

ROLLING HILLS COMMUNITY SERVICES REGION

**FY21 CHILDREN'S
BEHAVIORAL HEALTH SERVICES
IMPLEMENTATION PLAN**

PREPARED BY:

ROLLING HILLS COMMUNITY SERVICES REGION

SUBMITTED

4/23/20

**GEOGRAPHIC AREA: BUENA VISTA, CALHOUN, CARROLL, CHEROKEE,
CRAWFORD, IDA, SAC & WOODBURY COUNTIES**

APPROVED BY GOVERNING BOARD: 4/22/20

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CHILDREN’S BEHAVIORAL HEALTH SERVICES IMPLEMENTATION PLAN FOR FY19/20

Each mental health and disability services region shall submit to the department of human services an implementation plan to implement the children’s behavioral health services described under section 331.397A, as enacted in HF690, no later than April 1, 2020. This plan covers the period from July 1, 2019 through June 30, 2020.

A. Creating A Regional Children’s Advisory Committee

The Region values community stakeholder input and is in the planning stages of developing a plan to establish a Regional Children’s Behavioral Health Services Advisory Committee.

1. Process and Time Frames

<u>Targeted Completion Date</u>	<u>Activity</u>
	The regional children’s behavioral health services advisory committee designate Governing Board representation for: (a) a parent/actively involved relative of a child who utilizes children’s behavioral health services; (b) the educational system; and (c) a regional children’s behavioral health services provider.
August 2019	Designate Children’s Collaborative Group that consists of Early Childhood Advocates, AEA Representatives, Juvenile Court Services, Hospitals, Integrated Health Homes, Mental Health Providers, Siouxland Human Investment Programs, Outreach Services, Emergency Service Personnel, Public Health, Governance Board Members, Rolling Hills Regional Personnel, Community Provider and Substance Abuse Providers.
October 2019	Children’s Collaborative Group will designate following workgroups: Administrative, Core Services Treatment, Comprehensive Facility and Community Based Crisis Services, Core Plus Services.
February 2020	Workgroups will meet at least quarterly to develop assigned components of the Implementation Plan that will be submitted to DHS by April 1, 2020.
June 2020	Children’s Collaborative Group will meet on a regular basis to monitor progress of Plan Development.
December 2019	Administrative Workgroup determines membership for newly forming Children’s Advisory Committee. Seek Representation from identified members according to IAC 331.390(2).

February 2020	Prospective Children’s Advisory Committee Members submit biographies to the Rolling Hills Region CEO.
March 2020	Rolling Hills Regional Governance Board shall appoint representation to the Children’s Advisory Committee based on submitted Bios.
March 2020	Rolling Hills Regional Governance Board shall consider a mileage stipend for Children’s Advisory Committee representatives who are not affiliated with an agency.
April 2020	Establish Rules of Operation for Children’s Advisory Committee – CEO et al.
May 2020	Children’s Advisory Committee convenes first organizational meeting.
June 2020	Children’s Advisory Committee designates the following members to the Rolling Hills Region Governance Board: Children’s Behavioral Service Provider (ex officio); Area Education Agency Administrator (voting member); Parent of a child who uses services or actively involved relative (voting member).
July 2020	Designated members of the Children’s Advisory Committee become official members of the Rolling Hills Governance Board.

2. Regional Children’s Advisory Committee

Prospective Members	Representing
Jamaine Wamburg, Woodbury County	Parents/Actively Involved Relatives of a Child who Utilizes Children’s Behavioral Health Services
Jennifer Collins, Northwest Iowa AEA or Joan Hansen, School Social Worker/Prairie Lakes AEA	The Education System
Kerry Hall, Early Childhood Iowa Director/Siouxland Human Investment Partnership (SHIP)/ Woodbury County	Early Childhood Advocates

Kathy Fritz, Buena Vista County Court Appointed Special Advocates	Child Welfare Advocates
Shannon Williams, Plains Area Mental Health Center/Buena Vista County	Children’s Behavioral Health Service Providers
Steve Kremer, Cherokee County Juvenile Court Services	The Juvenile Court System
None designated however, will continue to pursue	Pediatricians
Deb Gimer, Child Care Nurse Consultant/Calhoun County Public Health	Child Care Providers
Kevin Heineman, Sioux City Police Department/Woodbury County	Local Law Enforcement
TBD	Regional Governing Board

B. Regional Governance Board Changes

The Regional Governing Board is ultimately responsible for: (a) the advancement of a regional management plan; (b) the development of access to a regional service system for adults with mental illness, intellectual disabilities, brain injuries and developmental disabilities to children with serious emotional disturbances; and (c) the administration of the non-Medicaid funded Mental Health Disability Services (MHDS) and children’s behavioral health services as outlined in Iowa Code. The Region is in the planning stages of identifying the timeframes to change the Regional Governance Board composition.

1. Process and Time Frames

Targeted Completion Date	Activity
October 2019	Children’s Collaborative Group designates an administrative workgroup to address Governance Board Composition Needs.

June 2020	Children’s Advisory Committee designates the following members to the Rolling Hills Region Governance Board: Children’s Behavioral Service Provider (ex officio); Area Education Agency Administrator (voting member); Parent of a child who uses services or actively involved relative (voting member).
July 2020	Designated members of the Children’s Advisory Committee become official members of the Rolling Hills Governance Board.

2. Regional Governing Board

Member	Representing	Voting Member
Paul Merten	Buena Vista County Board of Supervisors	Yes
Scott Jacobs	Calhoun County Board of Supervisors	Yes
Neil Bock	Carroll County Board of Supervisors	Yes
Dennis Bush	Cherokee County Board of Supervisors	Yes
Cecil Blum	Crawford County Board of Supervisors	Yes
Creston Schubert	Ida County Board of Supervisors	Yes
Brent Wilhelm	Sac County Board of Supervisors	Yes
Rocky De Witt	Woodbury County Board of Supervisors	Yes
To be designated by the Adult Advisory Committee	Adults/Actively Involved Relatives of an Adult who Utilizes Mental Health and Disability Services	Yes
To be designated by the Children’s Advisory Committee	Parents/Actively Involved Relatives of a Child who Utilizes Children’s Behavioral Health Services	Yes
To be designated by the Children’s Advisory Committee	The Regional Education System	Yes

To be designated by the Adult Advisory Committee	Regional MHDS Adult Service Providers	No
To be designated by the Children's Advisory Committee	Regional Children's Behavioral Health Service Providers	No

C. Regional 28E Agreement Amendment

There is an existing regional 28E agreement between the counties in The Region. The Region is in the planning stages of identifying the timeframes to amend and file the regional 28E agreement.

1. Process and Time Frames

<u>Targeted Completion Date</u>	<u>Activity</u>
October 2019	Children’s Collaborative Group designates an administrative workgroup to address Governance Board Composition Needs.
February 2020	Children’s Administrative Workgroup reviews existing 28E Agreement and identifies needed amendments per IAC Chapter 25.
March 2020	Upon enactment of the Chapter 25 Administrative Rules, 28E Agreement shall be presented to the Rolling Hills Governance Board for full review.
March 2020	28E will include new designations for Children’s representatives on the Governing Board and the Children’s Advisory Committee.
April/May 2020	CEO presents 28E Agreement to the member County Boards of Supervisors for their review and signatures.
June 2020	CEO files the Regional 28E agreement with the Iowa Secretary of State’s Office.

D. Regional Staff Changes

The Region is in the planning stages of identifying staffing needs by the Region to implement the new children’s behavioral health services coordinator requirements and other anticipated staffing needs, including timeframes.

1. Process and Time Frames

<u>Targeted Completion Date</u>	<u>Activity</u>
October 2019	Children’s Collaborative Group designates an administrative workgroup to address Regional Staffing Needs for a Children’s Coordinator of Disability Services.
December 2019	Children’s Administrative Workgroup assesses the current staffing patterns and determines whether any additional Regional Coordinators need to be hired.

July 2020	Any necessary additional Regional Coordinators will be contingent on funding from the State.
July 2020	Current Rolling Hills Adult Regional Coordinators will provide Service Coordination for Children who meet the definition of having a Serious Emotional Disturbance.

E. Regional Management Plan Changes

The Region is in the planning stages of identifying the timelines and integration of the new children’s behavioral health services requirements into the Regional Policies and Procedures Manual and the Regional Annual Service and Budget Plan.

1. Process and Time Frames – Regional Policies and Procedures Manual

<u>Targeted Completion Date</u>	<u>Activity</u>
June 2020	Governance Board will take action to direct the CEO to follow the requirements for Children’s services as outlined in Iowa Code and Administrative Rules while working to incorporate these additions into the Regional Management Plan.
October 2020	Amend the Regional Policies and Procedures Manual to incorporate the eligibility requirements and services for the Children’s Behavioral Health System.
November 2020	Submit Amended Regional Policies and Procedures to Advisory Boards for approval.
November 2020	Submit Amended Regional Policies and Procedures to Governing Board for approval.
December 2020	Submit Amended Regional Policies and Procedures to DHS for approval. (Rules require Regions to submit the amendments to DHS 45 days prior to implementation.)

2. Process and Time Frames – Annual Service and Budget Plan

<u>Targeted Completion Date</u>	<u>Activity</u>	<u>Resources (Low-Medium-High Staff Time, Funding, Etc.)</u>
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March 2020	Identify the local access points for the children's behavioral health services.	
March 2020	Identify service coordination entities for the children seeking services regardless of funding source.	
March 2020	Identify and budget for required core children's behavioral health services	
March 2020	Identify the children's behavioral health services provider network.	
July 2021	Expand Prevention Activities across all school districts: *Adverse Childhood Experiences (ACES) *Handle with Care *Student Empowerment Teams	
April 1, 2020	The Region's FY21 Annual Service and Budget Plan shall be completed and submitted to DHS.	April 1, 2020

Core Services Treatment
To be in place by July 1, 2020 (unless otherwise noted)
Meet access standards July 1, 2021

Provider	Programs	Ages Served	Medicaid Funding	Contact
Siouxland Mental Health Center	Outpatient therapy Med Mgmt and Prescribing Psychiatry IHH/Family Peer Support Assessment/Evaluation Mobile Crisis Crisis Services School Based Therapy Education	All ages	X	Phone: (712) 252-3871 OR 877-4-WE-CARE https://siouxlandmentalhealth.com/

	Prevention, Early ID, Early Intervention, Education, Med Mgmt and Prescribing, Assessment and Evaluation for Eligibility, Outpatient therapy			
Plains Area Mental Health Center	<p>Outpatient therapy MH and SUD Med Mgmt and Prescribing Psychiatry IHH/Family Peer Support Assessment/Evaluation MH & SUD Mobile Crisis including Crisis Line Crisis Services Education and Consultation School Based Therapy Psychological Testing</p> <p>**Prevention, Early ID, Early Intervention, Education, Med Mgmt and Prescribing, Assessment and Evaluation for Eligibility, Outpatient therapy**</p>	All ages	X	<p>Phone: 712.546.4624 – Le Mars Phone: 712-546-4624 – Orange City Phone: 712-225-2575 – Cherokee Phone: 712-364-3500 – Ida Grove Phone: 712-213-8402 – Storm Lake Phone: 712-792-2991 – Carroll Phone: 712-263-3172 - Denison Phone: 712-364-3500 – Lake City Phone: 712-320-8112 – Spirit Lake Phone: 712-250-6658 – Emmetsburg</p> <p>https://plainsareamentalhealth.org/</p>
Season’s Center	<p>Outpatient therapy Med Mgmt and Prescribing Psychiatry Assessment/Evaluation Mobile Crisis Crisis Services Education and Consultation School Based Therapy Autumn Center – Respite Psychological Testing Adolescence Substance Abuse BHIS</p> <p>HEAL - - screening and assessment, care coordination for victims of crime. Trauma therapy</p> <p>**Prevention, Early ID, Early Intervention, Education, Med Mgmt and Prescribing, Assessment and Evaluation for Eligibility, Outpatient therapy**</p>	All ages	X	<p>Phone: (800) 242-5101 – All locations including Autumn Center and Camp Autumn</p> <p>https://seasonscenter.org/</p>
Family Solutions	<p>Outpatient Therapy Adoptive Home Studies BHIS Mental Health Assessments Children’s MHW</p>	All ages	X	<p>Phone: 712-707-9222 – Orange City Phone: 712-258-4553 – Sioux City Phone: 712-707-9222 or 712-258-4553 – Cherokee Phone: 712-707-9222 or 712-258-4553 – Le Mars</p>

	Prevention, Early ID, Early Intervention, Education, assessment and evaluation for eligibility and Outpatient therapy			http://family-solutions-services.com	
Crittenton Center	Family Resource Center * Youth Shelter HOPES – home visitation program* *parenting classes **	Ages 0-5 Ages 0-3		Phone: 712-255-4321 – Sioux City Administration Office https://crittentoncenter.org/	V S
Boys & Girls Home and Family Services	BHIS Alternative School Outpatient therapy Residential therapy/Residential Treatment Facilities Juvenile sex offenders treatment	Ages up to 18	X	Phone: 712-293-4700 https://boysandgirlshomeiowa.org/	V (C
Boys Town	BHIS/In home services Parenting classes Resource and counseling services for youth and families – 24/7, 365		X	P: 712-258-6523 – Sioux City P: 712-262-5035 – Spencer https://www.boystown.org hotline: 800-448-3000	C C S V E C P S C K E D C L
Transitional Services of Iowa	BHIS Outpatient therapy Adolescent substance abuse therapy Child Mental Health Waiver	Ages 0-18	X	Phone: +1 712-255-0204 E-mail: info@transitionalservicesofiowa.org http://www.transitionalservicesofiowa.org/	E C C C D L C P S V
Sky Ranch	BHIS Outpatient therapy Adolescent substance abuse therapy Parenting classes	Ages 0-18	X	Phone: 712-277-2007 https://www.skyranchbehavioralservices.org/	V P
Lutheran Services of Iowa	BHIS Outpatient therapy Parenting classes – HOPES IHH	Ages 0-18	X	Phone: 712.255.2505 – Sioux City Phone: 712.263.9341 – Denison Phone: 515.955.2199 – Fort Dodge Phone: 712.262.4083 – Spencer	S o M a

	Sexual health education in schools			Phone: 712.263.9341 – Storm Lake https://lsiowa.org/
Family Wellness Associates	BHIS Outpatient Therapy	Ages 4-18 All ages	X	phone. 712-255-0890 http://familywellassociates.com
Foundations Mental Health Center	Outpatient therapy Parenting Classes Adoption and foster care	All ages	X	Phone: (712) 252-7170 https://foundationsmhc.com/
Sanford Center	BHIS School outreach After school program	Up to age 18	X	Phone: (712) 252-0581 https://www.sanfordcenter.org/
Siouxland District Health	Parenting classes – HOPES WIC Clinic – assessment Immunizations Drug testing	All ages	X	Toll Free: 800-587-3005 Local: 712-279-6119 http://siouxlanddistricthealth.org/
Community Action Agency of Siouxland	Early Headstart Headstart Parenting classes Rapid rehousing Food/Nutrition Utility assistance	Children and Families		Phone: (712) 274-1610 Toll Free: (800) 352-3725 https://caasiouxland.org/
Mid-Sioux	Child Care Resource and Referral Program (CCR&R) Family Development and Self-Sufficiency (FaDSS) Head Start/Early Head Start/CDC Healthy Child Care Iowa Iowa Program for Infant Toddler Caregiving (IA PITC)	Children and Families		Cherokee - (712) 225-3322 Ida Grove - (712) 364-2175 Remsen - (712) 786-2001 Rock Rapids - (712) 472-3746 Le Mars - (712) 546-6603 Sioux Center - (712) 722-3611 http://midsioux.org/
Upper Des Moines	Family Development & Self-Sufficiency (FaDSS) Hand in Hand Head Start KIDS Outreach Services SAIL WIC (Women, Infants & Children Food Program)	Children and Families		Buena Vista - Phone: (712) 732-1757 Clay - Phone: (712) 262-7409 Dickinson - Phone: (712) 336-1112 O'Brien - Phone: (712) 957-1023 Osceola - Phone: (712) 754-2573 http://www.udmo.com/
New Opportunities	1st Five Healthy Mental Development Initiative Child & Adolescent Health Program Head Start Juvenile Alcohol & Drug Education (JADE) Life Skills	Children and Families		Calhoun - 712-297-7721 Carroll - 712-792-9266 Sac - 712-662-3236

	Maternal Health Mentoring Program Substance Abuse Outpatient Counseling Substance Abuse Assessment and Evaluation Substance Abuse Family and Concerned Person Counseling Women, Infants & Children (WIC) Program			https://www.newopp.org/	
West Central Community Action	Early Headstart Headstart WIC Outreach Services	Children and Families		Phone: (712) 263-3538	
Northwest AEA	Screenings/Assessments Early Access/Early Childhood – in home Special Education Behavioral Intervention	Ages 0-18		P. 800-352-9040 https://www.nwaea.org/	
Prairie Lakes AEA	Screenings/Assessments Early Access/Early Childhood – in home Special Education Behavioral Intervention	Ages 0-18		866-540-3858 https://www.plaea.org/	
Rosecrance Jackson Centers	Adolescent Crisis Unit Child Care Center Outpatient therapy Substance abuse therapy	Ages	Private insurance only	800.472.9018 – General phone Phone (712) 225-2441 – Cherokee Phone: (712) 263-5065 – Denison Phone: (712) 546-7868 – Le Mars Phone: (712) 584-2030 – Spencer https://rosecrancejackson.org	
NCC Psychiatric Services	Med Management and prescribing Outpatient therapy Evaluations	All ages	X	712-541-6620 – to schedule appt in Le Mars or Sioux City https://nccpsych.com//	
New Directions	Outpatient Therapy	All ages	X	712-213-7814 – Storm Lake https://www.counselingstormlake.com/counseling-services	
Counseling Services	Outpatient therapy School based therapy		X	(712) 662-3222	
Pathways Centers for Emotional Wellbeing	Outpatient therapy	All ages	X	712-225-2811 – Cherokee	

Royster and Royster	Outpatient therapy	All ages	X	Phone: 712-225-5344 Mobile: 319-329-2218 http://roystercounseling.com/
Catholic Charities	Outpatient therapy Housing assistance Parenting classes Crisis funding	All ages		712-252-4547 – Sioux City Email: info@cathchar.com (712) 792-9597 – Carroll/Storm Lake (712) 580-4320 – Spencer (515) 576-4156- Fort Dodge www.cathchar.com/
Siouxland Youth for Christ	After school programming Parenting classes JCO Mentoring Program			(712) 255-9599 http://siouxland.yfc.net/1/
Boys and Girls Clubs of Siouxland	After school and summer programming	Ages 4-14		(712) 258-5545 https://www.bgcsiouxland.org/
Girls Inc	After school and summer programming	Ages 4-14		(712) 252-1088 info@girlsincofsiouxcity.org http://girlsincofsiouxcity.org/
Beyond the Bell	After school and summer programming	Ages 4-14		Ph:712-277-3600 http://www.beyondthebell.us.com/
Child Health Specialty Clinics – University of Iowa Division of Child & Community Health	Med Mgmt and Prescribing MH Screenings Assessment and Evaluation Outpatient MH Services *Prevention, Early Identification, Education, Assessment and Evaluation for eligibility, Medication prescribing and management and behavioral health outpatient	Ages 0-18	X	Carroll – 712-792-5530 Fort Dodge – 515-955-8326 Sioux City – 712-224-5437 Spencer – 712-264-6362 Storm Lake – 712-224-5437 www.chsciowa.org
Iowa Department of Public Health	Parenting Classes In home classes Early intervention classes Positive Behavior Intervention Supports Child Care Nurse Consultants	All ages	X	https://idph.iowa.gov/lphs/local-public-health-agencies 712-749-2548 – Storm Lake 712-297-8323 - Calhoun 712-794-5279 - Carroll 712-225-2129 - Cherokee 712-263-3303 - Crawford 712-339-6050 - Dickinson 712-364-7311 - Ida 712-472-8200 - Lyon

				712-957-0105- O'Brien 712-754-4611 - Osceola 712-546-3335 - Plymouth 712-662-4785 - Sac 712-737-2971 - Sioux 712-279-6119 - Woodbury	
Federally Qualified Health Center's	Outpatient therapy	All ages	X	Phone: 515-576-6500 – Fort Dodge Phone: 712-252-2477 – Sioux City Phone: 712-213-0109 – Storm Lake	
Love Inc	Outpatient therapy Parenting Classes	All ages		712-476-5990 Email: loveinc2@premieronline.net http://loveincsiouxcounty.org/site/ 712-324-9707 sheldonloveinc@hotmail.com http://www.sheldon-loveinc.org	
Siouxland Paramedics	Service supports Follow up services Transportation	All ages		712-258-1313 http://siouxlandparamedics.net/scheduling-transport/	
Mercy Child Advocacy Center	Sexual abuse therapy Screening for abuse Prevention and education	Up to 21		(712) 279-2548 mercysiouxcity.com	
Juvenile Court Services	Education Outpatient therapy Family team meetings Outreach – trackers Dream Team – transition meetings				
Child Care Resource and Referral				Northwest Iowa Region Ph: 712-786-3480 Regional Director – Melissa Juhl mjuhl@midsioux.org https://iowaccrr.org/	
Dean and Associates	Outpatient therapy Psychiatry Consultation and Education	All ages	X	Phone: 712-274-6729 https://rdeanmd.com/	

Mental Health Associates	Outpatient therapy Psychological testing	All ages	X	(712)255-8323 https://mentalhealthassoc.com/	V
Associates for Psychiatric Services	Psychiatric Evaluations & Testing Medication Management Outpatient therapy Neuropsychological, Psychological evaluations, Psychological testing,	All ages	X	(712) 234-0220 Email: vmuller@afpssc.com http://www.afpssc.com/	V
Drug Court	Parenting classes	Families		Denison Storm Lake Cherokee	C E C
ISU Extension	Early Childhood Parenting Classes Mental Health and Wellbeing	Families		https://www.extension.iastate.edu/countyservices/ https://www.extension.iastate.edu/humansciences/	
St Anthony's Outpatient Mental Health	Med Prescribing and Management Psychiatry	All ages	X	Carroll - (712) 794-5435	C

Hotlines:

Teen Line	1-800-443-8336
Foundation 2	1-844-345-4569
Child Abuse Hotline (to report)	1-800-362-2178
Child Abuse Hotline (National)	1-800-422-4453
Child Find of America	1-800-IAM-LOST
Missing Children Help Center	1-800-USA-KIDS
National Child Safety Council (Childwatch)	1-800-222-1464
Prevention of Child Abuse	515-281-8726
Runaway (National)	1-800-621-4000
Suicide Textline	741741
National Suicide Prevention Lifeline	1-800-273-TALK [8255]

YouthLine

**Text teen2teen to 839863, or
call 1-877-968-8491**

National Domestic Violence Hotline	1-800-799-7233
RAINN's (Rape, Abuse & Incest National Network)	1-800-656-4673
The Trevor Project (LGBTQ)	1-866-488-7386 or text START to 678678
LGBT National Hotline	1-888-843-4564
LGBT National Youth Talkline	1-800-246-7743
SAMHSA National Helpline (Drug and Alcohol)	1-800-662-4357