



Website

Features members portal, provider search directory and more.

MyAmerigroup.com/IA

iowaTotalCare.com

WelcomeToMolina.com/IA

Member Services For questions about your coverage and assistance accessing benefits.

1-800-600-4441
(TTY 711)

1-833-404-1061
(TTY 711)

1-844-236-0894
(TTY 711)

Covered Benefits

These symbols mean the MCO offers the service for the coverage group:

● *Medicaid* ■ *Iowa Health and Wellness Plan*

Preventive Services	● ■	● ■	● ■
Telehealth Services	● ■	● ■	● ■
Primary Care	● ■	● ■	● ■
Hospital Services	● ■	● ■	● ■
Emergency Care	● ■	● ■	● ■
Behavioral Health	● ■	● ■	● ■
Outpatient Therapy	● ■	● ■	● ■
Prescription Drugs	● ■	● ■	● ■
Long Term Services and Supports (LTSS)	●	●	●

*Iowa Health and Wellness Plan (IHAWP) members have limited behavioral health benefits. Detailed benefit information by coverage group is available at IAHealthLink.gov.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-338-8366 (TTY: 1-800-735-2942).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-338-8366 (TTY: 1-800-735-2942)。



Value-Added Services**

- ▶ Free Healthy Rewards: Earn gift cards for doing things that are good for your health
- ▶ Free transportation benefit with the choice of Uber gift card, gas card, oil change, bus pass, or car repairs
- ▶ Free Employment Supports: Internet, laptop, work certification, and uniform support
- ▶ Free HiSET exam vouchers
- ▶ Free baby essentials, such as car seat and crib
- ▶ Free Fresh Food Connect: Choice of Sam's Club/Costco membership, food box delivery, or online grocery delivery
- ▶ Free gym memberships, on-demand fitness resources, and fresh produce box delivery for adults and youth
- ▶ Free personal exercise kit for adult members
- ▶ Free health coaching for youth members
- ▶ Free 13 weeks of Weight Watchers services
- ▶ Free youth club membership to 4H, Boys & Girls Club, Boy Scouts, or Girl Scouts
- ▶ Free assistive devices and wheelchair accessories for LTSS members
- ▶ Free asthma relief products
- ▶ Free smartphone for eligible households
- ▶ Free carpet cleaning services
- ▶ Free dental hygiene kit
- ▶ Free digital library membership and Kindle/e-reader for LTSS members
- ▶ Free digital subscriptions to emotional well-being, meditation/sleep, an substance use disorder (SUD) recovery platforms
- ▶ Free healthy lifestyle aids, such as heart rate monitor, thermometer, digital scale, etc.
- ▶ Free home goods and essentials, such as bedding, dishes, cutlery, etc.
- ▶ Free breast pump accessory kit and microwave sterilizer
- ▶ Free personal care and hygiene supplies
- ▶ Free sensory products, such as gravity blankets, thinking putty, fidget spinners, etc.
- ▶ Free Summer Reading Benefit: Digital library membership, gift card, Kindle/e-reader for Foster Care members
- ▶ Free Tutorial Services: One-on-one tutoring for Foster Care members
- ▶ Free home-delivered meals for members and their families discharged from the hospital
- ▶ Up to \$2,500 to help eligible members move from a nursing facility into the community
- ▶ Free Sydney Health mobile phone app
- ▶ Free Community Resource Link: An online database of local resources and services

Value-Added Services**

- ▶ Earn dollar rewards on your My Health Pays® Visa Card for healthy activities, such as annual visits and screenings with your doctor.
- ▶ Member Connections® Community Health Worker Program(CHWs) provides a high touch, personal level of interaction with our members that builds strong relationships and trust.
- ▶ FREE education and support during and after pregnancy through the Start Smart for Your Baby program. You can even earn dollar rewards just by letting us know you're pregnant.
- ▶ FREE education and gifts at community baby showers.
- ▶ FREE access to 24/7 nurse line for answers to urgent health care questions.
- ▶ FREE Healthy Celebration Days: Events that allow members to receive dollar rewards by receiving preventive health checkups.
- ▶ FREE cell phone program to qualified members.
- ▶ FREE education on flu and COVID-19 prevention.
- ▶ FREE online access to myStrength.com that provides resources to help manage stress, anxiety, depression and overuse of drugs and alcohol.
- ▶ FREE mobile app that provides access to rewards information, ID card, and much more.
- ▶ FREE text notification and reminders related to benefit awareness, value adds, and service support.
- ▶ FREE employment and support program for members participating in brain injury and intellectual disability waiver programs.
- ▶ FREE access to resource specialists to help members in need of general resources, such as food, housing or waiver wait list help.
- ▶ FREE access to FindHelp.org, an online link to help you find local community resources and services for you and your family.
- ▶ FREE access to extra support and resources to help you manage your health.
- ▶ FREE online access to Krames Health Library to thousands of health sheets on medical conditions and medications.
- ▶ One FREE bottle of insect repellent of plan-designated size during 2021 to eligible members.

Value-Added Services

- ▶ Free Healthy Rewards Program: gift cards for completing various annual visits and screenings for eligible members
- ▶ Free access to community resources on health, financial support, education, emergency resources, legal support, housing, employment opportunities, transportation, and food security.
- ▶ Free smartphone and service plan for eligible members
- ▶ Free transportation services
- ▶ Free long-term care caregiver transportation for eligible members (4 one-way trips)
- ▶ Free Healthy Living Benefit: Variety of Assistive Devices and Adaptive Aids for eligible members (\$60 per Unit)
- ▶ Free community transition move in basket for eligible members (\$50 worth of items)
- ▶ Free home delivered meals for members who have been discharged from the hospital
- ▶ Free healthy foods program for eligible members
- ▶ Free pregnancy rewards program
- ▶ Free annual community baby shower events and education for eligible members
- ▶ Free Pacify gift package for new mothers
- ▶ Free Doula services for eligible members (8 Doula visits)
- ▶ Free car or booster seat for eligible members
- ▶ Free home delivered meals for high-risk pregnant women
- ▶ Free over-the-counter-pharmacy products (\$30 worth of items)
- ▶ Free glucometer and test strips for Insulin and Blood Glucose Program for eligible members
- ▶ Free smoking cessation products for eligible members (\$185 per Unit)
- ▶ Free 13 weeks of Weight Watchers services
- ▶ Free sponsored membership fees for members under the age of 19 to Boys and Girls Clubs, YMCA, or Can Play
- ▶ Free ACE Assessment for members under the age of 18
- ▶ Free GED exam vouchers
- ▶ Free gift card for passing GED exam
- ▶ Free assistance to secure legal guardianship for eligible members (up to \$500 per eligible member)
- ▶ MolinaHelpFinder.com: Community resources

***Some restrictions can apply to the value-added services offered by the MCOs. For details and program information please contact the MCOs directly.*



For telephone accessibility assistance if you are deaf, hard-of-hearing, deaf-blind or have difficulty speaking, call Relay Iowa TTY at 1-800-735-2942.

Llame al 1-800-735-2942, a Relay Iowa TTY (teléfono de texto para personas con problemas de audición, del habla y ceguera) si necesita asistencia telefónicamente.

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