

## MHDS Regional CEO Contacts

Regions	Counties in the Region	CEO	Email Address	Mailing Address				Phone	Fax
Central Iowa Community Services	Boone, Franklin, Greene, Hamilton, Hardin, Jasper, Madison, Marshall, Poweshiek, Story, Warren	Jody Eaton	<a href="mailto:jody.eaton@cicsmhds.org">jody.eaton@cicsmhds.org</a>	115 N 2nd Ave E		Newton, IA	50208	641-791-2304	641-787-1302
County Rural Offices of Social Services (CROSS)	Decatur, Clarke, Lucas, Marion, Monroe, Ringgold, Wayne	Rachel Cecil	<a href="mailto:Rachel.Cecil@crossmhds.org">Rachel.Cecil@crossmhds.org</a>	2003 N Lincoln Street		Knoxville, IA	50138	641-828-2238	641-842-3442
County Social Services (CSS)	Allamakee, Black Hawk, Butler, Cerro Gordo, Chickasaw, Clayton, Emmet, Fayette, Floyd, Grundy, Hancock, Howard, Humboldt, Kossuth, Mitchell, Pocahontas, Tama, Webster, Winnebago, Winneshiek, Worth, Wright	Bob Lincoln	<a href="mailto:blincoln@countysocialservices.org">blincoln@countysocialservices.org</a>	1407 Independence Avenue		Waterloo, IA	50703	641-330-0455	319-291-2624
Eastern Iowa MHDS Region	Cedar, Clinton, Jackson, Muscatine, Scott	Lori Elam	<a href="mailto:lori.elam@scottcountyiowa.com">lori.elam@scottcountyiowa.com</a>	600 W 4th St		Davenport	52801	563-326-8723	563-326-8730
Heart of Iowa Region	Audubon, Guthrie, Dallas	Darci Alt	<a href="mailto:darci.alt@dallascountyiowa.gov">darci.alt@dallascountyiowa.gov</a>	Dallas County Community Services	25747 N Avenue	Adel, IA	50003	515-993-1736	515-993-5872
Mental Health/Disability Services of the East Central Region (MHDS-ECR)	Benton, Bremer, Buchanan, Delaware, Dubuque, Iowa, Johnson, Jones, Linn	Mae Hingtgen	<a href="mailto:Mae.Hingtgen@dubuquecounty.us">Mae.Hingtgen@dubuquecounty.us</a>	210 Jones St	Suite203	Dubuque, IA	52001	563-239-0013	
Northwest Iowa Care Connections	Clay, Dickinson, Lyon, O'Brien, Osceola, Palo Alto	Kim Wilson	<a href="mailto:kwilson@co.clay.ia.us">kwilson@co.clay.ia.us</a>	215 West 4th, Suite 6		Spencer, IA	51301	712-262-9438	712-262-9016
Polk County Health Services	Polk (exemption approved)	Liz Cox	<a href="mailto:l.cox@pchsia.org">l.cox@pchsia.org</a>	Polk County River Place	2309 Euclid Avenue	Des Moines, IA	50310	515-243-0867	515-243-8447
Rolling Hills Community Services Region	Buena Vista, Calhoun, Carroll, Cherokee, Crawford, Ida, Sac, Woodbury	Dawn Mentzer	<a href="mailto:dmentzer@bvcountyiowa.com">dmentzer@bvcountyiowa.com</a>	605 Cayuga St.	PO Box 253	Storm Lake, IA	50588	712-749-2556	712-749-2707
Sioux Rivers Mental Health and Disabilities Services	Lyon, Plymouth, Sioux	Shane Walter	<a href="mailto:shanew@siouxcounty.org">shanew@siouxcounty.org</a>	210 Central Ave SW, Courthouse	P.O. Box 233	Orange City, IA	51041	712-737-2999	712-707-9243
South Central Behavioral Health Region	Appanoose, Davis, Mahaska, Wapello	Jennifer Robbins	<a href="mailto:Jennifer.Robbins@scbhr.net">Jennifer.Robbins@scbhr.net</a>	PO Box 217	102 E Main	Ottumwa, IA	52501	641-683-4576	641-683-8370
Southeast Iowa Link (SEIL)	Des Moines, Henry, Jefferson, Keokuk, Lee, Louisa, Washington, Van Buren	Ryanne Wood	<a href="mailto:rwood@LeeCounty.org">rwood@LeeCounty.org</a>	PO Box 937	307 Bank Street	Keokuk, IA	52632	319-524-1052	319-526-8564
Southern Hills Regional Mental Health	Adair, Adams, Taylor, Union	Lori Nosekabel	<a href="mailto:lnosekabel@aol.com">lnosekabel@aol.com</a>	106 Central #106		Glenwood, IA	51534	712-525-1337	712-525-1249
Southwest Iowa MHDS Region	Cass, Fremont, Harrison, Mills, Monona, Montgomery, Page, Pottawattamie, Shelby	Suzanne Watson	<a href="mailto:swatson@swiamhds.org">swatson@swiamhds.org</a>	515 5th Avenue		Council Bluffs, IA	51503	712-328-5643	712-328-5668