## STATE OF IOWA BEFORE THE IOWA MEDICAL CANNABIDIOL BOARD

| PETTION FOR THE ADDITION OF:  | )               |
|---|-----------------|
| Generalized Anxiety Disorder  | ) ) ) ORDER     |
| as a debilitating<br>medical condition for which the<br>medical use of cannabidiol would<br>be medically beneficial | ) ) ) ) ) ) ) ) |

On May 16, 2019, the Iowa Medical Cannabidiol Board received a Petition for Addition of Generalized Anxiety Disorder to the list of debilitating medical conditions for which the medical use of cannabidiol would be medically beneficial. At a duly noticed meeting on August 2, 2019, the Iowa Medical Cannabidiol Board considered, pursuant to Iowa Code section 124E.5(3) and Iowa Administrative Code 641—154.65, the Petition. Board members Dr. Jill Liesveld, Cpt. Mike McKelvey, Dr. Bob Shreck, Dr. Ken Cheyne, Dr. Stephen Richards and Dr. Jacqueline Stoken were present at the meeting in person when the Petition was considered; Dr. Lonny Miller participated by conference call. The Petitioner did not appear at the August 2, 2019 meeting. The record includes the Petition and supplemental information received with the petition, as well as all information presented and discussed at the August 2, 2019, meeting.

The Iowa Medical Cannabidiol Board, after reviewing the record, voted 7-0 to DENY the petition. Pursuant to 641 IAC 154.65(8), the Board issues the following Findings and Order.

## FINDINGS:

- 1. The Petition to Add Generalized Anxiety Disorder as a debilitating medical condition for which the medical use of medical cannabidiol would be medically beneficial was properly filed in the Office of Medical Cannabidiol within the Iowa Department of Public Health.
- 2. The Iowa Medical Cananbidiol Board has jurisdiction to accept and review the Petition to Add Generalized Anxiety Disorder as a debilitating medical condition for which the medical use of medical cannabidiol would be medically beneficial pursuant to Iowa Code chapter 124E.
- 3. Recommendations of the Iowa Medical Cannabidiol Board regarding the addition of medical conditions to the list of debilitating medical conditions for which the medical use of cannabidiol would be medically beneficial shall be made to the Iowa Board of Medicine for consideration, and if approved by the Iowa Board of Medicine, shall be adopted by the Iowa Board of Medicine by rule pursuant to Iowa Code section 124E.5(4).
- 4. Petitioner requested that the Iowa Medical Cannabidiol Board recommend the Addition of Generalized Anxiety Disorder as a debilitating medical condition for which the medical use of medical cannabidiol would be medically beneficial.
- 5. Petitioner was offered an opportunity to present information to the Iowa Medical Cannabidiol Board at its meeting on August 2, 2019.
- 6. Generalized Anxiety Disorder is characterized as excessive or unrealistic anxiety about two or more aspects of life, and often accompanied by symptoms such as palpitations, shortness of breath, or dizziness.

7. Evidence-based medical literature indicating that the medical use of cannabidiol would be medically beneficial for patients diagnosed with Generalized Anxiety Disorder is lacking.

8. Dr. Shreck made a motion to deny the petition, with a second by Dr. Liesveld.

ORDER:

The Iowa Medical Cannabidiol Board hereby DENIES the petition for the addition of Generalized Anxiety Disorder to the list of debilitating medical conditions for which the use of medical cannabidiol would be medically beneficial.

By: Cpt. Mike McKelvey, Chairperson

8/26/2019

Date

cc:

Iowa Board of Medicine 400 SW 8<sup>th</sup> St., Suite C Des Moines, IA 50309