gaps in Education

Increase active SHIIP enrollment. Partnership between WCPH and ISH to create a community taskforce, designed to identify gaps in education and, develop an action plan targeting demographics at risk, such as elderly and young adults.

Metric: Increase SHIIP enrollment by 5%

<b>Baseline Year</b>	<b>Baseline Value</b>	<b>Target Year</b>	<b>Target Value</b>
2021	360 signed up	2026	5% increase (378 signed up)

**Data Source and Location**

Iowa Specialty Hospitals and Clinics SHIIP Medicare Resource (SHIIP enrollment)

### Objective Progress Report 2.2

Report Date	Data Year	Value	Progress on Objective:
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**Progress notes:**

### Objective 2.3

#### Childhood Milestones

Develop a partnership with ISH and Wright County Public Health to tackle identifying at risk populations within the county. Additionally, working with this identified group to provide support and services ensuring that children within Wright County receive childhood milestone screenings. The goal would be to increase this by 20% over baseline year 2021.

Metric: Provide support in increasing well-child visits as measured at the state level ages 0-2.

Baseline Year	Baseline Value	Target Year	Target Value
2021	92.2%	2026	20%

#### Data Source and Location

Americas Health Rankins: Health of women and Children

### Objective Progress Report 2.3

Report Date	Data Year	Value	Progress on Objective:

### Objective 2.4

#### Preventative Care and Screenings

Establish a team to ensure Medicare Wellness Visits are consistently completed and that these visits include cancer and fall screenings.

Metric: Decrease in cancer incidence

Baseline Year	Baseline Value	Target Year	Target Value
2021	403.9 per 100,00	2026	20%

#### Data Source and Location

Wright County Health Equity Report 2021

### Objective Progress Report 2.4

Report Date	Data Year	Value	Progress on Objective:

## Topic #3

### Promoting healthier community

#### Promoting healthier community

Healthier Community in Wright County

**Topic Goal #3**

Promoting a healthier Wright County by ensuring that all have adequate food and safe drinking water, while promoting fitness and activity that are inclusive for all.

**Alignment with National Plans**

Healthy People 2030

**Alignment with State/Other Plans**

Healthy Iowans Plan

**Objective 3.1**

Healthier Community in Wright County

Creating a partnership with Wright County Public Health, ISH, law enforcement, community school districts and the local community leadership in the development of programs and spaces that provide safe and inclusive opportunities for fitness and activities.

Metric: Decrease Physical in activity % of Wright County.

Baseline Year	Baseline Value	Target Year	Target Value
2021	30%	2026	20% decrease

**Data Source and Location**

2021 Iowa County Health Rankings

**Objective Progress Report 3.1**

Report Date	Data Year	Value	Progress on Objective:
<b>Progress notes:</b>			

**Objective 3.2**

Healthier Community in Wright County

Creating a partnership with Extension Office, Wright County Food Pantries, Wright Ministerial Association, Wright County Public Health, ISH, law enforcement, community school districts and the local community leadership in the development of programs supporting food adequacy and safe drinking water for all.

Metric 3.2a: Decrease Food Insecurity across the county.

Metric 3.2b: Increase well water testing

Baseline Year	Baseline Value	Target Year	Target Value
3.2a 2021	12.41%	2026	20% decrease
3.2b 2021	104 samples	2026	20% increase

**Data Source and Location**

Wright County Health Equity report  
Wright County Public Health Water Testing

**Objective Progress Report 3.2**

**Report Date      Data Year      Value      Progress on Objective:**

**TOPIC #4**

**Access to Quality Health Services**

Access to Quality Health Services

**Topic Goal #4**

Promoting awareness, creating support, and identifying opportunities leading to improved access to Quality Health Care Services.

**Alignment with National Plans**

Healthy People 2030

**Alignment with State/Other Plans**

Healthy Iowans Plan

**Objective 4.1**

Access to Quality Healthcare

The community will work together to identify existing resources supporting home health services, as well as ensuring services are available for home health, chronic condition management, and elderly care.

Metric: Decrease the ratio of Wright County residents to primary care providers, thus increasing the access of care.

Baseline Year	Baseline Value	Target Year	Target Value
2021	2540:1	2026	20% decrease in ratio

**Data Source and Location**

Ratio Population to primary care access (County Ranking and Road Map 2021 metric report)

**Objective Progress Report 4.1**

**Report Date      Data Year      Value      Progress on Objective:**

**Progress notes:**

## Objective 4.2

### Removing Barriers & Promoting Education

Reducing the nursing shortages and increasing healthcare career opportunities, begins with removing post high school educational barriers within Wright County. Partnerships with the school districts, Public Health, community leaders and ISH will provide the foundation to educating the youth on healthcare opportunities.

Metric: Increase in the percent of Wright County residents with “some” or greater college education completion.

Baseline Year	Baseline Value	Target Year	Target Value
2021	66%	2026	20%

#### Data Source and Location

County ranking and road map metric report 2021

### Objective Progress Report 4.2

Report Date	Data Year	Value	Progress on Objective:
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## Objective 4.3

### Sexual Health

Family Planning, sexual health education, and teen pregnancy prevention continue to be a priority for Wright County. Through a partnership between ISH, WCPH and Bee Inspired CAPP Program, an increase of ##% in preventative care will be achieved. This increased access to care, will foster educational opportunities for family planning, teen pregnancy prevention and sexual health.

Metric 4.3a Decrease in percentage of Teenage Mothers (19 yrs. and under) live births, state-wide.

Metric 4.3b: Reduce the statewide percentage of chlamydia cases in teens aged 15-19.

Baseline Year	Baseline Value	Target Year	Target Value
4.3a 2021	3.9%	2026	20%
4.3b 2021	25%	2026	20%

#### Data Source and Location

2020 Vital Statistics of Iowa

Eyes Open Iowa Adolescent Sexual Health 2020

### Objective Progress Report 4.3

Report Date	Data Year	Value	Progress on Objective:
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## TOPIC #5

### Emergency Response

Emergency Response & Preparation

#### Topic Goal #5

A prepared community is able to respond to emergent matters in a timely and effective manner. Prevention, preparation, communication and access to resources ensures a community is equipped to recover from emergent situations.

#### Alignment with National Plans

Healthy People 2030

#### Alignment with State/Other Plans

Healthy Iowans Plan

#### Objective 5.1

##### Resource Management

The community will work together to identify necessary resources to support Wright County ensuring supplies are available to first responders, healthcare locations as well as outside communities requiring support.

Baseline Year	Baseline Value	Target Year	Target Value
2021	0%	2026	20%

##### Data Source and Location

Wright County Emergency Preparedness Coordinator

ISH Emergency Preparedness Coordinator

#### Objective Progress Report 5.1

Report Date	Data Year	Value	Progress on Objective:
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Progress notes:

#### Objective 5.2

##### Preparation, Prevention & Education

The community will work together to ensure that Wright County is prepared to meet the challenges of an emergent situation. Focus on ensuring availability of well-trained first responders, with an increase in qualified responders for law enforcement, fire, and EMS.

Metric: Average % of FTE for all first responder departments in Wright County.

Baseline Year	Baseline Value	Target Year	Target Value
2021	81.5%	2026	95%

**Data Source and Location**

Community EMS services Stats 2021-2024

Rosters from all Wright County First Responder Offices (EMS Coordinator) City Halls, Fire Chief, Police Chief

**Objective Progress Report 5.2**

**Report Date      Data Year      Value      Progress on Objective:**

**Progress notes:**

**Objective 5.3**

Communication Methods

Effective communication ensures that the community is able to respond and recover from an event. This objective will focus on the different types of communication methods such radios or other communication devices. Additionally, it will look into the avenues for collaboration amongst the stakeholders of the community.

Metric: Pass Health Alert Network (HAN) radio test results above the state average of 90%.

Baseline Year	Baseline Value	Target Year	Target Value
2021	86%	2026	>90%

**Data Source and Location**

SA2 HCC Meeting minutes

**Objective Progress Report 5.3**

**Report Date      Data Year      Value      Progress on Objective:**

**Progress notes:**