



# CICS

Supporting Individuals. Strengthening Communities.



*Central Iowa Community Services  
Mental Health and Disability Services*

## **Children's Behavioral Health Services Implementation Plan**

Submitted February 28, 2020

Approved by Children's Behavioral Health Advisory Committee: February 10, 2020  
Approved by Governing Board: February 27, 2020

Geographic Area - Counties of :

Boone • Franklin • Greene • Hamilton • Hardin • Jasper • Madison • Marshall • Poweshiek • Story • Warren

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# CHILDREN’S BEHAVIORAL HEALTH SERVICES IMPLEMENTATION PLAN

As enacted in HF690, under section 331.397, Mental Health and Disability Services Regions are required to submit an implementation plan for described children’s behavioral health services before April 1, 2020 to the Iowa Department of Human Services. The report below describes the progress and development of CICS in improving the lives of our residents.

## A. Creating A Regional Children’s Advisory Committee

CICS values community stakeholder input and has established a Regional Children’s Behavioral Health Services Advisory Committee. CICS began planning implementation of the children’s system in July 2019. Our desire was to establish a Children’s Advisory Committee to incorporate all the required roles while assuring each county had representation. We accomplished this by developing an application process and announcing the opportunity to be a part of this groundbreaking assembly. Applications were reviewed by the CICS Administrative team. Recommendations for membership were presented to the CICS Governing Board. The committee began meeting in December 2019.

### 1. Process and Time Frames

<u>Completion Date</u>	<u>Activity</u>
<i>July 2019</i>	Developed an application and selection process to ensure representation to the extent possible for each required role that ensures all CICS counties represented.
<i>August 2019 – September 2019</i>	Sent out press release and advertisements for advisory committee membership with application due September 13, 2019.
<i>September 13, 2019– December, 2019</i>	Continued recruitment for specific roles needed.
<i>October 24, 2019</i>	Selection of committee members presented to the Governing Board for appointment.
<i>December 9, 2019</i>	Organizational meeting of the CICS Children’s Behavioral Health Advisory Committee. The committee will assist CICS in planning, coordinating and expanding children’s behavioral health services.
<i>February 10, 2020</i>	CICS Children’s Behavioral Health Advisory Committee will elect representatives to the CICS Governing Board. <ul style="list-style-type: none"> <li>❖ One individual representing the education system in the region as a voting member.</li> <li>❖ One individual who is a parent of a child who utilizes children’s behavioral health services or an actively involved relative of such child as a voting member.</li> <li>❖ One individual representing children’s behavioral health services providers in the region as a non-voting member.</li> </ul>



## 2. Regional Children’s Advisory Committee

<u>Member</u>	<u>Representing</u>
Allie Wulfekuhle	Parents/Actively Involved Relatives of a Child who Utilizes Children’s Behavioral Health Services
Morgan Bell	Parents/Actively Involved Relatives of a Child who Utilizes Children’s Behavioral Health Services
TBD	Parents/Actively Involved Relatives of a Child who Utilizes Children’s Behavioral Health Services
Karie Foster	The Education System (Elementary Counselor, Montezuma Community Schools)
Robin Maas	The Education System (Special Education Teacher, Hampton Dumont CSD)
Kendra Alexander	The Education System (Student Services Coordinator, Winterset CSD)
Kelly Moore	Early Childhood Advocates
Rita Baker	Early Childhood Advocates
Lori Price	Early Childhood Advocates
Rose Dickenson	Child Welfare Advocates
Clarissa Thompson	Child Welfare Advocates
Keith Halleland	Child Welfare Advocates
Krystina Engle	Children’s Behavioral Health Service Providers, Eyerly Ball
Kelly Olson	Children’s Behavioral Health Service Providers, Achieve Mental Health
Andrea Dickerson	Children’s Behavioral Health Service Providers. YSS
Emilea Lundberg	The Juvenile Court System
Shirley Faircloth	The Juvenile Court System
Dr. Jack Swanson	Pediatrician
Dejah Roman	Child Care Providers
TBD	Child Care Providers
Matthew Benson	Local Law Enforcement
Police Chief Rob Burdess	Local Law Enforcement
Lisa Heddens	Regional Governing Board
Dawn Rudolph	Regional Governing Board



## **B. Regional Governing Board Changes**

The Regional Governing Board is ultimately responsible for: (a) the advancement of a regional management plan; (b) the development of access to a regional service system for adults with mental illness, intellectual disabilities, developmental disabilities and brain injuries to children with serious emotional disturbances; and (c) the administration of the non-Medicaid funded Mental Health Disability Services (MHDS) and Children’s Behavioral Health Services as outlined in Iowa Code.

CICS originally formed in 2013 with 8 counties as members. Those counties included Boone, Franklin, Hamilton, Hardin, Jasper, Madison, Marshall and Story Counties. By 2014 CICS had grown and added Poweshiek and Warren counties. In 2018 Greene County also joined CICS. The Regional Governing Board consists of a Board of Supervisors member from each county as voting members, and 2 members appointed by the Adult Advisory Committee, and 3 members appointed by the Children’s Behavioral Health Advisory Committee. Three of the committee appointed representatives are voting members with 2 provider representatives as non-voting members.

### **1. Process and Time Frames**

<b><u>Completion Date</u></b>	<b><u>Activity</u></b>
<i>August 29, 2019</i>	Changes to the 28E to allow additional voting members was approved.
<i>October 24, 2019</i>	The CICS Governing Board Bylaws were changed to allow additional voting members.
<i>February 27, 2020</i>	Member elected by the Adult Advisory Committee to represent person served or family member will be a voting member of the CICS Governing Board. The member elected to represent adult provider will remain non-voting.
<i>February 2020</i>	The CICS Children’s Behavioral Health Advisory Committee will elect representatives to the CICS Governing Board.
<i>February 27, 2020</i>	Members from the Children’s Advisory Committee will be seated as CICS Governing Board members. <ul style="list-style-type: none"> <li>❖ One individual representing the education system in the region as a voting member.</li> <li>❖ One individual who is a parent of a child who utilizes children’s behavioral health services or an actively involved relative of such child as a voting member.</li> <li>❖ One individual representing children’s behavioral health services providers in the region as a non-voting member.</li> </ul>



## 2. Regional Governing Board

<b>Member</b>	<b>Representing</b>	<b>Voting Member</b>
Chad Behn	Boone County Board of Supervisors	Yes
Mike Nolte	Franklin County Board of Supervisors	Yes
Dawn Rudolph	Greene County Board of Supervisors	Yes
Doug Bailey	Hamilton County Board of Supervisors	Yes
BJ Hoffman, Vice Chair	Hardin County Board of Supervisors	Yes
Brandon Talsma	Jasper County Board of Supervisors	Yes
Phil Clifton	Madison County Board of Supervisors	Yes
Bill Patten, Chair	Marshall County Board of Supervisors	Yes
Diana Dawley	Poweshiek County Board of Supervisors	Yes
Lisa Heddens	Story County Board of Supervisors	Yes
Aaron DeKock	Warren County Board of Supervisors	Yes
JD Deambra	Adults/Actively Involved Relatives of an Adult who Utilizes Mental Health and Disability Services (designated by the regional adult mental health and disability services advisory committee)	Yes
Allie Wulfekuhle	Parents/Actively Involved Relatives of a Child who Utilizes Children's Behavioral Health Services (designated by the regional children's behavioral health services advisory committee)	Yes
Robin Maas	The Regional Education System (designated by the regional children's behavioral health services advisory committee)	Yes
Julie Smith	Regional MHDS Adult Service Providers (designated by the regional adult mental health and disability services advisory committee)	No
Krystina Engle	Regional Children's Behavioral Health Service Providers (designated by the regional children's behavioral health services advisory committee)	No



## C. Regional 28E Agreement Amendment

The existing regional 28E agreement between the counties was amended to include the 2019 legislative changes.

### 1. Process and Time Frames

<u>Completion Date</u>	<u>Activity</u>
<i>August 29, 2019</i>	Regional 28E agreement was amended. The changes include the following: <ul style="list-style-type: none"> <li>❖ Member of the Adult Advisory Committee to represent person served or family member will become a voting member of the CICS Governing Board. The member appointed to represent adult provider will remain non-voting.</li> <li>❖ Members from the Children’s Advisory Committee will be seated as CICS Governing Board members.               <ul style="list-style-type: none"> <li>▪ One individual representing the education system in the region as a voting member.</li> <li>▪ One individual who is a parent of a child who utilizes children’s behavioral health services or an actively involved relative of such child as a voting member.</li> <li>▪ One individual representing children’s behavioral health services providers in the region as a non-voting member.</li> </ul> </li> <li>❖ Addition of Coordinator of Children’s Behavioral Health Services.</li> </ul>
<i>August 29, 2019</i>	Obtained all required approvals/signatures.
<i>September 18, 2019</i>	Filed the regional 28E agreement with the Secretary of State.

## D. Regional Staff Changes

The region has identified staffing needs to expand to serve children. A Children’s Behavioral Health Services Coordinator will be appointed.

### 1. Process and Time Frames

<u>Targeted Completion Date</u>	<u>Activity</u>
<i>February 3, 2020</i>	Robin McKee has been appointed as Coordinator of Children’s Behavioral Health.
<i>Ongoing</i>	Service Coordinators for each county will receive additional training on resource, referral and services available for children and families.
<i>July 1, 2020</i>	CICS existing county coordination staff will provide local referral and coordination for all ages.



## E. Regional Management Plan Changes

The region has identified the timelines and integration of the new children’s behavioral health services requirements into the Regional Policies and Procedures Manual and the Regional Annual Service and Budget Plan.

### 1. Process and Time Frames – Regional Policies and Procedures Manual

<u>Targeted Completion Date</u>	<u>Activity</u>
<i>April 14, 2020</i>	Submit Amended Regional Policies and Procedures to Advisory Committees for review and recommendation to the Governing Board.
<i>April 23, 2020</i>	Submit Amended Regional Policies and Procedures to Governing Board for approval.
<i>April 24, 2020</i>	If approved submit Amended Regional Policies and Procedures to DHS for approval. (Rules require regions to submit the amendments to DHS 45 days prior to implementation.)
<i>Implementation July 1, 2020</i>	<p>Amend the Regional Policies and Procedures Manual. Include or attach a summary of the changes to be made. <i>A detailed summary along with a copy with all changes clearly marked will be submitted with the amended policies as required for the DHS approval process.</i></p> <p>Organization structure changes including Children’s Behavioral Health Advisory Committee, additional voting board members and appointment of a Coordinator of Children’s Behavioral Health Services.</p> <p>Incorporating children’s behavioral health services throughout the policies and procedures.</p> <ul style="list-style-type: none"> <li>❖ Outlining financial eligibility.</li> <li>❖ Adding sliding fee schedule developed by DHS.</li> <li>❖ Explaining enrollment procedures.</li> <li>❖ Diagnostic criteria.</li> <li>❖ Information on funding of required children’s behavioral health services.</li> </ul>





## 2. Process and Time Frames – Annual Service and Budget Plan

<u>Targeted Completion Date</u>	<u>Activity</u>
<p>March 26, 2020</p>	<p>Update the Annual Service and Budget Plan framework and submit final Annual Service and Budget Plan to Governing Board on March 26<sup>th</sup> and to DHS following approval. Additional formation has been added to Region’s FY21 Annual Service and Budget Plan:</p> <ul style="list-style-type: none"> <li>❖ Local access points for the children’s behavioral health services in each CICS county. <ul style="list-style-type: none"> <li>○ CICS gathered information on providers of service to determine access points for each CICS county. Access points will receive training on the process and eligibility criteria for regional funding.</li> </ul> </li> <li>❖ Identified service coordination entities for the children seeking services. <ul style="list-style-type: none"> <li>○ CICS identified MCOs, IHH and CICS staff for coordination of services.</li> </ul> </li> <li>❖ Added children’s behavioral health service providers to the CICS network. <ul style="list-style-type: none"> <li>○ CICS is in the process of adding additional network providers and will contract with additional providers prior to July 1, 2020.</li> </ul> </li> <li>❖ Children’s behavioral health core services and planned implementation time frames as required in the IAC 441–25.3(3) including: <ul style="list-style-type: none"> <li>○ July 1, 2020. <ul style="list-style-type: none"> <li>Assessment and evaluation relating to eligibility for services. COA 43–301 (Financial Eligibility Based only)</li> <li>Behavioral health outpatient therapy. COA 42–305 (Eligibility Based)</li> <li>Education services. COA 05–373 (Non–Eligibility Based)</li> <li>Medication prescribing and management. COA 42–306 (Eligibility Based)</li> <li>Prevention. COA 05–373 (Non–Eligibility Based)</li> </ul> </li> <li>○ July 1, 2021. <ul style="list-style-type: none"> <li>Crisis stabilization community–based services. COA 44–312 (Non–Eligibility Based)</li> <li>Crisis stabilization residential services. COA 44–313 (Non–Eligibility Based)</li> <li>Mobile response. COA 44–307 (Non–Eligibility Based)</li> <li>Behavioral health inpatient treatment. COA 73–319 (Eligibility Based)</li> <li>Early identification. COA 43–301 (Non–Eligibility Based)</li> <li>Early intervention. COA 04–372 (Non–Eligibility Based)</li> </ul> </li> <li>○ <b>Currently CICS funds outpatient services and partners with local communities on education and prevention activities. CICS also provides mobile crisis response services for all populations.</b></li> <li>○ <b>CICS will implement a planned approach to early identification, early intervention and crisis stabilization to meet access standard by July 1, 2021.</b></li> </ul> </li> <li>❖ Included required core children’s behavioral health services in the CICS budget by identifying expected costs of core services. <ul style="list-style-type: none"> <li>○ All expected costs have been incorporated into the FY 21 budget approved by the Governing Board January 23, 2020.</li> </ul> </li> </ul>

