

POLK COUNTY MENTAL HEALTH AND DISABILITY SERVICES REGION



CHILDREN'S BEHAVIORAL HEALTH SERVICES IMPLEMENTATION PLAN

PREPARED BY:

POLK COUNTY
HEALTH SERVICES

TO BE SUBMITTED: 04/01/2020

GEOGRAPHIC AREA: Polk County

APPROVED BY CHILDREN'S ADVISORY BOARD: –

APPROVED BY REGIONAL GOVERNING BOARD: 03/31/2020

Table of Contents

CHILDREN’S BEHAVIORAL HEALTH SERVICES IMPLEMENTATION PLAN.....	3
A. Creating A Regional Children’s Advisory Committee	4
1. Process and Time Frames.....	4
2. Regional Children’s Advisory Committee	4
B. Regional Governance Board Changes.....	5
1. Process and Time Frames.....	5
2. Regional Governing Board.....	5
C. Regional By-Laws	6
1. Process and Time Frames.....	6
D. Regional Staff Changes	6
1. Process and Time Frames.....	6
E. Regional Management Plan Changes	6
1. Process and Time Frames – Regional Policies and Procedures Manual	6
2. Process and Time Frames – Annual Service and Budget Plan	7

CHILDREN'S BEHAVIORAL HEALTH SERVICES IMPLEMENTATION PLAN

Each mental health and disability services region shall submit to the department of human services an implementation plan to implement the children's behavioral health services described under section 331.397A, as enacted in HF690, no later than April 1, 2020.

Originally completed in 2016, the Mid Iowa Health Foundation conducted a Central Iowa Community Health Needs Assessment (CHNA). The updated 2018 Central Iowa Community Health Needs Assessment's (<https://www.polkcountyiowa.gov/media/565217/chna-full-report-11218.pdf>) progress assessment reflected:

- **2016 Priority A – Access to Care**
 - **Goal:** Increase opportunities for expanded and alternative means of healthcare deliver to address issues limiting access to care.
 - How much progress has been made? Incremental progress (59.58%)
 - How should we proceed in the future? Needs much more attention (63.57%)
- **2016 Priority C – Mental Health**
 - **Goal:** Expand statewide training efforts for all professionals working with children across the various health and child serving systems in Trauma Informed Care, cultural competency, and mental health first aid.
 - How much progress has been made? Incremental progress (50.36%)
 - How should we proceed in the future? Needs much more attention (51.43%)
- **2016 Priority D – Mental Health**
 - **Goal:** Identify additional sources of funding to create new and existing training programs in Psychiatry and Psychology and improve mental health and disabilities training of primary care doctors and other primary care providers.
 - How much progress has been made? Incremental progress (50.35%)
 - How should we proceed in the future? Needs much more attention (74.10%)
- **2016 Priority F – Workforce**
 - **Goal:** Ensure access to health care services and education for Central Iowa's newcomer population.
 - How much progress has been made? Incremental progress (50%)
 - How should we proceed in the future? Needs much more attention (48.20%)

Moving forward, Priority #3 of the Community Health Needs Assessment is to improve the social/emotional well-being of the community with goals including:

- **Goal #1:** Identify and implement work-site strategies to reduce stress/trauma.
- **Goal #2:** Advocate for the establishment and implementation of a children's mental health system.
- **Goal #3:** Increase early identification, detection, and intervention programs for children.
- **Goal #4:** Increase psychiatric residency slots and efforts to increase practitioner retention.
- **Goal #5:** Reform Medicaid Managed Care to improve reimbursement rates, and the timeliness of payments, to prevent the disruption or elimination of necessary services and valuable providers.

During the fiscal year ending 6/30/19, Polk County funded approximately \$110,000 in children's outpatient therapy, medication management, and assessment services.

The Polk County Region will: (a) create a coordinated continuum of preventative and support services for adults with mental illness, intellectual disabilities, and developmental disabilities as well as children with serious emotional disturbances; (b) reduce stigma; and (c) increase access to preventative services for all Polk County residents.

A. Creating A Regional Children’s Advisory Committee

The Region values community stakeholder input and is in the planning stages of developing a plan to establish a Regional Children’s Behavioral Health Services Advisory Committee.

1. Process and Time Frames

Targeted Completion Date	Activity
8/31/2019 <i>(completed)</i>	Identify members and establish the Polk County Children’s Behavioral Health Collaborative to provide ongoing input into children’s services.
9/30/2019 <i>(completed)</i>	Request exemption to integrate the Children’s Advisory Board with the Adult Advisory Board & update PCHS By-Laws to allow a community approach to planning disability services.
6/30/2020 <i>(ongoing)</i>	Meet monthly as the Polk County Children’s Behavioral Health Collaborative beginning 10/3/19.
1/24/2020 <i>(completed)</i>	Solicit Children’s Advisory Committee representatives.
2/12/2020 <i>(completed)</i>	Identify and invite representatives to participate on the Children’s Advisory Committee.
2/26/2020 <i>(completed)</i>	Designate Children’s Advisory Board representation for: (a) a parent/actively involved relative of a child who utilizes children’s behavioral health services; (b) the educational system; and (c) a regional children’s behavioral health services provider to the Governing Board.
2/26/2020 <i>(completed)</i>	Children’s Advisory Board Members begin meeting.

2. Regional Children’s Advisory Committee

Member	Representing
Nikki Syverson, Parent	Parents/Actively Involved Relatives of a Child who Utilizes Children’s Behavioral Health Services
Jadie Boens, Heartland AEA	The Education System
Nicole Beaman, Orchard Place	Early Childhood Advocates
Jennifer Schreck, Orchard Place	Child Welfare Advocates
Leenu Mishra, MD, Blank Children’s Psychiatry	Children’s Behavioral Health Service Providers
Kale Braby, Juvenile Court Services	The Juvenile Court System
Ken McCann, DO FAAP, Blank Children’s STAR Center	Pediatricians
Joanna Haggerty, Iowa Association for the Education of Young Children	Child Care Providers
Sgt. Corey Schneden, Ankeny Police Department	Local Law Enforcement
Robert Brownell	Regional Governing Board

B. Regional Governance Board Changes

The Regional Governing Board is ultimately responsible for: (a) the advancement of a regional management plan;(b) the development of access to a regional service system for adults with mental illness, intellectual disabilities, developmental disabilities and brain injuries to children with serious emotional disturbances; and (c) the administration of the non-Medicaid funded Mental Health Disability Services (MHDS) and children’s behavioral health services as outlined in Iowa Code. The Region is in the planning stages of identifying the time frames to review the Regional Governance Board composition.

1. Process and Time Frames

<u>Targeted Completion Date</u>	<u>Activity</u>
2/26/2020 <i>(completed)</i>	The Children’s Advisory Board identifies Regional Governance Board representatives.
2/26/2020 <i>(completed)</i>	Invite Children & Adult Advisory Board representatives to participate on the Regional Governance Board.
3/11/2020 <i>(completed)</i>	Onboard Representatives to the Regional Governance Board.

2. Regional Governing Board

(* denotes voting member with exception to financial/budget expenditures)

<u>Member</u>	<u>Representing</u>	<u>Voting Member</u>
Bob Brownell	Polk County Board of Supervisors	Yes
Angela Connolly	Polk County Board of Supervisors	Yes
Tom Hockensmith	Polk County Board of Supervisors	Yes
Matt McCoy	Polk County Board of Supervisors	Yes
Steve Van Oort	Polk County Board of Supervisors	Yes
Robert Schultz	Adults/Actively Involved Relatives of an Adult who Utilizes Mental Health and Disability Services <i>(designated by the regional adult mental health and disability services advisory committee)</i>	* Yes
Brenda Lechner	Parents/Actively Involved Relatives of a Child who Utilizes Children’s Behavioral Health Services <i>(designated by the regional children’s behavioral health services advisory committee)</i>	* Yes
Chris Wilson, Johnston Community School District	The Regional Education System <i>(designated by the regional children’s behavioral health services advisory committee)</i>	* Yes
Steve Johnson, Broadlawns Medical Center	Regional MHDS Adult Service Providers <i>(designated by the regional adult mental health and disability services advisory committee)</i>	No
Dr. Leenu Mishra, Blank Children’s Psychiatry	Regional Children’s Behavioral Health Service Providers <i>(designated by the regional children’s behavioral health services advisory committee)</i>	No

C. Regional By-Laws

Regional By-Laws were adopted on March 17, 2020.

1. Process and Time Frames

<u>Targeted Completion Date</u>	<u>Activity</u>
03/01/20 (completed)	The Polk County Mental Health and Disability Services Region will adopt by-laws.

D. Regional Staff Changes

The Region is in the planning stages of identifying staffing needs by the Region to implement the new children's behavioral health services coordinator requirements and other anticipated staffing needs, including timeframes.

1. Process and Time Frames

<u>Targeted Completion Date</u>	<u>Activity</u>
7/1/19 (completed)	Hire a Regional Staff to increase awareness and oversee children's services and supports.
12/01/19 (in progress)	Create a 3-year implementation plan to incorporate children's services and supports into the Polk County Region's continuum of services.
3/31/20 (not started)	Review a 3-year plan for additional Regional Staff needs.
6/30/20 (not started)	If necessary, hire additional Regional Staff and review FY21 Strategies and Workplan.

E. Regional Management Plan Changes

The Region is in the planning stages of identifying the timelines and integration of the new children's behavioral health services requirements into the Regional Policies and Procedures Manual and the Regional Annual Service and Budget Plan.

1. Process and Time Frames – Regional Policies and Procedures Manual

<u>Targeted Completion Date</u>	<u>Activity</u>
10/31/19 (completed)	PCHS Staff internally review and recommend changes to the Polk County's Regional Policies and Procedures Manual and use track changes to indicate revisions needed to include requirements for children's services.
2/26/2020 (in progress)	Submit Amended Regional Policies and Procedures and Change Summary to the Advisory Board for approval.
5/12/2020 (in progress)	Submit Amended Regional Policies and Procedures and Change Summary to the Governing Board for approval.
5/12/2020 (in progress)	Submit Amended Regional Policies and Procedures and Change Summary to DHS for approval. (Rules require Regions to submit the amendments to DHS 45 days prior to implementation.)

2. Process and Time Frames – Annual Service and Budget Plan

Targeted Completion Date	Activity	Resources (Low–Medium–High Staff Time, Funding, Etc.)
11/30/19 <i>(in progress)</i>	Develop the vision for coordinating and integrating children’s services into the Polk County Region’s system of care, utilizing the existing results of Community Health Needs Assessment to understand supports needed to minimize trauma and empower children and their families. Conduct additional community needs assessments, if needed.	High Staff Time
12/31/19 <i>(completed)</i>	Create a Children’s Advisory Board.	Medium Staff Time
12/31/19 <i>(in progress)</i>	Review and submit the Amended Polk County Regional Policy Procedure Manual to ensure alignment between ages served and supports available.	Medium Staff Time
3/31/20 <i>(in progress)</i>	Develop the FY21 Annual Service Plan and Budget and submit to the Polk County Regional Governing Board.	Medium Staff Time
3/31/20 <i>(in progress)</i>	Review and update the Organizational Communication Plan.	Medium Staff Time
4/30/20 <i>(not started)</i>	Explore interoperability with stakeholders, identifying data sharing elements and completing data sharing agreements.	High Staff Time
4/30/20 <i>(in progress)</i>	Consult the Polk County Children’s Behavioral Health Collaborative to identify the children’s behavioral health services Provider Network.	Medium Staff Time
5/31/20 <i>(in progress)</i>	Partner with existing Polk County Network Providers and announce new community partners specializing in children’s core services. Strengthen new core services and forecast needed financing to enhance current supports and build capacity. (NOTE: assessment, behavioral health outpatient, and medication management services existed in FY19 and will continue.)	High Staff Time
6/30/20 <i>(in progress)</i>	Provide leadership within state sector, businesses, health, and education.	Medium Staff Time
6/30/20 <i>(in progress)</i>	Identify Service Coordination and access point entities for children seeking services.	Low Staff Time
6/30/20 <i>(in progress)</i>	Approve Contracts through the Polk County Regional Mental Health and Disability Services Governing Board.	Medium Staff Time
6/30/20 <i>(in progress)</i>	PCHS will coordinate a de-stigmatization campaign and collaborate with DHS in supporting the Families First Prevention and Services Act, the childcare system, education, and public safety to research and implement models. Explore Family Therapy, reference evidence–based practices, and create services which are eligible for Medicaid funding.	High Staff Time

6/30/20 <i>(in progress)</i>	PCHS Staff will provide education through Youth Mental Health First Aid and Children's Mental Health First Aid, offer education to providers through the infant and early childhood endorsement process, and providers through trauma sensitive practices.	Low Staff Time
6/30/20 <i>(in progress)</i>	Collaborate with Regional Colleagues to develop a systematic framework for assessing community need, identifying partners, and consider local influences when establishing coordinated services for children within and between regions.	Low Staff Time
6/30/20 <i>(in progress)</i>	Integrate and deploy the referral process, eligibility criteria, contracts and contracted services in a Data Management Information System.	High Staff Time
6/30/20 <i>(in progress)</i>	Access and provide training to increase public, community providers, and Board and Staff competencies.	Medium Staff Time
12/31/20 <i>(not started)</i>	Develop metrics to evaluate the impact of children's core services.	High Staff Time
6/30/21 <i>(in progress)</i>	Identify financial resources needed to contract and implement the remaining children's core services and gauge interest in establishing a learning community.	High Staff Time