

MHDS Regional CEO Contacts

Regions	Counties in the Region	CEO	Email Address	Mailing Address				Phone	Fax
Care Connections of Northern Iowa	Clay, Kossuth, Osceola, Palo Alto, Winnebago, Worth	Melissa Loehr	mloehr@ccnia.org	215 West 4th, Suite 6		Spencer, IA	51301	712-264-3945	712-262-9016
Central Iowa Community Services	Boone, Cerro Gordo, Franklin, Greene, Hamilton, Hancock, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, Warren, Webster, Wright	Russell Wood	Russell.Wood@cicsmhds.org	123 1st Ave SW	P.O. Box 58	Hamton, IA	50441	641-456-2128	641-456-2852
County Rural Offices of Social Services (CROSS)	Decatur, Clarke, Lucas, Marion, Monroe, Ringgold, Wayne	Rachel Cecil	Rachel.Cecil@crossmhds.org	2003 N Lincoln Street		Knoxville, IA	50138	641-828-2238	641-842-3442
County Social Services (CSS)	Allamakee, Black Hawk, Butler, Chickasaw, Clayton, Fayette, Floyd, Grundy, Howard, Mitchell, Tama, Winneshiek	Mary McKinnell	mmckinnell@countysocialservices.org	1407 Independence Avenue, 4th Floor		Waterloo, IA	50703	319-239-1879	319-291-2628
Eastern Iowa MHDS Region	Cedar, Clinton, Jackson, Muscatine, Scott	Lori Elam	lori.elam@scottcountyiowa.com	600 W 4th St		Davenport	52801	563-326-8723	563-326-8730
Heart of Iowa Region	Audubon, Guthrie, Dallas	Darci Alt	darci.alt@dallascountyiowa.gov	Dallas County Community Services	25747 N Avenue	Adel, IA	50003	515-993-1736	515-993-5872
Mental Health/Disability Services of the East Central Region (MHDS-ECR)	Benton, Bremer, Buchanan, Delaware, Dubuque, Iowa, Johnson, Jones, Linn	Mae Hingtgen	Mae.Hingtgen@dubuquecounty.us	210 Jones St	Suite 203	Dubuque, IA	52001	563-239-0013	563-589-7884
Polk County MHDS Region	Polk	Liz Cox	l.cox@pchsia.org	Polk County River Place	2309 Euclid Avenue	Des Moines, IA	50310	515-243-0867	515-243-8447
Rolling Hills Community Services Region	Buena Vista, Calhoun, Carroll, Cherokee, Crawford, Humboldt, Ida, Pocahontas, Sac, Woodbury,	Dawn Mentzer	dmentzer@bvcountyiowa.com	605 Cayuga St.	P.O. Box 253	Storm Lake, IA	50588	712-749-2556	712-749-2707
Sioux Rivers Mental Health and Disabilities Services	Dickinson, Emmet, Lyon, O'Brien, Plymouth, Sioux	Shane Walter	shanew@siouxcounty.org	210 Central Ave SW, Courthouse	P.O. Box 233	Orange City, IA	51041	712-737-2999	712-707-9243
South Central Behavioral Health Region	Appanoose, Davis, Mahaska, Wapello	Jennifer Robbins	Jennifer.Robbins@scbhr.net	110 E Main		Ottumwa, IA	52501	641-683-4576	641-683-8370
Southeast Iowa Link (SEIL)	Des Moines, Henry, Jefferson, Keokuk, Lee, Louisa, Washington, Van Buren	Ryanne Wood	rwood@LeeCounty.org	307 Bank Street	PO Box 937	Keokuk, IA	52632	319-524-1052	319-526-8564
Southern Hills Regional Mental Health	Adair, Adams, Taylor, Union	Lori Nosekabel	lnosekabel@aol.com	106 Central #106		Glenwood, IA	51534	712-525-1337	712-525-1249
Southwest Iowa MHDS Region	Cass, Fremont, Harrison, Mills, Monona, Montgomery, Page, Pottawattamie, Shelby	Suzanne Watson	swatson@swiamhds.org	227 S. 6th St., Suite 128		Council Bluffs, IA	51501	712-328-5643	712-328-5668