

**Iowa Department of Public Health**  
**Division of Behavioral Health/Bureau of Substance Abuse**  
**Opioid Update: March 2022**

The Iowa Department of Public Health (IDPH) offers the Opioid Update to share information about opioid use and Iowa's efforts to address the national opioid epidemic. Please feel free to submit topics to RaChel Greenwood at [rachel.greenwood@idph.iowa.gov](mailto:rachel.greenwood@idph.iowa.gov).

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## **Opioid News**

### **Estimating naloxone need in the USA across fentanyl, heroin, and prescription opioid epidemics**

One of the evidence-based policy responses to the opioid epidemic has been to broaden naloxone distribution. A study recently published in *The Lancet* estimated the state-level US naloxone need in 2017 and the degree to which that need was met via different naloxone distribution models.

The study authors conclude that across the state-specific results, naloxone kits provided through community-based and pharmacy-initiated access points resulted in a higher probability of naloxone use during a witnessed overdose and a higher number of deaths averted than provider-prescribed naloxone access. They also conclude that all US states have underdeveloped naloxone distribution efforts.

To read this article, please click on this link: [NFMN](#)

To access an interactive dashboard on how much naloxone each state needs to save lives, please click on this link: [NNTS](#)

### **New SAMHSA Grant Announcement for Substance Use Disorder (SUD) Treatment for Pregnant and Postpartum Women**

In an effort to increase access to comprehensive treatment, recovery support, and harm reduction services for low-income women with a substance use disorder (SUD), SAMHSA is issuing 19 awards of up to \$525,000 per year for up to 5 years.

The due date to apply is Monday, April 4, 2022.

To learn more about the Notice of Funding Opportunity, please click on this link: [SAMHSA](#)

### **CDC Updating the 2016 Guidelines for Prescribing Opioids for Chronic Pain**

The CDC is currently in the process of updating the *2016 Guidelines for Prescribing Opioids for Chronic Pain* through a rigorous process of updating available scientific evidence, scientific processes, and community and partner engagement.

The draft, updated Clinical Practice Guideline is now posted for public comment in the Federal Register through April 11, 2022. The CDC invites patients, caregivers, providers and others who care about safe, effective and information pain care to add their voice to the conversation.

To add your feedback, please click on this link: [FEDREG](#)

To learn more about the guideline update process, please click on this link: [CDCOIP](#)

## **Resources**

### **New Acute Pain Training and Resources for Healthcare Professionals**

The CDC has developed two online courses with associated fact sheets. One course offers providers strategies for treating acute pain (such as ankle sprains, low back pain, and acute migraines) safely and effectively and the other help providers engage patients in pain management discussions that encourage pain management goals as well as collaborative, shared decision making to meet those goals.

Both of these webinars are available at no cost. Physicians, nurses and other health professionals can receive free continuing education for this training by following the instructions on the bottom of the training page.

To access the online course on Treating Acute Pain Safely and Effectively, please click on this link: [TAPSE](#)

To access the online course on Treatment of Post-Surgical Acute Pain, please click on this link: [TPSAP](#)