

Iowa

UNIFORM APPLICATION
FY 2022 Mental Health Block Grant Report
COMMUNITY MENTAL HEALTH SERVICES
BLOCK GRANT

OMB - Approved 04/19/2019 - Expires 04/30/2022
(generated on 11/29/2021 3.46.11 PM)

Center for Mental Health Services
Division of State and Community Systems Development

A. State Information

State Information

State DUNS Number

Number 137348624

Expiration Date

I. State Agency to be the Grantee for the Block Grant

Agency Name Iowa Department of Human Services

Organizational Unit Division of Mental Health and Disability Services

Mailing Address 1305 E. Walnut

City Des Moines

Zip Code 50319

II. Contact Person for the Grantee of the Block Grant

First Name Marissa

Last Name Eyanson

Agency Name Iowa Department of Human Services

Mailing Address 1305 E. Walnut Street, 5th Floor SE

City Des Moines

Zip Code 50319-0114

Telephone 5152818580

Fax

Email Address meyanso@dhs.state.ia.us

III. State Expenditure Period (Most recent State expenditure period that is closed out)

From 7/1/2020

To 6/30/2021

IV. Date Submitted

NOTE: This field will be automatically populated when the application is submitted.

Submission Date 11/29/2021 3:43:16 PM

Revision Date 11/29/2021 3:43:21 PM

V. Contact Person Responsible for Report Submission

First Name Laura

Last Name Larkin

Telephone 5152425880

Fax

Email Address llarkin@dhs.state.ia.us

0930-0168 Approved: 04/19/2019 Expires: 04/30/2022

Footnotes:

B. Implementation Report

MHBG Table 1 Priority Area and Annual Performance Indicators - Progress Report

Priority #: 1
Priority Area: Provide access to behavioral health services and supports for children with an SED and their families
Priority Type: MHS
Population(s): SED

Goal of the priority area:

Increase access to regionally funded services and supports for children with an SED and their families.

Objective:

MHDS regions will provide access to core services, as defined in House File 690, for children with an SED and their families.

Strategies to attain the goal:

1. MHDS regions will develop regional children's advisory committees that include parents or relatives of children who utilize services and other specified stakeholders of the children's behavioral health system.
2. MHDS regions will submit transition plans for including children's behavioral health services in the regional MHDS service system by April 1, 2020.
3. Administrative rules defining the core services required in HF 690 will be effective by Feb. 1, 2020.

Edit Strategies to attain the objective here:
(if needed)

Annual Performance Indicators to measure goal success

Indicator #: 1
Indicator: The number of children receiving behavioral health services funded by MHDS regions.
Baseline Measurement: 1,946
First-year target/outcome measurement: Regions are developing new services, data for SFY20 will not be available until SFY21.
Second-year target/outcome measurement: 2,141
New Second-year target/outcome measurement(if needed):

Data Source:

MHDS regional data

New Data Source(if needed):

Description of Data:

MHDS regions submit annual data reports to the SMHA regarding demographics of individuals services and types of services provided.

New Description of Data:(if needed)

Data issues/caveats that affect outcome measures:

MHDS regional data is submitted to the state December 1 of the year in which the fiscal year ends. The most recent data available is for SFY18. SFY 20 data will not be available until December 2021. Regions are in the process of developing new children's services, therefore increases in children served may not be seen until Year 2 of the plan.

New Data issues/caveats that affect outcome measures:

Report of Progress Toward Goal Attainment

First Year Target: Achieved Not Achieved (if not achieved, explain why)

Reason why target was not achieved, and changes proposed to meet target:

N/A - No first year target was identified.

How first year target was achieved (optional):

Second Year Target: Achieved Not Achieved (if not achieved, explain why)

Reason why target was not achieved, and changes proposed to meet target:

The second year target (SFY20 data) was 2,141 children served by the MHDS Regional system. The actual SFY20 amount was 2,108 so the state narrowly missed achieving this goal. During SFY20, MHDS regions were transitioning to new state requirements to start providing a specified set of core services to children. Regions did report a decline in utilization of services in the last quarter of SFY20 due to the COVID pandemic. Services to children by the MHDS regions have continued to increase as children's crisis services are in development.

How second year target was achieved (optional):

Indicator #: 2
Indicator: Submission of MHDS regional transition plans for children's behavioral health services
Baseline Measurement: 0
First-year target/outcome measurement: 14
Second-year target/outcome measurement: N/A

New Second-year target/outcome measurement(if needed):

Data Source:

MHDS regions will submit transition plans to the SMHA.

New Data Source(if needed):

Description of Data:

Detailed transition plans from each of the 14 MHDS regions.

New Description of Data:(if needed)

Data issues/caveats that affect outcome measures:

New Data issues/caveats that affect outcome measures:

Report of Progress Toward Goal Attainment

First Year Target: Achieved Not Achieved (if not achieved, explain why)

Reason why target was not achieved, and changes proposed to meet target:

How first year target was achieved (optional):

All 14 MHDS regions submitted regional transition plans for children's behavioral health services. Regions were allowed to submit plans up to May 1, 2020 due to COVID-19 related challenges. Reports can be viewed at the following site:
<https://dhs.iowa.gov/mhds-providers/providers-regions/regions/childrens-implementation-plans>

Indicator #: 3
Indicator: Administrative rules defining the core service domains for the children's behavioral health system shall be finalized by Feb. 1, 2020
Baseline Measurement: none -rules do not exist
First-year target/outcome measurement: Publishing of final administrative rules in the Iowa Administrative Bulletin

Second-year target/outcome measurement: N/A

New Second-year target/outcome measurement(if needed):

Data Source:

Iowa Administrative Bulletin

New Data Source(if needed):

Description of Data:

Administrative rules documents

New Description of Data:(if needed)

Data issues/caveats that affect outcome measures:

N/A

New Data issues/caveats that affect outcome measures:

Report of Progress Toward Goal Attainment

First Year Target: Achieved Not Achieved (if not achieved, explain why)

Reason why target was not achieved, and changes proposed to meet target:

How first year target was achieved (optional):

Administrative rules to implement the children's behavioral health system were published in the state administrative bulletin on Nov. 20, 2019 and were effective March 18, 2020.
<https://www.legis.iowa.gov/docs/aco/arc/4896C.pdf>

Priority #: 2

Priority Area: Increase access to community-based services for individuals with complex service needs, including individuals with a serious mental illness.

Priority Type: MHS

Population(s): SMI

Goal of the priority area:

Increase access to Assertive Community Treatment (ACT) for individuals with a serious mental illness.

Objective:

Iowa will have 22 ACT teams by July 1, 2021.

Strategies to attain the goal:

MHDS regions will work with local providers and stakeholders to develop ACT teams statewide.

Edit Strategies to attain the objective here:

(if needed)

Annual Performance Indicators to measure goal success

Indicator #:	1
Indicator:	Number of operational ACT teams in the state
Baseline Measurement:	12 ACT teams as of 03/31/19
First-year target/outcome measurement:	17

Second-year target/outcome measurement: 22

New Second-year target/outcome measurement(if needed):

Data Source:

MHDS regional reports to DHS

New Data Source(if needed):

Description of Data:

number and location of ACT teams in each MHDS region

New Description of Data:(if needed)

Data issues/caveats that affect outcome measures:

New Data issues/caveats that affect outcome measures:

Report of Progress Toward Goal Attainment

First Year Target: Achieved Not Achieved (if not achieved,explain why)

Reason why target was not achieved, and changes proposed to meet target:

Iowa did increase the number of ACT teams to 14 from 12. Progress continues to add additional ACT teams but providers have had the unplanned challenge of providing existing services during the COVID-19 public health emergency while trying to also begin new services.

How first year target was achieved (optional):

Second Year Target: Achieved Not Achieved (if not achieved,explain why)

Reason why target was not achieved, and changes proposed to meet target:

Iowa did increase the number of ACT teams from 14 to 17. An additional ACT team is in development. Progress continues to add additional ACT teams to get to the goal of 22 but providers are struggling with workforce shortages, especially in more rural areas of the state.

How second year target was achieved (optional):

Indicator #: 2

Indicator: Number of MHDS regions meeting access standard: .06 percent of the region's population has access to ACT services

Baseline Measurement: 6

First-year target/outcome measurement: 9

Second-year target/outcome measurement: 14

New Second-year target/outcome measurement(if needed):

Data Source:

MHDS regional data reported to DHS

New Data Source(if needed):

Description of Data:

MHDS regional data reported to DHS

New Description of Data:(if needed)

Data issues/caveats that affect outcome measures:

New Data issues/caveats that affect outcome measures:

Report of Progress Toward Goal Attainment

First Year Target: Achieved Not Achieved *(if not achieved, explain why)*

Reason why target was not achieved, and changes proposed to meet target:

How first year target was achieved (optional):

Second Year Target: Achieved Not Achieved *(if not achieved, explain why)*

Reason why target was not achieved, and changes proposed to meet target:

Iowa continues to expand access to ACT services as evidenced by continued expansion of teams. Expansion is challenging due to behavioral health workforce shortages, especially in rural areas. The number of MHDS regions meeting the access standard did increase to 10 of 14 regions from the Year 1 goal of 9.

How second year target was achieved (optional):

Priority #: 3
Priority Area: Access to 24-hour crisis services for adults and children with mental health and/or substance use disorder needs
Priority Type: MHS
Population(s): SMI, SED, PWWDC, PP, ESMI, PWID, EIS/HIV, TB, Other (Adolescents w/SA and/or MH, Students in College, LGBTQ, Rural, Military Families, Criminal/Juvenile Justice, Persons with Disabilities, Children/Youth at Risk for BH Disorder, Homeless, Asian, Native Hawaiian/Other Pacific Islanders, Underserved Racial and Ethnic Minorities)

Goal of the priority area:

Iowans will have increased access to an array of crisis services as defined in 2018 Iowa Acts Chapter 1056 (HF 2456), 2019 Iowa Acts Chapter 61 (HF 690) and Iowa Administrative Code 441, Chapter 25.

Objective:

Iowans will receive crisis services in the community and through a 24-hour hotline.

Strategies to attain the goal:

1. The Dept. of Human Services and the Department of Public Health will work together to implement a 24-hour statewide crisis hotline for Iowans with mental health needs, building on an existing hotline for individuals with substance use, problem gambling, or suicide concerns.
2. The MHDS regions will develop an array of crisis services as defined in Iowa code and proposed rule.

Edit Strategies to attain the objective here:
(if needed)

Annual Performance Indicators to measure goal success

Indicator #: 1
Indicator: The Your Life Iowa hotline will be fully operational to serve Iowans with crisis mental health needs.
Baseline Measurement: 0 contacts
First-year target/outcome measurement: 500 contacts
Second-year target/outcome measurement: 1,000 contacts
New Second-year target/outcome measurement (if needed):
Data Source:
IDPH, Your Life Iowa data from hotline provider
New Data Source (if needed):

Description of Data:

demographics of people using the Your Life Iowa hotline for purposes of mental health information or assistance

New Description of Data:(if needed)

Data issues/caveats that affect outcome measures:

N/A

New Data issues/caveats that affect outcome measures:

Report of Progress Toward Goal Attainment

First Year Target: Achieved Not Achieved (if not achieved,explain why)

Reason why target was not achieved, and changes proposed to meet target:

How first year target was achieved (optional):

Your Life Iowa data for SFY20 reports 2,388 contacts with lowans for crisis mental health needs.

Second Year Target: Achieved Not Achieved (if not achieved,explain why)

Reason why target was not achieved, and changes proposed to meet target:

How second year target was achieved (optional):

Your Life Iowa data for SFY21 reports 9,974 contacts with lowans for crisis mental health needs. Your Life Iowa has advertised their availability through multiple channels and have been a resource during the pandemic for lowans.

Indicator #: 2

Indicator: Number of individuals receiving crisis services funded by the MHDS regions

Baseline Measurement: 3,083

First-year target/outcome measurement: Regions are in the process of developing crisis services, SFY20 data wont be available until FY21

Second-year target/outcome measurement: 3.545

New Second-year target/outcome measurement(if needed):

Data Source:

MHDS regional data

New Data Source(if needed):

Description of Data:

number of individuals who received regionally-funded crisis services during the fiscal year.

New Description of Data:(if needed)

Data issues/caveats that affect outcome measures:

MHDS regional data is submitted to the state December 1 of the year in which the fiscal year ends. The most recent data available is for SFY18.

New Data issues/caveats that affect outcome measures:

Report of Progress Toward Goal Attainment

First Year Target: Achieved Not Achieved (if not achieved,explain why)

Reason why target was not achieved, and changes proposed to meet target:

Regions are in the process of developing crisis services, SFY20 data wont be available until FY21

How first year target was achieved (optional):

Second Year Target: Achieved Not Achieved (if not achieved, explain why)

Reason why target was not achieved, and changes proposed to meet target:

How second year target was achieved (optional):

SFY20 amount of individuals receiving crisis services funded by the MHDS regions was 6,677, almost double the goal projected. Regions have developed and marketed a continuum of crisis services to lowans and increased usage of these services is expected as availability and awareness of these services continues to expand.

0930-0168 Approved: 04/19/2019 Expires: 04/30/2022

Footnotes:

C. State Agency Expenditure Reports

MHBG Table 3 - Set-aside for Children's Mental Health Services

Reporting Period Start Date: 7/1/2020 Reporting Period End Date: 6/30/2021

Statewide Expenditures for Children's Mental Health Services			
Actual SFY 1994	Actual SFY 2020	Estimated/Actual SFY 2021	Expense Type
\$11,851,615	\$59,591,158	\$59,591,158	<input type="radio"/> Actual <input checked="" type="radio"/> Estimated

If estimated expenditures are provided, please indicate when actual expenditure data will be submitted to SAMHSA:

3/1/2022

States and jurisdictions are required not to spend less than the amount expended in FY 1994.

0930-0168 Approved: 04/19/2019 Expires: 04/30/2022

Footnotes:

C. State Agency Expenditure Reports

MHBG Table 6 - Maintenance of Effort for State Expenditures on Mental Health Services

Period (A)	Expenditures (B)	B1 (2019) + B2 (2020) 2 (C)
SFY 2019 (1)	\$227,429,814	
SFY 2020 (2)	\$223,270,930	\$225,350,372
SFY 2021 (3)	\$225,350,372	

Are the expenditure amounts reported in Column B "actual" expenditures for the State fiscal years involved?

SFY 2019	Yes	<u> X </u>	No	<u> </u>
SFY 2020	Yes	<u> X </u>	No	<u> </u>
SFY 2021	Yes	<u> </u>	No	<u> X </u>

If estimated expenditures are provided, please indicate when actual expenditure data will be submitted to SAMHSA:

 3/1/2022

0930-0168 Approved: 04/19/2019 Expires: 04/30/2022

Footnotes: