

Iowa WIC Risks for Consideration Tool

Children

Focus panel location	Risk code	Risks for consideration
Contact/ Address	801	Homeless
	802	Migrant
Application	502	Out of State Transfer - Risk Unknown
	903	Foster care
Anthropometrics	103a/103b	At risk of underweight/Underweight children
	113	Obese children (2-5 yrs.)
	114	Overweight or at risk of overweight children
	115	High weight for length (birth to < 24 months)
	121a/121b	At risk for short stature/Short stature
	134	Failure to Thrive
	141a/141b	Low birth weight or Very low birth weight (< 24 mo.)
	142a/142b	Preterm/Early term delivery (< 24 mo.)
Blood	201	Low hemoglobin/hematocrit
	211	Elevated blood lead level
Nutrition Interview - Health/Medical	134	Failure to Thrive
	142a/142b	Preterm/Early term delivery (< 24 mo.)
	341	Nutrient deficiency or disease
	342	Gastrointestinal disorder
	343	Diabetes mellitus
	344	Thyroid disorders
	345	Hypertension and Prehypertension
	346	Renal disease
	347	Cancer
	348	Central nervous system disorders
	349	Genetic and congenital disorders
	351	Inborn error of metabolism
	352a/352b	Infectious disease acute/chronic
	353	Food allergies
	354	Celiac disease
	355	Lactose Intolerance
	356	Hypoglycemia
	357	Drug-nutrient interactions
	359	Recent major surgery, trauma or burns
	360	Other medical conditions
362	Developmental delays, sensory or motor delays interfering with the ability to eat	
381	Oral health conditions	

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	382	Fetal Alcohol Spectrum Disorders
Nutrition Interview - Oral Health	381	Oral health conditions
Nutrition Interview - Life Style	801	Homelessness
	802	Migrancy
	901	Recipient of abuse/neglect
	902	Child of primary caregiver with limited ability to make appropriate feeding decisions and/or prepare food
	904	Environmental tobacco smoke exposure
Nutrition Interview - Nutrition Practices	103a/103b	At risk of underweight/Underweight children
	113	Obese children (2-5 yrs.)
	114	Overweight or at risk of overweight children
	115	High weight for length (birth to < 24 months)
	121a/121b	At risk for short stature/Short stature
	134	Failure to Thrive
	142a/142b	Preterm/Early term delivery (< 24 mo.)
	201	Low hemoglobin/hematocrit
	211	Elevated blood lead level
	341	Nutrient deficiency or disease
	342	Gastrointestinal disorder
	343	Diabetes mellitus
	346	Renal disease
	349	Genetic and congenital disorders
	351	Inborn error of metabolism
	353	Food allergies
	354	Celiac disease
	355	Lactose Intolerance
	356	Hypoglycemia
	357	Drug-nutrient interactions
	362	Developmental delays, sensory or motor delays interfering with the ability to eat
	381	Oral health conditions
	425a-i	Inappropriate nutrition practices for children
Nutrition Interview - Social Environment	801	Homelessness
	802	Migrancy
	901	Recipient of abuse/neglect
	902	Child of primary caregiver with limited ability to make appropriate feeding decisions and/or prepare food
	903	Foster care

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	904	Environmental tobacco smoke exposure
Last resort consideration	401	Failure to meet Dietary Guidelines for Americans (\geq 2 yrs.)
	428	Dietary risk associated with complementary feeding practices (12-23 mo.)
	501	Possibility of regression

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Breastfeeding Women

Focus panel location	Risk code	Risks for consideration
Contact/Address	801	Homeless
	802	Migrant
Application	502	Out of State Transfer - Risk Unknown
Pregnancy	133	High maternal weight gain
	311a/311b	History of preterm/early term delivery
	321b	History of spontaneous abortion, fetal or neonatal loss
	331a/331b	Pregnancy at young age
	332	Short Interpregnancy Interval
	335	Multifetal gestation
	359	Recent major surgery, trauma or burns
Anthropometrics	101	Underweight woman
	111	Overweight woman
	133	High maternal weight gain
	312	History of low birth weight infant
	337	History of large for gestational age birth
Blood	201	Low hemoglobin/hematocrit
	211	Elevated blood lead level
Nutrition Interview - Breastfeeding Support	311a/311b	History of preterm/early term delivery
	312	History of low birth weight infant
	335	Multifetal gestation
	361	Depression
	601a-b or d	Breastfeeding mother of infant at nutritional risk
	602a-h	Breastfeeding complications
	902	Primary caregiver has limited ability to make feeding decisions
Nutrition Interview - Health/Medical	303	History of Gestational Diabetes
	304	History of Preeclampsia
	311a/311b	History of preterm/early term delivery
	312	History of low birth weight infant
	321b	History of spontaneous abortion, fetal or neonatal loss
	331a/331b	Pregnancy at young age
	332	Short Interpregnancy Interval
	335	Multifetal gestation
	337	History of large for gestational age birth
	339	History of birth with nutrition related congenital or birth defect
	341	Nutrient deficiency or disease
	342	Gastrointestinal disorder
	343	Diabetes Mellitus

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	344	Thyroid disorders
	345	Hypertension and Prehypertension
	346	Renal disease
	347	Cancer
	348	Central nervous system disorders
	349	Genetic and congenital disorders
	351	Inborn error of metabolism
	352a-b	Infectious disease
	353	Food allergies
	354	Celiac disease
	355	Lactose Intolerance
	356	Hypoglycemia
	357	Drug-nutrient interactions
	358	Eating disorders
	359	Recent major surgery, trauma or burns
	360	Other medical conditions
	361	Depression
	362	Developmental delays, sensory or motor delays interfering with the ability to eat
	363	Pre-Diabetes
	381	Oral health conditions
	382	Fetal Alcohol Spectrum Disorders
	901	Recipient of abuse/neglect
	902	Primary caregiver has limited ability to make feeding decisions
Nutrition Interview - Nutrition Practices	341	Nutrient deficiency or disease
	342	Gastrointestinal disorder
	343	Diabetes Mellitus
	345	Hypertension and Prehypertension
	346	Renal disease
	351	Inborn error of metabolism
	353	Food Allergies
	354	Celiac disease
	355	Lactose Intolerance
	356	Hypoglycemia
	357	Drug-nutrient interactions
	358	Eating disorders
	359	Recent major surgery, trauma or burns
	362	Developmental delays, sensory or motor delays interfering with the ability to eat
	363	Pre-Diabetes

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	381	Oral health conditions
	427a-d	Inappropriate nutrition practices for women
Nutrition Interview – Life Style	371	Nicotine and Tobacco Use
	372a	Alcohol Use
	372b	Substance Use
	801	Homelessness
	802	Migrancy
Nutrition Interview – Social Environment	801	Homelessness
	802	Migrancy
	901	Recipient of abuse/neglect
	902	Woman of primary caregiver with limited ability to make appropriate feeding decisions and/or prepare food
	903	Foster care
	904	Environmental tobacco smoke exposure
Last resort consideration	401	Failure to meet Dietary Guidelines for Americans
	501	Possibility of regression

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Not Breastfeeding Women

Focus panel location	Risk code	Risks for consideration
Contact/Address	801	Homeless
	802	Migrant
Application	502	Out of State Transfer - Risk Unknown
Pregnancy	133	High maternal weight gain
	311a/311b	History of preterm/early term delivery
	321c	History of spontaneous abortion, fetal or neonatal loss
	331a/331b	Pregnancy at young age
	332	Short Interpregnancy Interval
	335	Multifetal gestation
	359	Recent major surgery, trauma or burns
Anthropometrics	101	Underweight woman
	111	Overweight woman
	133	High maternal weight gain
	312	History of low birth weight infant
	337	History of large for gestational age birth
Blood	201	Low hemoglobin/hematocrit
	211	Elevated blood lead level
Nutrition Interview - Health/Medical	303	History of Gestational Diabetes
	304	History of Preeclampsia
	311a/311b	History of preterm/early term delivery
	312	History of low birth weight infant
	321c	History of spontaneous abortion, fetal or neonatal loss
	331a/331b	Pregnancy at young age
	332	Short Interpregnancy Interval
	335	Multifetal gestation
	337	History of large for gestational age birth
	339	History of birth with nutrition related congenital or birth defect
	341	Nutrient deficiency or disease
	342	Gastrointestinal disorder
	343	Diabetes Mellitus
	344	Thyroid disorders
	345	Hypertension and Prehypertension
	346	Renal disease
	347	Cancer
	348	Central nervous system disorders
349	Genetic and congenital disorders	
351	Inborn error of metabolism	

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	352a/352b	Infectious disease acute/chronic
	353	Food allergies
	354	Celiac disease
	355	Lactose Intolerance
	356	Hypoglycemia
	357	Drug-nutrient interactions
	358	Eating disorders
	359	Recent major surgery, trauma or burns
	360	Other medical conditions
	361	Depression
	362	Developmental delays, sensory or motor delays interfering with the ability to eat
	363	Pre-Diabetes
	381	Oral health conditions
	382	Fetal Alcohol Spectrum Disorders
	901	Recipient of abuse/neglect
	902	Primary caregiver has limited ability to make feeding decisions
Nutrition Interview - Nutrition Practices	341	Nutrient deficiency or disease
	342	Gastrointestinal disorder
	343	Diabetes Mellitus
	345	Hypertension and Prehypertension
	346	Renal disease
	351	Inborn error of metabolism
	353	Food Allergies
	354	Celiac disease
	355	Lactose Intolerance
	356	Hypoglycemia
	357	Drug-nutrient interactions
	358	Eating disorders
	359	Recent major surgery, trauma or burns
	362	Developmental delays, sensory or motor delays interfering with the ability to eat
	363	Pre-Diabetes
	381	Oral health conditions
	427a-d	Inappropriate nutrition practices for women
Nutrition Interview - Life Style	371	Nicotine and Tobacco Use
	372a	Alcohol Use
	372b	Substance Use
	801	Homelessness
	802	Migrancy

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Nutrition Interview - Social Environment	801	Homelessness
	802	Migrancy
	901	Recipient of abuse/neglect
	902	Woman of primary caregiver with limited ability to make appropriate feeding decisions and/or prepare food
	903	Foster care
	904	Environmental tobacco smoke exposure
Last resort consideration	401	Failure to meet Dietary Guidelines for Americans
	501	Possibility of regression

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Pregnant Women

Focus panel location	Risk code	Risks for consideration
Contact/Address	801	Homeless
	802	Migrant
Application	502	Out of State Transfer - Risk Unknown
Pregnancy	101	Underweight woman
	111	Overweight woman
	311a/311b	History of preterm/early term delivery
	321a	History of spontaneous abortion, fetal or neonatal loss
	331a/331b	Pregnancy at young age
	332	Short Interpregnancy Interval
	335	Multifetal gestation
	338	Pregnant woman currently breastfeeding
Anthropometrics	101	Underweight woman
	111	Overweight woman
	131	Low maternal weight gain
	133	High maternal weight gain
	301	Hyperemesis gravidarum
Blood	201	Low hemoglobin/hematocrit
	211	Elevated blood lead level
Nutrition Interview - Health/Medical	301	Hyperemesis gravidarum
	302	Gestational Diabetes
	303	History of Gestational Diabetes
	304	History of Preeclampsia
	311a- /311b	History of preterm/early term delivery
	312	History of low birth weight infant
	321a	History of spontaneous abortion, fetal or neonatal loss
	331a/331b	Pregnancy at young age
	332	Short interpregnancy interval
	334	Lack of adequate prenatal care
	335	Multifetal gestation
	336	Fetal growth restriction
	337	History of large for gestational age birth
	338	Pregnant woman currently breastfeeding
	339	History of birth with nutrition related congenital or birth defect
	341	Nutrient deficiency or disease
342	Gastrointestinal disorder	
343	Diabetes Mellitus	

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	344	Thyroid disorders
	345	Hypertension and Prehypertension
	346	Renal disease
	347	Cancer
	348	Central nervous system disorders
	349	Genetic and congenital disorders
	351	Inborn error of metabolism
	352a/352b	Infectious disease acute/chronic
	353	Food allergies
	354	Celiac disease
	355	Lactose Intolerance
	356	Hypoglycemia
	357	Drug-nutrient interactions
	358	Eating disorders
	359	Recent major surgery, trauma or burns
	360	Other medical conditions
	361	Depression
	362	Developmental delays, sensory or motor delays interfering with the ability to eat
	381	Oral health conditions
	382	Fetal Alcohol Spectrum Disorders
	901	Recipient of abuse/neglect
Nutrition Interview - Nutrition Practices	301	Hyperemesis gravidarum
	302	Gestational diabetes
	341	Nutrient deficiency or disease
	342	Gastrointestinal disorder
	343	Diabetes Mellitus
	345	Hypertension and Prehypertension
	346	Renal disease
	351	Inborn error of metabolism
	353	Food Allergies
	354	Celiac disease
	355	Lactose Intolerance
	356	Hypoglycemia
	357	Drug-nutrient interactions
	358	Eating disorders
	359	Recent major surgery, trauma or burns
	362	Developmental delays, sensory or motor delays interfering with the ability to eat
381	Oral health conditions	

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	427a-e	Inappropriate nutrition practices for women
Nutrition Interview – Life Style	371	Nicotine and Tobacco Use
	372a	Alcohol Use
	372b	Substance Use
	801	Homelessness
	802	Migrancy
Nutrition Interview – BF Preparation	338	Pregnant woman currently breastfeeding
	601a	Breastfeeding mother of Priority I infant
	601d	Breastfeeding mother of Priority IV infant
	602a-h	Breastfeeding complications/mother
Nutrition Interview – Social Environment	801	Homelessness
	802	Migrancy
	901	Recipient of abuse/neglect
	902	Woman of primary caregiver with limited ability to make appropriate feeding decisions and/or prepare food
	903	Foster care
	904	Environmental tobacco smoke exposure
Last resort consideration	401	Failure to meet Dietary Guidelines for Americans

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Infants

Focus panel location	Risk code	Risks for consideration
Contact/Address	801	Homeless
	802	Migrant
Application	502	Out of State Transfer - Risk Unknown
	701	Mother on WIC while pregnant or mother not on WIC but was at nutrition risk
	903	Foster care
Anthropometrics	103a/103b	At risk of underweight/Underweight infants
	114	Overweight or at risk of overweight infants
	115	High weight for length (birth to < 24 months)
	121a/121b	At risk for short stature/Short stature
	134	Failure to Thrive
	135	Slowed/faltering growth pattern(≤ 6 mo)
	141a/141b	Low birth weight/Very low birth weight
	142a/142b	Preterm/Early term delivery
	153	Large for gestational age
Blood	201	Low hemoglobin/hematocrit
	211	Elevated blood lead level
Nutrition Interview - Nutrition Practices	103a/103b	At risk of underweight/Underweight infants
	114	Overweight or at risk of overweight infants
	115	High weight for length (birth to < 24 months)
	121a/121b	At risk for short stature/Short stature
	134	Failure to Thrive
	135	Slowed/faltering growth pattern (≤ 6 mo)
	141a/141b	Low birth weight/Very low birth weight
	142a/142b	Preterm/Early term delivery
	153	Large for gestational age
	201	Low hemoglobin/hematocrit
	211	Elevated blood lead level
	341	Nutrient deficiency or disease
	342	Gastrointestinal disorder
	343	Diabetes mellitus
	346	Renal disease
	349	Genetic and congenital disorders
	351	Inborn error of metabolism
	353	Food allergies
	354	Celiac disease
	355	Lactose Intolerance

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	356	Hypoglycemia
	357	Drug-nutrient interactions
	362	Developmental delays, sensory or motor delays interfering with the ability to eat
	381	Oral health conditions
	411a-k	Inappropriate nutrition practices for infants
	603a-d	Breastfeeding complications/infant
	702a/b/d	Breastfeeding infant of mother at nutritional risk
Nutrition Interview - Health/Medical	134	Failure to Thrive
	142a/142b	Preterm/Early term delivery
	341	Nutrient deficiency or disease
	342	Gastrointestinal disorder
	343	Diabetes mellitus
	344	Thyroid disorders
	345	Hypertension and Prehypertension
	346	Renal disease
	347	Cancer
	348	Central nervous system disorders
	349	Genetic and congenital disorders
	351	Inborn error of metabolism
	352a/352b	Infectious Disease acute/chronic
	353	Food Allergies
	354	Celiac disease
	355	Lactose Intolerance
	356	Hypoglycemia
	357	Drug-nutrient interactions
	359	Recent major surgery, trauma or burns
	360	Other medical conditions
362	Developmental delays, sensory or motor delays interfering with the ability to eat	
381	Oral health conditions	
382	Fetal Alcohol Spectrum Disorders	
383	Neonatal Abstinence Syndrome	
Nutrition Interview - Oral Health	381	Oral health conditions
Nutrition Interview - Life Style	801	Homelessness
	802	Migrancy
	901	Recipient of abuse/neglect
	902	Infant of primary caregiver with limited ability to make appropriate feeding decisions and/or prepare food

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	904	Environmental tobacco smoke exposure
Nutrition Interview - Social Environment	801	Homelessness
	802	Migrancy
	901	Recipient of abuse/neglect
	902	Infant of primary caregiver with limited ability to make appropriate feeding decisions and/or prepare food
	903	Foster care
	904	Environmental tobacco smoke exposure
Nutrition Interview - Mom's WIC Participation	701	Mother on WIC while pregnant or mother not on WIC but was at nutrition risk
Last resort consideration	428	Dietary risk associated with complementary feeding practice (4 - 11 mo)
	501	Possibility of regression