# STATE OF IOWA DEPARTMENT OF Health and Human services

# Managed Care Organization (MCO) Quarterly Performance Report SFY2023, Quarter 3 (January - March 2023)

Published June 2023

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This report is based on requirements of **2016 Iowa Acts Section 1139**. The legislature grouped these reports into three main categories: Consumer Protection, Outcome Achievement, and Program Integrity.

The Department grouped the managed care reported data in this publication as closely as possible to **House File 2460** categories but has made some alterations to ease content flow and data comparison. This publication content flows as follows:

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## **Executive Summary**

This report is based on Quarter 3 of State Fiscal Year (SFY) 2023 and includes the information for the Iowa Medicaid Managed Care Organizations (MCOs): Amerigroup (AGP) and Iowa Total Care (ITC)

## Notes about the reported data:

• This quarterly report is focused on key descriptors and measures that provide information about the managed care implementation and operations.

• The reports are largely based on managed care claims data. Because of this, the data will not be complete until a full 180 days has passed since the period reported. However, based on our knowledge of claims data this accounts for less than 15% of the total claim volume for that reporting period.

• Data pulled on other dates may not reflect the same numbers due to reinstatements and eligibility changes.

• The Medical Loss Ratio information is reflected as directly reported by the MCOs.

• The Department validates the data by looking at available fee-for-service historical baselines, encounter data, and by reviewing the source data provided by the MCOs.

• Providers and members can find more information on the IA Health Link program at: https://hhs.iowa.gov/iahealthlink

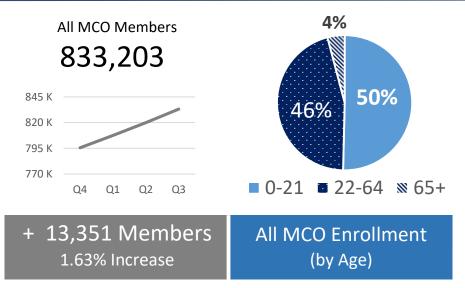
• These reports are due to be replaced by a dashboard that is currently under development. Once completed, the dashboard will provide both medical and dental Medicaid data to the public.

**Mission/Vision Statement**: Iowa Medicaid is committed to ensuring that all members have access to high quality services that promote dignity, removing barriers to increase health engagement, and improving whole person health. Our vision is operating a sustainable Medicaid program that improves the lives of its members through effective internal and external collaboration, innovative solutions to identified challenges, and data driven program improvement.

## MCO Member Summary - All MCO Counts

Managed Care Organizations (MCOs) offer health insurance benefits for those adults and families that qualify for the IA Health Link (Medicaid) and the Healthy and Well Kids in Iowa (Hawki) programs.

In Iowa, almost 95% of the Medicaid population is covered by an MCO. Populations not covered by MCOs are provided coverage through the state's Fee-For-Service (FFS) program.



**Data Notes**: March 2023 data as of May 2023. The "Distinct" column represents the total number of unique individuals appearing at least once during the past four-quarters.

MCO Member Summary - Overall Counts	795,507	807,413	819,852	833,203	813,994	<b>863,190</b>
0-21	407,098	411,121	414,784	419,670	413,168	432,907
22-64	356,845	363,817	371,787	379,544	367,998	392,399
65+	31,564	32,475	33,281	33,989	32,827	37,884
Fee-For-Service (FFS) - Non MCO Enrollees	46,896	47,940	49,363	50,689	48,722	53,819
gnificant Change in Data? (+/-) If Yes, explain:	No x	Yes			edicaid Population year distinct count	917,009

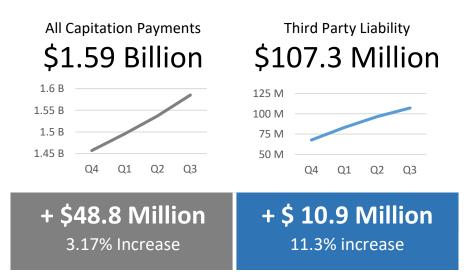
Amerigroup An Anthem Company	SFY23 Q2	SFY23 Q3	💙 iowa total care.	SFY23 Q2	SI
All Members - by MCO	453,029	452,811	All Members - by MCO	366,823	3
Traditional Medicaid	281,378	281,612	Traditional Medicaid	225,474	:
Wellness Plan - IHAWP/Expansion	129,484	129,852	Wellness Plan - IHAWP/Expansion	120,162	
M-CHIP - Expansion	9,649	9,594	M-CHIP - Expansion	7,097	
Healthy and Well Kids in Iowa (Hawki)	32,518	31,753	Healthy and Well Kids in Iowa (Hawki)	14,090	
MCO Member Market Share	55.3%	54.3%	MCO Member Market Share	44.7%	
Disenrolled	925	882	Disenrolled	731	
Long-Term Service & Support (LTSS)	21,061	20,279	Long-Term Service & Support (LTSS)	15,328	
HCBS Waivers	68.5%	70.7%	HCBS Waivers	64.8%	
Facility Based Services	28.8%	29.3%	Facility Based Services	35.2%	
HCBS Waivers <sup>1</sup>	14,431	14,344	HCBS Waivers <sup>1</sup>	9,937	
<ul> <li>Reference p. 23-24 for HCBS waiver and service plan enrollment</li> </ul>			<ul> <li>Reference p. 23-24 for HCBS waiver and service plan enrollment</li> </ul>		
Facility Based Services <sup>2</sup>	6,068	5 <i>,</i> 935	Facility Based Services <sup>2</sup>	5,391	
ICF/ID <sup>3</sup>	776	752	ICF/ID <sup>3</sup>	447	
Mental Health Institute (MHI)	34	36	Mental Health Institute (MHI)	26	
Nursing Facilities (NF)	4,924	4,808	Nursing Facilities (NF)	4,696	
Nursing Facilities for Mentally III	57	55	Nursing Facilities for Mentally III	34	
Skilled	87	89	Skilled	66	
PMIC <sup>4</sup>	190	195	PMIC <sup>4</sup>	122	

<sup>1</sup> Home- and Community-Based Service (HCBS) totals listed above exclude Habilitation (Hab) enrollment; however, member participation in Hab services is captured on pages 23-24. <sup>2</sup> Facility Based Services listed above only include the institutional groups where members are most likely to have an option to transition to an HCBS setting. Excluded institution types include Hospice (AGP 431; ITC 426). <sup>3</sup> Intermediate Care Facilities for the Intellectually Disabled (ICF/ID). <sup>4</sup> Psychiatric Medical Institutions for Children (PMIC)

## MCO Financial Summary - All MCO Counts

The MCOs receive capitation payments from the State for members' medical services. Capitation payments are made whether or not a provider files a claims with the MCO for services provided to a member.

The MCOs are responsible for recovering Medicaid dollars when it is determined that other insurance coverage is available (e.g. health, auto, worker's comp, or even Medicare). This process is known as Third Party Liability (TPL). The MCO retains all recovered TPL funds: however, these funds are then used to develop future capitation rates.



**Data Notes**: March 2023 data as of May 2023. All Third Party Liability (TPL) data reported above is self-reported by MCOs. The "Average" column below represents a four-quarter rolling average while the "Total" column represents the sum of the past four-quarters.

	SFY22 Q4	SFY23 Q1	SFY23 Q2	SFY23 Q3	Average	Total
Financial Summary						
Capitation Payments	\$1.46 B	\$1.5 B	\$1.54 B	\$1.59 B	\$1.52 B	\$6.07 B
Third Party Liability (TPL) Recovered	\$67.7 M	\$83.1 M	\$96.4 M	\$107.3 M	\$88.6 M	\$354.5 M
Significant Change in Data? (+/-) If Yes, explain:	No x	Yes				

# **MCO Financial Summary**

Per member Medicaid capitation is determined by program eligibility. Medicaid capitation expenditures vary based on member eligibility group size and per member capitation rate. In Iowa, about 50% of all capitation expenditures are allocated to supporting the disabled & waiver eligibility groups.

Medical loss ratios (MLR) capture how much money is spent on medical claims and quality measures versus administrative expenses and profits. By contract, MCOs are required to spend a certain percentage of their capitation payments on claims annually or risk having to return the difference.

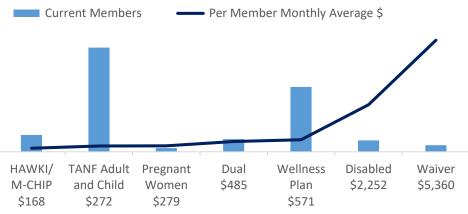


All rates terms of the purp		
Capitation Totals	\$857.74 M	\$864.42 M
Adjustments	\$1.74 M	\$14.29 M
Current	\$845.29 M	\$839.18 M
Retro	\$10.71 M	\$10.95 M
Third Party Liability (TPL)	\$23.9 M	\$20.8 M
Financial Ratios		
Medical Loss Ratio (MLR)	95.2%	96.7%
Administrative Loss Ratio (ALR)	6.1%	3.6%
Underwriting Ratio (UR)	-1.3%	-0.3%
Unreconcile	d SFY MLR <sup>5</sup>	94.9%
Reported Reserves		
Acceptable Quarterly Reserves per	Y	Y
lowa Insurance Division (IID)		

SFY23 Q2

SFY23 Q3

## **Monthly Capitation Expenditures**



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	SFTZS QZ	3F123 Q3
Capitation Totals	\$678.99 M	\$721.06 M
Adjustments	\$2.81 M	\$12.15 M
Current	\$647.12 M	\$671.86 M
Retro	\$29.07 M	\$37.06 M
Third Party Liability (TPL)	\$72.5 M	\$86.5 M
Financial Ratios		
Medical Loss Ratio (MLR)	97.1%	97.6%
Administrative Loss Ratio (ALR)	5.3%	5.9%
Underwriting Ratio (UR)	-2.4%	-3.5%
Unreconcileo	d SFY MLR <sup>5</sup>	96.1%
Reported Reserves		
Acceptable Quarterly Reserves per	Y	Y
Iowa Insurance Division (IID)		

SEV23 02 SEV23 03

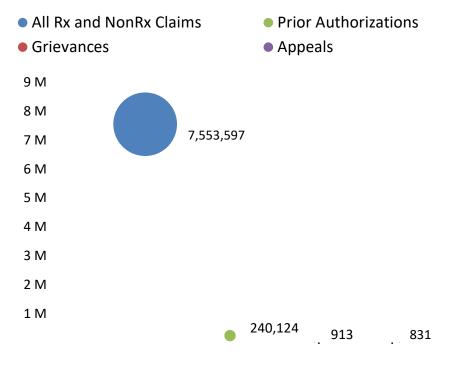
<sup>5</sup> MLR is unaudited and is now reported to include changes with additional quarters of information during the SFY. Primary drivers that influence changes in the MLR include: 1) estimates for unpaid claims liability, 2) estimates for the impact of the risk corridor and 3) financial review process that may result in expenditure reclassifications.

## MCO Claims Universe - All MCO Counts

This illustration provides context to the volume of the following actions in comparison to the overall claims universe:

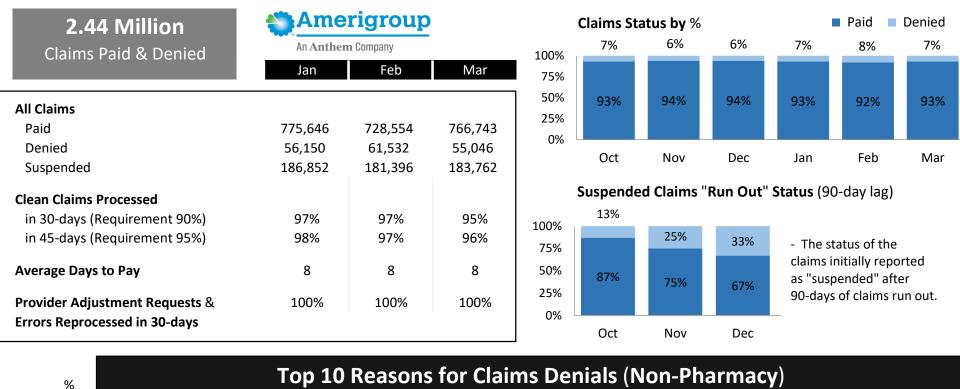
- Some benefits may require **Prior Authorization** before service
- Members may elect to file a **Grievance** to express general plan dissatisfaction
- Members or Providers may **Appeal** a filed claim based on a reduction in benefits or an outright rejection

	% of Claims Universe
Prior Authorizations	3.18%
Grievances	0.01%
Appeals	0.01%



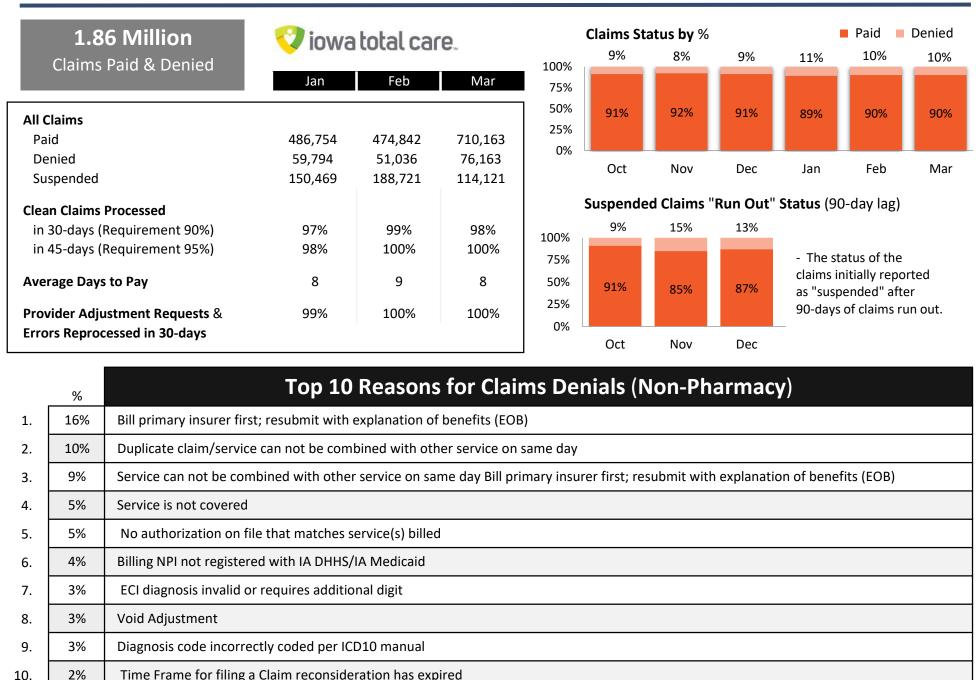
	SFY22 Q4	SFY23 Q1	SFY23 Q2	SFY23 Q3	Average	Total
Claim Counts - All Paid & Denied (p. 9-12)	7.4 M	7.4 M	7.5 M	7.6 M	7.5 M	29.8 M
Non-Pharmacy	4.4 M	4.2 M	4.3 M	4.3 M	4.3 M	17.3 M
Pharmacy	3.0 M	3.1 M	3.1 M	3.3 M	3.1 M	12.5 M
Prior Authorization Summary (p. 13-14)	193,729	197,872	222,695	240,124	213,605	854,420
Non-Rx - Standard PAs Submitted	142,964	146,847	169,055	179,963	159,707	638,829
Pharmacy - Standard PAs Submitted	50,765	51,025	53,640	60,161	53,898	215,591
Grievances & Appeals Summary (p. 15-16)						
Standard Grievances	761	766	765	913	801	3,205
Standard Appeals	752	770	772	831	781	3,125

# **Claims Summary (Non-Pharmacy)**

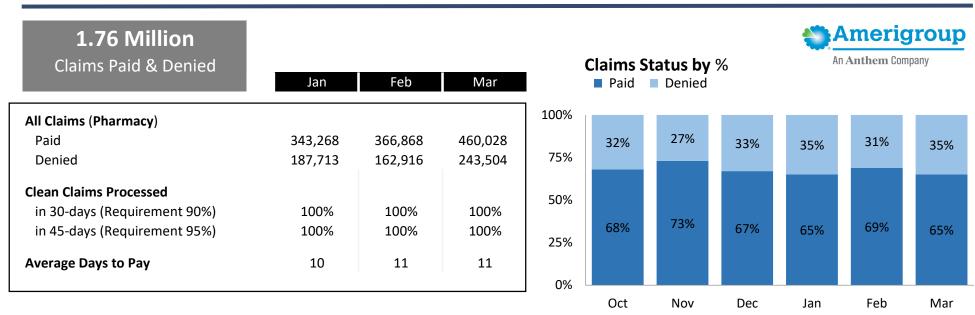


_	%	rop 10 Acasons for claims Demais (Non Filamacy)
1.	13%	Duplicate claim/service
2.	12%	Charge exceeds fee schedule/maximum allowable or contracted/legislated fee arrangement
3.	9%	The impact of prior payer(s) adjudication including payments and/or adjustments.
4.	8%	Expenses incurred after coverage terminated
5.	8%	Claim/service lacks information or has submission/billing error(s) - primary payer information required
6.	7%	Service not payable per managed care contract
7.	6%	Attachment/Other Documentation Required
8.	5%	Precertification/authorization/notification absent
9.	5%	Missing/incomplete/invalid type of bill
10.	4%	Prior Processing information appears incorrect

# **Claims Summary (Non-Pharmacy)**



# **Claims Summary (Pharmacy)**



	%	Top 10 Reasons for Claims Denials (Pharmacy)
1.	31%	Refill too soon
2.	20%	M/I other coverage code
3.	12%	Prior authorization required
4.	11%	Submit bill to other processor or primary payer
5.	6%	National Drug Code (NDC) not covered
6.	6%	Plan limitations exceeded
7.	3%	M/I other payer reject code
8.	3%	M/I processor control number
9.	1%	Prescriber is not enrolled in State Medicaid program
10.	1%	Filled after coverage terminated

# **Claims Summary (Pharmacy)**

💙 iowa total care. 1.49 Million **Claims Paid & Denied Claims Status by %** Feb Mar Jan Paid Denied 100% All Claims (Pharmacy) Paid 306,638 283,621 322,738 38% 38% 40% 39% Denied 193,490 175,568 204,822 75% **Clean Claims Processed** 50% in 30-days (Requirement 90%) 100% 100% 100% in 45-days (Requirement 95%) 100% 100% 100% 62% 62% 60% 61% 25% Average Days to Pay 10 10 10 0%

	%	Top 10 Reasons for Claims Denials (Pharmacy)
1.	27%	Refill too soon
2.	12%	Prior authorization required
3.	8%	National Drug Code (NDC) not covered
4.	5%	Submit bill to other processor or primary payer
5.	5%	Plan limitations exceeded
6.	2%	Product not covered - non-participating manufacturer
7.	2%	Discrepancy - other coverage code & other payer amount paid
8.	2%	Drug Utilization Review (DUR) reject error
9.	2%	Drug not covered for patient age
10.	1%	Prescriber is not enrolled in State Medicaid program

38% 39% 62% 61%

Dec

Oct

Nov

Jan

Feb

Mar

# **Prior Authorization Summary**

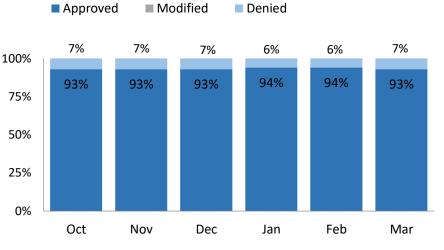
92,377

All PAs Submitted <sup>6</sup>

Non-Pharmacy	Jan	Feb	Mar	
Standard Prior Authorizations (PAs)				
Approved	17,048	18,349	21,758	1
Denied	1,125	1,204	1,592	
Modified	0	0	0	
Average Days to Process	3	4	5	
Standard PAs Completed	100%	100%	100%	
in 14-days (Requirement 99%)				
Expedited PAs Completed	100%	100%	100%	
in 72-hours (Requirement 99%)				

Pharmacy	Jan	Feb	Mar
Prior Authorizations			
Approved	7,726	6,797	8,161
Denied	2,986	2,673	2,918
PAs Completed in 24-hours (Requirement 100%)	100.0%	99.9%	100.0%

## Non-Pharmacy by Percentage

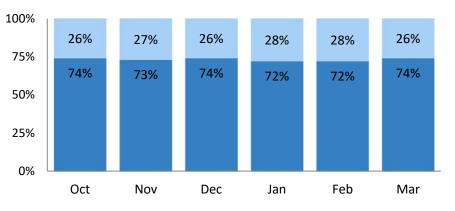


Amerigroup

An Anthem Company

## **Pharmacy by Percentage**

Approved Denied



<sup>6</sup> Totals capture all standard non-pharmacy and pharmacy PA counts. In addition to approved, denied, or modified the submitted totals will also include PA's received, but not yet processed.

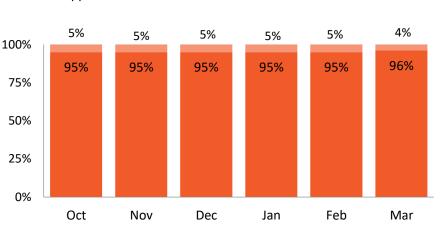
# **Prior Authorization Summary**

147,747

All PAs Submitted <sup>6</sup>

Non-Pharmacy	Jan	Feb	Mar	
Standard Prior Authorizations (PAs)				
Approved	35,466	35,279	41,886	1
Denied	1,849	2,021	1,763	
Modified	0	0	0	
Average Days to Process	2	2	2	
Standard PAs Completed in 14-days (Requirement 99%)	100%	100%	100%	
<b>Expedited PAs Completed</b> in 72-hours (Requirement 99%)	100%	99%	99%	

Non-Pharmacy by Percentage				
Approved	Modified	Denied		

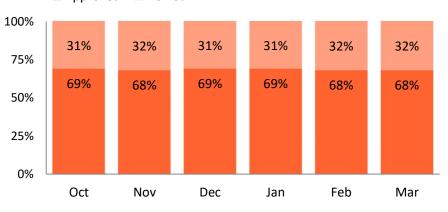


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#### Pharmacy Feb Jan Mar **Prior Authorizations** Approved 5,838 5,530 6,569 2,629 Denied 2,632 3,035 **PAs Completed** 100.0% 100.0% 99.9% in 24-hours (Requirement 100%)

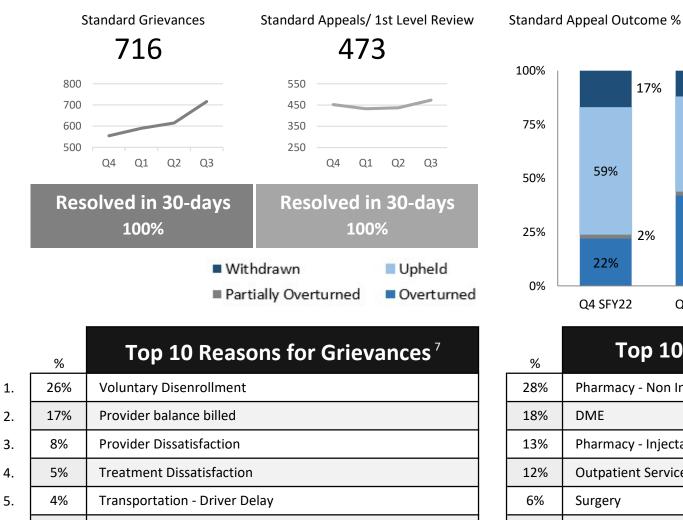
## **Pharmacy by Percentage**

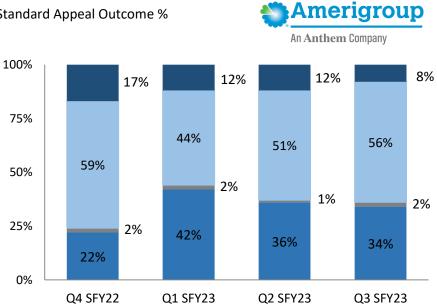
Approved Denied



<sup>6</sup> Totals capture all standard non-pharmacy and pharmacy PA counts. In addition to approved, denied, or modified the submitted totals will also include PA's received, but not yet processed.

# **Grievances and Appeals**





%	<b>Top 10 Reasons for Appeals</b> <sup>7</sup>
28%	Pharmacy - Non Injectable
18%	DME
13%	Pharmacy - Injectable
12%	Outpatient Services - Medical
6%	Surgery
4%	Inpatient - Medical
3%	Therapy OT/PT
3%	Radiology
3%	Pain Mgmt
2%	BH - Inpatient

<sup>7</sup> Top 10 reasons for grievances and appeals includes both standard and expedited counts. All percentages listed are based on quarterly totals.

Inadequate benefit access

Provider refusal to treat

Too many phone inquiries

Inadequate member materials

Continuity of Care

3%

2%

2%

2%

2%

6.

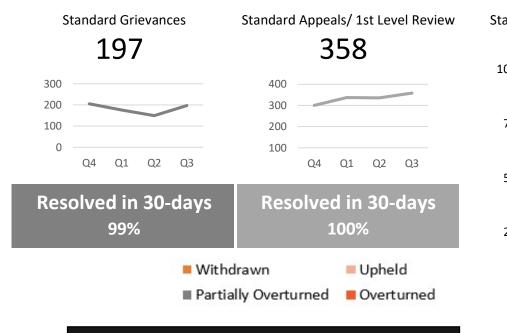
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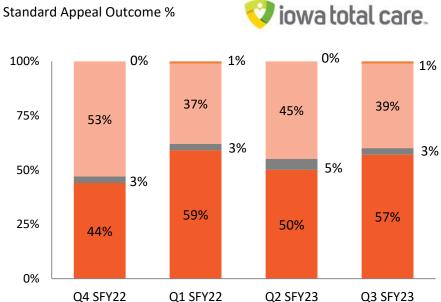
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# **Grievances and Appeals**



	%	<b>Top 10 Reasons for Grievances</b> <sup>7</sup>
1.	15%	Provider Not in Network
2.	14%	Transportation - General Complaint Vendor
3.	12%	Unhappy with Benefits
4.	11%	Transportation - Driver did not show
5.	6%	Transportation - Missed Appointment
6.	6%	Lack of Caring/Concern
7.	5%	Transportation - Late Appointment
8.	4%	Transportation - General Complaint Vendor CSR
9.	3%	Transportation - Other
10.	3%	Inappropriate Payment Demand(par)

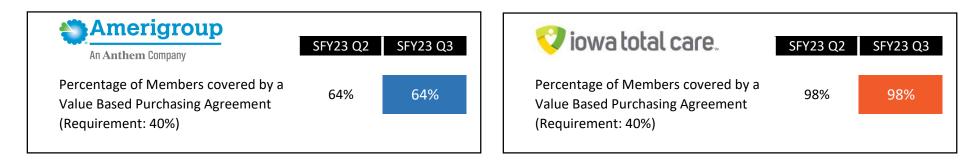


%	<b>Top 10 Reasons for Appeals</b> <sup>7</sup>
26%	RX - Does Not Meet Prior Auth Guidelines
6%	DME - Wheelchair - NotMedically Necessary
5%	Rehabilitation/Therapy - Physical Therapy
3%	Injection - Self Injectibles - Not Medically Necessary
2%	Therapy - Occupational Therapy - Not Medically Necessary
2%	Diagnostic - MRI - Not Medically Necessary
2%	DME - Other - Not Medically Necessary
2%	Other - Mental Health Service
2%	Injections - Epidural Injections -Not Medically Necessary
1%	DME - Blood Glucose Monitor - Not Medically Necessary

<sup>7</sup> Top 10 reasons for grievances and appeals includes both standard and expedited counts. All percentages listed are based on quarterly totals.

## Value Based Purchasing (VBP) Agreement

Value Based Purchasing (VBP) Agreement: An agreement that holds health care providers accountable for both the cost and quality of care they provide by providing payment to improved performance.



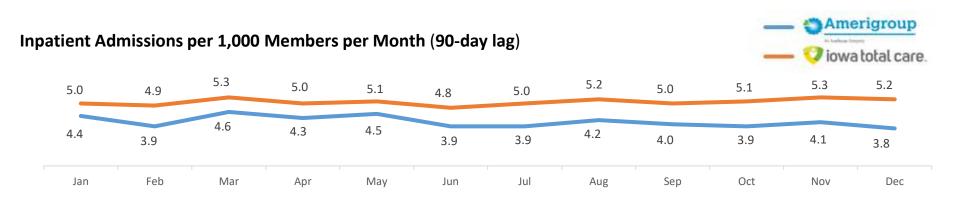
## Top 5 - Value Added Services (VAS)

Value Added Services (VAS) are optional benefits provided by the MCOs outside of the standard Medicaid benefit package. MCOs use value added services as an incentive to attract members to their plan. A complete listing by each MCO can also be found here:

https://dhs.iowa.gov/sites/default/files/Comm504.pdf

Amerigroup An Anthem Company	SFY23 Q2	SFY23 Q3
Healthy Rewards	6,574	10,158
Taking Care of Baby and Me	2,145	2,130
Community Resource Link	1,977	1,587
SafeLink Mobile Phone	2,613	1,050
Dental Hygiene Kit	514	568

💙 iowa total care.	SFY23 Q2	SFY23 Q3
My Health Pays Program	12,676	9,596
The Flu Program	14,212	6,132
Mobile App	1,831	2,080
Start Smart for Your Baby	1,743	2,000
SafeLink Phones	662	1,198



## All Cause Readmissions within 30-days (90-day lag)<sup>8</sup>

12.8%	11.5%	12.3%	12.6%	11.9%	13.0%	13.4%	12.8%	11.8%	13.5%	11.2%	11.2%
11.1%	10.3%	9.2%	11.3%	10.0%	11.4%	10.6%	11.7%	10.7%	9.6%	9.2%	11.1%
Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec

## Adult Non-Emergent Use Per 1,000 ED Visits (90-day lag)<sup>9</sup>



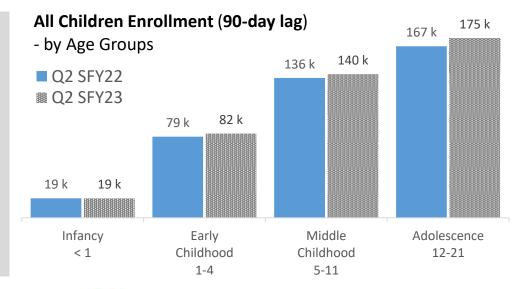
<sup>8</sup> This measure requires 12 months of continuous enrollment with the MCO.

<sup>9</sup> Effective January 1, 2020, the list of emergent diagnosis codes used to determine this measure was updated.

# **MCO Children Summary**

Medicaid-eligible children either qualify for Traditional Medicaid or CHIP (Children's Health Insurance Program). Which eligibility group children qualify for is based on household income status and other factors. In Iowa, CHIP is offered through the Healthy and Well Kids in Iowa (Hawki) program or M-CHIP (Medicaid expansion for kids).

Children (ages 0-21) make up over half of the enrolled MCO population. Of this population, 80% of children are Traditional Medicaid eligible. 20% of MCO enrolled children are CHIP eligible (Hawki/M-CHIP).



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SFY22 Q2	SFY23 Q2
162 215	176 527

Member Enrollment	162,215	176,527
Infancy < 1	9,062	9,974
Early Childhood 1 - 4	32,560	36,469
Middle Childhood 5 - 11	54,062	57,849
Adolescence 12 - 21	66,531	72,235
	_	
Well Child Exams (Preventive Visits)	35,030	36,532
Infancy < 1	11,829	12,504
Early Childhood 1 - 4	9,811	10,348
Middle Childhood 5 - 11	7,064	7,022
Adolescence 12 - 21	6,326	6,658
Lead Screenings	3,264	3,741
Infancy < 1	123	147
Early Childhood 1 - 4	2,847	3,283
Middle Childhood 5 - 11	258	263
Adolescence 12 - 21	36	48



An Anthem Company	SFY22 Q2	SFY23 Q2
Member Enrollment	237,998	238,257
Infancy < 1	9,842	8,810
Early Childhood 1 - 4	46,275	45,215
Middle Childhood 5 - 11	81,778	81,767
Adolescence 12 - 21	100,103	102,465
	_	
Well Child Exams (Preventive Visits)	39,572	43,034
Infancy < 1	11,043	11,232
Early Childhood 1 - 4	11,242	12,037
Middle Childhood 5 - 11	8,865	10,298
Adolescence 12 - 21	8,422	9,467
	_	
Lead Screenings	3,445	3,771
Infancy < 1	77	129
Early Childhood 1 - 4	3,059	3,348
Middle Childhood 5 - 11	269	251
Adolescence 12 - 21	40	43

# **MCO Children Summary**

Ame	ria	roi	
	<b>11</b>	101	up

Amerigroup			
An Anthem Company	SFY22 Q2	SFY23 Q2	
Hearing Screenings	2,200	2,165	
Infancy < 1	172	162	
Early Childhood 1 - 4	1,111	1,048	
Middle Childhood 5 - 11	660	676	
Adolescence 12 - 21	257	279	
Vision Screenings	1,871	2,358	
Infancy < 1	47	13	
Early Childhood 1 - 4	854	838	
Middle Childhood 5 - 11	626	948	
Adolescence 12 - 21	344	559	
Vaccination Totals	80,580	70,221	
COVID-19 Dose 1	2,212	513	
COVID-19 Dose 2 or Single-Dose (J&J)	2,031	447	
DTaP (Diphtheria, Tetanus, Pertussis)	9,220	8,248	
Influenza (FLU)	31,194	27,677	
HepA (Hepatitis A)	4,027	3,763	
HepB (Hepatitis B)	878	466	
Haemophilus Influenza Type B (Hib)	4,786	4,090	
Human Papillomavirus (HPV)	2,656	2,635	
Meningococcal ACWY (MenACWY)	2,714	2,666	
Meningococcal B - (MenB)	1,216	1,273	
MMR (Measles, Mumps, Rubella)	3,687	3,658	
Pneumococcal (PCV13)	7,090	6,540	
Pneumococcal (PPSV23)	57	45	
Polio (IPV)	239	291	
RV (Rotavirus)	4,696	4,151	
Tetanus and diphtheria (Td)	29	26	
TDAP (Tetanus, Diphtheria, Pertussis)	1,949	1,889	
Varicella Virus Vaccine (VAR)	1,899	1,843	



💙 iowa total care.

SFY22 Q2 SFY23 Q2

Hearing Screenings	1,377	1,526
Infancy < 1	172	150
Early Childhood 1 - 4	664	761
Middle Childhood 5 - 11	388	437
Adolescence 12 - 21	153	178
Vision Screenings	1,450	1,720
Infancy < 1	40	9
Early Childhood 1 - 4	732	639
Middle Childhood 5 - 11	491	672
Adolescence 12 - 21	187	400
Vaccination Totals	64,089	59,488
COVID-19 Dose 1	1,823	14
COVID-19 Dose 2 or Single-Dose (J&J)	1,723	454
DTaP (Diphtheria, Tetanus, Pertussis)	8,050	7,830
Influenza (FLU)	22,087	19,904
HepA (Hepatitis A)	3,328	3,537
HepB (Hepatitis B)	769	574
Haemophilus Influenza Type B (Hib)	4,399	4,141
Human Papillomavirus (HPV)	1,911	1,970
Meningococcal ACWY (MenACWY)	1,853	1,990
Meningococcal B - (MenB)	801	868
MMR (Measles, Mumps, Rubella)	3,088	3,054
Pneumococcal (PCV13)	6,455	6,722
Pneumococcal (PPSV23)	66	39
Polio (IPV)	204	446
RV (Rotavirus)	4,338	4,507
Tetanus and diphtheria (Td)	35	30
TDAP (Tetanus, Diphtheria, Pertussis)	1,430	1,609
Varicella Virus Vaccine (VAR)	1,729	1,799

# MCO Children Summary - Behavioral/Mental Health Treatment & Services

	Amerigroup	
Substance Use Disorder	An Anthem C	ompany
(SUD) Summary	SFY22 Q2	SFY23 Q2
Total Visits - As 1st or 2nd Diagnosis	6,530	6,489
Alcohol	1,263	1,300
Cannabis	2,810	2,958
Cocaine	60	108
Nicotine	712	774
Opioid	515	442
Other	64	40
Other Psychoactive	305	333
Other Stimulant	476	449
Sedative	325	85
Severe Emotional Disturbance		
(SED) for Children Summary	SFY22 Q2	SFY23 Q2
<b>Total Visits</b> - As 1st or 2nd Diagnosis	208,917	197,251
ADHD <sup>10</sup>	46,141	44,528
Anxiety	38,611	38,593
Bipolar	3,231	2,938
Conduct Disorder	20,894	19,795
Depression	29,504	27,237
Obsessive Compulsive Disorder	765	717
Other	14,964	13,098
Post-traumatic Stress Disorder	54,357	50,036
Tourette Syndrome	450	309



(SUD) Summary	SFY22 Q2	SFY23 Q2
Total Visits - As 1st or 2nd Diagnosis	4,019	4,272
Alcohol	752	1,009
Cannabis	2,051	1,951
Cocaine	40	36
Nicotine	66	132
Opioid	339	376
Other	43	15
Other Psychoactive	210	268
Other Stimulant	457	417
Sedative	61	68

#### Severe Emotional Disturbance

(SED) for Children Summary	SFY22 Q2	SFY23 Q2
Total Visits - As 1st or 2nd Diagnosis ADHD <sup>10</sup> Anxiety Bipolar Conduct Disorder Depression Obsessive Compulsive Disorder Other Post-traumatic Stress Disorder	113,801 22,782 21,866 1,590 11,703 16,633 419 7,355 31,263	114,460 22,930 23,241 1,690 10,707 16,197 338 7,655 31,504
Tourette Syndrome	190	198

**Data Notes**: All counts listed above reflect claims activity with a 90-day lag. Counts are populated every time a claim is identified as having a 1st or 2nd SUD or SED diagnosis reason for children ages 5 to 21. <sup>10</sup> Attention Deficit/Hyperactivity Disorder (ADHD)

# MCO Children Summary - Behavioral/Mental Health Treatment & Services

Amerigroup		
An Anthem Company	SFY22 Q2	SFY23 Q2
Mental Health Assessments	10,438	8,957
Middle Childhood 5 - 11	3,660	3,435
Adolescence 12 - 21	6,778	5,522
Therapy/Counseling - Individual	74,462	69,149
Middle Childhood 5 - 11	30,738	28,412
Adolescence 12 - 21	43,724	40,737
Therapy/Counseling - Group & Family	8,917	7,985
Middle Childhood 5 - 11	3,134	2,871
Adolescence 12 - 21	5,783	5,114
Behavioral Intervention Services	18,922	19,629
Middle Childhood 5 - 11	11,430	11,877
Adolescence 12 - 21	7,492	7,752
Applied Behavior Analysis (ABA)	4,059	3,651
Middle Childhood 5 - 11	3,642	3,121
Adolescence 12 - 21	417	530
Residential Treatment	666	484
Middle Childhood 5 - 11	221	111
Adolescence 12 - 21	445	373
M/H & Substance Abuse B3 Services <sup>11</sup>	5,632	5,415
Middle Childhood 5 - 11	1,502	1,530
Adolescence 12 - 21	4,130	3,885

💙 iowa total care.	SFY22 Q2	SFY23 Q2
Mental Health Assessments	6,165	5,865
Middle Childhood 5 - 11	2,215	2,203
Adolescence 12 - 21	3,950	3,662
Therapy/Counseling - Individual	42,933	43,865
Middle Childhood 5 - 11	18,721	18,380
Adolescence 12 - 21	24,212	25,485
Therapy/Counseling - Group & Family	5,085	5,521
Middle Childhood 5 - 11	2,005	2,294
Adolescence 12 - 21	3,080	3,227
Behavioral Intervention Services	10,704	10,906
Middle Childhood 5 - 11	6,651	6,543
Adolescence 12 - 21	4,053	4,363
Applied Behavior Analysis (ABA)	971	1,078
Middle Childhood 5 - 11	839	942
Adolescence 12 - 21	132	136
Residential Treatment	375	506
Middle Childhood 5 - 11	101	181
Adolescence 12 - 21	274	325
M/H & Substance Abuse B3 Services <sup>11</sup>	3,087	3,126
, Middle Childhood 5 - 11	940	847
Adolescence 12 - 21	2,147	2,279

Data Notes: All claims data is reported on a 90-day lag. Quarters listed by MCO compare same quarter 1-year apart (e.g., SFY21 Q1 vs. SFY22 Q2).

<sup>11</sup> "B3" services are mental health and substance abuse services available to MCO members.

## Long Term Services - Care Quality and Outcomes

15

67

12

76

and UCBS Case Management		rigroup a Company
Average Number of Contacts	SFY23 Q2	SFY23 Q3
Per Month		
by Care Coordinators	2.0	2.0
by Case Managers	1.0	1.0
"Members to" Ratios		

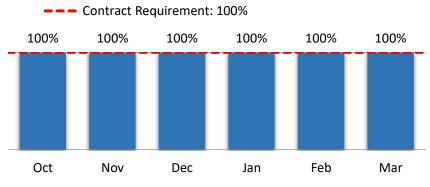
Members to Care Coordinators

**HCBS Members to Case Managers** 

Iowa Participant Experience Survey (IPES)				
Waiver members reporting SFY23 Q2 SFY23				
They were part of service planning.	I don't know	0.0%	0.5%	
	No	0.0%	0.0%	
	Sometimes	0.0%	0.0%	
	Yes	100.0%	99.5%	
They feel safe where they live.	I don't know	0.0%	0.0%	
	No	0.0%	0.0%	
	Sometimes	0.0%	0.0%	
	<b>Yes</b>	100.0%	100.0%	
Their services make their lives better.	I don't know	0.0%	1.0%	
	No	0.0%	0.0%	
	Sometimes	0.0%	1.4%	
	<b>Yes</b>	100.0%	97.6%	

There are no current MCO contract standards for ratios of members to care coordinators or community based case managers. However, MCO contracts do state that members are to be visited in their residence face-to-face by their care coordinator at least quarterly with an interval of at least 60 days between visits.

## Percentage of Level of Care (LOC) **Reassessments Completed Timely**

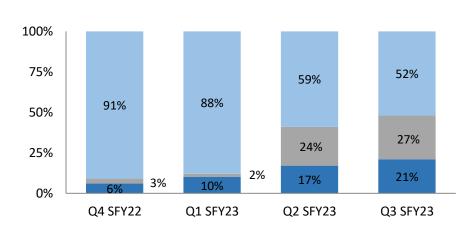


No Change

## Waiver Service Plan Outcomes

Increase

Reduction



## Long Term Services - Care Quality and Outcomes

Non-LTSS Care Coordination and HCBS Case Management

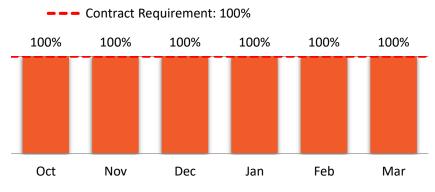


Average Number of Contacts	SFY23 Q2	SFY23 Q3
Per Month		
by Care Coordinators	1.0	1.0
by Case Managers	1.0	1.0
"Members to" Ratios		
Members to Care Coordinators	44	51
HCBS Members to Case Managers	44	46

Iowa Participant Experience Survey (IPES)				
Waiver members reporting SFY23 Q2 SFY23 Q3				
They were part of	I don't know	2.1%	1.4%	
service planning.	No	3.5%	0.0%	
	Sometimes	1.1%	2.8%	
	Yes	92.2%	95.8%	
They feel safe where	I don't know	0.4%	0.0%	
they live.	No	5.7%	5.6%	
	Sometimes	2.1%	2.8%	
	Yes	91.5%	91.7%	
Their services make	I don't know	1.8%	0.0%	
their lives better.	No	3.5%	4.2%	
	Sometimes	4.2%	1.4%	
	Yes	90.1%	94.4%	

MCO contracts also state that community based case managers shall contact HCBS waiver members either at least monthly in person or by telephone with an interval of at least 14 calendar days between contacts. All Level of Care (LOC) and functional need assessments must be updated annually or as a member's needs change

## Percentage of Level of Care (LOC) Reassessments Completed Timely

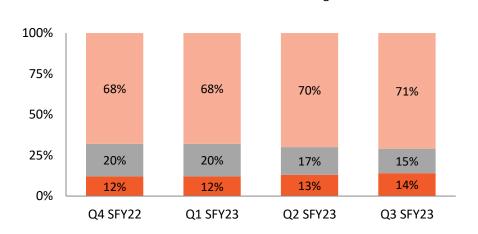


No Change

## Waiver Service Plan Outcomes

Increase

Reduction



SFY23 Q2

SFY23 Q3

Home- and Community-Based Services (HCBS) programs are available for eligible members with disabilities or older lowans that would otherwise require care in a medical institution. The following information captures the Top 5 services used by members with "active" waiver service plans.

## **Top 5 Waiver Services**

-	by	Mem	ber	Usage
---	----	-----	-----	-------

AIDS/HIV - Waiver Member Count Home Delivered Meals CDAC (agency) by 15 minute units Financial Management Services Adult Day Care Services - full day CDAC (individual) by 15 minute units	25 18 1 2 1 3	26 18 2 2 2 1
Brain Injury (BI) Waivers	755	755
Supported Community Living (by unit)	199	205
Financial Management Services	199	200
Personal Emergency Response	171	171
Respite (by 15 minute units)	151	153
Supported Community Living (daily)	115	119
	115	115
Children's Mental Health (CMH)	799	797
Respite (by 15 minute units)	445	456
Respite (Hos/NF) - 15 minute units	236	235
Family and Community Support	193	187
Respite (Resident Camp) by units	21	19
Home Delivered Meals	2	3
Elderly Waivers	4,027	3,925
Personal Emergency Response	2,746	2,692
Home Delivered Meals	2,724	2,627
CDAC (agency) by 15 minute units	345	334
Assisted Living Services	317	316
Personal Emergency Response (install)	251	221

# Amerigroup

Amerigioup		·
An Anthem Company	SFY23 Q2	SFY23 Q3
Habilitation (Hab)	4,076	4,148
Home-based Habilitation	3,381	3,389
Long Term Job Coaching	386	389
Day Habilitation (units by day)	333	326
Day Habilitation (by 15 minute units)	157	161
Individual Supported Employment	204	122
Health & Disability (HD)	1,357	1,349
Respite (by 15 minute units)	397	419
Financial Management Services	347	338
Personal Emergency Response	321	322
Home Delivered Meals	312	308
Respite (Hos/NF) - 15 minute units	57	61
Intellectual Disability (ID)	6,899	6,930
Supported Community Living (by unit)	1,822	1,855
Supported Community Living (RCF)	1,514	1,525
Day Habilitation (units by day)	1,321	1,322
Supported Community Living (daily)	1,193	1,211
Financial Management Services	1,150	1,115
Physical Disability (PD)	569	562
Personal Emergency Response	320	314
CDAC (individual) by 15 minute units	37	58
CDAC (agency) by 15 minute units	42	53
Personal Emergency Response (install)	29	29
Financial Management Services	30	25

SFY23 Q2

All eligible members receive service coordination and a customized individual service plan. For additional information on the HCBS waiver program to include wait list information and a full list of available services, reference: <a href="https://hts.iowa.gov/ime/members/medicaid-a-to-z/hcbs/waivers">https://hts.iowa.gov/ime/members/medicaid-a-to-z/hcbs/waivers</a>.

SFY23 Q3

## **Top 5 Waiver Services**

- by Mem	ber	Usage
----------	-----	-------

8	
8	
3	
0	
	8

Brain Injury (BI) Waivers	519	529
Supported Community Living (by unit)	214	199
Personal Emergency Response	150	143
Supported Community Living (daily)	121	120
Transportation (1-way trip)	87	91
Respite (by 15 minute units)	87	85
Children's Mental Health (CMH)	385	388
Respite (by 15 minute units)	243	255
Respite (Hos/NF) - 15 minute units	163	159
Family and Community Support	113	106
Mental Health Service	0	46
Respite (Resident Camp) by units	14	13
Elderly Waivers	3,569	3,687
Personal Emergency Response	2,650	2,723
Home Delivered Meals	2,621	2,718
CDAC (agency) by 15 minute units	1,343	1,404
Homemaker (by 15 minute units)	720	727
CDAC (individual) by 15 minute units	612	652

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	SFY23 Q2	SFY23 Q3
Habilitation (Hab)	2,410	2,500
Home-based Habilitation	1,908	1,936
Day Habilitation (by 15 minute units)	373	394
Day Habilitation (units by day)	298	311
Long Term Job Coaching	271	275
Individual Supported Employment	134	132
Health & Disability (HD)	587	597
Respite (by 15 minute units)	201	196
Home Delivered Meals	152	158
Personal Emergency Response	139	144
CDAC (individual) by 15 minute units	97	100
CDAC (agency) by 15 minute units	96	94
Intellectual Disability (ID)	4,466	4,527
Day Habilitation (by 15 minute units)	1,691	1,695
Supported Community Living (by unit)	1,716	1,676
Day Habilitation (units by day)	1,550	1,541
Supported Community Living (RCF)	1,195	1,200
Supported Community Living	942	930
Physical Disability (PD)	403	423
Personal Emergency Response	225	231
CDAC (agency) by 15 minute units	176	175
CDAC (individual) by 15 minute units	126	129
Transportation (1-way trip)	42	48
Personal Emergency Response (install)	30	33

# **Call Center Performance Metrics**

	Jan	Feb	Mar
Member Helpline			
Service Level (Requirement 80%)	99.36%	98.68%	95.55%
Abandonment Rate - Must be 5% or less	0.20%	0.31%	0.28%
Member Pharmacy Helpline			
Service Level (Requirement 80%)	97.29%	97.42%	99.63%
Abandonment Rate - Must be 5% or less	0.08%	0.30%	0.00%
Provider Helpline			
Service Level (Requirement 80%)	98.15%	95.25%	89.36%
Abandonment Rate - Must be 5% or less	0.12%	0.17%	0.52%
Provider Pharmacy Helpline			
Service Level (Requirement 80%)	94.60%	93.60%	92.94%
Abandonment Rate - Must be 5% or less	0.06%	0.15%	0.43%
Non-Emergency Medical Transportation			
(NEMT) Helpline			
Service Level (Requirement 80%)	82.28%	86.51%	89.22%
Abandonment Rate - Must be 5% or less	2.76%	0.85%	0.77%



Data Notes: Top 5 Call Reasons are captured during the last month of the reporting period.

	Top 5 Call Reasons (Member Helpline)		
1.	Benefit Inquiry		Ben
2.	ID Card Request or Inquiry		Claiı
3.	Enrollment Information		Auth
4.	Transportation Inquiry		Claiı
5.	Claim Inquiry		Enro

Top 5 Call Reasons (Provider Helpline)		
Benefit Inquiry		
Claim Status		
Authorization Status		
Claim Payment Question or Dispute		
Enrollment Inquiry		

# **Call Center Performance Metrics**

	Jan	Feb	Mar
Member Helpline			
Service Level (Requirement 80%)	91.56%	92.48%	90.96%
Abandonment Rate - Must be 5% or less	3.06%	3.05%	3.57%
Member Pharmacy Helpline			
Service Level (Requirement 80%)	86.48%	91.62%	90.63%
Abandonment Rate - Must be 5% or less	0.89%	1.36%	0.98%
Provider Helpline			
Service Level (Requirement 80%)	90.68%	92.41%	92.70%
Abandonment Rate - Must be 5% or less	0.82%	0.84%	0.79%
Provider Pharmacy Helpline			
Service Level (Requirement 80%)	91.65%	90.36%	91.28%
Abandonment Rate - Must be 5% or less	0.50%	0.47%	0.51%
Non-Emergency Medical Transportation			
(NEMT) Helpline			
Service Level (Requirement 80%)	84.30%	91.84%	90.02%
Abandonment Rate - Must be 5% or less	1.39%	0.57%	0.59%





Data Notes: Top 5 Call Reasons are captured during the last month of the reporting period.

Top 5 Call Reasons (Member Helpline)	Top 5 Call Reasons (Provider Helpline)	
Benefits and Eligibility for Member	Benefits and Eligibility for Provider	
Update Preference for Member	Coordination Of Benefits for Provider	
Coordination Of Benefits for Member	Claims Inquiry	
Update PCP	Coordination of Benefits	
Member Rewards for Member	View Authorization for Provider	

1.

2.

3.

4.

5.

imary Care Providers (PCP)	SFY22 Q4	SFY23 Q1	SFY23 Q2	SFY23 Q3
Adults PCP				
Provider Count	6,893	7,093	7,374	6,966
Members with Access	237,584	238,093	237,553	237,034
Average Distance (Miles)	1.8	1.8	1.8	2.0
Pediatric PCP				
Provider Count	6,924	7,124	7,405	6,997
Members with Access	214,390	213,457	212,349	211,612
Average Distance (Miles)	1.9	1.9	1.9	2.2

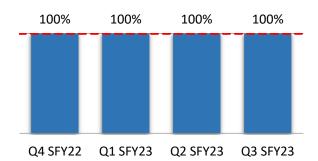
## Specialty Care &

Behavioral Health (BH)	SFY22 Q4	SFY23 Q1	SFY23 Q2	SFY23 Q3
OB/GYN Adult				
Provider Count	423	440	462	487
Members with Access	154,186	154,298	154,103	154,071
Average Distance (Miles)	5.5	5.5	5.4	5.3
Outpatient - Behavioral Health				
Provider Count	4,543	4,679	4,880	5,314
Members with Access	451,974	451,550	449,902	448,646
Average Distance (Miles)	2.2	2.2	2.2	1.9
Inpatient - Behavioral Health				
Provider Count	51	53	56	56
Rural Members				
Members with Access	184,359	184,040	183,139	182,392
Average Distance (Miles)	21.0	18.8	18.8	26.4
Urban Members				
Members with Access	267,615	267,510	266,763	266,254
Average Distance (Miles)	5.8	5.7	5.5	5.7

## **Adult PCP - Standards**

30 minutes or 30 miles

--- Contract Requirement: 100%



Pediatric PCP - Standards

30 minutes or 30 miles



Q4 SFY22 Q1 SFY23 Q2 SFY23 Q3 SFY23

#### Link to Geo Access Reports:

https://hhs.iowa.gov/ime/about/performancedata-geoaccess

imary Care Providers (PCP)	SFY22 Q4	SFY23 Q1	SFY23 Q2	SFY23 Q3
Adults PCP				
Provider Count	9,894	9,894	9,894	7,771
Members with Access	189,029	196,756	206,246	216,380
Average Distance (Miles)	2.0	2.0	2.0	2.2
Pediatric PCP				
Provider Count	10,658	10,658	10,658	8,375
Members with Access	147,665	151,411	155,500	160,395
Average Distance (Miles)	2.1	2.1	2.1	2.3

## Specialty Care &

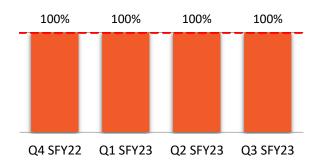
Behavioral Health (BH)	SFY22 Q4	SFY23 Q1	SFY23 Q2	SFY23 Q3
OB/GYN Adult				
Provider Count	1,298	1,298	1,298	751
Members with Access	123,122	127,515	133,013	138,628
Average Distance (Miles)	5.4	5.3	5.3	6.1
<b>Outpatient - Behavioral Health</b>				
Provider Count	9,688	9,688	9,688	5,114
Members with Access	336,694	348,179	361,746	376,790
Average Distance (Miles)	2.5	2.5	2.4	3.0
Inpatient - Behavioral Health				
Provider Count	36	36	36	26
Rural Members				
Members with Access	241,452	249,950	259,591	270,380
Average Distance (Miles)	24.5	24.4	24.4	21.9
Urban Members				
Members with Access	95,242	98,229	102,155	106,410
Average Distance (Miles)	8.4	8.4	8.4	3.6



**Adult PCP - Standards** 

30 minutes or 30 miles

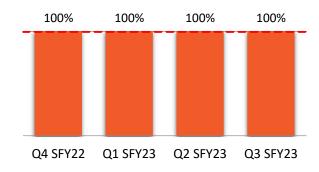
--- Contract Requirement: 100%



Pediatric PCP - Standards

30 minutes or 30 miles





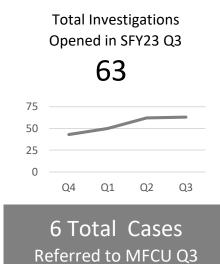
#### Link to Geo Access Reports:

https://hhs.iowa.gov/ime/about/performancedata-geoaccess

# **MCO Program Integrity**

Program integrity (PI) encompasses a number of activities to ensure appropriate billing and payment. The main strategy for eliminating fraud, waste and abuse is to use state-of-the art technology to eliminate inappropriate claims before they are processed. This pre-edit process is done through sophisticated billing systems, which have a series of edits that reject inaccurate or duplicate claims. Increased program integrity activities will be reported over time as more claims experience is accumulated by the MCOs, medical record reviews are completed, and investigations are closed.

The billing process generates the core information for program integrity activities. Claims payment and claims history provide information leading to the identification of potential fraud, waste, and abuse. Therefore MCO investigations, overpayment recovery, and referrals to MFCU listed in this chart would be considered pending until final determinations are made.



# Amerigroup

An Anthem Company	SFY22 Q4	SFY23 Q1	SFY23 Q2	SFY23 Q3	Average	Total
Investigations opened	25	36	41	47	37	149
Overpayments identified	10	14	8	25	14	57
Member concerns referred to IME	4	2	2	3	3	11
Cases referred to the Medicaid Fraud Control Unit (MFCU)	2	3	9	6	5	20

💙 iowa total care.	SFY22 Q4	SFY23 Q1	SFY23 Q2	SFY23 Q3	Average	Total
Investigations opened	18	14	21	16	17	69
Overpayments identified	6	19	21	5	13	51
Member concerns referred to IME	4	4	4	3	4	15
Cases referred to the Medicaid Fraud Control Unit (MFCU)	0	2	6	0	2	8

## **Appendix: Glossary**

**Abandonment Rate**: Percentage of unanswered calls abandoned by the caller after 30 seconds of the call entering the queue. (E.g., caller hangs up before speaking to anyone after waiting more than 30 seconds in a queue.)

#### Administrative Loss Ratio (ALR): See Financial Ratios

Adult Day Care: An organized program of supportive care in a group environment. The care is provided to members who need a degree of supervision and assistance on a regular or intermittent basis in a day care setting.

All Cause Readmissions: This measure looks at the rate of provider visits within 30 days of discharge from an acute care hospital per 1,000 discharges among beneficiaries assigned.

AIDS/HIV Waiver: A HCBS waiver that offers services for those who have been diagnosed with AIDS or HIV.

Appeal: An appeal is a request for a review of an adverse benefit determination. Actions that a member may choose to appeal:

- Denial of or limits on a service.
- Reduction or termination of a service that had been authorized.
- Denial in whole or in part of payment for a service.
- Failure to provide services in a timely manner.
- Failure of the MCO to act within required time-frames.
- For a resident of a rural area with only one MCO, the denial of services outside the network

A member or a member's authorized representative (e.g., provider or lawyer) may file an appeal directly with the MCO (a.k.a. first level review) or with the department (HHS). If filed with the MCO, the MCO has 30-days to try and resolve. If the member and/or provider is not happy with the outcome of the first level review, they may request a State Fair Hearing. See https://hhs.iowa.gov/appeals

Brain Injury (BI) Waiver: A HCBS waiver that offers services for those who have been diagnosed with a brain injury due to an accident or an illness.

**Capitation Expenditures**: Medicaid payments the Department makes on a monthly basis to the MCOs for member health coverage. MCOs are paid a set amount for each enrolled person assigned to that MCO, regardless of whether services are used that month. Capitated rate payments vary depending on the member's eligibility.

• Adjustments: Monetary only payments/adjustments that can occur within the paid month for same month or prior months. Example: Program Integrity requests recoupments/adjustments based on their data pulls (date of death, incarceration based on DOC file, etc.). Those requests would process through MMIS and would either make the pay-out amounts higher or lower depending on if they were recoupments or adjustments.

Capitation Expenditures (continued...):

• **Current**: Payments that occur within the paid month for same month

• **Retro**: Monthly mass adjustment processes look at the last 12 months and adjust capitation claims based on any eligibility changes (gender, DOB, MCO removal, Cap group changes) the member had in that timeframe. Capitation would either be adjusted or recouped and that would make the pay-out amounts higher or lower depending on if they were recoupments or adjustments.

Care Coordinator: A person who helps manage the health of members with chronic health conditions.

Case Manager: See Community Based Case Management (CBCM)

**Centers for Medicare and Medicaid Service (CMS)**: A federal agency that administers the Medicare program and works in partnership with state governments to administer Medicaid standards.

**Children's Mental Health** (**CMH**) **Waiver**: A HCBS waiver that offers services for children up to age 18, who have been diagnosed with a serious emotional disturbance.

**Children's Health Insurance Program** (**CHIP**): A federal program administered by state governments to provide health care coverage for children and families whose income is too high to qualify for Medicaid, but too low to afford individual or work-provided health care.

Claims: What providers submit to the MCOs or the Department in order to receive payment for services rendered.

- Paid: Claim is received and the provider is reimbursed for the service rendered
- Denied: Claim is received and services are not covered benefits, duplicate, or other substantial issues that prevent payment
- Suspended: Pending internal review for medical necessity and/or additional information must be submitted for processing
- · Run Out: Additional time for providers to submit claims for services rendered
- Provider Adjustment Requests and Errors Reprocessed:
  - o Claims where the provider may request a reopening to fix clerical errors or billing errors
  - o Claims identified by the MCOs as erroneously paid or denied which are corrected

**Clean Claims**: The claim is on the appropriate form, identifies the service provider that provided service sufficiently to verify, if necessary, affiliation status, patient status and includes any identifying numbers and service codes necessary for processing.

Community: A natural setting where people live, learn, work, and socialize.

**Community Based Case Management** (**CBCM**): Helps LTSS members manage complex health care needs. It includes planning, facilitating and advocating to meet the member's needs. It promotes high quality care and cost effective outcomes. CBCMs make sure that the member's care plan is carried out. They make updates to the care plan as needed.

**Consumer Directed Attendant Care** (**CDAC**): Helps people do things that they normally would for themselves if they were able. CDAC services may include unskilled tasks such as bathing, grocery shopping, household chores or skilled tasks such as medication management, tube feeding, recording vital signs. CDAC providers are available through an agency or from an individual such as a family member, friend, or neighbor that meets eligibility requirements.

Denied Claims: See Claims

Department of Human Services (DHS): See Health and Human Services (HHS)

**Disabled**: Group descriptions include: Age Blind Disabled (ABD), Residential Care Facility (RFC), Nursing Facility (NF), Hospice, Skilled Nursing Facility (SNF), Intermediate Care Facility (ICF), State Mental Health Hospital, and Children in Psychiatric Mental Institutions (PMIC).

**Disenrollment**: Refers to members who have chosen to change their enrollment with one MCO to an alternate MCO.

Dual: Members who have both Medicare and Medicaid benefits.

**Durable Medical Equipment (DME)**: Reusable medical equipment for use in the home. It is rented or owned by the member and ordered by a provider.

Elderly Waiver: A HCBS waiver that offers services for elderly persons. An applicant must be at least 65 years of age.

**Financial Ratios**: The Affordable Care Act requires insurance companies to spend at least 80% or 85% of premium dollars on medical care. In lowa, the Medical Loss Ratio (MLR) for MCOs is contractually set at 88%.

- Administrative Loss Ratio (ALR): The percent of capitated rate payments an MCO spends on administrative costs.
- **Medical Loss Ratio** (**MLR**): The percent of capitated rate payments an MCO spends on claims and expenses that improve health care quality of Medicaid members.
- Underwriting Ratio (UR): If total expenses exceed capitated rate payments, an underwriting loss occurs. If total capitated rate payments exceed total expenses, an underwriting profit occurs.

**Grievance**: Members have the right to file a grievance with their MCO. A grievance is an expression of dissatisfaction about any matter other than a decision. The member, the member's representative or provider who is acting on their behalf and has the member's written consent may file a grievance. The grievance must be filed within 30 calendar days from the date the matter occurred. Examples include but are not limited to:

- Member is unhappy with the quality of your care
- Doctor who the member wants to see is not in the MCO's network
- Member is not able to receive culturally competent care
- Member got a bill from a provider for a service that should be covered by the MCO

## Grievance (continued...):

- Rights and dignity
- Any other access to care issues

Habilitation (Hab) Services: A program that provides HCBS for lowans with the functional impairments typically associated with chronic mental illnesses.

Health & Disability (HD) Waiver: A HCBS waiver that offers services for those persons who are blind or disabled. An applicant must be less than 65 years of age for this waiver.

Healthy and Well Kids in Iowa (Hawki): In Iowa, CHIP is offered through the Hawki program. Hawki offers health coverage, through a MCO, for uninsured children of working families. A family who qualifies for Hawki may have to pay a monthly premium.

**Health and Human Services** (**HHS**): On June 14, 2022, House File 2578 was signed by Iowa Governor Reynolds, creating a Department of Health and Human Services by merging Public Health (IDPH) and Human Services (DHS) into one, single, department.

Home Delivered Meals: Meals that are prepared outside of the member's home and delivered to the member.

**Homemaker Services**: Services provided when the member lives alone or when the person who usually performs these functions for the member needs assistance. Homemaker service is limited to essential shopping, limited house cleaning, and meal preparation.

**Home and Community Based Services (HCBS)**: Types of person-centered care delivered in the home and community. A variety of health and human services can be provided. HCBS programs address the needs of people with functional limitations who need assistance with everyday activities, like getting dressed or bathing. HCBS are often designed to enable people to stay in their homes, rather than moving to a facility for care.

Inpatient Admissions: A member has formally been admitted to a hospital to receive care.

Intellectual Disability (ID) Waiver: A HCBS waiver that offers services for persons who have been diagnosed with an intellectual disability.

Intermediate Care Facilities for the Intellectually Disabled (ICF/ID): The ICF/IID benefit is an optional Medicaid benefit. The Social Security Act created this benefit to fund "institutions" (4 or more beds) for individuals with intellectual disabilities, and specifies that these institutions must provide "active treatment," as defined by the Secretary. Currently, all 50 States have at least one ICF/IID facility. This program serves over 100,000 individuals with intellectual disabilities and other related conditions. Most have other disabilities as well as intellectual disabilities. Many of the individuals are non-ambulatory, have seizure disorders, behavior problems, mental illness, visual or hearing impairments, or a combination of the above. All must qualify for Medicaid assistance financially.

**Iowa Health and Wellness Plan (IHAWP)**: The Iowa Health and Wellness Plan covers Iowans, ages 19-64, with incomes up to and including 133 percent of the Federal Poverty Level (FPL). The plan provides a comprehensive benefit package and is part of Iowa's implementation of the Affordable Care Act or Medicaid expansion.

**Iowa Insurance Division** (**IID**): The state regulator which supervises all insurance business transacted in the state of Iowa.

Iowa Medicaid: The division of Health and Human Services (HHS) that administers the Iowa Medicaid Program.

**Iowa Participant Experience Survey** (IPES): A survey tool developed for use with HCBS programs that asks members about the services they receive, and where the service is provided.

**Level of Care** (**LOC**): Members asking for HCBS waivers or facility care must meet Level of Care criteria. These must be consistent with people living in a care facility such as a nursing facility. Level of Care is determined by an assessment approved by DHS.

Long Term Services and Supports (LTSS): Medical and/or personal care and supportive services needed by individuals who have lost some capacity to perform activities of daily living, such as bathing, dressing, eating, transfers, and toileting, and/or activities that are essential to daily living, such as housework, preparing meals, taking medications, shopping, and managing money.

**M-CHIP**: Refers to Medicaid CHIP, or Medicaid expansion. M-CHIP provides coverage to children ages 6-18 whose family income is between 122 and 167 percent of the Federal Poverty Level (FPL), and infants whose family income is between 240 and 375 percent of the FPL.

**Managed Care Organization** (**MCO**): A health plan contracted with DHS to provide Iowa Medicaid members with comprehensive health care services, including physical health, behavioral health, and LTSS.

**Medicaid**: Provides medically necessary health care coverage for financially needy adults, children, parents with children, people with disabilities, elderly people and pregnant women. Also known as Title XIX under the Social Security Act.

Medicaid Expansion: See Iowa Health and Wellness Plan (IHAWP) and/or M-CHIP

**Medicaid Fraud Control Unit** (**MFCU**): A division within the Iowa Department of Inspections & Appeals whose primary goal is to prevent abuse of taxpayer resources through professional investigation of criminal activity. MFCU staffs experienced criminal investigators, auditors, and attorneys to achieve this goal.

Medical Loss Ratio (MLR): See Financial Ratios

**Mental Health Institute (MHI)**: Provide short term psychiatric treatment and care for severe symptoms of mental illness. Iowa has two MHIs located in **Cherokee** and **Independence**. The services at each MHI vary.

Monthly Capitation Expenditures: See Capitation Expenditures

Nursing Facility (NF): Provide 24-hour care for individuals who need nursing or skilled nursing care.

**Non-Emergent Use**: Illnesses or injuries that are generally not life-threatening and do not need immediate treatment at an Emergency Department.

**Non-Emergency Medical Transportation** (**NEMT**): Services are for members with full Medicaid benefits, who need travel reimbursement or a ride to get to their medical appointments.

**Physical Disability (PD) Waiver**: A HCBS waiver that offers services for persons who are physically disabled. An applicant must be at least 18 years of age, but less than 65 years of age.

**Prior Authorization** (**PA**): Some services or prescriptions require approval from the MCO for them to be covered. This must be done before the member gets that service or fills that prescription. Prior Authorizations for pharmaceuticals are becoming more complex and may require more specific data for approval.

**Primary Care Provider** (**PCP**): A physician, a physician assistant or nurse practitioner, who directly provides or coordinates member health care services. A PCP is the main provider the member will see for checkups, health concerns, health screenings, and specialist referrals.

**Program Integrity** (**PI**): Program Integrity (**PI**) is charged with reducing fraud, waste and abuse in the Iowa Medicaid program.

Provider Adjustment Requests and Errors Reprocessed: See Claims

**Provider Network Access**: Each MCO has a network of providers across lowa who their members may see for care. Members don't need to call their MCO before seeing one of these providers. Before getting services from providers, members should show their ID card to ensure they are in the MCO network. There may be times when a member needs to get services outside of the MCO network. If a needed and covered service is not available in-network, it may be covered out-of-network at no greater cost to the member than if provided in-network.

**Psychiatric Medical Institute for Children (PMIC)**: Institutions which provide more than 24-hours of continuous care involving long-term psychiatric services to three or more children in residence. The expected periods of stay for diagnosis and evaluation are fourteen days or more and for treatment the expected period of stay is 90-days or more.

Reported Reserves: Refer to an MCO's ability to pay their bills and the amount of cash they have on hand to do so.

Service Level (SL): In relation to call centers, service level is defined as the percentage of calls answered within a predefined amount of time.

**Service Plan**: Plan of services for HCBS members. A member's service plan is based on the member's needs and goals. It is created by the member and their interdisciplinary team to meet HCBS Waiver criteria.

Skilled Nursing Care: See Nursing Facility

Suspended Claims: See Claims

Temporary Assistance for Needy Families (TANF) Adult and Child: A program to help needy families achieve self-sufficiency.

**Third-Party Liability (TPL) Recovered**: Third party payments include recoveries from health insurance coverage, settlements or court awards for casualty/tort (accident) claims, product liability claims (global settlements), medical malpractice, worker's compensation claims, etc. This means all other available TPL resources must meet their legal obligation to pay claims for the care of an individual eligible for Medicaid. By law, Medicaid is generally the payer of last resort, meaning that Medicaid only pays claims for covered items and services if there are no other liable payers.

#### Underwriting Ratio (UR): See Financial Ratios

Value Added Services (VAS): Optional benefits provided by the MCOs outside of the standard Medicaid benefit package. MCOs use value added services as an incentive to attract members to their plan. The following VAS examples, captured from each MCO's handbook, provide a description of their most active services offered. A complete listing by each MCO can also be found here: https://hhs.iowa.gov/sites/default/files/Comm504.pdf

• Taking Care of Baby and Me® (AGP): It's very important to see your primary care provider (PCP), obstetrician or gynecologist (OB/GYN) for care when you're pregnant. This kind of care is called prenatal care. It can help you have a healthy baby. Prenatal care is always important even if you've already had a baby. With our program, members receive health information and rewards for getting prenatal and postpartum care.

• **My Health Pays** (**ITC**): This program rewards members who engage in healthy behaviors with predetermined nominal dollar amounts. Members who complete plan determined healthy behaviors will receive a reloadable Visa card. This Visa card can only be used at participating retailers, such as Walmart and for additional options such as transportation, utilities, phone bills, education costs, child care and rent. This card does not allow for the purchase of tobacco, firearms, or alcohol. In addition to this, members may utilize this card for medical cost share. Should a member incur a copay for a non-emergent emergency department visit, they may use the card to pay for this copay.

**Value Based Purchasing (VBP) Agreement**: An agreement that holds health care providers accountable for both the cost and quality of care they provide by providing payment to improved performance.

**Waivers**: See Home and Community Based Services (HCBS) or reference by individual waiver descriptions (Elderly, Physical Disability, Health and Disability, AIDS/HIV, Brian Injury, Intellectual Disability, or Children's Mental Health)

#### Waiver Service Plan: See Service Plan

# Appendix: Oversight Entities - Healthy and Well Kids in Iowa (Hawki) Board

The Hawki Board is a group of people and directors of other state agencies who are appointed by the Governor or who are members of the Legislature. The Hawki Board was established to provide direction to the Iowa Department of Health and Human Services (HHS) on the development, implementation, and ongoing administration of the Hawki program. The Hawki Board is required by law to meet at least six times per year and usually meets on the third Monday of every other month. Anyone may attend and observe a Board meeting. During the meeting, there is time for the public to make comments and ask questions.

See DHS website for all future and historical meeting information: https://hhs.iowa.gov/hawki/hawkiboard

#### Hawki Board of Directors Member List

Public Members MaryNelle Trefz, Chair Mary Scieszinski, Vice Chair Shawn Garrington Mike Stopulos

### Statutory Members Iowa Insurance Division Doug Ommen - Commissioner Angela Burke Boston - Designee

**Iowa Department of Education** Dr. Ann Lebo - Director Jim Donoghue - Designee

#### Iowa Department of Health and Human Services (HHS)

Kelly Garcia - Director Angie Doyle Scar - Designee Iowa Medicaid Elizabeth (Liz) Matney - Director

Legislative Members - Ex Officio Senator Nate Boulton Senator Mark Costello Representative Shannon Lundgren



# Appendix: Oversight Entities - Medical Assistance Advisory Council (MAAC)

The purpose of the Medical Assistance Advisory Council (MAAC) is to "Advise the Director about health and medical care services under the medical assistance program." The Council is mandated by federal law and further established in Iowa Code. MAAC meets quarterly.

See DHS website for all future and historical meeting information: https://hhs.iowa.gov/ime/about/advisory\_groups/maac

#### **MAAC Council Member List**

Co-Chairpersons	Professional and Business Entities
Angela Doyle-Scar, Health and Human Services (HHS)	Angela Van Pelt, Iowa Department of Aging
Jason Haglund, Voting Public Member	Cynthia Pedersen, Long-Term Care Ombudsman
	Jennifer Harbison, University of Iowa College of Medicine
Voting Members: Public Representatives	VACANT, Des Moines University-Osteopathic Medical Center
John Dooley, Public Member	Anthony Carroll, AARP
Dee Sandquist, Public Member	Doug Cunningham, the ARC of Iowa
Amy Shriver, Public Member	Kristie Oliver, Coalition for Family and Children's Services in Iowa
Marcie Strouse, Public Member	Wendy Gray, Free Clinics of Iowa
	Mary Nelle Trefz, Hawki Board
Voting Members: Professional and Business Entities	David Carlyle, Iowa Academy of Family Physicians
Casey Ficek, Iowa Pharmacy Association	Patricia Hildebrand, Iowa Academy of Nutrition and Dietetics
Erin Cubit, Iowa Hospital Association	Maria Jordan, Iowa Adult Day Services Association
Brandon Hagen, Iowa Health Care Association	Dan Royer, Iowa Alliance in Home Care
Shelly Chandler, Iowa Association of Community Providers	Helen Royer, Iowa Hearing Association
Dennis Tibben, Iowa Medical Society	Cheryll Jones, Iowa Association of Nurse Practitioners
	Edward Friedmann, Iowa Association of Rural Health Clinics
Members of the General Assembly	Di Findley, Iowa CareGivers
Senator Bolkcom	Flora Schmidt, Iowa Behavioral Health Association
Senator Mark Costello	Tom Scholz, Iowa Chapter of the American Academy of Pediatrics
Representative John Forbes	Denise Rathman, Iowa Chapter of the National Association of Social Workers
Representative Ann Meyer	Continued

MAAC Council Member List continued...

#### **Professional and Business Entities**

Molly Lopez, Iowa Chiropractic Society Laurie Traetow, Iowa Dental Association Carlyn Crowe (or Brooke Lovelace - back-up), Iowa Developmental Disabilities Council Sue Whitty, Iowa Nurses Association Sherry Buske, Iowa Nurse Practitioner Society Steve Bowen, Iowa Occupational Therapy Association Gary Ellis, Iowa Optometric Association Leah McWilliams, Iowa Osteopathic Medical Association Kate Walton, Iowa Physical Therapy Association Kevin Kruse, Iowa Podiatric Medical Society Aaron Todd, Iowa Primary Care Association Sara Stramel Brewer, Iowa Psychiatric Society Dave Beeman, Iowa Psychological Association Barbara Nebel, Iowa Speech-Language-Hearing Association Deb Eckerman Slack, Iowa State Association of Counties Matt Blake, Leading Age Iowa Matt Flatt, Midwest Association for Medical Equipment Services Peggy Huppert, National Alliance on Mental Illness Joe Sample, Iowa Association of Area Agencies on Aging VACANT, Opticians Association of Iowa VACANT, Iowa Coalition of HCBS for Seniors VACANT, Iowa Council of Health Care Centers Marc Doobay, Iowa Physician Assistant Society

There is created within the Department of Human Services a council on human services which shall act in a policymaking and advisory capacity on matters within the jurisdiction of the department. The council shall consist of seven voting members appointed by the governor subject to confirmation by the senate. Appointments shall be made on the basis of interest in public affairs, good judgement, and knowledge and ability in the field of human services. Appointments shall be made to provide a diversity of interest and point of view in the membership and without regard to religious opinions or affiliations. The voting members of the council shall serve for six-year staggered terms.

See DHS website for all future and historical meeting information: https://hhs.iowa.gov/about/dhs-council

## **Council on Human Services Member List**

#### Iowa Council on Human Services Members

Rebecca Peterson, Clive - Chair Kimberly Kudej, Swisher - Vice Chair Sam Wallace, Des Moines Skylar Mayberry-Mayes, Des Moines John (Jack) Willey, Maquoketa Kay Fisk, Mt. Vernon, IA Monika Jindal, Tiffin, IA Legislative Members - Ex Officio Senator Amanda Ragan Senator Mark Costello Representative Joel Fry Representative Timi Brown-Powers

# Appendix: Oversight Entities - IA Mental Health & Disability Services (MHDS) Commission

The Iowa Mental Health and Disability Services (MHDS) Commission is the state policy-making body for the provision of services to persons with mental illness, intellectual disabilities or other developmental disabilities, or brain injury. It is authorized by Section 225C.5 of the Code of Iowa.

The Commission currently consists of eighteen voting members appointed by the Governor and confirmed by a two-thirds vote of the Senate. Commission members are appointed on the basis of interest and experience in the fields of mental health, intellectual disabilities or other developmental disabilities, and brain injury, and to ensure adequate representation from persons with disabilities and individuals who have knowledge concerning disability services. The Commission is required to meet at least four times year. Meetings are open to the public.

See MHDS Commission website for all future and historical meeting information: https://hhs.iowa.gov/about/mhds-advisory-groups/commission

#### MHDS Commission Member List

#### Voting Members:

Sarah Berndt, CPC AdministratorSenator Jeff Edler,Teresa Daubitz, Service Advocate (Unity Point)Representative DeSue Gehling, Provider of Children's MHDD ServicesSenator Sarah TroiJanee Harvey, DHS Director's NomineeRepresentative LinDon Kass, County SupervisorRepresentative LinJune Klein-Bacon, Advocate – Brain InjuryJack Seward, County SupervisorJeff Sorensen, County SupervisorCory Turner, DHS Director's NomineeDr. Kenneth Wayne, VeteransRussell Wood, Regional AdministratorRichard Whitaker, Community Mental Health Center (Vera French)Lorrie Young, Substance Abuse Service Provider; Behavioral Health AssociationBetsy Akin , Parent or Guardian of an Individual Residing at a State Resource CenterDiane Brecht, ID/DD Providers – Iowa Association of Community Providers

#### Non-Voting Members:

Senator Jeff Edler, Senate Majority Leader Representative Dennis Bush, Speaker of the House Senator Sarah Trone Garriott, Senate Minority Leader Representative Lindsay James, House Minority Leader

# Appendix: Oversight Entities - Office of the State Long-Term Care Ombudsman (OSLTCO)

The Office of the State Long-Term Care Ombudsman (OSLTCO) is an independent entity of the **lowa Department on Aging**. Its mission is to protect the health, safety, welfare, and rights of individuals residing in long-term care by investigating complaints, seeking resolutions to problems, and providing advocacy with the goal of enhancing quality of life and care.

Operating within the Long-Term Care Ombudsman is a specific **Managed Care Ombudsman Program** (**MCOP**). The MCOP advocates for the rights and needs of Medicaid managed care members in Iowa who live or receive care in a health care facility, assisted living program or elder group home, as well as members enrolled in one of Medicaid's seven home and community-based services (HCBS) waiver programs (AIDS/HIV, Brain Injury, Children's Mental Health, Elderly, Health and Disability, Intellectual Disability and Physical Disability).

Unlike other oversite entities the MCOP does not hold public board or council meetings; however, the program does publish reports and executive summaries highlighting high-level complaint case data received from managed care members (e.g., opened cases by complaint type: access to services, member rights, etc.). See https://iowaaging.gov/state-long-term-care-ombudsman/managed-care-ombudsman-program

#### For more information, contact:

Managed Care Ombudsman 510 E 12th St., Ste. 2 Des Moines, IA 50319 (866) 236-1430 ManagedCareOmbudsman@iowa.gov