

JOINT MEETING OF THE MHDS COMMISSION & IOWA MENTAL HEALTH PLANNING COUNCIL
October 19, 2023
1:00 pm to 3:45 pm
Zoom – DRAFT

MHDS COMMISSION MEMBERS PRESENT:

Betsy Akin	Sue Gehling	Richard Whitaker
Sarah Berndt	June Klein-Bacon	
Diane Brecht	Kathy Norris	
Linda Dettmann	Jack Seward, Jr.	

MHDS COMMISSION MEMBERS ABSENT:

Teresa Daubitz	Don Kass	Sen. Sarah Trone Garriott
Sen. Jeff Edler	Rep. Megan Srinivas	Dr. Ken Wayne
Michael Fidgeon	Terri Steinke	Russell Wood

MENTAL HEALTH PLANNING COUNCIL MEMBERS PRESENT:

Teresa Bomhoff	Todd Lange	Kristin Roof
Leslie Carpenter	Megan Marsh	Dr. Shaad Swim
Rachel Cecil	Mary McKinnell	Monica Van Horn
Sen. Claire Celsi	Edward Murphy	Patricia Whitmarsh
Jennifer Day	Todd Noack	Edward Wollner
Lorien Harker	Kyra Preston (nee Hawley)	Joel Wulf
Theresa Henderson	Brad Richardson	

MENTAL HEALTH PLANNING COUNCIL MEMBERS ABSENT:

Jim Donoghue	Katie McBurney
Jen Gomez	Hannah Olson
Sen. Jeff Edler	Nina Richtman
Vienna Hoang	Jennifer Riley
Michael Kaufmann	Lorraine Uehling-Techel
Rep. Bob Kressig	
Christina Maulsby	

OTHER ATTENDEES:

Amy Campbell, Campbell Patterson LLP	Laura Larkin, Iowa HHS
Bob Lincoln, Elevate	Leisa Mayer, Rolling Hills
Brenna Koedam, Sioux Rivers	Mary A. Petersen, Robert Young Center
Caylyn Bishop, Rolling Hills	Patti Mana, Iowa HHS
Charlene Joens, Disability Rights Iowa	Theresa Armstrong, Iowa HHS
Cheryl Plank, Hope Haven	Tiffany Liska, Elevate
Dan Ries, Seasons Center	Torie Keith, CEBH
Devon McClurken, NAMI Iowa	
Erika Nelson, Abbe Health	
Flora Schmidt, IBHA	
Katie Peck, EasterSeals Iowa	
Kim Scorza, Crittenton Center	

Materials Referenced:

Provider Prevention & Support Services Presentation

Certified Community Behavioral Health Clinics Update Presentation

Welcome and Member Introductions

Diane Brecht and Teresa Bomhoff called the meeting to order at 1:03 a.m. Teresa Bomhoff led introductions for the Mental Health Planning and Advisory Council. Diane Brecht led introductions for the MHDS Commission.

Provider Prevention and Support Services (PPSS)

Tiffany Liska, Program Director at Elevate, shared a presentation on prevention and support services available at Elevate. Tiffany shared their specialized team provides support to system members providing care to individuals with intellectual disabilities, co-occurring mental health diagnoses, and complex behavioral health needs. Tiffany shared that their team meets frequently and adjust to the needs of those they are serving. Tiffany reviewed the training and assistance provided to providers and the community.

Discussion was had on the potential for expansion into additional diagnoses/ populations in the future. Tiffany referred individuals to Elevate's website, <https://elevateccbhc.org>, for more information.

Certified Community Behavioral Health Clinics (CCBHCs) Update

Laura Larkin, Iowa HHS, shared an overview of Iowa's Certified Community Behavioral Health Clinic (CCBHC) Planning Grant progress, sharing a Request for Proposal (RFP) seeking CCBHCs in Iowa is currently open. Laura reviewed the goals and standards for all CCBHCs, including the nine required services.

Laura shared success in other states, highlighting significant decrease in wait times in those states who have adopted CCBHC. Discussion was had on how older adults and individuals in rural areas' needs would be handled under CCBHC. Laura referred individuals to Iowa's CCBHC website, <https://hhs.iowa.gov/mhds/mental-health/ccbhc> for more information.

HHS/BHDS Update

Theresa Armstrong, Iowa HHS, shared an update that the State of Iowa continues to move towards systematic alignment. Theresa shared that Health Management Associates (HMA) has compiled a report of recommendations summarizing their findings following their community-based services analysis that occurred over the summer. This is anticipated to be shared later this fall. The recommendations are anticipated to include options for service delivery, options for funding, and recommendations changes.

Theresa shared an update that HHS had released an RFP for a crisis services delivery system evaluation with the purpose of seeking a roadmap on moving from a mental health crisis system to a behavioral health crisis system. This RFP was awarded to HMA with an anticipated report publication in 6 to 8 months.

Theresa shared HHS is increasing media campaigns for 988, including expansion to universities, community events, and educational settings. Discussion was had on innovative ways to share information on 988 to communities including postings at local banks, food and beverage establishments, paths, and walkways, and along buses.

Discussion was had again on the importance of inclusion and adaption to rural communities in Iowa for any of the up-and-coming service system changes.

Discussion of Legislative Recommendations for 2023

Diane Brecht reviewed the legislative recommendations proposed by the MHDS Commission and referencing their *MHDS Commission 2023 Annual Report Working Draft 10.10.2023*. Discussion was had on inclusion of peer work throughout recommendations, inclusion of mentorship to recruit and retain frontline professionals, and proposal for treating providers to regain ownership in deciding medical necessity and need for service utilization.

Public Comment

Kim Scorza provided comment requesting clarity on how Integrated Home Health (IHH) and existing care coordination will be impacted with potential adoption of CCBHC.

Adjourn

Diane Brecht and Teresa Bomhoff thanked everyone for their attendance and participation, the meeting adjourned at 3:33 p.m.

Minutes respectfully submitted by Wendy DePhillips.